



# The Kazhak CADET

THE JOURNAL OF SAINIK SCHOOL KAZHAKOOTAM



## THE KAZHAK

# CADET



# Cadet's Prayer



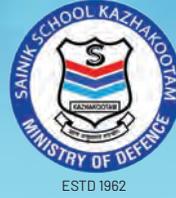
God, help us to keep ourselves physically strong, mentally awake and morally straight, that in doing our duty to Thee and our country we may keep the honour of the School untarnished. Strengthen us to guard our country from external aggression and internal disorders. Awaken our admiration for honest dealing and clean thinking, and guide us to choose the harder right instead of the easier wrong. Kindle our hearts with fellowship for our comrades and respect for our teachers and elders. Endow us with the courage which is born of the love of what is noble and which knows no compromise or retreat when truth and right are in peril. Grant us new opportunities of service to Thee, to our country and to our comrades, and ever help us to place such service before self...



The  
Kazhak

# CADET

THE JOURNAL OF SAINIK SCHOOL KAZHAKOOTAM



**SAINIK SCHOOL KAZHAKOOTAM**  
ESTD: 1962





## *The Evolution of Sainik School Kazhakootam Over the Years*

**Inception Location:** Established on January 20, 1962, in the military barracks of Pangode, Thiruvananthapuram, Sainik School Kazhakootam is strategically located 18 km away from Thiruvananthapuram on NH-47 near Kazhakootam. Selected by the Chief Minister of Kerala, the late Pattom Thanu Pillai, the sprawling 225-acre campus is nestled between the slender strands of the Western Ghats and the Arabian Sea, creating an ideal setting for a military-based residential institution. The foundation stone was laid by the Late VK Krishna Menon, Minister of Defence, Govt of India, on February 5, 1962. The founding team included Lt Col BK Somaiah as the Principal, Sqn Ldr Babu Lal as the Headmaster, and Capt TVS Nair as the Registrar.

**Academic Excellence:** The institution boasts teachers with impeccable qualifications, extensive experience, and expertise in various games and co-curricular activities, molding the cadets into well-rounded individuals. Sainik School Kazhakootam has consistently achieved outstanding performance in CBSE Board Examinations, attaining 100% results in Class XII and Class X board exams in recent years. Notably, the school has been awarded the Defence Minister's Trophy five times for the highest intake to the NDA.

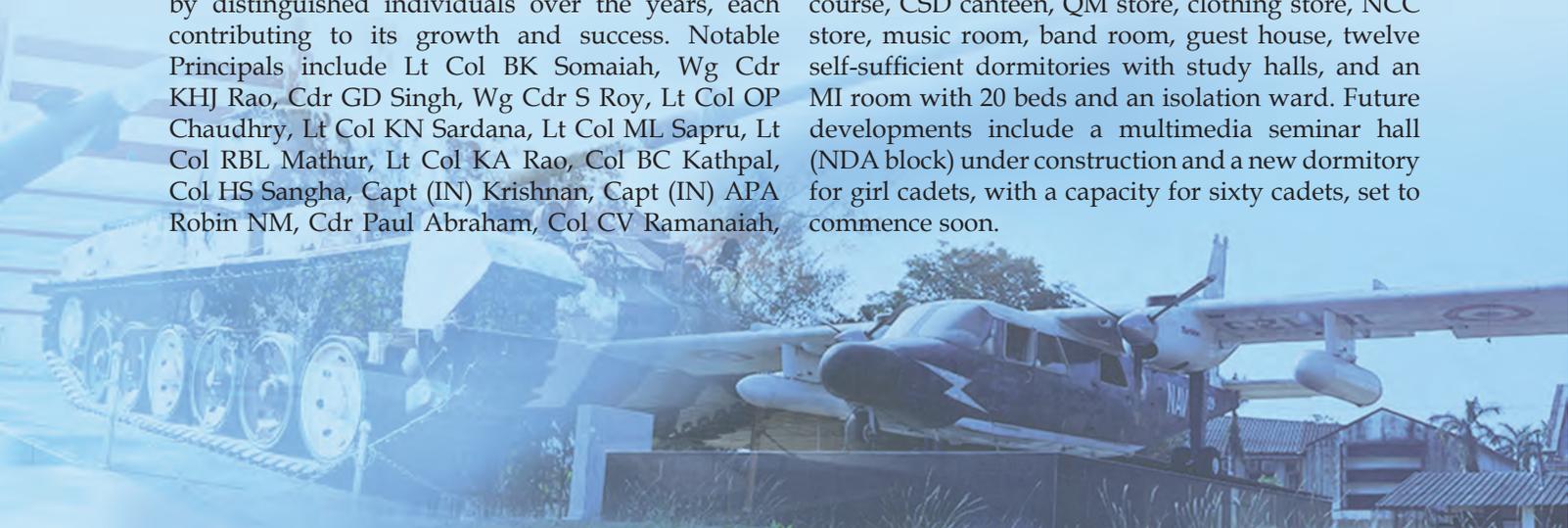
**Distinguished Principals:** The school has been led by distinguished individuals over the years, each contributing to its growth and success. Notable Principals include Lt Col BK Somaiah, Wg Cdr KHJ Rao, Cdr GD Singh, Wg Cdr S Roy, Lt Col OP Chaudhry, Lt Col KN Sardana, Lt Col ML Sapru, Lt Col RBL Mathur, Lt Col KA Rao, Col BC Kathpal, Col HS Sangha, Capt (IN) Krishnan, Capt (IN) APA Robin NM, Cdr Paul Abraham, Col CV Ramanaiah,

Col B Ajit Kumar, GpCapt B Janardhanan, Capt (IN) G Rambabu, Col A Rajiv, Col VKS Rawat, and Col Dhirendra Kumar.

**Alumni Achievements:**

With over 5000 students graduating from Sainik School Kazhakootam, the alumni have made a significant impact across various fields. Approximately 900 Kazhaks have joined the Armed Forces, showcasing the school's commitment to nurturing leaders. The Old Boys Association (OBA), established in 1969, has chapters nationwide and internationally, contributing through endowments, awards, and trophies. An annual reunion in June/July strengthens the bond between the alumni and the school, demonstrating unwavering support through thick and thin.

**Infrastructural Facilities:** The school is equipped with modern facilities, including a state-of-the-art academic block with smart e-learning facilities, a well-furnished staff room, a conference room, an art and craft workshop, and a library with three reading rooms. Additional facilities include a cadets' mess with steam cooking equipment, a bakery, an Olympic-size swimming pool, a multi-purpose auditorium with an 800-seating capacity, a motivation hall, gymnasium, outdoor game grounds, a parade ground with a pavilion, Sam Manekshaw arena, an obstacle course, CSD canteen, QM store, clothing store, NCC store, music room, band room, guest house, twelve self-sufficient dormitories with study halls, and an MI room with 20 beds and an isolation ward. Future developments include a multimedia seminar hall (NDA block) under construction and a new dormitory for girl cadets, with a capacity for sixty cadets, set to commence soon.





# Message



## ARIF MOHAMMED KHAN

Governor of Kerala  
Raj Bhavan  
Thiruvananthapuram-695 099

I am happy to know that Sainik School Kazhakootam intends to publish the School Magazine The Kazhak Cadet covering its journey during the academic year 2023-24.

It is commendable that by combining knowledge and discipline, Sainik School has been rendering remarkable service in training cadets to join the Armed Forces as officers. That many of its alumni adorn distinguished positions in the Armed Forces and in other fields testifies the success of the school's earnest efforts.

I convey my hearty greetings to the Principal, Faculty, Staff and cadets of the school and wish the publication all success.

**Arif Mohammed Khan**  
27 November 2023



# Message



**Pinarayi Vijayan**  
**CHIEF MINISTER**  
**GOVERNMENT OF KERALA**  
No. 1067/Press/CMO/23  
28 November, 2023.

I am happy to note that the Sainik School, Kazhakootam, is planning to publish its annual magazine titled 'The Kazhak Cadet' for the current academic year.

I hope that the magazine would provide an excellent opportunity through various genres of writing.

My best wishes.

**Pinarayi Vijayan**



# Message



**Satish Singh**  
Joint Secretary (Trg)  
Government of India  
Ministry of Defence  
New Delhi - 110011



I am pleased to learn that Sainik School Kazhakoottam is bringing out its annual journal 'The Kazhak Cadet 2023-24'. Sainik Schools have been entrusted with the noble task of imparting quality education to the students from different social backgrounds for induction into the armed forces as officers. The schools also inculcate high standards of discipline, moral and ethical values as well as sense of responsibility for the holistic development of the personality of cadets thereby making them self-reliant, physically fit and mentally agile youth of tomorrow. I earnestly hope that Sainik School Kazhakoottam will continue this noble task of grooming the youth of our nation steadfastly so that they would move on to take a rightful place in the future India. On this occasion, I wish the Principal, faculty and the cadets every success in all their future endeavours.

The Honorary Secretary





# Message



## Air Mshl B Manikantan AVSM VM

Air Officer Commanding-in-Chief  
Tele : (0) 0471-2551361/7200  
Fax: (0) 0471-2551371  
AFNET: 4311-7200  
E-mail: southerneye@nic.com  
SAC/2494/37/Org BM II



HQ Southern Air Command,  
IAF Akkulam,  
Thiruvananthapuram Kerala-695011

24 Feb 24

I am happy to learn that Sainik School Kazhakootam is set to unveil its annual Journal, 'The Kazhak Cadet 2023-24. It is a matter of pride for me to compose this message as Chairman, LBA for the journal of my alma mater.

Sainik Schools, established with the noble goal of nurturing young minds for careers in the Armed Forces, have played a vital role in shaping the future of our nation. I am particularly delighted to witness how Sainik School Kazhakootam has consistently surpassed expectations, diligently fulfilling its objectives. The remarkable number of our alumni serving in the defence forces, many of whom I am familiar with, is a testament to the school's unwavering commitment to this noble cause.

It is evident that SSKZM has produced a distinguished group of individuals who have made significant contributions across different sectors, both in India and abroad. Their remarkable performance in chosen fields of endeavour reflects well on the values instilled in them through the dedication of the officers, teachers and staff at the school. It is a source of great pride to all of us that this fine institution and its accomplished alumni have earned laurels across the world. Our gratitude is due to all those who have served with pride and perseverance at SSKZM to make it what it is today.

I take this opportunity to extend my heartfelt best wishes to all officers, members of the faculty and cadets of the school. May you find success in all your endeavours and keep the school's flag flying high!

Jai Hind!



# Message



**AVM VIKAS SHARMA VM**  
Chairman LBA

24 Feb 24

It is heartening that Sainik School Kazhakootam is bringing out the next issue of its annual journal 'The Kazhak Cadet 2023-24'.

Good health and quality education are two essential components towards development and empowerment of youth. I am happy to note that in more than six decades of its glorious existence, Sainik School Kazhakootam has been providing quality education to its cadets. Serving as a feeder institution to the National Defence Academy and other Defence academies, the school contributes immensely, towards nation building, as its alumni are providing quality leadership in the fields of Civil Services, Medicine, Engineering, IT, Business, etc.

'The Kazhak Cadet' not only gives a glimpse of the school's development but also serves as an important forum, for self-expression of the cadets who are to take up important positions to serve the nation. I take this opportunity to wish the cadets all the very best for the future endeavours. I also wish the faculty and staff to maintain the high standards of this prestigious school in the years ahead.





# Message



सत्यमेव जयते



एयर कर्माडोर एस जेकब  
निरीक्षण अधिकारी  
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Government of India  
Ministry of Defence  
Sainik Schools Society  
101, D-1 Wing, Sena Bhawan  
New Delhi-110011

No. 13(1)/SSS/2019

06 Dec 23

I am happy to know that Sainik School Kazhakootam is bringing out the next issue of its annual journal "The Kazhak Cadet 2023-24".

I wish to delightfully underscore the consistent achievements of Sainik School Kazhakootam. Over the year, this portal of excellence has moulded and enriched the lives of hundreds of our young men, who have contributed actively towards Nation building. A school magazine, besides being a forum for budding minds to express themselves, is an effective channel of communication with all stakeholders. The enthusiastic little minds showcase their talent and potentials through this medium which is relished extensively by the readers. It has also acted as a beacon for exchange of ideas between the school community and the outside world. Thus, it has served the aim to establish as well as strengthen the unseen bond between them.

I wish very best of everything to the editorial team and the entire school.

Jai Hind!





# Message



**कमोडोर राजेश कु शर्मा**

निरीक्षण अधिकारी

**Cmde Rajesh K Sharma**

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New Delhi-110011

No. 13(1)/SSS/2019 01 Dec 2023

I am happy to learn that Sainik School Kazhakootam is bringing out its next edition of 'The Kazhak Cadet 2023-24'.

Surrounded by serene features, Sainik School Kazhakootam offers the ideal environment for discovering one's intrinsic talents and preparing the cadets for the future. The school has always been a fore"runner in its quest to remain ahead of its peers with admirable achievements in academics and other fields. It is heartening to note that the unflinching efforts put in by the staff and students have borne the desired fruits, over the years, as the alumni of the school occupy enviable positions in various walks of life.

I would like to take this opportunity to wish the school continued success in the years to come.

Jai Hind!



Principal  
**Col DHIRENDRA KUMAR**



*At the Helm*

Vice Principal  
**Wg Cdr M Rajkumar**



Administrative Officer  
**Cdr Sarin P M**



Senior Master  
**Mr. Mahadevan Nair G**





**Col Dharendra Kumar**  
Principal

Dear cadets, parents, faculty, and well-wishers,

As I immerse myself in the captivating pages of 'The Kazak 2023-24,' a profound sense of pride and anticipation fills my being. This annual journal goes beyond mere documentation; it is a resounding call to embrace the boundless possibilities that lie ahead, a testament to our shared commitment to surmount challenges and achieve new milestones.

In the backdrop of the innumerable formidable challenges the world today is confronted with, 'The Kazak 2023-24' emerges as a beacon of hope and resilience. Serving as a canvas upon which the narratives of determination, creativity, and growth are vividly painted, this journal celebrates the indomitable spirit that defines our esteemed school community and the contribution of the community ex-students who, in myriad ways and in various walks of life, contribute to make the world a better place.

Our journey, marked by academic and co-curricular excellence and the remarkable performance in the UPSC NDA exam, is a testament to the unwavering dedication of our esteemed faculty and the

steadfast support of parents and guardians. Holistic development and the nurturing of individual potential remain the cornerstone of our educational philosophy.

Within the pages of 'The Kazak 2023-24,' the essence of our school comes to life. Each creation, whether an academic triumph, a cultural endeavour, or a personal victory, contributes to the rich tapestry of our school's legacy.

This journal is not a mere reflection on the past; it is a catalyst for the future. It beckons each one of you to dream big, challenge yourselves, and embrace every opportunity as a stepping stone toward your goals. In a world teeming with challenges, your creativity and resilience will be your greatest assets.

As you flip through these pages, envision it not only as a record of accomplishments but as a mirror reflecting your potential. Let it inspire you to reach greater heights, overcome obstacles, and emerge as leaders ready to accomplish whatever challenges life may present.

Upon reflection of the past year, it is evident that we have not merely weathered challenges but emerged stronger, more resilient, and united as a school family. The pages you are about to explore bear witness to the collective efforts, passion, and dedication of every member of our school community.

Education is an ongoing journey, and this magazine encapsulates the diverse milestones, both significant and subtle, that each of you has achieved. From academic triumphs to artistic endeavours, athletic feats to community service, every page tells a story of commitment and perseverance.

While being immersed in a plethora of activities and the resulting build-up of pressure, our cadets have displayed remarkable resilience. Your ability to adapt, learn, and thrive in diverse

circumstances is a testament to the character and values instilled within the walls of our school. You, our students, are the future leaders poised to navigate and shape the dynamic world.

To the parents and guardians, your unwavering support is the cornerstone of our success. Your trust in our educational mission propels us forward. Together, we are not just fostering academic excellence but nurturing well-rounded individuals equipped with the skills and knowledge to excel in an ever-evolving world.

The dedicated faculty, your passion for teaching extends beyond textbooks. You are mentors, guides, and champions, shaping the minds of our future leaders. Your commitment to fostering a love for learning is evident in the achievements and growth of our students.

To the passing-out batch, as you embark on new beginnings, carry the values and lessons learned here into the world. You are our ambassadors, and we have every confidence in your ability to make a positive impact.

I express my gratitude to the State Government and the Local Board of Administration for their unwavering support throughout the session.

In closing, my sincere appreciation goes to the editorial team for their meticulous work in bringing this magazine to life. Your dedication and creativity have transformed thoughts into words, and words into a vibrant tapestry of our school's journey.

May this magazine stand as a celebration of our shared achievements and a testament to the limitless potential that resides within each of you. Here's to another year of growth, learning, and creating lasting memories.

With warm regards





## Principal's Annual Report 2023-24

Seeing the regional imbalance of the officer cadre in the Indian Armed Forces, our then Defence Minister Shri V K Krishna Menon thought of establishing some kind of school that would instill officer like qualities in students or rather cadets. And hence, the Sainik Schools were born.

The Sainik School Kazakootam was one of the first Sainik Schools to be established in 1961. It provides a suitable atmosphere for developing leadership and blending academic excellence with physical toughness. Now, in merely 60 years after its establishment, it boasts of having sent over 1000 cadets to the armed forces with many who have reached very extensive heights. Apart from the armed forces, the 'Old Boys' of our school have also proved their mettle in various other fields like the Indian Administrative Services, the banking sector, the medical field and in every other walk of life.

### School Strength

The present strength of the school stands at 636 including day scholars. The pilot project of girls admission continue to flourish with 39 girl cadets who are boarders.

### NDA and SSB

The primary purpose of the sainik school is to send cadets into the National Defence Academy and hence, our school has a block specially dedicated to NDA preparation and additional NDA classes are conducted there. Various 'Service Selection Board' (SSB) training sessions were conducted for the cadets. Regular SSB training activities were conducted during the session. This year, 22 cadets passed the UPSC examination and 3 cadets were recommended by SSBs.

### Academics

Well planned academics of the school from the beginning of the academic year, enabled the school to the timely completion of syllabus, both theory and practical, and thus equipped the cadets to face the board exams



with confidence. Various exams conducted periodically facilitated the teachers to analyse the learning gap in their students, and provide remedial support continuously thereby rising the bar to the next level in terms of academic performance. The hard work of cadets and teachers resulted in 100% results in both class X and XII board examinations.

### Sports and Games

‘All work and no play makes Jack a dull boy’. Sainik School cadets are far from dull, as they enjoy games and physically stretching activities. Every day school starts with a hectic physical training, swimming sessions and Martial arts sessions which build up the cadets’ strength and confidence. Regular games period focussing on basketball, volleyball, football and hockey develop sportsmanship in them in addition to the stamina building. Cross-country races and athletic events build up their stamina.

### Co-Curricular Activities

Co-Curricular activities are given due weightage while planning the academic calendar. They help us develop various skills and strengths apart from academics. Debates, speeches and interactive sessions make the confident orators. The implementation

relax themselves, the school has allocated one hour of playing outdoor games, every evening. The lush and green campus is equipped with many football courts, hockey courts, basketball courts, volleyball courts, a tennis court, modern aquatic complex and an obstacle course, thus presenting various opportunities for the cadets to learn and enjoy sports. To further enhance their physical endurance, PT competitions, cross country, interhouse basketball, volleyball and football competitions were held for of extempore speeches in class and house assemblies helped the cadets to overcome the hesitation to speak and avoid stage fear.

Hindi, English, Malayalam debates were held in senior, junior and subjunior categories. Interhouse declamation, Book review competition, essay writing competition and quiz competition were held for all cadets. Many poems, stories, paragraphs and multimedia presentations were prepared by the cadets for the Veer Gatha Project conducted by CBSE.

We believe in the statement ‘cleanliness is next to godliness’. We conducted many cleanliness rallies and competitions this year. Some of the major are the cleaning of St Andrews Beach as a part of Gandhi Jayanthi celebrations and

a cleanliness drive as a part of SwachtaPakhwada in the month of September and October. Various celebrations were held in the school in may events like Deepavali, Onam and Holi. They provided a plethora of opportunities for the cadets to display their talents.

### EBSB Programme

As part of Ek Bharat Shreshtha Bharat programme which was announced by the Hon’ble Prime Minister on 31st October, 2015, Sainik School Kazhakoottam organized a Student Exchange Programme with its counterpart, Sainik School Sujanpur Tira, Himachal Pradesh from 24 Nov 2023 onwards.

The Student Exchange Programme aimed at enhancing mutual understanding and cultural exchange among the states with the direct involvement of students and staff alike. 10 cadets of class 8 and 2 staff members visited SSKZM as part of the event to devour the droplets of beauty and culture of ‘God’s own country’. Exploring the diversity in folklore through various cultural programmes and stage events, understanding various co-curricular activities conducted in both schools, learning the basics of the new languages, cultural reciprocity, trying out new cuisines and food culture etc. were some of the major objectives of this 14 days’ extravaganza.





### Swachhta Hi Seva Campaign:

On October 2nd Gandhi Jayanti Day, the school organized the official conclusion of the events and the prize distribution for the competitions conducted as part of Swachhta Hi Seva campaign (SHS). In the event organized as part of the Gandhi Jayanti Celebrations, Honorable Food and Civil Supplies Minister, Advocate G R Anil addressed the Sainik School family and gave away the prizes for the cadets and staff.

The school conducted various competitions and social welfare activities as part of SHS campaign since 15<sup>th</sup> September, aimed to generate janandolan through community participation in and around the campus. On October 1st, the whole campus participated in the nation-wide "Ek Tareekh, Ek Ghanta, Ek Saath" programme and collected a considerable amount of plastic waste from the campus and the surrounding areas which was later handed over to Haritha Karma Sena. A videos presentation of all the activities conducted was screened in the auditorium for the audience comprised of the distinguished Minister, Adv G

R Anil, other dignitaries and all the members of Sainik School fraternity.

On 22 July, 2023, Sainik School Kazhakootam saw an exceptional reunion of its Old Boys in the form of the attendance of five of the currently serving high profile officers in the military services of India. Commemorating the 54<sup>th</sup> Reunion-conducted by the 1996 batch, of the Old Boys Association, the alumni group of the school, the congregation of the five serving officers who are holding the key positions in armed forces became an inspiration and motivation for the cadets as well as for the entire staff of the school.

### A Rare High Profile OBA Reunion

Lieutenant General M Unnikrishnan Nair AVSM, SM who occupies the office of the National Cyber Security Coordinator, Air Marshal R Radhish AVSM, VM, Air Officer Commanding in Chief, IAF Training Command, Lieutenant General Johnson P Mathew UYSM, AVSM, VSM, Chief of Integrated Defence Staff, Air Marshal Saju Balakrishnan AVSM, VM, Commander in Chief, Andaman and Nicobar Command and Air

Marshal B Manikantan AVSM, VM, Air Officer Commanding in Chief, Southern Air Command were the top five who stole the show today. All the five officers are from Kerala and belong to the 1980s batches.

After the ceremonial wreath laying in the school Guards Square, the officers and the old boys along with their families settled down in the school auditorium for the briefing and presentation by Col Dhirendra Kumar, Principal Sainik School Kazhakootam. Followed by the award distribution sponsored by the Old Boys for various events and exceptional achievers among the cadets, the school witnessed the 'Guruvandanam' by the alumni where the retired and serving teachers of the school were honoured in the school auditorium. Followed by the official events of the day, the five officers along with the OBA President, Col Sajad, the Principal and Defence PRO, addressed the press and media in front of the school war memorial. The officers spoke of their life and experiences from Sainik School and interacted with the media on the various plans which are in the pipeline for implementation in Sainik School Kazhakootam with



the collaboration of the State as well as Ministry of Defence.

### 63<sup>rd</sup> Raising Day

The 63<sup>rd</sup> Raising Day celebration and the Passing out Parade of the class XII cadets of Sainik School Kazhakootam was held on 20 Jan 2024 at the School Parade Ground. 70 cadets of the outgoing batch passed out of the portals of their alma mater after seven years of academic and military oriented training from their school, in the school's traditional Passing out Parade. Air Marshal Balakrishnan Manikantan, AVSM, VM, Air Officer Commanding-in-Chief, Southern Air Command, Indian Air Force, who himself is an alumnus of the school from 1983 batch, was the chief guest of the day. The distinguished guest took the salute and reviewed the parade in the open jeep accompanied by Col Dharendra Kumar, Principal Sainik School Kazhakootam and School Cadet Captain. Ten contingents including two passing out contingents followed by school's decorated band team constituted the parade formation.

The school witnessed one of the most memorable Raising Day celebrations in the presence of several serving officers, many of them are the Old Boys of the school and distinguished civil

servants from different domains of civil service. Brig M P Salil, Station Commander, 91 Infantry, Pangode, Capt Manpreeth Singh, Principal Inspector, Naval Armament, Ms Sudha S Namboodhiri, Defence PRO, MoD, Air Marshal I P Vipin AVSM, VM (Retd), Air Commodore Balakrishnan Balachandran AVSM, VM(Retd), representatives from different departments of Govt of Kerala etc. were some of the important invitees to attend the function. Along with the audience comprising the distinguished guests, all the parents and family members of the class 12 cadets witnessed the long-awaited day of their wards.

The School Cadet Captain Dayal S Priyan commanded the parade, and the School Cadet Adjutant Shreyas R Nair was the parade Second in Command. Followed by the meticulous parade, school Martial Arts club uplifted the crowd with their dynamic performance and a colourful aerobics display was staged by the subjunior cadets. While addressing the gathering, the Reviewing Officer complimented the cadets for their immaculate turn out and excellent standard of parade and performances. The School Band accompanied the march past and added melody and rhythm to the

ceremonial parade and showcased a unique presentation with drums and bells.

Medals for the outstanding cadets who excelled in various fields were also awarded by the Chief Guest. The Medal for the Best All Round Cadet was awarded to School Cadet Captain Dayal S Priyan. The medal for the Best Sports Person was awarded to House Captain Bhuvan V S. House Captain Navaneeth A was bestowed upon the Best Cadet Award in Academics and School Cadet Adjutant Shreyas R Nair was adjudged the Most Promising Cadet in the ceremony. Along with complimenting the cadets who excelled in the parade drill and various demonstrations, the chief guest, Air Marshal Balakrishnan Manikantan, AOC in C handed over the Appreciation Certificates to Mr. Arun Kumar MS (PGT Chemistry), Mr. Noufal K (TGT Chemistry), Mr. Gopala Krishnan (Catering Assistant), Mrs. Sreelatha(UDC), Mr. Sujeesh (Electrician) and BHM Anil Kumar (APTC Staff) for their selfless services for the organization. A large number of invitees, parents, Old Boys and students from other schools witnessed the jubilant parade and blessed the squads with pulsating applause and compliments.





Back to where it all began! Our esteemed alumnus, Air Mshl B Manikantan AVSM VM, AOC in C HQ SAC IAF visits his alma mater to inspire and motivate the next generation of leaders.





Air Mshl B Manikantan AVSM VM, AOC in C HQ SAC IAF

*Officers Review*



Air Mshl R Radhish PVSM AVSM VSM, AOC in C HQ TCA IAF



## PERFORMANCE IN SENIOR SCHOOL CERTIFICATE EXAMINATION 2023-2024

Seventy cadets appeared for the SSCE 2023-24 and excelled remarkably, achieving a perfect 100% pass rate. Impressively, 64 of these cadets earned distinctions, highlighting their outstanding dedication and academic excellence.

SI No	Subject wise distinctions (above 75%)	Boarders	Day Scholars	Total
1	English	63	1	64
2	Mathematics	51	2	53
3	Physics	51	0	51
4	Chemistry	42	1	43
5	Biology	25	1	26
6	Computer Sc	29	1	30

### Top Five School Toppers

First	Second	Third	Third	Third
				
6334 NAVANEETH A 482 Marks, 96.40%	6336 ADITYA 476 Marks, 95.20%	5935 BHUVAN VS 463 Marks 92.60%	6010 NANDA KRISHNA J 463 Marks 92.60%	6330 KARTHIK RAJ 463 Marks 92.60%

### Subject wise Toppers

			
6330 KARTHIK RAJ ENGLISH - 98	5946 SURYA KIRAN COMPUTER SC - 100	5998 VISHNU B L COMPUTER SC-100	6334 NAVANEETH A BIOLOGY - 96
			
5981 ASWIN BABU MATHS-97	5965 PRABHATH RANJAN MATHS-97	6334 NAVANEETH A PHYSICS & CHEMISTRY-97	



## PERFORMANCE IN SECONDARY SCHOOL EXAMINATION 2023-2024

Ninety cadets appeared for the SSE 2023-24, demonstrating exceptional performance with a 100% pass rate. Among them, 74 cadets achieved distinctions, showcasing their dedication and excellence in academics.

### *Top Three School Toppers*



6176  
NANDAKISHORE K B  
485 Marks, 97%



6564  
VIGNESH JEET  
484 Marks, 96.8%



6152  
SIVASANKAR B S  
482 Marks, 96.4%



### *Subject wise Toppers*



6222  
SAURABH SUMAN  
ENGLISH-98



6221  
JANMEJAY PATHAK  
HINDI-98



6214  
NIRAJ KUMAR  
HINDI-98



6231  
VAISAKH S MANILAL  
MALAYALAM - 100



6155  
ASHRID KRISHNA S NAIR  
MALAYALAM - 100



6176  
NANDAKISHORE KB  
MATHS-100



6564  
VIGNESH JEET  
MATHS - 100



6529  
DIVYANSH VERMA  
MATHS - 100



6533  
AMAN RAJ GUPTA  
MATHS-100



6198  
CHETHAN LEVAN  
MATHS-100



6185  
ADWAITH B  
SCIENCE - 98



6152  
SIVASANKAR B S  
SOCIAL SCIENCE - 98



6499  
ANUBHAV SINGH  
KUSHWAH  
SOCIAL SCIENCE - 98



6564  
VIGNESH JEET  
SOCIAL SCIENCE- 98



6179  
M J MADHAVAN  
SOCIAL SCIENCE-98



6242  
RUBEN S BABY  
SOCIAL SCIENCE- 98





*Successful NDA exam qualifiers*



5927  
Adithyan A



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Nandhakrishna J



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Aditya



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Devmadhav



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Prabhath Ranjan



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Shreyas R Nair



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Abhinav



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Saurav Kumar



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Anand Utkarsh



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Ankit Kumar



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Susanth Sharma



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Basudev Bhaskar



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Sankaranarayanan



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Karthikeyan



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Karthik Raj



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Pratheek C Premnath



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Navaneeth A



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Arjun Dev J



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Nandajith K P



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Anurag Kumar



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Amandeep Kumar



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Bhuvan V S





Principal : Col Dhirendra Kumar  
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	TGT	Mr. R Rajesh, M Sc, B Ed
	TGT	Ms Surya S, M Sc, B Ed
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	PGT	Mr. Jayanesh V R, M Sc, B Ed, N
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		Hav Sujith Kumar S
		Hav Sujith L S
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		Hav Sachin Hazare
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House Staff	Matron	Ms. Anju, BA
	Matron	Ms. Neenu, BA
	Warden	Mr. Anand T., BA, LLB
	Warden	Mr. Rahul T, MA



# CLUB REPORTS

Club activities play a pivotal role in the life of students at Sainik School Kazhakootam. Rather than being mere ritualistic extracurricular activities, these clubs are viewed as essential tools for the holistic development of students. The objectives of these clubs encompass a wide range of benefits, such as nurturing dormant talents, promoting teamwork, and serving specific educational and social purposes. Membership in these clubs is mandatory to ensure that all students can benefit from their offerings.

Each club at Sainik School Kazhakootam is designed to fulfil a distinct purpose, with a particular focus on fostering the following qualities and skills:

- **Social Consciousness and Empathy:** Clubs aim to raise cadets' awareness of social issues and encourage them to empathize with those in need, fostering a sense of responsibility and compassion.
- **Environmental Awareness:** Cadets are educated about environmental concerns and sustainable practices to promote responsible stewardship of the planet.
- **Healthy Inquisitiveness:** Club activities stimulate cadets' curiosity and encourage them to ask questions, explore new subjects, and seek knowledge independently.
- **Scientific Blend of Mind:** Clubs may focus on enhancing cadets' scientific thinking, problem-solving, and analytical skills, fostering an interest in the sciences.
- **Critical and Creative Thinking:** Cadets are encouraged to think critically, solve problems creatively, and develop a well-rounded intellectual capacity.
- **Effective Articulation of Ideas:** Through participation in club activities, cadets improve their communication skills, enabling them to express their thoughts and ideas more effectively.

Involvement in these clubs not only broadens

cadets' horizons but also helps them refine their skills and gain a practical understanding of the challenges and opportunities related to their specific interests and future careers.

It is worth noting that these club activities are conducted by cadets with guidance from dedicated teachers-in-charge. Each club has a designated space to showcase the individual and collective work of its members, allowing them to exhibit their accomplishments and efforts. Regular reports are also provided to keep the school community informed about the ongoing activities and achievements of each club.

Overall, club activities at Sainik School Kazhakootam serve as a valuable platform for students to grow, learn, and engage in diverse educational and social experiences.

## ART & CRAFT

The Art and Craft Club at Sainik School Kazhakootam continues to be a vibrant and creative hub for our students, offering a platform for artistic expression and skill development. This report summarizes the club's activities and accomplishments over the past month.

**Painting Workshops:** The club organized a series of painting workshops where members explored various painting techniques. These sessions included watercolours, acrylics, and oil painting. Students demonstrated remarkable creativity and developed their painting skills.

**Origami and Paper Crafts:** A special emphasis was placed on origami and paper crafts. Students learned to create intricate paper art, from traditional origami designs to contemporary paper sculptures.

**Collaborative Mural Project:** The club undertook a collaborative mural project, transforming a school wall into a beautiful piece of art. Club members worked together to plan and execute this project, contributing to the school's aesthetic appeal.

**Art Exhibition Preparation:** The club is in the process of preparing for an upcoming art exhibition.



Students are currently selecting their best artworks to display. This exhibition will provide a platform for members to showcase their talents to the school community.

**Craft Fair Participation:** Several club members actively participated in the recent school craft fair. They displayed and sold their handmade crafts, ranging from jewelry and accessories to home decor items. The fair provided an opportunity for cadets to gain real-world experience in marketing and sales.

**Art Competitions:** To encourage healthy competition and creativity, the club will host art competitions within the school, promoting participation from cadets of all ages. They are also encouraged to take part in the competitions outside the school.

The Art and Craft Club remains committed to nurturing the artistic talents of our members and fostering a love for creativity within the school. We are excited about the opportunities and growth that the upcoming months will bring.

## MUSIC / BAND CLUB

The Music Club at Sainik School Kazhakootam has been actively engaged in various musical activities and initiatives aimed at promoting musical creativity, appreciation, and talent development among students. This report highlights the club's activities and achievements over the last academic session.

**Instrumental Workshops:** The Music Club organized instrumental workshops with resource persons from outside to provide students with hands-on experience in playing different musical instruments. These workshops included guitar, keyboard, and percussion lessons. Students demonstrated enthusiasm and progress in their musical skills.

**Vocal Training:** Vocal training sessions were conducted for members interested in singing. Cadets learned vocal techniques, harmonies, and worked on a repertoire of songs from various genres.

**Jam Sessions:** The club organized regular jam sessions where members came together to play music, share their compositions, and collaborate on musical projects in connection with various significant events. These sessions helped foster a sense of unity and creativity within the club.

**Participation in School Events:** Several club members showcased their musical talents by performing at school events, such as assemblies and talent shows. These performances added vibrancy to the school's cultural programs.

As the Music Club moves forward, we have several exciting plans on the horizon.

**Annual Music Showcase:** We are in the early stages of planning our annual music showcase, which will provide an opportunity for members to perform and display their musical talents to the school community.

The Music Club is dedicated to promoting musical talent and a love for music within the school. We are grateful for the support of the school administration, teachers, and parents, which has enabled us to continue nurturing the musical potential of our members.

## ASTRONOMY CLUB

The Astronomy Club at Sainik School Kazhakootam continues to ignite the fascination of the cosmos in the minds of our cadets. This report outlines the club's recent activities and achievements in the realm of astronomy and space exploration.

**Star-gazing Sessions:** The Astronomy Club organized several stargazing sessions during the academic year. These events provided students with the opportunity to observe celestial objects, constellations, and planets through telescopes and binoculars. Members engaged in discussions about the night sky and learned to identify various celestial bodies.

**Guest Speaker Series:** The club hosted a guest speaker who is an expert in astronomy and astrophysics. The speaker delivered a captivating presentation about recent astronomical discoveries, space exploration missions, and the mysteries of the universe. Students had the chance to ask questions and gain insights into the field.

**Telescope Workshop:** A telescope workshop was conducted to educate members on the proper usage and maintenance of telescopes. This hands-on experience allowed students to develop practical skills for astronomical observation.

**Astronomy Quiz Competition:** The club organized an inter-school astronomy quiz competition, where students from different schools tested their knowledge of astronomy-related topics. Our school's team performed exceptionally well and



secured the first position.

**Planetarium Visit:** Members visited the planetarium in Trivandrum, where they were treated to an immersive experience of the night sky and the wonders of the universe through a digital planetarium show.

**Observation Night:** A dedicated observation night is on the horizon, where members can witness celestial events such as meteor showers, lunar eclipses, and planetary transits.

The Astronomy Club is committed to nurturing a love for astronomy and space exploration within our school. We appreciate the support and encouragement provided by the school administration, teachers, and parents, which enables us to inspire students to reach for the stars. We are excited about the astronomical endeavors and discoveries that the future holds.

## **NATURE CLUB**

The Nature Club at Sainik School Kazhakootam is dedicated to fostering environmental awareness, conservation, and a deep connection with the natural world. This report provides an overview of the club's recent activities and accomplishments in promoting environmental stewardship.

**Tree Planting Event:** The Nature Club organized a tree planting event in the month of June. Club members, along with volunteers, planted trees on the school campus. This event aimed to contribute to reforestation efforts and raise awareness about the importance of trees in mitigating climate change.

**Nature Walks:** The club organized nature walks in the social forestry area within the school campus. Cadets had the opportunity to observe local flora and fauna, identify different species, and appreciate the beauty of the natural world.

**Awareness Campaigns:** The Nature Club conducted awareness campaigns within the school, focusing on environmental issues such as reducing plastic waste, conserving water, and promoting recycling. These campaigns included informative posters, presentations, and workshops.

The Nature Club is looking forward to several exciting initiatives. **Biodiversity Study:** We plan to conduct a biodiversity study on the school premises to document the various species of plants and animals present. This study will contribute to our understanding of local ecosystems.

**Environmental Education Workshops:** We will conduct environmental education workshops for students, focusing on topics such as climate change, sustainable living, and the importance of biodiversity.

**Clean-Up Drive:** The club plans to organize a campus clean-up drive to keep our school environment clean and litter-free.

The Nature Club is committed to promoting environmental awareness and sustainability within our school community. We extend our gratitude to the school administration, teachers, and parents for their continued support and encouragement. By fostering a love for nature and the environment, we aim to inspire students to become responsible and environmentally conscious citizens.

We look forward to the growth of the club and the positive impact we can make on our school and the wider community.

## **COMPUTER & ROBOTICS CLUB**

The Computer & Robotic Club at Sainik School Kazhakootam continues to be a hub of innovation and technology. This report provides an overview of the club's recent activities and accomplishments in the fields of computer science and robotics.

**Coding Workshops:** The club organized coding workshops where students had the opportunity to learn and practice programming languages such as Python, Java, and Scratch. These workshops aimed to enhance members' coding skills and foster a deeper understanding of software development.

**Robotics Competitions:** Club members participated in the inter school robotics competitions, showcasing their engineering and programming skills. The club achieved notable success, with the first and third prizes in a competition conducted at Christ International School, Kazhakootam.

**STEM Projects:** The club engaged in STEM (Science, Technology, Engineering, and Mathematics) projects that involved designing and building robots for various applications. These projects provided hands-on experience in robotics and problem-solving.

**App Development:** Cadets learned the fundamentals of app development and created simple mobile applications. This allowed members to explore the world of mobile technology and develop practical programming skills.

**Tech Talks:** The club invited guest speakers and



professionals from the tech industry to give talks and presentations on current technological trends and opportunities in the field.

The Computer & Robotic Club is excited about upcoming initiatives. AI and Machine Learning Workshops: We plan to organize workshops focusing on artificial intelligence (AI) and machine learning. These sessions will introduce students to the world of AI, including applications in robotics and data analysis.

Tech Showcase: The club plans to host a tech showcase, where members can present their projects and innovations to the school community and parents.

The Computer & Robotic Club is dedicated to nurturing technological skills, creativity, and innovation among students at [School Name]. We appreciate the support of the school administration, teachers, and parents for their continued support, which allows us to inspire students to excel in the fields of computer science and robotics.

As we look ahead to the future, we anticipate even greater technological achievements and contributions from our club members.

## **PUBLIC SPEAKING CLUB**

The Public Speaking Club at Sainik School Kazhakootam remains dedicated to honing the art of effective communication and public speaking skills among our cadets. This report outlines the club's recent activities and achievements in the realm of public speaking and oratory.

Public Speaking Workshops: The Public Speaking Club conducted a series of public speaking workshops during the academic session. These workshops covered various aspects of effective communication, including speech structure, voice modulation, body language, and overcoming stage fright.

Debate Tournaments: Club members actively participated in inter-school debate tournaments. They exhibited exceptional skills in argumentation, critical thinking, and persuasion, earning commendable positions in multiple debates.

Mock Trials: The club organized mock trial sessions, simulating real court trials. Members took on roles as lawyers, witnesses, and judges, gaining insights into legal proceedings and improving their public speaking and advocacy skills.

Extempore Speech Contests: The club held extempore speech contests, where students were given impromptu topics to speak about. These events encouraged quick thinking and articulate expression.

Speech Competitions: Several club members participated in school speech competitions, where they presented prepared speeches on a wide range of topics, including social issues, literature, and current events.

The Public Speaking Club is looking forward to several exciting initiatives. We plan to organize a public speaking showcase where members will deliver speeches to the school community and parents. This event will highlight their progress and accomplishments in public speaking.

Guest Speakers: We intend to invite accomplished guest speakers to share their experiences and insights on effective public speaking, inspiring our members to excel in this art.

Mentorship Program: We are considering the launch of a mentorship program where experienced club members can mentor newer members, helping them refine their public speaking skills.

Public Speaking Workshop Series: The club will continue to conduct a series of public speaking workshops, focusing on specific aspects such as persuasive speaking, storytelling, and speech delivery techniques.

The Public Speaking Club is dedicated to nurturing confident and eloquent speakers within our school community. We extend our gratitude to the school administration, teachers, and parents for their continued support and encouragement. By fostering a love for public speaking, we aim to inspire students to become effective communicators and leaders.

We look forward to the growth of the club and the positive impact we can make on the lives of our members.

## **READING CLUB**

The Library/Reading Club at Sainik School Kazhakootam continues to be a sanctuary for bibliophiles and a source of literary inspiration. This report provides an overview of the club's recent activities and accomplishments in promoting a love for reading and literature.



**Book Discussion Sessions:** The Library/Reading Club organized book discussion sessions during the academic session, where members had the opportunity to engage in thoughtful conversations about the club's selected books. These discussions allowed students to explore themes, characters, and critical analysis of literature.

**Author Talks:** We invited a local author, [Author's Name], to speak to club members about their writing journey and the creative process. This author shared insights into their books, offered writing tips, and answered questions from the students.

**Reading Challenges:** Club members participated in reading challenges where they set personal reading goals and tracked their progress. These challenges encouraged members to explore a diverse range of books and expand their literary horizons.

**Library Enhancement:** The club contributed to improving the school library by organizing book drives, cataloguing books, and creating cozy reading corners. These initiatives enhanced the library's environment and made it more inviting for cadets.

**Literary Quizzes:** The club organized literary quizzes, where members tested their knowledge of famous authors, classic literature, and contemporary bestsellers.

The Library/Reading Club is enthusiastic about upcoming literary initiatives:

**Literary Workshops:** We are considering organizing literary workshops on creative writing, storytelling, and book reviewing to develop members' literary skills.

**Reading Challenges:** The club will continue to engage in reading challenges, setting new goals and encouraging students to read more diverse literature.

The Library/Reading Club is dedicated to promoting a lifelong love for reading and literature within our school community. We appreciate the support of the school administration, teachers, and parents for their continued support and encouragement. By fostering a passion for reading, we aim to inspire students to become critical thinkers and lifelong learners.

We look forward to the growth of the club and the continued impact on the literary development of our members.

## MATHEMATICS CLUB

The Mathematics Club at Sainik School SchoolKazhakootam is dedicated to promoting a love for mathematics, critical thinking, and problem-solving skills among our cadets. This report provides an overview of the club's recent activities and achievements in the field of mathematics.

**Math Contests:** The Mathematics Club organized and participated in several math contests during the academic session. These contests included local and regional mathematics competitions where our club members demonstrated exceptional mathematical aptitude, securing top positions.

**Math Workshops:** The club conducted math workshops covering various topics, such as algebra, geometry, and calculus. These sessions allowed students to deepen their understanding of mathematical concepts and sharpen their problem-solving skills.

**Math Olympiad Preparation:** Club members engaged in rigorous preparation for upcoming Math Olympiads. This included practicing with challenging mathematical problems, enhancing mathematical proofs, and delving into advanced mathematical concepts.

**Mentorship Program:** The club initiated a mentorship program, where experienced members helped younger cadets with math homework and concepts, creating a collaborative and supportive learning environment.

**Math Puzzles and Challenges:** The club organized math puzzle-solving sessions and challenges, encouraging members to explore creative problem-solving techniques and compete in friendly mathematical competitions.

The Mathematics Club is enthusiastic about upcoming mathematical initiatives. **Math Olympiad Participation:** We plan to compete in national and international Math Olympiads, providing a platform for our members to showcase their mathematical talents on a larger scale.

**Guest Lectures:** We are in the process of inviting guest lecturers who are experts in various mathematical fields to share their insights and knowledge with our members.

**Problem-Solving Sessions:** The club will continue to host problem-solving sessions, focusing on challenging math problems and mathematical puzzles that require creative solutions.



The Mathematics Club is committed to nurturing mathematical talent and fostering a deep appreciation for the subject within our school community. We appreciate the support of the school administration, teachers, and parents for their continued support and encouragement. By fostering a passion for mathematics, we aim to inspire students to become analytical thinkers and problem solvers.

We look forward to the growth of the club and the continued impact on the mathematical development of our members.

## QUIZ CLUB

The Quiz Club at School Kazhakootam is committed to fostering intellectual curiosity, general knowledge, and critical thinking among our cadets. This report provides an overview of the club's recent activities and accomplishments in the realm of quizzing.

**Inter-School Quiz Competitions:** The Quiz Club actively participated in inter-school quiz competitions. Our members demonstrated exceptional knowledge and quick thinking, securing top positions in various regional and national quiz events.

**Intra-School Quizzes:** The club organized intra-school quizzes on a range of topics, including history, science, literature, and current affairs. These quizzes provided students with opportunities to test their knowledge and learn from each other.

**Quiz Bowl Tournaments:** Club members formed teams to compete in quiz bowl tournaments. They showcased their teamwork, speed, and accuracy in answering a wide range of questions.

**Quiz Workshops:** The club conducted quiz workshops to develop quizzing skills, including question analysis, rapid response strategies, and effective team collaboration.

**Theme Quizzes:** The club hosted theme-based quizzes, such as a science-themed quiz, literature quiz, or geography quiz, to delve deeper into specific subjects.

The Quiz Club is enthusiastic about upcoming quizzing initiatives. **National Quiz Championship:** We plan to participate in the National Quiz Championship, which will test our members' knowledge and quizzing abilities on a grand scale.

**Intra-School Quiz Series:** The club will continue to organize intra-school quiz series on a regular basis

to engage more cadets and enhance their general knowledge.

The Quiz Club is committed to nurturing a love for quizzing, intellectual development, and general knowledge within our school community. We appreciate the support of the school administration, teachers, and parents for their continued support and encouragement. By fostering a passion for quizzing, we aim to inspire students to become critical thinkers and lifelong learners.

We look forward to the growth of the club and the continued impact on the intellectual development of our members.

## VIDEOGRAPHY/PHOTOGRAPHY CLUB

The Videography/Photography Club at Sainik School Kazhakootam continues to be a hub of visual creativity and expression. This report provides an overview of the club's recent activities and accomplishments in the field of videography and photography.

**Photography Workshops:** The Videography/Photography Club organized photography workshops during the past month. These workshops covered various aspects of photography, including composition, lighting, and post-processing techniques. Cadets had the opportunity to hone their photography skills.

**Short Film Production:** Club members participated in short film production projects. They conceptualized, scripted, filmed, and edited short films, allowing them to apply their skills in storytelling and videography.

**Photography Contests:** The club hosted photography contests with different themes, such as "Urban Landscapes" and "Nature's Beauty." These contests provided students with the opportunity to showcase their photography talents.

**Exhibition Preparation:** The club is currently preparing for a photography and videography exhibition. This event will allow members to display their best works to the school community and parents.

The Videography/Photography Club is enthusiastic about upcoming visual initiatives.

**Documentary Film Project:** We plan to undertake a documentary film project that explores a meaningful topic or issue within our school or local community. This project will provide cadets with the opportunity to create impactful visual narratives.



**Outdoor Photography Trips:** We aim to organize outdoor photography trips to scenic locations, allowing students to capture the beauty of nature and landscapes.

**Videography Workshops:** The club will continue to host workshops on videography techniques, including video editing, sound design, and storytelling in motion.

The Videography/Photography Club is dedicated to nurturing visual creativity and storytelling within our school community. We appreciate the support of the school administration, teachers, and parents for their continued support and encouragement. By fostering a passion for visual arts, we aim to inspire students to become skilled and imaginative visual communicators.

We look forward to the growth of the club and the continued impact on the visual development of our members.

## **YOGA CLUB**

The Yoga Club at Sainik School Kazhakoortam is dedicated to promoting physical and mental well-being through the practice of yoga. This report provides an overview of the club's recent activities and accomplishments in the field of yoga.

**Yoga Sessions:** The Yoga Club organized regular yoga sessions during the academic session. These sessions included various forms of yoga, such as Hatha, Vinyasa, and Restorative yoga. Students had the opportunity to practice yoga postures and relaxation techniques.

**Meditation Workshops:** The club conducted meditation workshops to introduce members to mindfulness and meditation practices. These sessions focused on stress reduction and inner peace.

**Yoga Challenges:** The club hosted yoga challenges where students set personal goals and practiced specific yoga asanas (postures) and sequences. These challenges encouraged regular practice and self-improvement.

**Yoga Day Celebration:** The club celebrated International Yoga Day by organizing a special event featuring yoga demonstrations, meditation sessions, and discussions on the benefits of yoga for physical and mental health.

**Guest Yoga Instructors:** We invited certified yoga instructors to lead sessions and provide students with professional guidance in their yoga practice.

The Yoga Club is excited about upcoming yoga initiatives.

**Mind-Body Wellness Workshops:** We aim to conduct workshops on the connection between mental and physical well-being, highlighting how yoga can improve overall health and balance.

The Yoga Club is committed to nurturing physical and mental well-being within our school community. We appreciate the support of the school administration, teachers, and parents for their continued support and encouragement. By fostering a love for yoga, we aim to inspire cadets to lead healthier and more balanced lives.

We look forward to the growth of the club and the continued impact on the well-being of our members.

## **MARTIAL ARTS CLUB**

The Sainik School Martial Arts Club has been a dynamic force throughout the year promoting physical fitness, discipline, and self-defence among its members. Comprising dedicated practitioners from various martial arts disciplines, the club has not only fostered skill development but also served as a hub for fostering camaraderie and teamwork.

During the year, the club witnessed a surge in membership, with new enthusiasts from class six joining our ranks. The diverse backgrounds and experiences of our members contribute to the rich tapestry of our martial arts community.

The club conducted regular training sessions throughout the year, focusing on a holistic approach to martial arts. Training modules emphasized both physical and mental conditioning. Expert instructors were invited to provide specialized workshops, enriching our members' knowledge and skillsets.

Our members showcased their prowess by participating in various events. One of the notable achievements is the martial arts display during the Passing Out Parade. These accomplishments reflect the dedication and hard work of our members and the effectiveness of our training programmes.

We express our gratitude to the school administration, teacher-in-charge and the instructors for their unwavering support throughout the year. Their contributions have been instrumental in the success and growth of the Martial Arts Club.

In conclusion, the Martial Arts Club remains



dedicated to fostering a culture of discipline, respect, and continuous improvement. We look forward to another year of thriving martial arts enthusiasts and impactful initiatives.

Presenting the comprehensive annual review of the [Your School/Institution] Boxing Club for the year [Year]. Throughout this period, our club has been unwavering in its commitment to fostering the art of boxing, physical fitness, and a culture of sportsmanship.

### **BOXING CLUB**

In the year 2022-23, the Boxing Club experienced a notable surge in membership, welcoming twenty new enthusiasts into our tight-knit community. This influx underscores the escalating interest in the sport within our school.

Our club upheld a consistent regimen of intensive training sessions. These sessions, meticulously crafted by our expert coaching staff, emphasized the development of boxing skills, physical strength, and overall fitness. Members benefited from a holistic approach covering technique, strategy, and conditioning.

Looking ahead, the Boxing Club is poised for further growth and success. Ongoing plans are set to aim to provide enhanced training opportunities and solidify our position within the broader boxing community and participate in the boxing events in the district to start with.

Heartfelt appreciation is extended to the instructors and the school administration for their invaluable support throughout the year. Their contributions have been instrumental in the achievements and continued growth of the Boxing Club.

In conclusion, the Boxing Club of Sainik School Kazhakoottam remains steadfast in instilling discipline, refining skills, and promoting sportsmanship through the captivating world of boxing. Anticipating another year of growth, triumphs, and exciting developments for our esteemed club.

### **MUSICAL INSTRUMENTS CLUB**

The Annual Report for the Sainik School Musical Instruments Club, documenting the musical

journey and accomplishments throughout the year. This club has been a harmonious platform for enthusiasts to express their passion for music, fostering creativity, collaboration, and artistic expression.

In year 2022-23, the Musical Instruments Club experienced a notable growth in membership, welcoming talented new members into our musical family. This diverse influx has significantly enriched the musical tapestry within our school.

Our club facilitated regular and engaging practice sessions, focusing on developing instrumental proficiency across various genres. Expert guidance from our skilled mentors created an environment conducive to musical exploration, technique refinement, and collaborative creativity. Regular classes were held for guitar, keyboard and drums.

#### **Performance Highlights:**

Members of the Musical Instruments Club in collaboration with the Band Club actively participated in a series of captivating performances both within the school and in external events. Noteworthy highlights include Cultural Shows, celebration of Christmas and Onam, where our musicians demonstrated their talent, captivating audiences and earning accolades.

Throughout the year, the club organized and hosted a variety of successful events. These events not only showcased the collective talents of our members but also provided platforms for individual growth and artistic expression.

Looking ahead, the Musical Instruments Club is poised for further innovation and musical excellence. Plans for upcoming events and workshops are underway, with the aim of providing enriching musical experiences for our members and contributing to the vibrant musical culture within our institution.

In conclusion, the Musical Instruments Club remains dedicated to nurturing a love for music, fostering talent, and creating a harmonious community of musicians. We anticipate another year of musical brilliance, creative exploration, and exciting developments for our esteemed club.





# COMMON MISTAKES IN MATHS

RAJESH R  
TGT MATHS

Mathematics is a fundamental tool for understanding the world around us. It's a discipline that covers the study of numbers, shapes, structures, and change. Here are some key aspects and insights into the world of mathematics:

Mathematics is not just about numbers and equations. It finds application in various fields such as science, engineering, economics, computer science, and even in everyday life decisions. From calculating the trajectory of a rocket to predicting stock market trends, mathematics plays a crucial role.

In simple words, mathematics is all about problem-solving. It teaches logical thinking, pattern recognition and the ability to analyse and deduce solutions from given information. These problem-solving skills are not only useful in mathematics itself but are applicable to many other areas of life and work.

Throughout history, mathematics has played a pivotal role in shaping civilizations

and cultures. From ancient civilizations like the Indus valley, Egyptians and Greeks to the modern-day advancements in cryptography and artificial intelligence, mathematics has been a driving force in human progress. It is to be noted that the brick used for construction work in the Indus valley civilization was having the dimension 4:2:1.

Today mathematics is more than just numbers and calculations; it's a dynamic field that fosters critical thinking, problem-solving skills, and creativity. Its applications are diverse and its impact on society profound, making it an indispensable tool in the quest for understanding the universe and improving our lives.

In the modern world, when we move with technological advancement, the subject MATHS becomes an indispensable part of our life. Coming back to the Sainik School scenario, when a cadet aims to join the Indian defence forces, he/she needs to have a thorough knowledge of mathematics, be it in Army, Navy or the Air Force.

Here are some of the common mistakes/reasoning committed by students.



Calculation	Child's thinking	Correct answer
$(a + b)^2 =$	$a^2 + b^2$	$a^2 + 2ab + b^2$
$(a + b)^3 =$	$a^3 + b^3$	$a^3 + 3a^2b + 3b^2a + b^3$
$\frac{5+8}{2} =$	Divide 8 by 2=4, 5+4=9	$\frac{13}{2}$
$\frac{1}{3} \div 3 =$	Cancel both 3 1÷1=1	$\frac{1}{9}$
$\sqrt{3} + \sqrt{8} =$	$\sqrt{11}$	Direct addition not possible
$2^2 = 2 \times 2, 3^2 =$	$3 \times 2 = 6$	$3 \times 3 = 9$
$7^{-1} =$	-7	$\frac{1}{7}$
$\frac{3}{0} =$	0	Not defined
$5^3 \times 5^4 =$	$25^{12}$	$5^7$
$x - y = 10$	$Y = 10 - x$	$Y = x - 10$
$a > b$	$-a > -b$	$-a < -b$
Coordinate system	Quadrants in clockwise direction	Quadrants in anti-clockwise direction
$1^{10}$	10	1
$\frac{2}{3} + \frac{4}{5} =$	$\frac{6}{8}$	$\frac{22}{15}$
$\sqrt{2}$ is irrational.	<i>hence anything under root is irrational</i>	No. $\sqrt{25}, \sqrt{100}$ etc are rationals.





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# കുട്ടനും ചോട്ടുവും

കുട്ടനും ചോട്ടുവും വളരെ നല്ല കുട്ടു കാരായിരുന്നു. സ്കൂളിൽ വെച്ചാണ് അവർ കണ്ടുമുട്ടിയതെ ബോർ ഡിംഗ് സ്കൂൾ ആയിരുന്നതിനാൽ അവർ പെട്ടെന്ന് കുട്ടുകാരായി. ക്രിസ്തുമസ്സ് അവധികൾക്ക് വേണ്ടി കുട്ടന്റെ വീട്ടിൽ നിൽക്കാൻ വന്നതായിരുന്നു.

അവധി നാല് ദിവസത്തെതായരുന്നു. മൂന്നാം ദിവസം അവർ രണ്ടും കുട്ടന്റെ വീട്ടിനടുത്തെ പാടത്ത് കളിച്ചുകൊണ്ടിരിക്കെ ഒരു വഴി കണ്ടു. എന്തോ ഒരു വിചിത്ര ശക്തി അവരെ അതിനോട് ആകർഷിച്ചു. അവർ ആ വഴിയിലൂടെ പോകാൻ തീരുമാനിച്ചു. ആ വഴി കുറച്ചു നേരം പിൻതുടർന്നശേഷം അവർ ഒരു നദിയുടെ അടുത്ത് എത്തി. നദി കടക്കും നേരം ചോട്ടു മനുഷ്യർ സംസാരിക്കുന്ന ശബ്ദങ്ങളും കുട്ടികളുടെ കരച്ചിലും കേട്ടു. പക്ഷേ കുട്ടനെ ഒന്നും ബാധിച്ചില്ല. എന്നു കണ്ടപ്പോൾ അവൻ യാത്ര തുടർന്നു.

ഇങ്ങനെ പൊയ്ക്കൊണ്ടിരിക്കെ അവർ ഒരു കാടിനരുകിലെത്തി. കാടിനു നടുവിലൂടെ ഒരു വഴി. അവർ ആ വഴിയിലൂടെ പൊയ്ക്കൊണ്ടിരിക്കെ അത് രണ്ട് വഴികളായിത്തീർന്നു. കുട്ടൻ ചോട്ടുവിനേയും കൊണ്ട് ഇടതേ വഴിയിലൂടെ പോയി. അതേ സമയം ചോട്ടു കുട്ടനേയും കൊണ്ട് വലത്തേ വഴിയിലൂടെ പോയി. കുറച്ചുനേരം കഴിഞ്ഞ് തിരിഞ്ഞുനോക്കുമ്പോഴാകട്ടെ, ഇരുവരും തനിച്ചായിരിക്കുന്നു. ചോട്ടു പെട്ടെന്ന് തിരിച്ചു നടന്നു. കുട്ടനെടുത്ത വഴിയിലൂടെ അവനുള്ള തിരച്ചിൽ തുടങ്ങി.

കുട്ടനാകട്ടെ, അതേ സമയം ഒരു സ്വർണ്ണമാളികയിൽ എത്തിയിരുന്നു. അകത്തുപോയ അവൻ അവിടെ ആൾത്താമസത്തിന്റെ സൂചനകൾ ഒന്നും കണ്ടില്ല. അവസാനം വിശ

ന്നടുക്കളയിൽ എന്തെങ്കിലുമുണ്ടാകും എന്നു വിചാരിച്ചു തുറന്നതും കണ്ട കാഴ്ച അവനെ വിറപ്പിച്ചു. നൂറുകണക്കിന് കുട്ടികളുടെ ശരീരഭാഗങ്ങൾ ചരിന്നടിനമായി ഉടലിൽ നിന്ന് വേർപെടുത്തിയ അവസ്ഥയിൽ കിടക്കുന്നു.

പെട്ടെന്ന് പുറകിൽ നിന്ന് എന്തോ അവനെ പ്രഹരിച്ചു. അവന്റെ ബോധം നഷ്ടപ്പെട്ടു. ഇതേ സമയം കുട്ടനെ അന്വേഷിച്ചു വന്ന ചോട്ടു കണ്ടത് ഒരു കറുത്ത കരിഞ്ഞ മാളികയാണ്. അകത്തു പ്രവേശിച്ചയുടൻ അവൻ കണ്ടത് കുട്ടൻ കണ്ട അതേ ശരീരങ്ങളാണ്. പക്ഷേ ഇത്തവണ അവയുടെ നടുവിൽ കുട്ടന്റെ ശിരസ്സ്.

പെട്ടെന്ന് അടുക്കളയിൽ നിന്ന് ഒരു സ്ത്രീ പുറത്തേക്ക് വന്നു. അവരുടെ കയ്യിൽ ഒരു കത്തിയുണ്ടായിരുന്നു. കോഴിവെട്ടുന്ന കത്തി. അതും കൊണ്ട് അവർ പതുക്കെ ചോട്ടുവിന്റെയടുത്തേക്ക് വന്നു. അവൻ അനങ്ങിയില്ല. അനങ്ങാൻ പറ്റിയില്ല. പെട്ടെന്ന് അന്ധകാരം അവനെ മുടി.

കുട്ടൻ ഞെട്ടിയെഴുന്നേറ്റു. അവന്റെ കയ്യിൽ ഒരു കല്ലുമുണ്ട്. അവനും ചോട്ടുവും കല്ലെറിഞ്ഞു കളിക്കുകയാണ്. ചോട്ടു അവനെ ഒരു വശത്തേക്കു ചൂണ്ടികാണിച്ചു. ഒരു വഴി. ഉടൻതന്നെ ചോട്ടുവുമായി അവൻ വീട്ടിലേക്ക് തിരിച്ചു.





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# ഒരു ദിവസം ഞാൻ അഭ്യശ്യയായി

ഒരു സ്കൂൾ വിദ്യാർത്ഥിനിയാണ് അവൾ, ഒരു മിണ്ടാപ്പച്ചയാണ്. അവൾ തന്റെ ക്ലാസ്സിൽ ഒതുങ്ങിക്കൂടിയിരിക്കുന്ന ഒരു കുട്ടിയാണ്. അങ്ങനെ ക്ലാസ്സിൽ ഒന്നും മിണ്ടാറില്ല. അവൾക്ക് പഠിക്കാൻ അങ്ങനെ കഴിവ് ഒന്നുമില്ല. അതുകൊണ്ട് ക്ലാസ്സിലെ മറ്റു കുട്ടികൾ അവളെ കളിയാക്കും. പന്തു തട്ടുന്നതുപോലെ തട്ടിക്കളിക്കും. ഇതെല്ലാം കൊണ്ട് അവളെന്നും കരഞ്ഞുകൊണ്ടാണ് വീട്ടിൽ വരുന്നത്. അവളുടെ സങ്കടങ്ങളെല്ലാം അവൾ അച്ഛനോടും അമ്മയോടും പറഞ്ഞു. അവർ അവളെ ആശ്വസിപ്പിച്ചു. അങ്ങനെ ഒരുദിവസം അവളുടെ സങ്കടം കണ്ട് നിൽക്കാൻ പറ്റാതെ ദൈവം മൂന്നിൽ പ്രത്യക്ഷപ്പെട്ടു. നീ വിഷമിക്കണ്ട നിനക്ക് ഞാൻ ഒരു ശക്തി തരാം. പക്ഷേ ഈ ശക്തിക്ക് വെറും ഒരു മാസത്തെ ആയുസ്സേ കാണൂ അഭ്യശ്യയാവാൻ കഴിവുള്ള ശക്തി. പക്ഷേ ഈ ശക്തിക്ക് വെറും ഒരു മാസത്തെ ആയുസ്സേയുള്ളൂ. ഈ ഒരു ശക്തി വെച്ച് നിനക്ക് എവിടെയും അഭ്യശ്യയായി പോകാൻ കഴിയും. ആരും നിന്നെ കാണില്ല.

പിറ്റേന്ന് ഇത് സത്യമാണോയെന്ന് പരീക്ഷിക്കാൻ അവൾ ഇത് അമ്മയിൽ പ്രയോഗിച്ചു. അവൾ ഒരു സ്ഥലത്ത് നിന്ന് അപ്രത്യക്ഷമായി. വേറെ ഒരു സ്ഥലത്തു പ്രത്യക്ഷപ്പെടുന്നു. ഇത് കണ്ട് അവളുടെ അമ്മ ഒരു ഉന്മാദ അവസ്ഥയിലേക്ക് പോകുന്നു. സ്കൂളിലേക്ക് ചെല്ലുമ്പോൾ അവളെ ഉപദ്രവിക്കുന്ന സംഘത്തിനെ അവൾ കണ്ടു. അവൾ അടുത്ത നിമിഷം അഭ്യശ്യയായി സംഘത്തിന്റെ തലവനെ ഇക്കിളിയാക്കാൻ തുടങ്ങി. ഇതുകാരണം അവൻ പൊട്ടിച്ചിരിച്ചു. ഇത് കണ്ടുനിന്നുകൊണ്ടിരിക്കുന്ന മറ്റു കുട്ടികൾ ഇവൻ ഭ്രാന്താണെന്ന് വിചാരിച്ചു.



കരമായി അവൾ പൂർത്തീകരിച്ചു. പണം അവർ ബാങ്കിൽ ഇട്ടു. സക്കറിയ പോലീസിൽ പരാതിപ്പെട്ടു. സി.സി.ടി.വി. ക്യാമറയിൽ പോലും പതിയാതെ രക്ഷപ്പെട്ട കള്ളനെ കണ്ടു പിടിക്കാൻ പോലീസിന് കഴിഞ്ഞില്ല. ഇതുപോലത്തെ സംഭവങ്ങൾ അവൾ വീണ്ടും തുടർന്നു. തുടരെ തുടരെ ചെയ്തപ്പോൾ അവൾക്കൊരു ഹരമായി. ഒടുവിൽ അഭ്യശ്യശക്തിയുടെ കാലാവധി തീരാറായി. പക്ഷേ മായ ശക്തിയുടെ കാലാവധി തീരാൻ പോകുന്ന കാര്യം മറന്നുപോയി. ശക്തി തീരുന്ന ദിവസം അവൾ വീണ്ടും കക്കാൻ കയറി. ഒരു പന്ത്രണ്ട് മണിക്ക് വീട്ടിന്റെ പുറത്തിറങ്ങിയപ്പോൾ അവളുടെ ശക്തി നഷ്ടപ്പെട്ടു. വീട്ടിലെ പട്ടി മായയെ കണ്ട് കുരയ്ക്കാൻ തുടങ്ങി. ഇത് കേട്ട് ഗൃഹനാഥൻ ഉണർന്നു. അവളെ പോലീസിൽ ഏല്പിച്ചു. അവളെ അറസ്റ്റ് ചെയ്തു. ഇതെല്ലാമറിഞ്ഞ് അവളുടെ അച്ഛനും അമ്മയും പൊട്ടികരഞ്ഞു. അവൾക്ക് കുറ്റബോധം തോന്നി. കോടതി അവരെ ജീവപര്യന്തം ശിക്ഷിച്ചു ജയിലിൽ ആയപ്പോൾ അവൾ ചെയ്ത തെറ്റിന്റെ ആഴം അവൾക്ക് മനസ്സിലായി.

ഇതുപോലത്തെ കൊച്ചുകൊച്ചു കുസൃതികൾ കൊണ്ട് അവൾ ഒരാഴ്ച തള്ളി നീക്കി. പരീക്ഷ അടുത്തു വരുന്നു. അവൾ പഠിക്കാതെയിരുന്നു. അവൾ അഭ്യശ്യശക്തി ഉപയോഗിച്ചു ചോദ്യപേപ്പർ മോഷ്ടിച്ചു. അതുകൊണ്ട് അവൾക്ക് തൊണ്ണൂറ്റി അഞ്ച് ശതമാനം പരീക്ഷയ്ക്ക് മാർക്ക് കിട്ടി. അവളെ കുറ്റബോധം വേട്ടയാടി. ഇത് എല്ലാം അവൾ അവളുടെ അമ്മയുടെ അടുത്ത് പറഞ്ഞു. അമ്മയ്ക്ക് ഇത് ആദ്യം കേട്ടപ്പോൾ സങ്കടമായെങ്കിലും കുറച്ച് കഴിഞ്ഞ് ആലോചിച്ച് നോക്കിയപ്പോൾ അവരുടെ വീട്ടിലെ സ്ഥിതിവെച്ച് അമ്മ അവളോട് മോഷ്ടിക്കാൻ പറഞ്ഞു. ആദ്യം അവൾക്ക് എതിർപ്പ് തോന്നിയെങ്കിലും അവൾ പിന്നീട് സമ്മതിച്ചു. അടുത്ത പടിയായി അവളുടെ നാട്ടിൽ തന്നെ ഏറ്റവും വലിയ പണക്കാരനായ സക്കറിയയുടെ വീട്ടിൽ അഭ്യശ്യയായി കക്കാൻ കയറി. ഈ ദൗത്യം വിജയ





INDRAJITH A,  
VIII, 6394

# രുക്മിണി സ്വപ്നം

മംഗല്യം വരവായി  
ലക്ഷ്മിപ്രിയം പോലെ  
വധു രുക്മിണിയും  
വരൻ ശ്രീകൃഷ്ണനും  
മംഗല്യ പട്ടുപുടുവയുടുത്തവൾ  
കലമാൻ മിഴിയാൾ  
വാർമുടിയിൽ മുല്ലപ്പൂതിരുകിയും  
ഇടവലം വല്ലവിമാരും വരവായി  
ക്ഷേത്രദർശനം കാലേ കഴിച്ചവൾ  
വരവായി ശ്രീകൃഷ്ണൻ  
സ്വയംവരം വന്നടുത്തു  
ഇടത്തായി രുക്മിണി സ്ഥാനം  
വല്ലവീകരങ്ങളിൽ വരണമാല്യം  
സ്വർണ്ണതാലത്തിൽ താലിയും  
സുമങ്ങളും നിറഞ്ഞു.



ശ്രീകൃഷ്ണൻ തൻ കരങ്ങളാൽ  
പുത്താലിയെടുത്തുയർത്തി  
രുക്മിണി തൻ ഗളത്തിലായി  
കനക പുത്താലിചാർത്തി  
രുക്മിണി കൃഷ്ണൻ തൻ ഗളത്തിൽ  
വരണമാല്യം ചാർത്തി  
നാദങ്ങളെല്ലാം ഉയർന്നും  
അവൾ തൻ കുളിർനെറ്റിയിൽ സിന്ദൂരം  
ചാർത്തിക്കൊടുത്തു കണ്ണൻ  
രുക്മിണിയെ രഥത്തിലേറ്റുന്നേരം  
രുക്മിണിതൻ ആനനം  
ആനന്ദബാഷ്പത്താൽ  
നിറഞ്ഞു; വദനം തുടുത്തു.  
രഥചക്രം ഇളകി .... ദ്വാരക തേടി...



മഴയേ നീയൊന്നു ചെയ്യുമോ?  
ഒരുനേരമെങ്കിലും ചോരുമോ?  
പൂക്കൾ വിടർത്തണ്ടേ?  
മരങ്ങൾക്ക് ഒരുങ്ങണ്ടേ?  
നീയൊന്നു പെയ്യൂ...  
നീയോടിയെത്തൂ...  
കിളികൾ പാടുന്നു  
കാടുകൾ ആടുന്നു  
നിന്നെ ഒന്നു കാണാൻ കൊതിക്കുന്നു  
നീയോടിയെത്താൻ കൊതിക്കുന്നു  
മഴയേ നീ പെയ്യുമോ?  
ഒരുനേരം ചോരുമോ?



റിസാൻ നിസാ  
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# മിന്നാശകുമാറി

ഒരിക്കൽ അങ്ങ് ചാലക്കുടിയിൽ കുമാരപിള്ള എന്നൊരു പെയിന്ററുണ്ടായിരുന്നു. കുറച്ച് കാലമായി അങ്ങേർക്ക് അത്ര പണിയൊന്നും കിട്ടിയിരുന്നില്ല. ഇതിനുകാരണം അദ്ദേഹത്തിന്റെ പൊട്ടത്തരങ്ങളായിരുന്നു. കുമാരപിള്ള ഒരു പണിയും കൃത്യമായി ചെയ്തിരുന്നില്ല. പിന്നെ കിട്ടിയ പണിയിൽ വല്ല പൊട്ടത്തരവും കാട്ടി അത് നശിപ്പിക്കുകയായിരുന്നു. ഇതൊക്കെക്കൊണ്ട് അദ്ദേഹത്തിന് അത്ര കാശൊന്നും കയ്യിലുണ്ടായിരുന്നില്ല. കുമാരൻ തന്റെ പൊട്ടനായ സുഗുണന്റെ കൂടെയാണ് ജീവിച്ചിരുന്നത്. സുഗുണൻ കൂലിപ്പണി ചെയ്തു കിട്ടുന്ന കാശുകൊണ്ടാണ് ഇവർ ജീവിച്ചുപോകുന്നത്. ഒരിക്കൽ ഇവർ രണ്ടുപേരും ടി.വി.യിൽ സിനിമ കാണുകയായിരുന്നു. അന്ന് നല്ല മഴയും ഇടിയും മിന്നലുമുണ്ടായിരുന്നു. ടി.വി.യിൽ മുഴുകിയിരിക്കെ പെട്ടെന്ന് ടി.വി.യ്ക്ക് മിന്നൽ അടിച്ചു. അവിടത്തെ കറണ്ടും പോയി. കുമാരൻ ഫ്രിഡ്ജിന്റെ മുകളിൽ നിന്ന് മെഴുകുതിരിയും, തീപ്പെട്ടിയും എടുത്തുകൊണ്ടിരുന്നു. കുമാരൻ ടി.വി ശ്രദ്ധിച്ചപ്പോൾ ടി.വി.യിൽ അത്ര വലിയ കൂപ്പമൊന്നും കണ്ടിരുന്നില്ല. അങ്ങനെ അവർ അടുത്ത ദിവസം ടി.വി. നന്നാക്കാൻ കൊടുക്കാം എന്ന് തീരുമാനിച്ചു. അവർ കിടക്കാൻ പോകുമ്പോൾ സമയം 12 കഴിഞ്ഞു. പെട്ടെന്ന് ടി.വി.യിൽ നിന്ന് ഒരു മിന്നൽ ശബ്ദം പക്ഷെ ആരും ശ്രദ്ധിച്ചില്ല.

അടുത്ത ദിവസം സുഗുണൻ പതിവു പോലെ പണിക്കുപോയി. സുഗുണൻ കുമാരനോട് ടി.വി. നന്നാക്കാൻ കൊടുക്കണമെന്ന് പറഞ്ഞാണ് പണിക്ക് പോയത്. കുമാരൻ രാവിലെ വൈകി എഴുന്നേൽക്കുന്ന ശീലം പതിവാണ്. അയാൾ രാവിലെ ഒരു 11 മണിയായപ്പോൾ എഴുന്നേറ്റു. ടി.വി.യിൽ കുമാരൻ പതിവില്ലാത്തൊരു ശബ്ദം കേട്ടു പക്ഷെ അയാളത് ശ്രദ്ധിച്ചില്ല.



കുമാരൻ ടി.വി.യെടുത്ത് കടയിലേക്ക് പോകാനൊരുങ്ങി. പോകുന്ന വഴിയിൽ കുമാരൻ ടി.വിയിൽ ഒരു കുലുക്കം ശ്രദ്ധിച്ചു. കുമാരൻ ടി.വി. താഴെവെച്ചു നോക്കാൻ ഇരുന്നപ്പോൾ പെട്ടെന്ന് കുമാരന് ഷോക്കേറ്റു. കുമാരൻ അവിടെ കിടന്നു. പിന്നെ കുറച്ചു കഴിഞ്ഞപ്പോൾ രണ്ടു മൂന്നു അയൽക്കാർ കുമാരനെയെടുത്ത് ആശുപത്രിയിൽ കൊണ്ടുപോയി. കുമാരനെ പരിശോധിച്ച ഡോക്ടർക്ക് കാര്യം മനസ്സിലായില്ല.

പിന്നീട് വിദഗ്ദ്ധ ഡോക്ടർമാർ പരിശോധിച്ചപ്പോൾ അവർക്ക് മനസ്സിലായി. അവനിൽ അസ്വഭാവികമായി എന്തോ ഒന്ന് നടക്കുന്നുണ്ടെന്ന്. ഈ ഷോക്കിൽ നിന്ന് അവൻ എന്തൊക്കെയോ ശക്തി കിട്ടിയിട്ടുണ്ട്. പക്ഷെ ഒരു പൊട്ടനായ ആൾക്ക് ഈ ശക്തികൊണ്ട് എന്ത് ചെയ്യാനാ.

ഹോസ്പിറ്റലിൽ നിന്ന് ഡിസ്ചാർജായ കുമാരൻ, അവന്റെ ശക്തികൾ പരിശോധിക്കാൻ തുടങ്ങി. അവനിൽ നിരവധി ശക്തിയുണ്ടെന്ന് അവൻ

മനസ്സിലായി. വൈകുന്നേരം വീട്ടിലേക്ക് എത്തിയ സുഗുണൻ ഇവന്റെ ശക്തികണ്ട് അവരന്നു. ഈ ശക്തി കിട്ടിയ അഹങ്കാരത്തിൽ അവൻ വീട്ടിൽ നിന്ന് ഇറങ്ങിപ്പോയി.

അവൻ അവന്റെ ശക്തികൾ പുറത്തുള്ള മലയുടെ മുകളിൽ പോയി ചെയ്ത് നോക്കി. അവനിൽ നല്ല കേൾവി ശക്തിയും, മിന്നൽ വേഗത്തിൽ സഞ്ചരിക്കാനും അസാമാന്യ കരുത്തും കിട്ടി. പക്ഷെ ഒരു സൂപ്പർമാൻ ഫാനായ കുമാരന് പറക്കാനുള്ള ശക്തി കിട്ടിയെന്ന് പരീക്ഷിക്കണമായിരുന്നു.

അവൻ ഒരു മലയുടെ മുകളിൽ നിന്ന് ചാടിനോക്കാം എന്ന് കരുതി. അവൻ ആ താഴ്വാരത്തിലേക്ക് മുകളിൽ നിന്ന് ചാടി. അപ്പോൾ അവൻ മനസ്സിലായി അവൻ പറക്കാനുള്ള കഴിവ് ഇല്ലെന്ന്. താഴെയുള്ള കുർത്ത കല്ലുകളിൽ വീണ് കുമാരൻ മരിച്ചു. കുമാരന്റെ അഹങ്കാരവും മണ്ടത്തരവും കാരണം അയാൾക്ക് തന്റെ ജീവൻ തന്നെ നഷ്ടമായി.





HARIMADHAV B.S.  
X, 6150



# പുഷ്പാശു മരം

പണ്ട് പണ്ട് പണ്ട് ഒരു ആഫ്രിക്കൻ രാജ്യത്ത് ഒരു ഗ്രാമമുണ്ടായിരുന്നു. വളരെ കുറച്ച് മാത്രം മഴ പെയ്തിരുന്ന ഒരു ഗ്രാമമായിരുന്നു അത്. ആ ഗ്രാമത്തിൽ ദയാശീലവും പ്രകൃതിയെ ഇഷ്ടവുമുള്ള ഒരു യുവാവ് ഉണ്ടായിരുന്നു. അവന്റെ പേര് ബാങ്സാക്ക് എന്നായിരുന്നു.

പണ്ടുതൊട്ടെ ഒരു മരം ഉണ്ടായിരുന്നു. തനിക്ക് ഭാവിയിൽ ഉപകാരപ്പെടും എന്ന് പറഞ്ഞ് തന്റെ അമ്മമ്മ അവൻ കൂഞ്ഞായിരുന്നപ്പോൾ നട്ടതാണ്. പക്ഷേ ആ മരത്തിന് ഒരു പ്രത്യേകത ഉണ്ടായിരുന്നു. ഈ മരം കായ്കുകയോ പൂക്കുകയോ ഫലങ്ങൾ തരുകയോ ഇല്ല. പക്ഷേ വെള്ളം ഒഴിക്കുന്നോറും അത് വളരും. അവൻ ആ മരത്തെ വളരെ അധികം സ്നേഹിച്ചിരുന്നു. അതുകൊണ്ട് തന്നെ പൊതുക്കിണറിൽ നിന്ന് കിട്ടിയ വെള്ളത്തിൽ നിന്ന് പകുതിയും ബാങ്സാക്ക് ആ മരത്തിൽ ഒഴിക്കുമായിരുന്നു. എല്ലാവരും ബാങ്സാക്ക് ഭ്രാന്താണ് എന്നു പറഞ്ഞ് കളിയാക്കുമായിരുന്നു.

അങ്ങനെ ഒരു ദിവസം ആ ഗ്രാമത്തിൽ വരൾച്ച വരുകയുണ്ടായി. അപ്പോൾ തന്നെ കുറെ പേർ ആ ഗ്രാമം

വിട്ടിരുന്നു. അപ്പോഴും ബാങ്സാക്ക് പതിവുപോലെ ആ മരത്തിനു വെള്ളമൊഴിക്കുന്നുണ്ടായിരുന്നു. പൂക്കാതെയും കായ്ക്കാതെയും മരത്തിന് വെള്ളമൊഴിച്ചുകൊണ്ടിരുന്ന അവനെ എല്ലാവരും അകറ്റിയിരുന്നു. വെള്ളത്തിനു വേണ്ടി എല്ലാവരും അലഞ്ഞുകൊണ്ടിരുന്നു.

അങ്ങനെ ഒരു ദിവസം ബാങ്സാക്ക് രാത്രി വെള്ളമൊഴിക്കുകയായിരുന്നു. അപ്പോഴാണ് അവൻ ആ കാഴ്ച കണ്ടത്. ആ മരത്തിന്റെ മുകളിൽ നിന്ന് വെള്ളം ഊർന്നു വരുന്നു. കൂറേ കഴിയാതെ അവന് ആ കാര്യം മനസ്സിലായി. വെള്ളം ശേഖരിക്കാൻ പറുന്ന ഒരു പ്രത്യേക തരം മരമായിരുന്നു അത്. അവന് വളരെ സന്തോഷമായി. അവന്റെ ദയാശീലം കൊണ്ട് അവൻ ആ ഗ്രാമത്തിൽ ഉള്ള എല്ലാവർക്കും ആവശ്യമായ വെള്ളം കൊടുത്തു. ആ ഗ്രാമക്കാർ എല്ലാവരും അവനെ പ്രശംസിച്ചു. ഒന്നിനേയും ചെറുതായി കാണരുത് എന്ന പാഠം അവൻ അവരെ പഠിപ്പിച്ചു. അവൻ വളർന്ന് വളർന്ന് വലുതായി വൈകാതെ അവിടത്തെ ഗ്രാമാധിപനായി.



# എന്റെ പൂവ്

എന്റെ പൂവേ,  
എന്റെ കൊച്ചു പൂവേ,  
എങ്ങോട്ടും മായല്ലേ നീ.  
കൊച്ചു പൂവേ  
എന്റെ മാത്രം പൂവേ,  
നീയെൻ ഹൃദയത്തിലൊളിച്ചിരിപ്പൂ...  
കുഞ്ഞു പൂവേ,  
നീയെന്തിനാണെൻ,  
മനം തുരന്നു കവർന്നെടുത്തേ?  
എൻ പൊന്നു പൂവേ,  
എൻ മനം നൊന്തനേരം,  
നീൻ ഇതളുകൾ  
എങ്ങോ മാഞ്ഞുപോയോ?  
നീ മായല്ലേ... പൂവേ  
എൻ ചങ്കിൽ ചന്തം നിറച്ചു  
നീ നിൽക്കൂ....



ദേവദത്തൻ വിഷ്ണോത്ത്  
IX, 6298





അദ്വൈത് ജി.എസ്.  
6029, XII

# പ്രപഞ്ചത്തിന് അതിന്റെ പ്രായത്തേക്കാൾ വലിപ്പമുള്ളതെങ്ങനെ ?

ബഹിരാകാശത്തേക്ക് നോക്കുമ്പോൾ നമ്മൾ കാണുന്നത് ബഹിരാകാശ വസ്തുക്കളുടെ ചരിത്രമാണ്. ഉദാഹരണത്തിന് 15 കോടി കി.മീ. അകലെയുള്ള സൂര്യന്റെ പ്രകാശം ഭൂമിയിലെത്താൻ 8 മിനിറ്റുകൾ വേണം. അതായത് 8 മിനിറ്റുകൾക്ക് മുന്നേയുള്ള സൂര്യനെയാണ് നാം ഇപ്പോൾ കാണുന്നത്. എന്നാൽ കോടിക്കണക്കിന് പ്രകാശവർഷങ്ങൾക്കകലെയുള്ള വസ്തുക്കളെ നോക്കുമ്പോൾ ശൂന്യാകാശവും സമയവും ദൂരവും എല്ലാം വളരെ സങ്കീർണ്ണമാവും. നമുക്ക് പ്രപഞ്ചത്തിന്റെ വലിപ്പം എത്രയാണെന്ന് അറിയില്ല. എന്നാൽ observable universe അഥവാ ദൃശ്യപ്രപഞ്ചത്തിന്റെ വലിപ്പം എത്രയാണെന്ന് നമുക്കറിയാം. അതായത് നമുക്ക് ഈ പ്രപഞ്ചത്തിൽ കാണാൻ കഴിയുന്ന ദൂരം ഭൂമിയിൽ നിന്ന് നമ്മൾ ഏത് ദിശയിലേക്കും നോക്കിയാൽ നമുക്ക് കാണാൻ കഴിയുന്ന പരമാവധിദൂരം 4650 കോടി പ്രകാശവർഷമാണ്. അതായത് ദൃശ്യ പ്രപഞ്ചത്തിന്റെ ആകെ വ്യാസം 9300 കോടി പ്രകാശവർഷം. പക്ഷേ 1380 കോടി വർഷം മാത്രം പ്രായമുള്ള പ്രപഞ്ചത്തിന് എങ്ങനെയാണ് ഇത്രയും വലിപ്പമുള്ളത്? എങ്ങനെയാണ് നമുക്ക് 4650 കോടി പ്രകാശവർഷം ദൂരം വരെ കാണാൻ സാധിക്കുന്നത്! പ്രപഞ്ചം ഉണ്ടായത് 1380 കോടി

വർഷം മുമ്പാണെങ്കിൽ 1380 കോടി പ്രകാശവർഷം വരെയായിരിക്കും നമുക്ക് കാണാൻ സാധിക്കുന്നത്. അതായത് 2760 കോടി പ്രകാശവർഷം. പ്രപഞ്ചത്തെക്കുറിച്ചും അതിന്റെ പ്രായത്തേക്കുറിച്ചും കണക്കാക്കുമ്പോൾ ഇങ്ങനെയാവും നിങ്ങൾ വിചാരിക്കുന്നത്. എന്നാൽ ഇത് തെറ്റാണ്! കാരണം പ്രപഞ്ചമെന്നത് നിശ്ചലമായ ഒന്നല്ല. അതെപ്പോഴും വികസിച്ചുകൊണ്ടിരിക്കും. മാത്രമല്ല വികാസ വേഗത എപ്പോഴും കൂടുകയാണ് കുറയുന്നില്ല. ഡാർക്ക് എനർജിയാണ് ഇതിനു പിന്നിലെ കാരണം. അപ്പോൾ നിങ്ങൾ വിചാരിക്കും പ്രപഞ്ചം വികസിക്കുന്നത് പ്രകാശത്തേക്കാൾ വേഗത്തിലാണോ എന്ന്. പ്രപഞ്ചം വികസിക്കുന്നത് പ്രകാശവേഗത്തേക്കാൾ വളരെ പതുക്കെയാണ്. പ്രപഞ്ചം വികസിക്കുന്ന വേഗത സെക്കന്റിൽ 74 കി.മീ. ആണ്. എന്നാൽ നമ്മളിൽ നിന്ന് കൂടുതൽ അകലത്തിലുള്ള വസ്തുക്കൾ കൂടുതൽ വേഗത്തിലാണ് സഞ്ചരിക്കുന്നത്. ഓരോ 10 ലക്ഷം പ്രകാശവർഷം അകലത്തിൽ 74 kms-1 എന്ന വേഗത ഒരു മടങ്ങ് വർദ്ധിക്കും. അതായത് 20 ലക്ഷം പ്രകാശവർഷങ്ങൾക്കകലേ 148 കി.മീ./സെ. ഉം 30 ലക്ഷം പ്രകാശവർഷങ്ങൾക്കകലേ 222 കി.മീ./സെ ഉം ആയി വർദ്ധിക്കും. അങ്ങനെ നോക്കി

യാൽ 4650 കോടി പ്രകാശവർഷം അകലെയുള്ള വസ്തുക്കൾ പ്രകാശത്തേക്കാൾ അധികം വേഗത്തിലാണ് വികസിക്കുന്നത്. ഇങ്ങനെയാണ് ദൂരം കൂടുന്നതനുസരിച്ച് പ്രപഞ്ചം വികസിക്കുന്നതിന്റെ വേഗതയും കൂടുന്നത്. ഇതിനുദാഹരണമായി മൂന്ന് വസ്തുക്കളെയെടുക്കും മൂന്ന് വസ്തുക്കളും 10 മീറ്റർ അകലത്തിലാണ് ഇരിക്കുന്നത് എന്ന് വിചാരിക്കുക പ്രപഞ്ചം വികസിക്കുന്നത് കാരണം കുറച്ച് കഴിഞ്ഞ് രണ്ടു വസ്തുക്കളും നടക്കുള്ള വസ്തുവിനെക്കാൾ 10 മീറ്റർ കൂടി അകന്നു എന്ന് കരുതുക. ഇപ്പോൾ നടുവിലുള്ള വസ്തുവിൽ നിന്നും നോക്കിയാൽ ബാക്കി രണ്ട് വസ്തുക്കളും ഒരേവേഗത്തിലാണ് അകന്നുപോയത്. പക്ഷേ ഇപ്പോൾ ഒന്നാമത്തെ വസ്തുവിൽ നിന്ന് നോക്കുമ്പോൾ ഒന്നാമത്തെ വസ്തു 10 മീറ്റർ അകന്നപ്പോൾ മൂന്നാമത്തെ വസ്തുവും 20 മീറ്റർ അകന്നു. ഇങ്ങനെ നോക്കുമ്പോഴാണ് പ്രപഞ്ചം വികസിക്കുന്ന വേഗതദൂരം കൂടുന്നതിനനുസരിച്ച് കൂടുന്നത്. അങ്ങനെയാണ് വെറും 1380 കോടി പ്രകാശവർഷം വലിപ്പമുള്ള പ്രപഞ്ചത്തിന് 10000 കോടി പ്രകാശവർഷത്തിലും അധികം വലിപ്പമുള്ളത്. 4650 കോടി പ്രകാശവർഷം അകലേ വരെ നമുക്ക് എങ്ങനെ കാണാൻ



സാധിക്കും എന്നത് ഇപ്പോഴും ഒരു ചോദ്യമായി തുടരുകയാണ്. അതിനു ദാഹരണമായിട്ട് GNZ11 എന്ന ഗാലക്സിയെ എടുക്കാം. ഈ ഗാലക്സി ഇപ്പോൾ 3200 കോടി പ്രകാശവർഷം അകലെയാണ് സ്ഥിതിചെയ്യുന്നത്. എന്നാൽ ഇപ്പോൾ നമ്മൾ അത് ഉണ്ടായകാലത്തുള്ള അതേ രൂപത്തിലാണ്. ഇത് ഉണ്ടായ സമയത്ത് ചിലപ്പോൾ ഇത് ഭൂമി ഇപ്പോൾ സ്ഥിതിചെയ്യുന്ന സ്ഥലത്ത് നിന്ന് ഏകദേശം 500 കോടി പ്രകാശവർഷം അകലെയായിരിക്കണം സ്ഥിതിചെയ്തിരുന്നത്. പ്രപഞ്ചവികാസം കാരണം അത് അകന്നുപോയതായിരിക്കാം. മാത്രമല്ല പ്രപഞ്ചത്തിന്റെ ആദ്യകാലഘട്ടത്തിൽ അത് അത്യധികം വേഗത്തിലാണ് വികസിച്ചിരുന്നത്. അതുമാത്രമല്ല നമ്മളിൽ നിന്നും അകന്നു പോകുന്ന വസ്തുക്കളുടെ പ്രകാശത്തിന്റെ വേവ് ലെങ്ത് അത്യധികം നീണ്ടതായിരിക്കും. അതിനെ ചുവപ്പ് നീക്കം അഥവാ

റെഡ്ഷിഫ്റ്റ് എന്ന് പറയും. ഒരു നിശ്ചിത സമയത്തിനുള്ളിൽ ഇതിൽ ഉണ്ടാകുന്ന വ്യതിയാനം എത്രയോണെന്ന് നോക്കിയാൽ അത് എത്രവേഗത്തിലാണ് അകന്നുപോയതെന്ന് നമുക്ക് അറിയാൻ പറ്റും. അങ്ങനെയാണ് അതിപ്പോൾ 3200 കോടി പ്രകാശവർഷം അകലത്തിലാണെന്ന് അറിയുന്നത്. ഇങ്ങനെയാണ് 4650 കോടി പ്രകാശവർഷം അകലെവരെ നമുക്ക് കാണാൻ സാധിക്കുന്നത്. ഇപ്പോൾ നമുക്ക് 4650 കോടി പ്രകാശവർഷം അകലെവരെ കാണാൻ സാധിച്ചില്ലെങ്കിലും അത് ഭാവിയിൽ കാണാൻ സാധിക്കും. അതായത് 3500 കോടി മുതൽ 4700 കോടി വർഷങ്ങൾക്കുള്ളിൽ അത് കാണാൻ സാധിക്കും. എന്തായാലും 4650 കോടി പ്രകാശവർഷം അകലെവരെയുള്ള പ്രപഞ്ചത്തെ ദൃശ്യപ്രപഞ്ചം എന്ന് വിളിക്കുന്നത്. എന്നാൽ 4650 കോടി

പ്രകാശവർഷത്തിനകലെയുള്ള വസ്തുക്കളിൽ നിന്നും ഒരിക്കലും പ്രകാശം ഭൂമിയിലേക്കെത്തില്ല. കാരണം ഭൂമിയിൽ നിന്നും നോക്കുമ്പോൾ പ്രകാശത്തേക്കാൾ അധികം വേഗത്തിലായിരിക്കും. അത്രയും അകലെയുള്ള പ്രപഞ്ചം വികസിക്കുന്നത്. പ്രപഞ്ചം ഇപ്പോൾ വികസിക്കുന്ന വേഗത അനുസരിച്ചാണ് 4650 കോടി പ്രകാശവർഷം വരെ നമുക്ക് കാണാനാവുന്നത്. എന്നാൽ പ്രപഞ്ചവികാസത്തിന്റെ വേഗതയ്ക്ക് താരണം പ്രാപിക്കുന്നു. ആയതിനാൽ ദൃശ്യ പ്രപഞ്ചത്തിന്റെ വ്യാസം താരതമ്യേന കുറയാം. ഇനിയും ഒരുപക്ഷേ 3000-4000 കോടി വർഷങ്ങൾക്കുള്ളിൽ 3500 കോടി പ്രകാശവർഷം വരെ മാത്രമായിരിക്കും ഭൂമിയിൽ നിന്ന് കാണാനാവുന്നത്.

# നമ്മളില്ലായിരുന്നെങ്കിലും

ജലവും കളിമണ്ണും കൊണ്ട് സൃഷ്ടിച്ചു ഭഗവാനൊരു ഭൂഗോളം അനുഗ്രഹത്തിൽ നിന്നുണ്ടായി പിന്നെ ഭഗവാൻ സൃഷ്ടിച്ചു. ഒരു കൂട്ടം മാനവന്മാരെ ജന്തുക്കളേയും സസ്യങ്ങളേയും ഭക്ഷിച്ചു വളർന്നു. മനുഷ്യർ പെരുകി ഭൂഗോളമാകെ. കാലവും മാറുന്നു തലമുറകൾ മാറുന്നു ഭൂമിയും മാറുന്നു. മാനവചിന്തകൾ മാറുന്നു. മനുഷ്യർ സൃഷ്ടിക്കുന്നു, അതിരുകൾ, മതിലുകൾ, വഞ്ചനക്കുഴികളും, വലുതിവിടെ താനാണെന്നും കരുതി, എന്നാൽ നാമെത്ര ചെറുതെന്നും പക്ഷി, മൃഗസസ്യങ്ങളെ പോലെ വെറും ജീവജാലങ്ങൾ മാത്രമറിഞ്ഞവർ ഇവിടെ നിലനിൽക്കുമീ ഭൂമി, നമ്മളില്ലായിരുന്നെങ്കിലും...



**NIRANJANA A.K.**  
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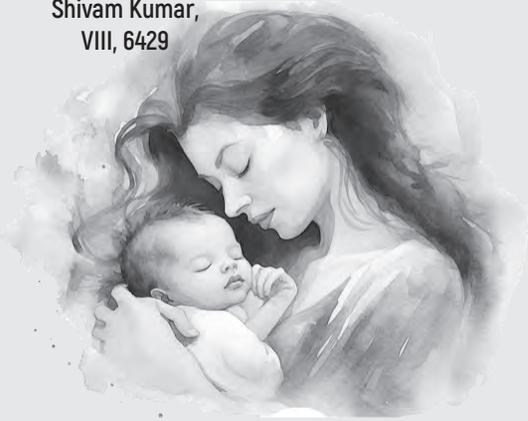
AKASH A,  
IX, 6314

# അമ്മമ്മമ്മ

അന്നു കരഞ്ഞുകലങ്ങിയ കണ്ണാൽ ഞാൻ  
 നിന്നെയെടുത്തേൻ മടിയിൽ വെച്ചു  
 ഹൃദയം തുളുമ്പുന്ന ദുഃഖത്തിലും നിന്റെ  
 മുഖമെന്റെ ഉള്ളിൽ ചിരിപടർത്തി  
 നിന്റെ കരങ്ങളിൽ മെല്ലെതലോടിയാൽ  
 ദുഃഖങ്ങളെല്ലാം മറഞ്ഞുപോകും -  
 എന്റെ ദുഃഖങ്ങളെല്ലാം അലിഞ്ഞുപോകും.  
 ചോറുണിന് നിനക്ക് ഒരു ഉരുള തന്നപ്പോൾ  
 എൻ മനസ്സിലെ നൊമ്പരം വീണ്ടുകീറി  
 വളർന്നുവരുമ്പോഴും നിന്റെ സന്തോഷങ്ങൾ  
 എന്റെ മുഖിൽ ഞാൻ കുറിച്ചുവെച്ചു.  
 അമ്മയെപ്പറ്റി നീ ചോദിച്ചുനേരത്ത് അറിയാതെ  
 എന്റെ മനസ്സ് നൊന്നു  
 ആ മുഖമെന്റെ കണ്ണിൽ തിരിതെളിച്ചു.  
 അശ്രുനിറഞ്ഞകണ്ണാൽ ഞാൻ കിടന്നപ്പോൾ  
 നീയും കരഞ്ഞതെന്തിന് പൊന്നേ  
 അമ്മ മരിച്ച എൻ ജീവിതത്തിലെ  
 കെടാവിളക്കായ് നീ ജ്വലിച്ചു.  
 ഇരുപതു വർഷങ്ങൾക്കിപ്പുറം ഞാനിന്നു  
 വീണ്ടും കരഞ്ഞു തളർന്നിരുന്നു  
 ഏതു കെടാവിളക്കും കെട്ടുപോമെന്ന  
 സത്യം ഞാനന്നു മറന്നുപോയി.  
 എന്തിന്നു നീയെന്നെ വിട്ടു പൊന്നേ,  
 എൻ മനസ്സിൽ കനൽ മുടിയെന്നെ-  
 ഒരു തീഗോളമായി മാറ്റിടാനോ?



Shivam Kumar,  
VIII, 6429



# माँ

माँ परमात्मा का वह दूसरा रूप है जो हमारे भले  
 के लिए और हमें सही रास्ता दिखाने के लिए  
 हमेशा हमारे साथ होती है। माँ अपने बच्चों के लिए  
 निःस्वार्थ भाव से हर कार्य को करने के लिए तैयार  
 रहती है।  
 माँ वो है, जो खुद रात भर जागकर अपने बच्चों का  
 पेट भरती है।  
 माँ वो है, जो खुद ठंड में सोकर बच्चों को कम्बल  
 देती है।  
 माँ वो है, जो पूरे परिवार का ध्यान रखती है।  
 माँ वो है, जो इतना कुछ करने के बाद भी कुछ नहीं  
 कहती है और नदी के शांत जल की तरह हमेशा  
 प्रवाह में रहती है। वो कोई ओर नहीं है जो निःस्वार्थ  
 भाव से हमारी सहायता करती तथा पूरी दुनिया की  
 खुशी हमें देने की कोशिश करती। ऐसा कोई और  
 नहीं सिर्फ एक माँ ही कर सकती है। इसलिए ही तो  
 माँ - परमात्मा का दूसरा रूप है।





സന്ധ്യ ആർ.  
മലയാളം അദ്ധ്യാപിക

# ജ്യോതിലക്ഷ്മി എന്ന ജ്യോതിലക്ഷ്മി



“ജ്യോതി ലക്ഷ്മിയുമായുള്ള കൂട്ടനന്നല്ല നിനക്ക്. അവളെ മാത്രമേ കിട്ടിയോളൂ...കൂട്ടുകൂടാൻ!” അമ്മ കണ്ണു മുഴുപ്പിച്ച് ഭീഷണിയുടെ സ്വരത്തിൽ പറഞ്ഞു. മുതിർന്നവർ പറയുന്ന എല്ലാ കാര്യങ്ങളും എപ്പോഴും ശരിയാകണമെന്നില്ല. അവർക്കറിയാത്ത കാര്യങ്ങളെ കുറിച്ചുള്ള അവർ പറയുന്ന പ്രസ്താവനകൾ ചെവിക്കൊള്ളേണ്ടതില്ല എന്ന് ആരണിയ്ക്ക് നേരത്തെ അറിയാമായിരുന്നു. പക്ഷെ അവരോട് തർക്കിക്കുന്നതിൽ അർത്ഥമില്ല. രംഗം കൂടുതൽ വഷളാകുമെന്നേയുള്ളൂ. അവർ പറയുന്ന കാര്യങ്ങൾ അനുസരിക്കുന്നു എന്ന ഭാവത്തിൽ നിന്നു കൊടുക്കുകയേ വേണ്ടൂ... അനുസരിക്കണമെന്നില്ല. എങ്കിലും അറിയാതെ നാവിൽ നിന്ന് വീണു പോയി.

“ജ്യോതിലക്ഷ്മിക്കെന്തൊ കുഴപ്പം?”  
“അവളുടെ അപ്പൻ ഇന്നലെ രാത്രിയും കുടിച്ചു കുത്താടി പുരപ്പാട്ടും പാടി ഈ വഴി പോയത് നീ കണ്ടതല്ലേ?”  
“അതവളുടെ അച്ഛനല്ലേ? അവളല്ലല്ലോ!” എത്ര നിയന്ത്രിച്ചാലും ചിലപ്പോ നാവിൽ നിന്നറിയാതെ ചാടിപ്പോകും. “അങ്ങനത്തെ സാഹചര്യത്തിൽ നിന്ന് വരുന്ന കുട്ടികളിലും ആ സ്വഭാവം ഉണ്ടായിരിക്കും”. അമ്മയത് പറഞ്ഞപ്പോൾ പെട്ടെന്ന് അവളുടെ വീടും പരിസരവും മനസ്സിലേക്ക് കയറി വന്നു. ജ്യോതിലക്ഷ്മിയുടെ വീട്ടിലേയ്ക്കുള്ള ഇടവഴി തിരിയുമ്പോൾ തന്നെ കാറ്റിൽ പശുക്കുട്ടിൽ നിന്നുള്ള ചാണകത്തിന്റെ ദുർഗന്ധം കലർന്നിരിക്കും. ഓടിട്ട മുന്ന് മുറികൾ മാത്രമുള്ള ചെറിയ വീടാണ് ജ്യോതിലക്ഷ്മിയുടേത്. പക്ഷെ ജ്യോതിലക്ഷ്മി അടുത്തു വരുമ്പോൾ പാലിന്റെ നറുമണമാണ് പരക്കുന്നത്.

ആരണിയുടെ വീടിന്റെ ഏറ്റവും അടുത്തു താമസിക്കുന്ന കുട്ടുകാരി

യാണ് ജ്യോതിലക്ഷ്മി. മെലിഞ്ഞ നിറം മങ്ങിയ രൂപം. എണ്ണത്തേച്ച് മെടഞ്ഞിട്ട തലമുടി. കൺമഷി പടർന്ന് തിളങ്ങുന്ന കണ്ണുകൾ. ചിരി തുവിയ മുഖം. ഏതിനും ഒപ്പം നില്ക്കുന്ന കുട്ടുകാരി!

അവളിൽ നിന്ന് പഠിച്ചെടുത്ത വിദ്യകൾ എത്രയാണ്! വീട്ടിൽ അവൾ കൈപ്പോഴും പണിയാണ്. കറന്നു വച്ച പാൽ കുപ്പികളിലാക്കണം. പാൽ സൊസൈറ്റിയിൽ കൊണ്ടു പോയി കൊടുക്കണം. തൊഴുത്തു വൃത്തിയാക്കണം. എത്ര അനായാസമായിട്ടാണ് അവൾ ആ പണി ചെയ്യുന്നത്! ആദ്യം പശുക്കളേയും പശുക്കുട്ടിയേയും അഴിച്ച് വെളിയിൽ കെട്ടും. ചാണകവും മൂത്രവും വയ്ക്കോലും വീണ് അളിപിളിയായ തൊഴുത്തിന്റെ നിലം മൺവെട്ടി കൊണ്ട് വടിച്ച് ചാണകക്കുഴിയിലാക്കും. വെള്ളം കോരിയൊഴിച്ച് കുറ്റിച്ചുലുകൊണ്ട് അടിച്ചു വൃത്തിയാക്കും. പുൽത്തൊട്ടിയിലെ വയ്ക്കോലും പുല്ലും കോരിക്കളയും. കണ്ടു നിൽക്കുമ്പോൾ ഞാനും അവളോടൊപ്പം കുടിക്കോട്ടേന്ന് ചോദിച്ചാൽ അത് മാത്രം അവൾ അനുവദിക്കില്ല. അവൾക്ക് ചെയ്യാൻ കഴിയാത്തതായി ഈ ഭൂമിയിൽ ഒരു ജോലിയുമുണ്ടാകില്ല എന്ന് പലപ്പോഴും തോന്നിയിട്ടുണ്ട്. സ്കൂളിന്റെ പുറകിലുള്ള റമ്പുട്ടാൻ മരത്തിലെ ഉയർന്ന ശിഖരങ്ങളിൽ നിന്ന് പോലും ചുവന്ന് തുടുത്ത പഴങ്ങൾ അവൾ പഠിച്ചു തരും.

കളിക്കുന്നതിനിടയിൽ ആരെങ്കിലും മറിഞ്ഞു വീണാൽ അവരെ തൂക്കിയെടുത്ത് സിക്ക് റൂമിൽ കൊണ്ടു പോകുന്നതിലും മരുന്നുവയ്പിക്കുന്നതിലും രോഗിയെ ആശ്വസിപ്പിക്കുന്നതിലും അവൾ കാട്ടുന്ന ശുഷ്കാന്തി കണ്ടാൽ അവൾ ഞങ്ങളുടെ സമപ്രായക്കാരിയാണെന്ന് തോന്നുകയില്ല. എട്ടാം

ക്ളാസ്സിൽ പഠിക്കുമ്പോൾ ബയോളജി പരീക്ഷയുടെ തലേദിവസം നോട്ട് ബുക്ക് കാണാതെ പോയ സംഭവം ഇന്നും ഓർമ്മയുണ്ട്.

എല്ലായിടത്തും തപ്പിയിട്ടും കാണാതായപ്പോൾ പരീക്ഷയിൽ കിട്ടാൻ പോകുന്ന മോശം മാർക്കിനേയും അത് കാരണം നഷ്ടപ്പെടുന്ന ഒന്നാം റാങ്കിനേയും കുറിച്ചുമാത്രം ഞാൻ വേവലാതിപ്പെട്ട എന്റെ മുന്നിലേക്ക് സ്വന്തം നോട്ട്ബുക്ക് നീട്ടിക്കൊണ്ട് ജ്യോതിലക്ഷ്മി പറഞ്ഞു:

“ആരണി, നീ വിഷമിക്കണ്ട. ഇന്നത്തേയ്ക്ക് എന്റെ നോട്ട്ബുക്ക് നോക്കി പഠിച്ചോളൂ..... ഞാൻ ഒന്നു രണ്ടു ചാപ്റ്ററുകൾ നേരത്തേ പഠിച്ചതാ. രാവിലെ സൊസൈറ്റിയിൽ പാല് കൊടുത്തിട്ടു വരുമ്പോൾ ഞാൻ വന്ന് തിരികെ വാങ്ങിക്കൊളാം. പിന്നെയും രണ്ട് മണിക്കൂർ ഉണ്ടല്ലോ. ഞാനപ്പോൾ പഠിച്ചോളാം.“ആരും നൽകാത്ത ആ സഹായ വാഗ്ദാനം നൽകാൻ ജ്യോതിലക്ഷ്മിക്ക് മാത്രമേ കഴിയൂ... അവൾ പഠിക്കാനും മിടുക്കിയാണ്. എങ്കിലും ഞാനുൾപ്പെടെയുള്ള എട്ടാം ക്ളാസ്സിലെ മറ്റു പഠിത്തക്കാരികളെ പോലെ അവൾക്ക് റാങ്കിന് വേണ്ടി ആർത്തിയില്ല അസൂയയും കൃശുന്യമില്ല. താൻ ആബ്സെന്റാകുന്ന ദിവസങ്ങളിൽ പഠിപ്പിച്ച





പാഠങ്ങൾ പറഞ്ഞു തരുന്നതും നോട്ട് തരുന്നതും ജ്യോതിലക്ഷ്മിയാണ്. ഒരിക്കൽ നോട്ട്സ് എഴുതിക്കൊണ്ടിരുന്ന് സമയം പോയതറിഞ്ഞില്ല. അന്നവൾ നിർബന്ധിച്ച് അവളുടെ വീട്ടിൽ നിന്ന് ഊണ് കഴിപ്പിച്ചു. മോരു കറിയും തോരനും ചമ്മന്തിയും അവഴങ്ങാ അച്ചാറും കൂട്ടി അവളുടെ വീട്ടിൽ നിന്ന് കഴിച്ച ഊണിന് എന്തു രുചിയായിരുന്നു!

ഒരു ബുൾഡോസറിനെ പോലെ മുന്നിലുള്ള ഏതു പ്രശ്നത്തേയും തടസ്സത്തേയും അവൾ ചങ്കുറ്റത്തോടെ നേരിട്ട് നിരപ്പാക്കും. കഴിഞ്ഞ മാസം കെമിസ്ട്രി ലാബിലുണ്ടായ സംഭവത്തിൽ ഒറ്റച്ചങ്കായി നിന്ന് അവൾ തന്നെ സഹായിച്ചത് എങ്ങനെ മറക്കാനാണ്! കെമിസ്ട്രി ലാബിലെ അറ്റൻഡർ റോസക്കുട്ടി തന്ന പണിയായിരുന്നു അത്.

അന്ന് പതിവുപോലെ ലാബിൽ കേറി എന്റെ സീറ്റിലെത്തി ബ്യൂറ്റിൽ സൊല്യൂഷൻ നിറച്ച് സ്റ്റാൻഡിൽ വച്ചു. കോണിക്കൽ ഫ്ളാസ്കിൽ അളന്നെടുത്ത സോഡിയം ഹൈഡ്രോക്സൈഡിൽ ഫിനാഫ്തലിൻ കലക്കി പർപ്പിൾ നിറമാക്കി. ബ്യൂറ്റിൽ നിന്ന് പതിയെ പതിയെ ശ്രദ്ധാപൂർവ്വം സൊല്യൂഷൻ കോണിക്കൽ ഫ്ളാസ്കിലേക്ക് ഒഴിക്കണം. കോണിക്കൽ ഫ്ളാസ്കിലെ സൊല്യൂഷനെ ഒറ്റ നിമിഷം കൊണ്ട് നിറം മാറ്റുന്ന 'എൻ പോയിന്റ്' കണ്ടു പിടിക്കണം. അതിനായി ബ്യൂറ്റിന്റെ റഗുലേറ്റർ പതിയെ അമർത്തി തുറന്നതും റഗുലേറ്റർ ഊരി കയ്യിൽ വന്നു. പൊടുന്നനെ ബ്യൂറ്റിലെ സൊല്യൂഷൻ മുഴുവൻ മഴവെള്ളപ്പൊച്ചിൽ പോലെ കോണിക്കൽ ഫ്ളാസ്കിലേക്ക് കുത്തിയൊഴുകി. അതും നിറഞ്ഞ് ലാബ് ടേബിളിലേക്ക് പരന്നൊഴുകാൻ തുടങ്ങി.

ബ്യൂറ്റിന്റെ പെട്ടെന്നുണ്ടായ ഈ ഭാവപകർച്ചയിൽ അന്തം വിട്ട് കാട്ടിക്കൂട്ടിയ വെപ്രാളപ്പൊച്ചിലിനിടയിൽ കൈ തട്ടി ബ്യൂറ്റി സ്റ്റാൻഡ് മറിഞ്ഞു. ബ്യൂറ്റി വലിയ ശബ്ദത്തോടെ താഴെ വീണ് പൊട്ടിച്ചിതറി. എന്തു ചെയ്യണമെന്നറിയാതെ വിറച്ചു നിന്നപ്പോൾ സഹായിക്കാൻ ആദ്യം ഓടിയെത്തിയത് ജ്യോതിലക്ഷ്മിയാണ്. അവൾ തന്നെ ആശ്വസിപ്പിച്ചുകൊണ്ട് ചില്ലുകൾ പെറുക്കാനും ടേബിൾ വൃത്തിയാക്കാനും തുടങ്ങി. ആ നിമിഷത്തിൽ തന്നെ അവിടെ പാഞ്ഞെത്തിയ റോസക്കുട്ടി

അറ്റൻഡർ കാത്തിരുന്ന രംഗം അരങ്ങേറിക്കണ്ട സന്തോഷത്തിൽ ഫൈൻ രജിസ്റ്ററുമായി അവിടെയെത്തി.

“കൂട്ടി എന്താ ഈ കാണിച്ചത്!” എന്നാക്രോശിച്ചു കൊണ്ട് രജിസ്റ്ററിൽ വർ തന്റെ പേരും നമ്പരും എഴുതി. ബ്യൂറ്റിന്റെ വിലയും ഫൈനും ചേർത്ത് ആയിരം രൂപ അടയ്ക്കണം. വെപ്രാളം പിടിച്ചുള്ള റോസക്കുട്ടിയുടെ നടപടിക്രമങ്ങൾ കണ്ടപ്പോൾ ലീക്കായ നോബുള്ള ബ്യൂറ്റി മാറ്റി വാങ്ങിപ്പിക്കാൻ റോസക്കുട്ടി മന:പൂർവ്വം തന്റെ സീറ്റിൽ വച്ചതാണ് എന്ന് മനസ്സിലായി. “വേഗം വേണം. അടുത്തയാഴ്ച ഫൈനൽ പ്രാക്ടിക്കൽ എക്സാം തുടങ്ങുകയാണ്.” കോൺ സൺട്രേറ്റഡ് ഹൈഡ്രോക്സോറിക് സിഡ് എടുത്ത് ഒഴിച്ചു തന്നതുപോലെയാണ് വാക്കുകൾ തന്റെ മേൽ വന്നു വീണത്.

ഇത് വീട്ടിലറിഞ്ഞാലുള്ള അവസ്ഥ എന്തായിരിക്കും? ഒരു ഭൃകവന്തിന്റെ ആഘാതമായിരിക്കും ഏല്ക്കേണ്ടി വരിക ! അച്ഛന്റെ ശമ്പളത്തിൽ ഒരു മാസത്തെ ചിലവുകൾ ഒതുക്കാൻ ഭഗീരഥ പ്രയത്നം ചെയ്തു കൊണ്ടിരിക്കുന്ന അമ്മയ്ക്ക് ഒരാഴ്ചക്കാലത്തേക്ക് വഴക്കു പറയാനുള്ള വകയായി. മാസച്ചിലവുകളുടെ കണക്കുകൾ ആവർത്തിച്ച് പറഞ്ഞ് അമ്മയുടെ സൈര്യം കെടുത്തുന്ന അച്ഛനോട് ഇത് അവതരിപ്പിക്കാൻ പോലും പറ്റില്ല.

അപ്പോൾ അവിടെ എത്തിയ കെമിസ്ട്രി സാർ ആശ്വസിപ്പിക്കുന്ന മട്ടിൽ പറഞ്ഞു. “സാരമില്ല. പകരം ബ്യൂറ്റി വാങ്ങി വച്ചാൽ മതി. ബ്യൂറ്റിന് ഇപ്പോ എണ്ണൂറ് രൂപയൊക്കെയേ ആകുകയുള്ളൂ.” എണ്ണൂറു രൂപയെന്ന ഭീകരസത്യത്തിനു മുന്നിൽ ഒരേത്തും പിടിയുമില്ലാതെ നിൽക്കുമ്പോൾ ജ്യോതിലക്ഷ്മിയാണ് പറഞ്ഞത്. “വീട്ടിലിത് പറയണ്ട. എണ്ണൂറു രൂപ നമുക്ക് സംഘടിപ്പിച്ച് ഒരു ബ്യൂറ്റി വാങ്ങിക്കൊടുക്കാം.” പെട്ടെന്നാണ് ഓർമ്മ വന്നത് കഴിഞ്ഞ വിഷുവിന് വിഷു കൈ നീട്ടുമായി പിരിഞ്ഞ് കിട്ടിയ അഞ്ഞൂറു രൂപ പഴയ ജ്യോമട്രി ബോക്സിൽ സൂക്ഷിച്ച് വച്ചിട്ടുണ്ട്. ഇനിയും മൂന്നു രൂപയെങ്ങനെ യുണ്ടാക്കും? അത് പറഞ്ഞപ്പോൾ ജ്യോതിലക്ഷ്മി പറഞ്ഞു. “അതേ റർത്ത് നീ വിഷമിക്കണ്ട. പാല്കടഞ്ഞുണ്ടാക്കിയ വെണ്ണ വിറ്റു കുറച്ചു പണം

എന്റെ കയ്യിലുണ്ട്. മൂന്നു രൂപ ഞാൻ തരാം.” ഞാൻ ജ്യോതി ലക്ഷ്മിയെ അദ്ഭുതത്തോടെ നോക്കി നിന്നു. അവൾക്കു ചുറ്റും സ്നേഹത്തിന്റെ ദയയുടെ ജ്യോതി സ്ഫുരണങ്ങൾ നിറഞ്ഞു നിൽക്കുന്നതായി തോന്നി.

പിന്നെ കാര്യങ്ങൾ നടന്നത് വളരെ പെട്ടെന്നായിരുന്നു. പിറ്റേന്ന് ഞങ്ങൾ ബസ്സിൽ കയറി സിറ്റിയിൽ പോയി. ലാബ് സപ്ളിമെന്റ് കടയിൽ നിന്ന് ബ്യൂറ്റി വാങ്ങി കെമിസ്ട്രി ലാബിലെ ‘കരിങ്കാളി’ റോസക്കുട്ടിയെ ഏല്പിച്ചു. മടങ്ങുമ്പോൾ ഈ കള്ളി റോസക്കുട്ടിയോട് എന്തെങ്കിലും രണ്ട് വാക്ക് പറയണമെന്ന് തോന്നി. എങ്കിൽ മാത്രമേ മനസ്സിലെ പുകച്ചിൽ അവസാനിക്കൂ പക്ഷെ അവരോട് ഒന്നും നേരിട്ട് പറയരുതെന്ന് ജ്യോതി ലക്ഷ്മി കർശന ശാസന നൽകി.

എങ്കിലും അടുത്ത ദിവസം ആരുമില്ലാത്ത നേരത്ത് ലാബിന്റെ വാതിലിലും ജനാലയിലുമൊക്കെ ചോക്കു കൊണ്ട് ‘റോസക്കുട്ടി കള്ളി’ എന്ന് വെള്ളയ്ക്കൊ അക്ഷരത്തിൽ എഴുതിപ്പിടിപ്പിച്ച് ഞാനെന്റെ പ്രതികാരം വീട്ടി. ആരെങ്കിലും വരുന്നുണ്ടോ എന്ന് നോക്കാൻ കാവൽ നിന്നതും ജ്യോതി ലക്ഷ്മി തന്നെയാണ്. ആപത്തിൽ കൈവെടിയാത്തവനാണ് യഥാർത്ഥ സുഹൃത്ത് എന്ന് ചെറിയ ക്ഷ്യാസ്സിൽ ഏതോ പാഠത്തിൽ പഠിച്ചിട്ടുണ്ട് അത് ജീവിതാനുഭവമായി മുന്നിൽ വന്നു നിന്നത് ജ്യോതിലക്ഷ്മിയുടെ രൂപത്തിലാണ് അങ്ങനെയുള്ള ജ്യോതിലക്ഷ്മിയോടാണ് കൂട്ടുകൂടരുതെന്ന് അമ്മ പറയുന്നത്.

അച്ഛനമ്മമാർക്ക് പോലും തോന്നാത്ത ദയയും സ്നേഹവുമാണ് ജ്യോതി ലക്ഷ്മി തന്നോട് കാട്ടുന്നത്. പാവപ്പെട്ടവനും കുടിയനുമായ അവളുടെ അപ്പനിൽ നിന്ന് നിന്ന് തന്നെയാണ അവൾക്ക് ഈ സ്വഭാവഗുണം കിട്ടിയത് എന്ന് തോന്നുന്നു.. കുടിയനാണെങ്കിലും അവളുടെ അപ്പന് അവളെ ജീവനാണ്. തന്റെ ചുരുങ്ങിയ വരുമാനത്തിനുള്ളിൽ നിന്ന് കൊണ്ട് അയാൾ മകൾക്ക് ഏറ്റവും നല്ല വിദ്യാഭ്യാസം നൽകാൻ ശ്രമിക്കുന്നു. ഏറ്റവും നല്ല ആഹാരം നല്കാൻ ശ്രമിക്കുന്നു. സത്യത്തിൽ ജ്യോതിലക്ഷ്മി തനിക്കാരാണ്? ജ്യോതി ലക്ഷ്മി എന്റെ കൂട്ടുകാരി മാത്രമല്ല അവൾ എന്റെ കാവൽമാലാഖയാണ്.





# മയക്കുമരുന്ന് എന്ന മഹാവിപത്ത്



ALPHONSA P ANIL,  
VIII, 6434

മയക്കുമരുന്ന് എന്ന മഹാവിപത്ത് മനുഷ്യരുടെ ജീവിതത്തിന് അപകടകരമാകുന്നു. ഇത്തരം വസ്തുക്കൾ ഉപയോഗിക്കുന്നത് ശരീരത്തിന് ഹാനികരമാണ്. മയക്കുമരുന്ന് ഉപയോഗിക്കുന്നതും വില്പിക്കുന്നതും ഗവൺമെന്റ് പ്രകാരം ഒരു കുറ്റകൃത്യവും ശിക്ഷാർഹവുമാണ്. നമ്മുടെ ചുറ്റുപാടും ഒട്ടനവധി ആളുകൾ പാർക്കുന്നു. അവരുടെയെല്ലാവരുടെ സത്യസ്വഭാവം നമ്മൾ അറിയുന്നില്ല. ഇന്നത്തെ ദുഷിച്ച ലോകത്തെങ്ങും ഇതുപോലുള്ള കാര്യങ്ങൾ നടക്കുന്നു. ചുറ്റുപാടുമുള്ള നന്മയും തിന്മയും തിരിച്ചറിയേണ്ടത് നമ്മുടെ കടമയാണ്.

മയക്കുമരുന്ന് ഉപയോഗിക്കുന്നതിലൂടെ ഒരു മനുഷ്യന്റെ സമതല തെറ്റുന്നു. പുകയില, മെത്ത്, കഞ്ചാവ് തുടങ്ങിയ ഹാനികരമായ പദാർത്ഥങ്ങൾ ഉപയോഗിക്കുമ്പോൾ നാം ഓർക്കേണ്ടത് നമ്മുടെ ആരോഗ്യത്തെപ്പറ്റി യായിരിക്കണം. ഇത്തരം വസ്തുക്കൾ നാം ആദ്യം ഉപയോഗിച്ചുനോക്കുന്നത് കൗതുകത്താലോ അഥവാ അപത്തവശാലോ ആയിരുന്നേക്കാം. എന്നാൽ നാം ഓർക്കേണ്ടത് ഇതെല്ലാം ഉപയോഗിക്കുമ്പോൾ മണിക്കൂറുകളോളം അബോധാവസ്ഥയിൽ ആകാൻ സാധ്യതകൾ ഏറെയാണ്. ചുരുക്കത്തിൽ പറഞ്ഞാൽ തന്റെ തലച്ചോറിനെ നല്ല രീതിയിൽ നശിപ്പിക്കുന്നു.

ഇത്തരം ലഹരികൾ തന്റെ ഓർമ്മശക്തിയേയും ബാധിക്കുന്നു. ഒരു തവണ ഇത്തരം വസ്തുക്കൾ ഉപയോഗിക്കുമ്പോൾ ഒരു തവണ കൂടി ഉപയോഗിക്കാം എന്ന ചിന്താഗതി ഉണ്ടാകുന്നു. പ്രേരണ സഹിക്കാതാകുമ്പോൾ രണ്ടാം വട്ടം ഉപയോഗിച്ചുനോക്കും. തുടർന്ന് ലഹരിക്ക് അടിമക

ളാവുകയും മയക്കുമരുന്ന് ഇല്ലാതെ തന്റെ ജീവിതം മുന്നോട്ട് കൊണ്ടുപോകാൻ അസാധ്യമാണെന്നു തോന്നുന്നു. നിയന്ത്രണം വിട്ട ലഹരിയുടെ പിന്നാലെ ഓടിക്കൊണ്ടിരുന്ന മനുഷ്യനെ ലഹരി ഇങ്ങോട്ടും വരുകയും തന്നെ കുട്ടിലടയ്ക്കുകയും ആ കുട്ടിനുള്ളിൽ നിന്ന് പുറത്തൊങ്ങാനാവാതെ തന്റെ ഭാവി നശിപ്പിക്കുകയും ചെയ്യുന്നു.

കഞ്ചാവും മറ്റും ഉപയോഗിച്ചുനടക്കുന്നവരെക്കാൾ വേദന അനുഭവിക്കുന്നത് അവരുടെ അച്ഛനമ്മമാരും മറ്റു ബന്ധുക്കളും കൂട്ടുകാരുമാണെന്ന് അവർ തിരിച്ചറിയുന്നില്ല. ലഹരി ഉപയോഗിച്ച് ബോധമില്ലാതെ വഴിയരുകിൽ കിടക്കുന്നത് കാണുമ്പോഴേ അതിനെപ്പറ്റി കേൾക്കുമ്പോഴേ തകർന്നടിയുന്നത് അവരുടെ അച്ഛനമ്മമാരും നല്ല ഭാവിയുമാണ്. എല്ലായിപ്പോഴും ഇതേ അവസ്ഥയാകണമെന്നില്ല. സ്വന്തം മാതാപിതാക്കൾ ഉപേക്ഷിച്ചതോ, എഴുതിത്തള്ളിയതോ ആയ മക്കളും തന്റെ കാമുകി കാമുകൻ ചതിച്ചതോ അഥവാ ജീവിതത്തിന്റെ ഏതെങ്കിലുമൊരു കോണ് തകർന്നടഞ്ഞ വ്യക്തികളുമായേക്കാം ഇങ്ങനെയുള്ള കാരണങ്ങൾ പറഞ്ഞ് തല്കാല ആശ്വാസത്തിനായി ലഹരി ഒരു മരുന്നായി കണ്ടത്. എന്നാൽ അവർ അറിയാതെത്തന്നെ ഇത്തരം വസ്തുക്കൾക്ക് അടിമകളാവുകയും ലഹരിയാണ് എന്റെ ജീവിതം എന്നു കരുതുന്നത്.

ഒട്ടനവധി ആൾക്കാർ മയക്കുമരുന്ന് ഒരു ജോലിയായും തിരഞ്ഞെടുക്കുന്നു. ഇവർ വിദ്യാലയപരിസരങ്ങളിലും മറ്റ് സ്ഥലങ്ങളിലും പോവുകയും വിദ്യാർത്ഥികളായി നല്ല ആത്മബന്ധം വയ്ക്കുകയും ഒടുവിൽ ജീവൻ ഇല്ലാതാക്കാൻ കഴിവുള്ള വസ്തുക്കൾ ഉപയോഗിച്ചുനോക്കാൻ പ്രേരിപ്പിക്കുക

യും ചെയ്യുന്നത്. തെല്ലനുഭവമില്ലാത്ത കുട്ടികൾ കൗതുകത്താൽ ഉപയോഗിച്ചുനോക്കുകയും പിന്നീട് ഇത് വില്പിക്കുകയും കൂടുതൽ ആൾക്കാരെ വഴി തെറ്റിക്കുവാനും ശ്രമിക്കുന്നു. ഇതെല്ലാം കണ്ടറിഞ്ഞ് നന്മ തിരഞ്ഞെടുക്കേണ്ടത് നമ്മുടെ ഓരോരുത്തരുടെയും കടമയാകുന്നു. പഠിക്കാൻ അതിമിടുക്കന്മാരായ കുട്ടികളും നല്ല ഭാവിയുള്ളവരുമായ വ്യക്തികൾ ലഹരികൾ ഉപയോഗിക്കുന്നതിലൂടെ സ്വയം നശിക്കുകയാണ്.

മയക്കുമരുന്ന് ഉപയോഗിക്കുന്നതിലൂടെ മസ്തിഷ്കമരണം, ഹൃദ്രോഗം, ക്യാൻസർ എന്നീ മാരകമായ രോഗങ്ങൾക്ക് കാരണമാകുന്നു. നാം അറിയാതെത്തന്നെ ലഹരിയുടെ കെണിയിൽ അകപ്പെടുകയും പിന്നീട് രക്ഷപ്പെടാൻ കഴിയാത്തവിധം അകപ്പെടുകയും ചെയ്യുന്നു. ഒരു വ്യക്തിയുമായി സൗഹൃദം വെയ്ക്കുമ്പോൾ നാം സൂക്ഷിക്കേണ്ട വളരെയധികം കാര്യങ്ങളിലൊന്ന് ലഹരി അയാൾ ഉപയോഗിക്കുകയോ അഥവാ ഉപയോഗിക്കാൻ പ്രേരിപ്പിക്കുമോ എന്ന് ഇത്തരം ബന്ധങ്ങൾ നല്ലതല്ലാത്ത സൗഹൃദം പിന്നീട് നമുക്കുതന്നെ ദോഷമാകുന്നു. തന്റെ മാതാപിതാക്കളെയും മറ്റു പലരെയും സങ്കടത്തിലാഴ്ത്താതെ ലഹരിയും മയക്കുമരുന്നും ഒന്നിനും ഒരു പരിഹാരമല്ല എന്ന് ഉറച്ചവിശ്വാസം കൈവരുത്തണം. നമ്മുടെ സമൂഹത്തിൽ മയക്കുമരുന്നിന്റെ വില്പനയും ലഭ്യതയും ഇല്ലാതാക്കാൻ പോലീസുകാർ കഠിനമായി പ്രയത്നിക്കുന്നുണ്ട്. അവരെ സഹായിക്കാൻ ഇത്തരം ഉല്പന്നങ്ങളെക്കുറിച്ച് അറിവ് കിട്ടിയയുടൻ അവരെ ബോധിപ്പിക്കാനായി നാം കടമപ്പെട്ടവരാണ്. ചുരുക്കത്തിൽ മയക്കുമരുന്ന് ജീവിതത്തിന് അപകടകരവും മരണത്തിലേക്ക് നയിക്കുന്ന ഒന്നുമാണ്.





Ghanasyam  
XI, 6138

# കത്തുന്ന ബ്രഹ്മപുരം : ശ്വാസം മുട്ടുന്ന കേരളം

മാലിന്യസംസ്കരണത്തിന്റെ പ്രാധാന്യം മനുഷ്യരെ ഓർമ്മിപ്പിക്കാൻ വേണ്ടി ദൈവം സൃഷ്ടിച്ച ഒരു അപകടമാണ് ബ്രഹ്മപുരം എന്ന് നമുക്ക് പറയാം. കേരളത്തിലെ എറണാകുളം ജില്ലയിലാണ് ബ്രഹ്മപുരം മാലിന്യ സംസ്കരണശാല സ്ഥിതിചെയ്യുന്നത്. ഇവിടെ ഉണ്ടായ തീപിടുത്തം ഏകദേശം രണ്ടാഴ്ചയായി കേരളത്തെ ശ്വാസം മുട്ടിക്കുന്നു. മനുഷ്യർക്ക് ഈ കാലഘട്ടത്തിൽ വളരെ ഉപകാരപ്രദവും ആവശ്യവുമായ ഒരു സ്ഥലത്താണ് ഈ അപകടം ഉണ്ടായത് എന്ന വസ്തുത നാം ഓർക്കണം. പ്ലാസ്റ്റിക്, നൈലോൺ തുടങ്ങിയ വസ്തുക്കളാണ് ഈ തീപിടുത്തത്തിന്റെ വീര്യം പതിന്മടങ്ങ് വർദ്ധിപ്പിക്കുന്നത്. അഗ്നിരക്ഷാപ്രവർത്തകരും കൊച്ചിയിൽ പ്രവർത്തിക്കുന്ന നാവിക സേനാംഗങ്ങളും കിണഞ്ഞു പരിശ്രമിച്ചിട്ടും ബ്രഹ്മപുരം കത്തിക്കൊണ്ടിരുന്നു. മുഖ്യമന്ത്രി, ആരോഗ്യവകുപ്പ് മന്ത്രി തുടങ്ങിയവരെല്ലാം ബ്രഹ്മപുരം സ്വദേശികളെ സംരക്ഷിക്കുമെന്ന വാഗ്ദാനങ്ങളുമായി മുന്നോട്ട് വന്നിരുന്നു. പ്ലാസ്റ്റിക് മാലിന്യങ്ങളുടെ ദോഷങ്ങൾ കേരളത്തിന് മാത്രമല്ല, ലോകത്തിന് മുഴുവൻ വിളിച്ചോതുന്ന ഒരു അപകടമാണ് ബ്രഹ്മപുരം എത്രയെത്ര താക്കീതും, ഉപദേശങ്ങളും കഴിഞ്ഞിട്ടും ചഞ്ചലചിത്തരായി പിന്നെയും പ്ലാസ്റ്റിക്കും മറ്റു സാധനങ്ങളും ഉപയോഗിക്കുന്ന മനുഷ്യർക്കുള്ള ശിക്ഷയായി ഇത് കണക്കാക്കാം.

പല അഴിമതിയുടേയും കൈകൾ കളിച്ചിട്ടുണ്ട് എന്നും പലരും പറയുന്നു. അതിനുപുറമേ, അശ്രദ്ധമായുള്ള മാലിന്യസംസ്കരണം, നിയമങ്ങൾ അനുസരിക്കാതെയുള്ള സംസ്കരണപ്രവർത്തികൾ തുടങ്ങിയവയാണ് ബ്രഹ്മപുരം തീപിടുത്തത്തിന് കാരണം എന്ന് മറ്റ് ചിലർ. തീയുടെ പുക കൊണ്ട് മാത്രമല്ല, പല പല ചോദ്യങ്ങളുടെയും വിരൽചൂണ്ടുകളുടെയും നടുവിൽ കേരളം ശ്വാസം മുട്ടുന്നു. എറണാകുളം വാസികളെ മാത്രം ബാധിക്കുന്ന ഒരു അപകടമല്ല ബ്രഹ്മപുരം. അത് കേരളത്തിലെ കാലവർഷത്തേയും ബാധിക്കുന്നു. ബ്രഹ്മപുരം അപകടത്തിന് ശേഷമുള്ള മഴമാലിന്യ പദാർത്ഥങ്ങൾ കാരണം അതീവ അപകടകാരിയായിരുന്നു. കർഷകരും മറ്റും ആറ്റുനോറ്റു കാത്തിരിക്കുന്ന മഴയെ വരെ ഈ അപകടം ഒരു അപകടകാരിയാക്കി മാറ്റി. മാലിന്യ സംസ്കരണത്തിന്റെ മഹത്വം മനുഷ്യർ മനസ്സിലാക്കേണ്ട ഈ കാലഘട്ടത്തിൽ, നിയമങ്ങൾ പാലിച്ച്, അതീവ സൂക്ഷ്മതയോടെ ചെയ്യേണ്ട മാലിന്യ സംസ്കരണത്തിന്റെ ആവശ്യം ബ്രഹ്മപുരം മനുഷ്യരെ മനസ്സിലാക്കിക്കുന്നു. ബ്രഹ്മപുരം തീപിടുത്തം മനുഷ്യന് ഉണ്ടാക്കുന്ന ശ്വാസം മുട്ടൽ, ചുമ, തലകറക്കം തുടങ്ങിയ ദോഷങ്ങൾക്കുപരി വായുവിലെ മാലിന്യ പദാർത്ഥങ്ങളുടെ അളവ് വരാൻ പോകുന്ന തലമുറയെ വരെ ബാധിച്ചേ

ക്കാം. പ്രത്യാഘാതത്തിന് ശേഷം പാഠം പഠിച്ച പാലക്കാട്, കണ്ണൂർ ജില്ലകളിലെ എൻഡോസൾഫാന്റെ ഉപയോഗം പോലെ ഒന്നായി ബ്രഹ്മപുരം തീപിടുത്തം മാറുന്നു. പരിസ്ഥിതി സംരക്ഷണത്തിന്റെ പ്രാധാന്യവും മനുഷ്യർക്ക് ഈ അപകടം മനസ്സിലാക്കിയേക്കാം. ബ്രഹ്മപുരം മാലിന്യ സംസ്കരണശാലക്കെതിരെ കടുത്ത നടപടികൾ എടുക്കുകയും കുറ്റക്കാർക്ക് തക്കതായ ശിക്ഷയും നൽകണം എന്ന ഉദ്ദേശ്യം ജനങ്ങൾ തെരുവിലേക്കിറങ്ങുന്നു. ഈ അപകടത്തിൽ നിന്നും മനുഷ്യർ ഒരു പാഠം പഠിച്ചു എന്ന് വേണം നാം ഇതിൽ നിന്നും മനസ്സിലാക്കാൻ. അപകടത്തിൽ ഒരുമിച്ച് നിൽക്കുന്ന മനുഷ്യരുടെ ഗുണവും നമ്മൾ ഈ അപകടത്തിൽ കാണുന്നു. സാധാരണ ജനങ്ങളും ഉദ്യോഗസ്ഥരും, പ്രമുഖന്മാരുമൊക്കെ ബ്രഹ്മപുരം തീയണക്കാനായി സഹായം വാഗ്ദാനം ചെയ്യുന്നു. ഒരുമയോടെ അവർ ഈ അപകടത്തെ തരണം ചെയ്യുന്നു. പല പ്രമുഖ വ്യക്തിത്വങ്ങളും രാജ്യങ്ങളും ഈ അപകടത്തിൽ കേരളത്തിനൊപ്പം നിൽക്കുന്നു. ഈ അപകടത്തിൽ നിന്നും മനുഷ്യർ ഒരു പാഠം പഠിച്ചു എന്നും അത് ഇനിയും ഓർമ്മിപ്പിക്കാനായി ഒരു ബ്രഹ്മപുരം ഉണ്ടായില്ല എന്നും നമുക്ക് പ്രതീക്ഷിക്കാം.





ARJUN D  
VII, 6463



# ആനകഥ

അതിരാവിലെ പാപ്പാന്റെ വിളി കേട്ടാണ് കേശവൻ ഉണർന്നത്. ആകപ്പാടെ ഒരു മടി. പാപ്പാൻ ശങ്കരൻ കുട്ടി വിളിക്കുകയാണ് “എടാ കേശവാ, മോനേ, എഴുന്നേൽക്ക് ഇന്ന് അമ്പലത്തിൽ പോയിട്ടു ജോലിയുള്ളതാണ്. എന്നെ കൊണ്ട് തോട്ടി എടുപ്പിക്കരുത്. തോട്ടി എന്നു കേട്ടതും കേശവൻ ചാടി എഴുന്നേറ്റു. മറ്റുള്ള ആനകളെപ്പോലെ തന്നെ തോട്ടി എന്നു കേട്ടാൽ മതി. അവൻ ചാടിയെഴുന്നേൽക്കും. ഈ ലോകത്ത് കേശവൻ ഏറ്റവും പേടിക്കുന്ന സാധനം തോട്ടിയാണ്.

പിന്നെ അടുത്ത ജോലിയായി. മറ്റൊന്നും അല്ല കൂളി. കേശവൻ എഴുന്നേറ്റു കഴിഞ്ഞാൽ അപ്പോൾ തന്നെ കുളിക്കണം. കുളിയെന്നു വെച്ചാൽ വെറും കുളിയല്ല. വെള്ളത്തിൽ മുങ്ങി കിടന്നുള്ള കുളി. അടുത്തുള്ള ഒരു കുളത്തിൽ പോയി കുറേ നേരം നിൽക്കും. പിന്നെ പാപ്പാൻ പറഞ്ഞാലേ തിരിച്ചു കയറുകയുള്ളൂ. ചിലപ്പോൾ അവൻ വെള്ളത്തിൽ നിൽക്കുമ്പോൾ ഉണ്ടാകുന്ന തണുപ്പ് മൂലം ഉണ്ടാകുന്ന സുഖത്താൽ തിരിച്ചു

കയറാൻ മടിക്കും. അപ്പോൾ ശങ്കരൻ കുട്ടി കളിക്കുപറയും “തോട്ടി ഇങ്ങു എടുക്കാടാ താമരാക്ഷാ”, ഇതു കേൾക്കേണ്ട താമസം കേശവൻ ഒറ്റയോട്ടത്തിന് തിരിച്ചുകയറും. താമരാക്ഷൻ കേശവന്റെ രണ്ടാം പാപ്പാനാണ്. കേശവനെ എന്തൊക്കെ പറഞ്ഞു പേടിപ്പിച്ചാലും അവൻ അവന്റെ പാപ്പാന്മാരോടുള്ള ഇഷ്ടം ഒട്ടും കുറയില്ല.

പിന്നെ അടുത്ത ജോലിയായി. ഭക്ഷണം കഴിക്കാൻ ചോറും ഉപ്പും കൂടി കൂഴച്ച് വലിയ ഉരുളകൾ ആക്കി കേശവന്റെ വായിലേക്ക് വെച്ചു കൊണ്ടിരിക്കുകയാണ് ശങ്കരൻ കുട്ടി. അപ്പോൾ താമരാക്ഷൻ ശങ്കരൻ കുട്ടിയോടു ചോദിച്ചു. “ഇതു മതിയാവുമോ കേശവൻ”? ശങ്കരൻ കുട്ടി പറഞ്ഞു. “ഇതു മതിയാവും, അമ്പലത്തിൽ ചെല്ലുമ്പോൾ അവിടെ ആവശ്യത്തിലും അധികം ആൾക്കാർ, കാണും. ഭക്ഷണവുമായി”.

അങ്ങനെ ഭക്ഷണം കഴിഞ്ഞ് നേരേ അമ്പലത്തിലേക്കുള്ള യാത്രയായി അടുത്തുള്ള ഒരു ശിവക്ഷേത്രത്തിലാണ് തിടമ്പേറ്റ് പോകുന്ന വഴി ശങ്കരൻ കുട്ടി കേശവനോടു പറഞ്ഞു.

കേശവാ ഇന്ന് നല്ല കാൾ കിട്ടുന്ന ദിവസമാ. ഇന്നു നീ നല്ലപോലെ അനുസരണയോടെ നിന്നാൽ തിരിച്ചുവരുമ്പോൾ ഒരു കടച്ചക്ക വാങ്ങി തരാം. കേശവൻ ഒരു ഭക്ഷണപ്രാന്തൻ അല്ലെങ്കിൽ പോലും കേശവന് കടച്ചക്ക എന്നാൽ ഒരുഹരമാണ്. കടച്ചക്ക കിട്ടാൻ വേണ്ടി കേശവൻ എന്തു ചെയ്യാനും മടിക്കില്ല. അമ്പലത്തിൽ എത്തിയപ്പോൾ ഒരു കൂട്ടം ആളുകൾ സാവധാനം നടന്നു വരുന്നതുകണ്ടു. ആ കൂട്ടത്തിൽ കുട്ടികളും, മുതിർന്നവരും ഉണ്ടായിരുന്നു. പെട്ടെന്ന് കേശവൻ എന്തോ കണ്ട പോലെ നിന്നു. കൂട്ടത്തിൽ പലരുടെ കൈയിലും പല ഭക്ഷ്യവസ്തുക്കളുണ്ടായിരുന്നു. കേശവന്റെ പ്രിയപ്പെട്ടതും. സംഭവം മനസ്സിലാക്കിയ ശങ്കരൻ കുട്ടി ഉറക്കെ പറഞ്ഞു. “കേശവാ അനങ്ങരുത്, താമരാക്ഷാ തോട്ടി എടുക്കാടാ”. ഒരു വശത്ത് പാപ്പാന്റെ ഭയപ്പെടുത്തൽ, മറ്റൊരു ഭാഗത്ത് വികാരം പോലെ നിൽക്കുന്ന കടച്ചക്ക. കേശവൻ എന്തു ചെയ്യും....! നിങ്ങൾ പറയൂ...





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# മുഷികരുടെ കുസൃതികൾ

കുനാലിന്റെ അലമാരയിൽ കയറി എലി പലഹാരവും അത് വച്ചിരുന്ന ഡപ്പയും കഴിച്ചു എന്ന വാർത്ത കേട്ടപ്പോൾ ഞങ്ങൾ ഞെട്ടി. ഇന്നത്തെ റോൾകോളിൽ എന്തെങ്കിലുമൊക്കെ സംഭവിക്കും ഞാൻ മനസ്സിൽ വിചാരിച്ചു. സാർ സ്നാക്സ് വയ്ക്കുന്ന കാര്യം ആദ്യമേ നിഷേധിച്ചതാണ്. റോൾകോളിൽ സാർ എല്ലാവരെയും വഴക്ക് പറഞ്ഞു. അഞ്ച് ദിവസം കഴിഞ്ഞുള്ളുപാറെന്റ്സ് സൺഡേ കളിൽ ആഹാരസാധനങ്ങൾ ഒന്നും കൊണ്ട് വരരുത് എന്ന് താക്കീത് ചെയ്തു.

“ഇത് ഇങ്ങനെ വിട്ടാൽ പറ്റില്ലല്ലോ” ശിവശങ്കർ പറഞ്ഞപ്പോൾ ഞങ്ങൾ അതിനെ കുടുക്കാനുള്ള കെണി യുണ്ടാക്കാൻ തീരുമാനിച്ചു. രണ്ട് ദിവസത്തെ പ്രയത്നത്തിനു ശേഷം ഒരു കെണിയുണ്ടാക്കി. വിങ്ങിന്റെ ഒരു മൂലയിൽ ആ കെണി നിക്ഷേപിച്ചു. ‘അവൻ ഇതിൽ ഉറപ്പായും പെടും’ എന്ന് മാധവ് പറഞ്ഞപ്പോൾ ദേവാക് അത് ശരിവച്ചു. ഞങ്ങൾ ‘സ്റ്റഡീസിന്’ സ്റ്റഡി ഹോളിൽ പോയി. ‘സ്റ്റഡീസിന്’ ശേഷം ഞാൻ ആ കെണി

നോക്കി അതിൽ ഒന്നുമില്ലായിരുന്നു. ഒരു കപ്പ കഷണം ഒഴിച്ചു.

ഞാൻ കിടന്നു ഉറക്കം പിടിച്ചു വന്നപ്പോൾ ദേവാർപ്പിത് എന്നെ വിളിച്ച് എഴുന്നേൽപ്പിച്ചു. അവൻ പറഞ്ഞു. “എടാ, ഞാൻ കിടക്കുമ്പോൾ എന്തോ ഒരു സംഭവം എന്റെ ദേഹത്ത് വീണു പക്ഷേ, എഴുന്നേറ്റപ്പോൾ ഒന്നും കണ്ടില്ല.

അത് നിനക്ക് തോന്നിയതാകും എന്ന് ഞാൻ പറഞ്ഞപ്പോൾ അവൻ അത് നിഷേധിച്ചു. എന്നെ അവൻ നിർബന്ധിച്ച് എഴുന്നേൽപ്പിച്ചു. ഞാൻ അവന്റെ കട്ടിലിന്റെ പരിസരത്തെല്ലാം നോക്കി. അവിടെ ഒന്നും ഇല്ലായിരുന്നു. പെട്ടെന്ന് പിറകിലൂടെ എന്തോ ഒന്ന് ഓടി മറയുന്നതുപോലെ തോന്നി. ഞങ്ങൾ അതിന്റെ അടുത്തേക്ക് പോയതും അത് എങ്ങോട്ടോ ഓടിമറഞ്ഞു. അത് എന്താണെന്ന് ഞങ്ങൾക്ക് അറിയില്ല. മൂന്നോട്ട് പോകാനുള്ള പേടി കാരണം ഞങ്ങൾ തിരിച്ച് വിംബിലേക്ക് ഓടി.

പിറ്റേന്ന് ആദിത്യയുടെ “മിൽ ഗയാ

മിൽ ഗയാ” എന്ന നിലവിളി കേട്ടാണ് ഞങ്ങൾ എഴുന്നേറ്റത്. ആ കെണിയിൽ ആ മുഷികൻ ഉണ്ടായിരുന്നു. ആപ്ലോദഭരിതരായി ഞങ്ങൾ അതിനെ എടുത്ത് ‘വാഷിംഗ് ഏരിയയിലേക്ക്’ പോയി അപ്പോളാണ് അറിഞ്ഞത് മറുവിംബിലും കെണി വെച്ചിരുന്നു എന്ന്. അതിലും എലി ഉണ്ടായിരുന്നു. അപ്പോൾ ഹൗസിൽ ഒന്നല്ല രണ്ടെലികളുണ്ടായിരുന്നോ? ചർച്ച ചെയ്യാനാവത്തതുകൊണ്ട് ഞങ്ങൾ പരസ്പരം നോക്കി നിന്നു. അപ്പോളാണ് ഇന്നലെ രാത്രിയിൽ നടന്ന സംഭവമെനിക്ക് ഓർമ്മ വന്നത്. ദോവാർ പിതിന്റെ ദേഹത്ത് വീണതും സെന്റർ ഗാർഡനിൽ കണ്ടതും രണ്ടും വെവ്വേറെ എലികളായിരുന്നുവെന്നും അത് രണ്ടും കെണിയിൽ അകപ്പെട്ടു എന്നും മനസ്സിലായപ്പോൾ ഒരു ദീർഘശ്വാസം വിട്ടു. ഒടുവിൽ എലിയെയും കിട്ടി. ഞങ്ങളുടെ പേടിയും മാറി.





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IX, 6212

एक बच्चे को एक आम पेड़ बहुत पसंद था। जब भी फुर्सत मिलती वह आम के पेड़ के पास पहुँच जाता। पेड़ के ऊपर चढ़ता, आम खाता, खेलता और थक जाने पर उसी की छाया में सो जाता। उस बच्चे और आम के पेड़ के बीच एक अनोखा रिश्ता बन गया। बच्चा जैसे-जैसे बड़ा होता गया वैसे उसने पेड़ के पास आना कम कर दिया। कुछ समय बाद तो बिल्कुल ही बंद हो गया। आम का पेड़ उस बच्चे को याद करके रोता रहता था। एक दिन अचानक पेड़ उस बच्चे को अपनी तरफ आते देखा और पास जाने पर कहा, “तू कहाँ चला गया था?” मैं रोज तुम्हारी याद किया करता था। चलो आज फिर से हम दोनों खेलते हैं। बच्चे ने आम के पेड़ से कहा, “अब मेरी खेलने की उम्र नहीं है। मुझे पढ़ना है लेकिन मेरे पास फीस देने की पैसे नहीं हैं। पेड़ ने कहा “तू मेरा आम लेकर बाज़ार में बेंच दे। इससे जो पैसे मिलेगी उसे फीस भर देना। उस बच्चे ने आम के पेड़ से सारे आम तोड़ लिए और उन सब आमों को लेकर वहाँ से चला गया। उसके बाद फिर कभी दिखाई नहीं दिया। आम का पेड़ उसकी राह देखता रहा। एक दिन वह आदमी फिर से आया और कहने

लगा अब मुझे नौकरी मिल गई है और मेरी शादी हो चुकी है। मुझे खुद का धर बनना है। इसके लिए अब मेरे पास पैसा नहीं है। आम के पेड़ ने कहा “तुम मेरी सभी डाली को काटो ले जाओ और उससे अपना घर बना लो”। उस आदमी पेड़ के सभी डाली को काट-के ले गया। आम के पेड़ के पास अब कुछ नहीं था। बिल्कुल बंजर हो चुका था। अब कोई उसे देखते भी नहीं था। पेड़ ने भी अब वो आदमी उसके पास फिर आने की उम्मीद छोड़ दी थी। फिर एक दिन अचानक वहाँ एक बुढ़ा आदमी आया। उसने आम के पेड़ से कहा “शायद आपने मुझे पहचाना नहीं, मैं वही बालक हूँ जो बार-बार आपके पास आता और आप हमेशा अपने टुकड़े काटकर भी मेरी मदद करते थे। आम को पेड़ ने दुख से कहा “पर बेटा, मेरे पास अब कुछ नहीं है जो मैं तुम्हें दे सकूँ।” वृद्ध ने आँख में आँसू लिए कहा “आज तो मुझे आपके साथ जी भर के खेलना है। आपकी गोद में सिर रखकर सो जाना है। इतना कहकर वह आम के पेड़ से लिपट गया और आम का पेड़ की सुखी हुई डाली फिर से अंकुरित हो उठी।



## ‘वीर’ देश के खजाने

मैं अपने वतन की रक्षा कर सकूँ  
मुझे इस काबिल बना देना  
अगर मैं शहीद दी जाऊँ तो  
मुझे इस पवित्र मिट्टि में मिला देना  
और अगर भूल कर भी  
अपने वतन के साथ करूँ गदारी  
तो मेरे जिस्म के टुकड़े टुकड़े करके  
कुत्ती की खिला देना

यहाँ गली-गली में भी वीर मिलते हैं,  
यह देश वीरों का खजाना है  
यहाँ का बच्चा-बच्चा  
अपने वतन का दीवाना है  
यहाँ गली-गली में वीर मिलते हैं  
और बाप को शहीद हुए  
एक साल नहीं गुजरता  
और बेटा कहता है,  
माँ मुझे भी आर्मी में जाना है।

बच कर रहना दोस्त क्योंकि यह है,  
आज का हिंदुस्तान  
तू तिनका है, और यह है तूफान,  
बच कर रहना दोस्त।



Ravi Kumar  
X, 6245





Arvind Kumar  
X, 6423



## विद्यार्थी जीवन और अनुशासन

विद्यार्थी राष्ट्र की सबसे बड़ी संपत्ति है। ये देश का भविष्य तथा भावी प्रगति के कर्णधार माने जाते हैं।

मानव जीवन के चार आश्रमों में विभक्त किया गया है। ब्रह्मचर्य आश्रम, गृहस्थ आश्रम, वानप्रस्थ आश्रम एवं सन्यास आश्रम। इमें पहली अवस्था को विद्यार्थी जीवन कहा जाता है। यह अवस्था विद्या प्राप्त करने का काल है। इस अवस्था में विद्यार्थी संसार की सभी अनावश्यक चिंताओं से मुक्त होकर विद्या अभ्यास में व्यतीत होना चाहिए।

विद्यार्थी जीवन, पूरे जीवन का स्वर्णिम प्रभात है। इसी अवस्था में ज्ञान-विज्ञान प्राप्त किया जाता है तथा अच्छे संस्कारों को अपनाया जाता है। विद्यार्थी जीवन सारे जीवन की नींव है। यदि नींव पक्की होगी तो उस पर निर्मित भवन भी अवश्य चिरस्थायी होगा।

आदर्श विद्यार्थी को अनुशासित होना जरूरी है। विद्यार्थी जीवन तैयारी का काल है। अतः इस जीवन में कठोर अनुशासन का प्रशिक्षण प्राचीन भारतीय शिक्षा पद्धति में दिया जाता था।

अनुशासन का अर्थ है नियमों के अनुसार जीवन-यापना अनुशासन मानव की प्रगति का मूलमंत्र है। अनुशासन से मनुष्य की सारी शक्तियों केंद्रित हो जाती हैं। उससे समय बचता है। बिना अनुशासन बहुत सारा समय इधर उधर के सोच विचार में नष्ट हो जाता है।

अनुशासन दो प्रकार का होता है - बाह्यानुशासन तथा आत्मानुशासन बाह्य अनुशासन भय प्रेरित होता है लेकिन आत्मानुशासन व्यक्ति के दृढ़ संकल्प का परिचायक होता है। इसलिए छात्रों को विद्यार्थी जीवन में ही आत्मानुशासन को अपनाना चाहिए।

समस्त प्रकृति अनुशासन का आदर्श रूप हमारे सामने प्रस्तुत करती है। मनुष्य जीवन में भी अनुशासन का महत्व असंदिग्ध है। जीवन के प्रत्येक क्षेत्र में अनुशासन की आवश्यकता पड़ती है। चाहे वह खेल का मैदान हो अथवा विद्यालय का प्रांगण, चाहे युद्ध का क्षेत्र हो अनुशासन के बिना काम नहीं चल सकता।

नेपोलियन ने अनुशासन के बल पर ही विश्व की बड़ी-बड़ी शक्तियों को परास्त किया था।

गाँधीजी के नेतृत्व में अनुशासनबद्ध होकर ही हम स्वाधीनता प्राप्त करने में सफल हुए थे। राष्ट्रीय जीवन का तो प्राप्त ही अनुशासन है। अनुशासन के अभाव में राष्ट्रीय जीवन के वृक्ष की जड़ें हिल जाती हैं। अराजकता, हिंसा, भ्रष्टाचार आदि प्रवृत्तियाँ राष्ट्र की प्रगति को कुण्ठित कर देती हैं।

अनुशासन का प्रारंभ परिवार से होता है। तथा विद्यालय में जाकर विकसित होता है अच्छी शिक्षा विद्यार्थी को भावी केलिए अनुशासित कर देती है तथा बालक के शरीर, मन और मस्तिष्क को प्रशिक्षित करती है। सच्चा अनुशासन मनुष्य को पामर से ऊपर उठाकर वास्तव में मनुष्य बनाता है। अतः हर व्यक्ति का कर्तव्य है कि अनुशासन का पालन करें।

छात्र के लिए अनुशासनप्रिय होना आवश्यक है। अनुशासन के बल पर ही छात्र अपने व्यस्त समय का सही सदुपयोग कर सकता है। आदर्श छात्र पढ़ाई के साथ-साथ खेल व्यायाम और अन्य गतिविधियों में भी बराबर रुचि लेता है। वह मानव-सेवा, देश - सेवा और समाज सेवा के लिए अपना जीवन अर्पित कर देता है।





गंगोत्री भारत का एक प्रसिद्ध तीर्थ स्थान है। हिमालय पर्वत से उतरकर गंगा की धारा जहाँ समतल मैदाने में आती है वह स्थान ही गंगोत्री। प्रकृति की सुंदरता को देखने का यह बड़ा ही सुंदर स्थान है। मनीष और प्रशांत ने भी इसी बार गर्मियों में गंगोत्री जाने का विचार किया। वे दोनों धनिष्ठ मित्र थे। उन्होंने सोचा कि इसी बहाने प्रकृति की सुंदरता को बहुत पास से देखने का अवसर मिलेगा और एक तीर्थ की यात्रा भी हो जाएगी। वे दोनों ऋषिकेश से उतरकारी बस से पहुँची। वहाँ से उन्होंने गंगोत्री थी जाने के लिए बस से उतरकर केवल दो किलोमीटर चलना पड़ेगा। संयोग की बात कि रास्ते में ही बड़ी जोर का आँधी-तूफान आया जिससे बस का रास्ता बंद ही गया। बस ने उनको गंगोत्री से लगभग तीस किलोमीटर दूर एक गाँव के पास छोड़ दिया। यहाँ से गंगोत्री तक उन्हें पैदल ही जाना था। यह सब देख-सुनकर प्रशांत एकदम हड़बड़ गया। वह मनीष से कहने लगा-‘ओह, हम इतनी दूर पहाड़ी रास्ते पर पैदल कैसी चढ़ पाएँगी भाई, आगे जाने का तो मेरा वरा नहीं। चली हम आस-पास के स्थान देख लें और वापिस चलें। मनीष यह सुनकर ठहाका लगाकर हँस पड़ा और बोला - ‘वाह, क्या खूब बात कहीं। अरे ऐसी निराशा भरी कायरता की बातें शोभा नहीं देती। हम धीरे-धीरे आराम से चलेंगे। जब यहाँ तक आए ही हैं तो फिर गंगोत्री के दर्शन न करके लौटे क्या बुद्धिमानी है। अच्छे व्यक्ति जिस कार्य की सोच लेते हैं, उसे पूरा करके ही रहते हैं। मनीष की बात सुनकर प्रशांत कुछ चिंता-सा गया और बोला हम दोनों साथ-साथ आए हैं। तुम्हें मित्र का भी आखिर कुछ ध्यान रखना चाहिए’। मनीष उसी सहज मुस्कान के साथ बोला भाई मुझे तुम्हारा पूरा-पूरा ध्यान है। जरूरत होगी तो मैं तुम्हें पीठ पर भी ले चलूँगा। रास्ते में हर प्रकार से तुम्हारी सेवा करूँगा। सबके लिए मैं पूरी तरह से तैयार हूँ। तुम्हें तो बस प्रसन्नतापूर्वक चलना होगा। चलते-चलते जहाँ तुम रुक जाओगे, वहीं मैं भी रुक जाऊँगा। एक जाने पर तुम्हारे पैर भी दबा दिया करूँगा। प्रशांत ने देखा कि मनीष किसी भी प्रकार वापस लौटने

# यात्रा



Khushi Kumari  
VIII, 6448



के लिए तैयार नहीं है। उसने यह भी समझ लिया कि मना करने पर भी वह अकेला ही आगे बढ़ जाएगी। अतएव प्रशांत आगे बढ़ने के लिए तैयार हुआ। पहाड़ी पगडंडी पर दोनों बढ़ चले। उनके आगे और भी अनेक यात्री चले जा रहे थे। वे दोनों तो वाद-विवाद में ही उलझे रहे थे जब कि दूसरे काफी आगे बढ़ गए थे। रास्ते में प्रशांत ने देखा कि मनीष उससे सदैव आगे रहा है। और बड़े ही उत्साह से वह कठिन रास्ता भी पार कर लेता है और हाथ पकड़कर उसे भी पार करा देता है। वह पहाड़ों पर पहली बार आया था, पर ऐसे चल रहा था जैसे पहाड़ी रास्ते उसके जाने-पहचाने हैं। यह देखकर प्रशांत से न रहा गया और वह पूछ बैठ - ‘मनीष, तुम यहाँ पहली बार आए हो, पर तुम इतनी आसानी से पहाड़ी रास्ते

पर कैसे चल लेते हो? कैसे तुम दूसरों की भी रास्ता बता देते हो? रास्ते में तुम्हारे मुख पर कहीं भी थकान के चिन्ह तक दिखाई नहीं देते। तुम तो मुझसे भी दुबले-पतले और छोटे ही। मनीष कहने लगा - ‘दोस्त’, शरीर का स्वस्थ होना आवश्यक है। पर शरीर को संचालित करने वाला मन होता है। मन का उत्साह ही शरीर को आगे बढ़ाता है। आशावादी दृष्टिकोण ही जीवन को सफल बनाता है। हम जैसा अपना दृष्टिकोण बना लेते है वैसी ही परिस्थितियाँ भी बन जाया करती हैं। अवश्य हर स्थिति में हम प्रसन्न रहे हर काम में सफल होने का उत्साह रखें - फिर देखें की कौन - सी परिस्थिति हमें खिन्न बनाती है, कौन-सी से हमारा काम अधूरा रह जाता है। मनीष की बातें सुनकर प्रशांत का उत्साह भी बढ़ गया। वह भी



अब प्रसन्नपूर्वक आगे बढ़ने लगा। उसने पाया कि उसकी गति में भी अंतर आ गया। पहले की अपेक्षा वह जल्दी से रास्ता पार कर लेता है। मनु में प्रसन्नता बने रहने से थकान भी नहीं लगती। रास्ते के सुंदर दृश्यों का आनंद लेते हुए धूमते-धूमते वे चार दिन में गंगोत्री पहुँच गए। वहाँ का दृश्य देखकर वे ठगे से रह गए। लगभग 3413 मीटर की उँचाई से छे: सात मीटर चौड़ी गंगा की धारा गिर रही थी। चाँदी से साफ चमकीले जल से उँची-उँची लहरें उठ रही थी। जल पर सूरज की किरणें पड़कर उसे सतरंगी इन्द्रधनुष - सा बना रही थी। 'ओह; तुम्हारे ही कारण मैं यह दुर्लभ दृश्य देख सका हूँ कैमरे में उस दृश्य की अंकित करते हुए,

भावविहल होता हुआ प्रशांत कहने लगा। मनीष मुस्करा उठा और बोला-मैं तो पहले ही जानता था कि तुम सामने खड़ा ऊँचा पहाड़ देखकर व्यर्थ ही डर रहे हो। भाई, कोई भी कार्य असंभव नहीं हुआ करता। धैर्य और निरंतर तत्परता से हर काम सरल बन जाता है।

कोई भी काम तभी तक कठिन लगाता है जब तक की हम उसे प्रारंभ नहीं करते। 'सो तो देख ही रहा हूँ. प्रशांत बोला। मनीष कहने लगा-देखो यहाँ आकर अब तुम्हें इतना सबक तो ले ही लेना चाहिए कि जीवन में निराशा भरी नहीं, आशा और उत्साह से ही भरी बातें सोचोगे। किसी भी काम को करने से पहले - 'यह नहीं हो सकता ऐसा

नहीं कहोगे - इससे हमारी शक्ति क्षीण होती है। मिलने वाली सफलता दूर चली जाती है। ठीक ही कहते हैं बंधु। आज मैं यहाँ यही सकल्प लेता हूँ। सफल और सूखी जीवन के लिए यह आवश्यक है। प्रशांत ने सहमति में सिर हिलाते हुए कहा। फिर दोनों मित्र लौट अबकी बार उन्हें कुछ ही मील चलना पड़ा। रास्ता बन चुका अतएवं जल्द ही उन्हें बस मिल गई। वे बस में बैठकर ठीक प्रकार से अपने घर पहुँच गए।

गंगोत्री की यात्रा ने प्रशांत का न केवल शरीर और मन ही स्वस्थ बना दिया था। अपितु जीवन की परिस्थितियों के प्रति उसका दृष्टिकोण भी आशावादी बना दिया था। प्रशांत इसके लिए अभी भी मनीष का बड़ा ही आभारी है।



Harsh Raj  
VIII, 6451

## पिताजी का डॉट



मैंने अपनी प्रारंभिक शिक्षा घर पर ही की, और उसके बाद मेरा नामांकन एक स्कूल में हुआ, तो मैंने स्कूल जाना शुरू किया और जब मैं स्कूल के छुट्टी के बाद घर आता और दोस्तों के साथ खेलने जाता, तो पिताजी कहते कि थोड़ा पढ़ाई कर लो। उस समय मुझे बहुत गुस्सा आता, क्योंकि मेरे सारे दोस्त खेलने जाते और मैं पढ़ाई करता। मुझे सुबह में कहते, चार बजे उठो और पढ़ो। एक दिन की बात है, पिताजी घर पर नहीं थे। मैं स्कूल की छुट्टी के बाद खेलने चला गया और देर शाम घर पर लौटो, तो पिताजी गुस्सा हो गए और बोले तू इतनी

देर बाद घर मत लौटो। उन्होंने मुझे उस दिन बहुत डाँटा और बोले, "जाओ जाकर पढ़ाई करो।" उस समय मुझे बहुत रोना आया और गुस्सा भी तभी मैं माँ के पास जाकर रोता तो माँ बोली तुम्हारे पिता तेरे लिए ही बोलते हैं। उस दिन मैं सैनिक स्कूल प्रवेश परीक्षा का नामांकन पत्र भर रहा था। मुझे तैयारी करने के लिए पिताजी से बहुत डाँट पड़ी। जब मैं सैनिक स्कूल की परीक्षा में उत्तीर्ण हो गया और मेरा नामांकन

सैनिक स्कूल में हो गया तो मुझे समझ आया कि पिताजी मुझे हमेशा पढ़ने के लिए क्यों कहते हैं। आज मैं जो हूँ, और आगे जो बनेगा मैं इसका पूरा श्रेय अपने पिता को देना चाहता हूँ। अब मुझे अपने आप पर गर्व है कि मुझे ऐसे पिताजी मिले जिनके डाँट की वजह से मैं आज सैनिक स्कूल में पढ़ रहा हूँ।



एक बार की बात है, एक राज्य 'सोहनगढ़' में धर्मन्द्र नाम का एक मछुआरा था वह भी अपने राज्य का सैनिक हुआ करता था। एक युद्ध में अपने भाई की मृत्यु हो जाने के कारण सेना छोड़कर चला जाता है, और एक सामान्य मनुष्य का जीवन व्यतीत करने लगता है। उसे नदी के पास रहना पसन्द था इसलिए वह मछली पकड़कर उन्हें बेचता और अपना गुज़ारा करता। वह अकेला था और एक दिन उसने एक आकर्षित कर देनेवाली मछली देखी। उसे वह मछली पसन्द आ गई, उसने उस मछली को पकड़कर अपने घर लाया। वह उस मछली पालने लगा और उसका नाम जारा रखा। वह उसे रोज खाना देता और कुछ दिनों तक ऐसा ही चला। लेकिन जब एक दिन धर्मन्द्र जारा को खाना देने गया। तो उसने देखा कि एक सेने का अंडा पानी में है। उसने निश्चित करने के लिए एक सोनार से मिला। सोनार ने थोड़ी देर जाँचने के बाद कहा कि यह अंडा सोना है। वह अपने घर वापस आया और मछली के उपर नज़र रखने लगा। अब तक वह दोनों अच्छे दोस्त बन चुके थे। धर्मन्द्र उसे रोज अपने बारे में बताता जो-जो उसके साथ उस दिन हुआ होता है। अब तक धर्मन्द्र जारा की समझने लगा था उसने जारा की एक बात गौर की कि जब भी वह खुश होती है तो सोने का अंडा देती है। धर्मन्द्र ने सोचा कि जारा की वापस छोड़ दे पर उसी वह अच्छी लगने लगी थी। अब वह इन सोने के अंडी से लोगों की मदद और राज्य की वृद्धि में हाथा बटाने लगा। कुछ महीनों तक ऐसा ही चला।

कुछ महीनों में धर्मन्द्र अमीर और दयालु व्यक्ति बन गया। राज्य की अचानक से इतनी वृद्धि होती देख राजा की बिना पता चले, राजा 'दुर्जन सिंह' जो कि एक आलसी, क्रूर और लापरवाह राजा था। उसने इसके बारे में पता पगवाया तो राजा की सारी बात का पता चला। राजा ने धर्मन्द्र को अपने मछली के साथ दरबार में आने का हुक्म दिया। अगले दिन धर्मन्द्र ने वैसा ही किया। जब धर्मन्द्र, दरबार पहुँचा तो राज्य के मंत्री ताल सिंह और सेनापति वेणुगोपाल ने धर्मन्द्र को देशने ही पहचान गये। राजा ने



Bittu Kumar  
X, 6223

## सुनहरी मित्रता

अपने कुछ सिपाहियों को आदेश दिया कि धर्मन्द्र को मछली को उससे छीनकर उसके पास लाए। पर कुछ सिपाही उसके लिए काफ़ी नहीं थे। राजा ने और सिपाहियों को भेजा इस लड़ाई के बीच में सेनापति तथा मंत्री दानों ने राजा को बताने की कोशिश पर उन्हें बोलते का मौका नहीं मिला। इस कुछ देर की लड़ाई बाद धर्मन्द्र की पकड़ लिया गया तथा उसे कारावास में डाल दिया गया। राजा का यह क्रूरपन देख सारी प्रजा उसका विरोध करने लगी। राजा ने अपने महल के चारों ओर सैनिकों के टोली की तैनात कर दिया था। कुछ दिन तक देखने के बाद राजा को मछली द्वारा कोई सोने के अंडे ना मिलने पर राजा धर्मन्द्र के पास जाने का निश्चय करता है। मछली अंडे इसलिए नहीं दे रही थी क्योंकि धर्मन्द्र से दूर जाने पर मछली उदास रहने लगी थी। अगले दिन सुबह राजा उससे मिलने जाता है और उसे सब सत्य बताने के लिए कहता पर कुछ काम नहीं आता। राजा ने उसे धमकी दी कि अगर वह उसे दो दिनों के अंदर सब सत्य नहीं बताया तो वह उस मछली को पानी से बाहर निकालकर तड़पकर मरने के लिए छोड़ देगा। यह सब सुनकर धर्मन्द्र

थोड़ा धबरा गया। उसी रात सेनापति उसके पास जाता है, और उसी कारावास से भगा लाता है। सेनापति धर्मन्द्र को सिपाहीवाले पोशाक देकर पहनने को कहता है। क्योंकि प्रजा से साथ-साथ मंत्री और सेनापति तथा कई दरबारी राजा से नाखुश थे। तभी धर्मन्द्र राजा के खिलाफ़ वेणुगोपाल की जंग छेड़ने की बात करता है। इस बात पर सेनापति समहमती दिखाते है।

धर्मन्द्र बाहर खड़े सैनिकों में सह बात फैला देता है की राजा उनसब की आमदनी कम कर देगा। यह बात सुनकर सारे सैनिक पेहरेदारी छोड़ हड़ताल पर बैठे जाते है। उनसब में से कुछ धर्मन्द्र के भी साथी थे। धर्मन्द्र उनसब को लेकर राजा के कक्ष में हमला कर देते है। जब राजा यह देखता है तो वह भी अपनी शमशीर उठा लिया और उनसब से लड़ने आ गया। इस कुछ देर की लड़ाई के बाद राजा की मृत्यु ही जाती है। अगले सुबह मंत्री की उसी राज्या नया राजा नियुक्त किया गया और धर्मन्द्र की उसकी मछली वापस मिल जाती है। धर्मन्द्र भी अब पहली की तरह जारा की मदद से लोगों की मदद करने लगा। नये राजा के आने से राज्य में खुशियाँ छा गयी।





Ankit Kumar  
X, 6476



आदर्श विद्यार्थी प्रतिदिन निर्धारित समय पर नियमित रूप से विद्यालय आते हैं व अपरिहार्य कारण होने पर पूर्व स्वीकृति से ही छुट्टी पर रहते हैं तथा छुट्टी के कारण इस अध्ययन की क्षति-पूर्ति स्वयं की जिम्मेदारी से तुरन्त करते हैं। आदर्श विद्यार्थी अपने बैग में सभी आवश्यक पाठक सामग्री, कॉपी, किताब, पेन, पेन्सिल आदि टाइम टेबल के अनुसार आवश्य लाते हैं तथा उनकी स्वयं देखभाल करते हैं। आदर्श विद्यार्थी प्रत्येक कालांश में अध्यापक के पहुँचने से पूर्व ही अपनी पाठ्य सामग्री के साथ तैयार होकर बैठते हैं तथा अध्यापक के आगमन पर उनका खड़े होकर सम्मान सहित अभिनन्दन करते हैं। आदर्श विद्यार्थी पूर्ण अनुशासन, शांति एकाग्रता व रुचि पूर्वक ध्यान लगाकर अध्ययन करते हैं व कक्षा का वातावरण सौहार्द पूर्ण बनाए रखते हैं। तथा अपने गुरुजनों व अपने सीनियर के निर्देशों का पूरा सम्मान करते उस पालन करते हैं। आदर्श विद्यार्थी जो पाठ/अंश/यूनिट पढाई जाने वाली हैं उसे पहले छात्रवास (हाउस) से पढ़कर आते हैं व कठिन बिन्दु नोट या आडरलाइन कर लाते हैं। उसे कक्षा में एकग्रता पूर्वक समझते हैं।

फिर छात्रवास (हाउस) जाकर दुबारा उस दोहराते हैं। जो बिन्दु या टोपिक समझ में नहीं आये उसे तुरन्त अगले ही दिन समझ कर ही दम लेते हैं। आदर्श विद्यार्थी अपना

## आदर्श विद्यार्थी के लक्षण

लिखित कक्षा एवं होमवर्क सुंदर लिखावट एवं प्रस्तुतीकरण के साथ समय पर व नियमित रूप से पूर्ण मनोयोग से समझते हुए परिश्रमपूर्वक स्वयं करते हैं। आदर्श विद्यार्थी विद्यालय के प्रत्येक टेस्ट एवं परिक्षाएँ पूरी तैयारी व श्रेष्ठतम परिणाम लाने की भावना की लापरवाही अथवा अनुचित साधनों का प्रयोग कभी नहीं करते। आदर्श विद्यार्थी विनम्र एवं जिज्ञासू होते हैं तथा जीवन के प्रति सकारात्मक दृष्टिकोण रखते हुए हमेशा आगे बढ़ने के लिए प्रयत्नशील रहते हैं। आदर्श विद्यार्थी विद्यालय की प्रत्येक शैक्षिक एवं सह-शैक्षिक गतिविधियों में बढ़कर भाग लेता हैं। तथा उतर दायित्वों को ग्रहण करते हुए अपने सर्वांगीण विकास हेतु सदैव तत्पर व जागरूक रहते हैं। आदर्श विद्यार्थी हाऊस (छात्रवास), विद्यालय दोनों स्थानों अपने आचरण, चरित्र, व्यवहार, बोल-चाल, हाव-भाव दिनचर्या में उच्च आदर्शों का पालन करते हैं, किसी भी बुरी आदत से बचते

हुए हमेशा दुसरों के लिए आदर्श व श्रेष्ठ उदाहरण प्रस्तुत करते हैं। आदर्श विद्यार्थी विद्यालय की प्रत्येक सम्पत्ति की सुरक्षा व देखभाल करते हैं तथा किसी भी भ्रष्टाचार को सामूहिक जिम्मेदारी मानते हैं। आदर्श विद्यार्थी अपने आप की शारीरिक एवं मानसिक रूप से स्वस्थ रखने के चार्ट के अनुसार भोजन लेते हैं एवं याली से झूठा नहीं छोडते और शारीरिक स्वस्थ रहने के लिए विद्यालय द्वारा निर्धारित खेलकूद, व्यायाम आदि में बढ़ चढ़ कर भाग लेते हैं। आदर्श विद्यार्थी विनम्र, सहनशील गुणवान, आज्ञाकारी, गुरुजन, माता-पिता एवं प्रत्येक व्यक्ति का सम्मान करने वाला, काक की चेष्टा रखने वाला, बगुले के सामान ध्यान वाला, रवान की तरह निद्रा वाला, उच्च चरित्र वाला होता है। आदर्श विद्यार्थी सदैव परिश्रम को ही पूरा महत्व देता है। वह परिश्रम को ही सफलता की कुंजी मानता हैं क्योंकि प्रसिद्ध कहावत (उक्ति) हैं।

उद्यमेन हि सिद्धन्ति कार्याणि न मनोरथैः !  
न हि सुप्तस्य सिंहस्य प्रविशान्ति मुखे मृगः  
अर्थात् कुछ भी हसिक करने के लिए मेहनत करनी पड़ती है, सिर्फ सोचने से कुछ नहीं होता। जैसे सोते हुए शेर के मुँह में भी हिरन अपने आप नहीं आ जाता।





## माफी से नई जिंदगी की शुरुआत



Vignesh Jeet  
6564, X

मनुष्य कभी भी निपुण नहीं हो सकता है। सिर्फ भगवान ही इसमें सफल है। हम अक्सर गलतियाँ करते रहते हैं और कभी तो अशुद्ध वाणी से दूसरे को चोट भी पहुँचा सकते हैं। इन सबसे अच्छा है कि हम अपनी गलती का पश्चाताप करके उससे माफी माँगा ले जिसको हमने दुख पहुँचाया है। माफी माँगने से कोई छोटा नहीं पड़ जाता और न ही उसकी पानी (इज्जत) कम होती है। बल्कि इससे तो हमारा सम्मान दूसरों के सामने और ज्यादा बढ़ जाता है।

ऐसा तो कहा भी जाता है कि गलती मनुष्य करता है और उसकी माफ़ कर देना महान का है। लेकिन असलियत में गलती का पता करके उसे सुधारना एक महान काम है। माफी जख्मों को भर देता है और मनुष्य को रिश्तों को और मज़बूत बनाता है।

“बाइबल” भी माफी माँगने को अच्छा काम दर्शाता है। दुनिया रहने को अच्छी बन जाए अगर इसमें गलती मांग लेने वाले व्यक्ति और माफ़ कर देने वाले व्यक्ति साथ में रहने लगे। यह वाक्य तो सच है कि माफ़ी हमें नई जिंदगी की शुरुआत करवाता है।

एक अध्यापक ने जवान व्यक्ति को पूछा, “तुम बी एस सी (एच) की परीक्षा पास कैसे हो गए।” व्यक्ति को दुख हुआ और उसने भी जवाब दे दिया, तुम्हें तब पता चलेगा जब तुम्हारा बेटा करेगा। लेकिन बाद में दोनों को दुख हुआ और उन्होंने अपनी गलती का पश्चाताप कर लिया ऐसी स्थिति में तम्हें हमेशा शुद्ध वाणी का प्रयोग करके गलती मार लेनी चाहिए।

यह भी आवश्यक है कि हमारा पश्चाताप दिखाने के लिए न होकर, असली हो।

अकसर हम जब दूसरी को चोट पहुँचाते हैं तब हम किस्मत का खेल मानकर दूसरी को कोसते रहते हैं। अंदर ही अंदर यह बंद एक जहर का काम करता है और रिश्तों का दौर संक्रमण से गुज़र जाता है। गलती को मान के सुधारना, रिश्ते को मज़बूत गोद से चिपका कर रखता है।

माफी तो भगवान के सामने भी माँगी जाती है, तो मनुष्य तो माफ़ कर ही देगा। भक्त ईश्वर के दरबार पर जाकर उससे माँफी माँगता है और अपने डर पर विजय भी पाता है। माफी न माँगने से हमें तनाव भी होता है। अतः माफी माँगना और माफ़ करना ही उच्च काम है क्योंकि यह मनुष्य को तनाव से दूर रखता है और एक-दूसरों के बीच के रिश्ते को भी मज़बूत करता है।

जहाँ के खेतों में हो हरियाली।  
वहाँ की लोगों में है भाइचारा।  
जहाँ हो कश्मीर जैसा जगह।  
वहाँ हो कश्मीर जैसा स्वर्ग जगह।  
जहाँ जन्म हुआ हो राम लक्षामण जैसे वीर।  
वहाँ बहती हो कृष्ण कावेरी जैसी पवित्र नदियाँ।  
जहाँ रहता हो सभी धर्म के लोग एक साथ  
वहाँ बोली जाती है सैकड़ों लोग एकमत।  
जहाँ के नाम पर महासागर का नाम है।  
वहाँ की मातओं में हीती है दया।  
जहाँ जन्म हुआ हो राजेन्द्रप्रसाद, नेहरू,  
गाँधी जैसे नेता।  
वहाँ है मेरा जन्मदेश भारत।



## ऐसा है मेरा भारत



Kashinath Sajjan  
IX, 6603





Adithya Tiwari  
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## अपने पसीने की कमाई की इज़्ज़त

आजमगढ़ के एक इलाके की बात है। आजमगढ़ के इलाके के लोग बहुत गरीब थे लेकिन मेहनती थे। उस शहर में एक परिवार रहता था जिसमें केवल एक लड़का, पिता और माता थे। पिता एक गरीब लकड़हारा थे जो बारिश और धूप के परवाह किए रोज़ जाकर जंगल में लकड़ी काटते थे और वहाँ से दो मील दूर शहर में जाकर बेच देते

थे। जो भी पैसा मिलता उससे परिवार का पालन-पोषण करता।

जब पिताजी घर लौटते तो उनका बेटा उनसे पैसे माँगता और अपने दोस्तों के साथ जाकर मौज-मस्ती करता उस समय पिताजी बिना हिचकाए और बिना एक शब्द पूछे उसे पैसे दे देते थे। समय बीतता गया।

उस लड़के को नौकरी मिल गई और वह अच्छा-खासा कमाने लगा।

एक दिन अचानक उसके पिता की तबीयत खराब हो गई और बदकिशमती से वह लकड़ी बेचने नहीं जा सके। उनका बेटा घर वापस आया तो उससे बिना कुछ बताए उससे पैसे माँगे लेकिन उनका बेटा उन्हें पैसे देने से इंकार कर दिया, यह कहते हुए कि उसके पास बहुत ही कम पैसे बचे हैं। धीरे-धीरे उसके पिता की तबीयत बद से बदतर होते गई और आखिर कार उसके पिताजी चल बसे।

इससे यह दूध की तरह साफ होता है कि अगर बेटा अपने माता-पिता से कुछ भी माँगे, भले वह जीकर ही क्यों न हो, कोई माता-पिता इंकार नहीं करता है।

सीख: अपने पसीने की कमाई सबको प्यारी होती है। इसलिए हमें माता-पिता के पसीने की कमाई को समझना चाहिए न कि उसे मौज-मस्ती में उड़ा देनी चाहिए।

एक समय की बात है कि एक शहर में एक छोटा-सा परिवार रहता था। उस परिवार का नाम नियाती था और उस परिवार का मुखिया धर्मवीर सिंह था। वह पेशे से अध्यापक और उसकी पत्नी छोटा मोटा व्यापार चलाती थी। उनकी एक बेटी भी थी। धर्मवीर का परिवार मध्य वर्ग का परिवार था। दीपावली का त्योहार था। दीपावली का त्योहार जैसे तो दीपो का त्योहार माना जाता है। परंतु इस त्योहार में धर का खर्च भी बहुत होता है। उसकी स्थिति कुछ ठीक नहीं थी। उसपर घर वालों की भी तनाव थी, क्योंकि पड़ोसी नई-नई चीज़ें खरीद रहे थे। परंतु धर्मवीर का परिवार रुखा-सुखा था।

उस पर घर वालों का भी दबाव था। वह अपने परिवार में खुशियाँ कैसे लाएगा। इस चीज़ के दबाव में धर्मवीर पूजा करने मंदिर चला जाता है। वहाँ पर अपनी स्थिति भगवान से कह रहा था। तब ही उसका मित्र मोहन यह सब सुन लेता है। फिर वह जल्दी से अपनी दुकान पहुँचता है। वहाँ

वह इस परेशानी का हल खोजने लगता है। क्योंकि धर्मवीर की मित्र या पड़ोसी से पैसे माँगना अच्छा नहीं लग रहा था। इसलिए उसने पैसे भी नहीं माँगे थे। इस के बारे में सोचते हुए मोहन अपना दिमाग लगाता है। दूकान के पास गरीब विधवा संस्था थी। मोहन ने वहाँ जाकर संस्था चलने वाली महिला को पैसे दिये और कहा कि धर्मवीर

के घर जाओ और उसकी पत्नी से पापड़ और आचार खरीदकर लाओ। जिसे यह हुआ कि धर्मवीर के घर पर पैसा आए और महिला संस्था को आचार और पापड़ मिले। जिसे धर्मवीर के घर में भी खुशी आई और गरीब महिलाओं को व्यापार शुरू करने का मौका मिला।



## प्यारा मित्र



Harsh Kumar  
X, 6207





Shubham Bhushan  
XI, 6125

यह दुनिया दो पहलुओं के समावेश से बसी है। संपूर्ण विश्व में दो श्रेणियाँ हैं। एक कामयाब लोगों की दूसरी नाकामयाब लोगों की। आखिर ने दोनों में क्या असमानता है? मेरे अनुसार दोनों में केवल एक चीज़ भिन्न है - अपने लक्ष्य और अपने सपने को कितनी मेहनत और समर्पित कर उस

तक पहुँचना। प्रत्येक व्यक्ति अपने जीवन का उद्देश्य अपने बचपन में ही तथ्य कर उसी तरह अपने आप को ढाल देता है। यह सब बालक तब सोचता है जब वह परिपक्व होने लगता। किंतु इससे पहले का जो समयकाल वो किसी स्वर्ग से कम नहीं। इसमें एक व्यक्ति समाज की तमाम बुराईयों

और कुरीतियों से दूर अपना यह समय जीता है। यह काल सभी व्यक्ति करुणा, मस्ती, उल्लास, उमंग और वाल्सल्य में जीते हैं। यह समय उनके जीवन का सबसे यादगार और स्वर्गीय पलक होता है। किंतु वे इससे अनभिज्ञ अपना समय निकाल देते हैं।

जब कोई वृद्ध या बड़ा व्यक्ति उन्हें दिखता है। तो उन्हें भी अपनी समृति यदि आ जाती जिसमें वो अपने माता-पिता के साथ बाहरी दुनिया से बेखबर अपने इस आनंदमय रस्त से मेरे इस अविधि को जीते। प्रत्येक व्यक्ति चाहता है कि वह कभी भी इस दुनिया ओर इसकी बुराईयों से परिचित हो वो अपना सारा जीवन इसी वात्सल्य में जीना चाहता है। क्या खूब मेरे मस्तिष्क में यह बात आ गई है।

इन बच्चों को क्यों ना उनके हाल पे छोड़े दिया जाए, क्यों ना इनको इनका जीवन इन्ही के तरीके से जीने दिया जाए, कृपया कर इन बच्चों का बच्चा रहने दिया जाए।

विज्ञान ने आज पूरी दुनिया को बदल कर रख दिया है। विज्ञान के माध्यम से मानव के जीवन को कई सुविधाएँ मिली हैं, जिसके माध्यम से वह दिन-प्रतिदिन प्रगति करता जा रहा है। विज्ञान के माध्यम से हम चंद्रमा पर पहुँच चुके हैं। पहले के लोगों ने कल्पना भी नहीं की होगी कि हम चाँद पर पहुँच जायेंगे लेकिन यह संभव हो गया।

आज हम टीवी, रेडियो, मोबाइल जैसे संसाधनों का उपयोग कर रहे हैं। यह सब विज्ञान की देन है। आज विज्ञान के माध्यम से हम एक शहर से दूसरे शहर घंटों में पहुँच जाते हैं और पुराने समय में हमें १० से १२ दिन लग जाते थे। आज विज्ञान हर क्षेत्र में उपलब्धि हासिल कर रहा है। चाहे वह यातायात का क्षेत्र हो या फिर चिकित्सा का क्षेत्र हो, दूरसंचार केंद्र का क्षेत्र हो सभी क्षेत्र में विज्ञान प्रतिदिन तरक्की करता जा रहा है। वैज्ञानिक की इस मेहनत को हम सलाम करते हैं और वैज्ञानिकों के मेहनत

के कारण ही हम उनके द्वारा बनाएँ गए और सभी संसाधनों का उपयोग कर रहे हैं। विज्ञान ने हमारे देश के लिए बहुत कुछ किया है, आज हमारा देश बहुत मजबूत हो चुका है, हमारे देश के पास कई ऐसे हथियार हैं, जो युद्ध के दौरान हमारे देश की रक्षा करते हैं। कई मिसाइल आज हमारे भारत के पास हैं। अगर कोई देश हमारे देश पर आक्रमण करता है तो हमारा देश उसे नष्ट करने की क्षमता रखता है। मुझे इस विज्ञान के बहुत गर्व है।



Roshan Menon  
VIII, 6388

## वैज्ञानिक प्रगति





Madhav Raj  
VII, 6493

## अद्भुत अंतरिक्ष



अंतरिक्ष की यात्रा फिलहाल मानव जाति की असंभव लग रहा है कि आम आदमी भी इसने खुबसूरत अंतरिक्ष को देख पाएगा। अभी तक तो अंतरिक्ष में जाने के लिए बहुत बड़ा खर्चा पड़ता और बहुत ही कम लोगों को इसका मौका मिलता है। सन् 1969 में अमरिका ने अपोलो 11 मिशन शुरू किया था और कुछ लोग इतिहास में पहली बार चाँद पर कदम रख पाए थे जो कि मानव जाति के लिए बहुत बड़ी सफलता थी। उसके बाद से और नए - नए मिशन आए जो चाँद पर जाकर जीवन की खोज कर सके। हमारे भारत में राकेश शरमा ऐसे

पहले भारतीय थे जो अंतरिक्ष में जा सके थे। आने वाले समय में ऐसी बहुत सारी कंपनियाँ आएँगी जो कि आम आदमी को अंतरिक्ष धूमना संभव बना देगी और अंतरिक्ष की यात्रा मानव जाति की एक सपना कभी फिर नहीं लगेगा। हमारे देश और विदेश में दिन व दिन ऐसे नए-नए वैज्ञानिक उत्पन्न हो रहे हैं जो इस विषय पर दिन रात खोज कर रहे हैं। अंतरिक्ष में जाने से हमें यह फायदा होगा कि हम और जान पाएँगे कि पृथ्वी को छोड़कर अंतरिक्ष में और किसी ग्रह पर जीवन मौजूद है या नहीं।



Aman Raj Gupta  
X, 6533

## मैं क्या लिखूँ आज फिर?

मैं हूँ उदास आज फिर,  
मैं क्या लिखूँ आज फिर ?  
खून से लथपथ अखबार मिला  
आज फिर,  
दर्द में डूबी है मानवता आज फिर।  
क्या दर्द-है-दोस्तो है सिरिया का ?  
क्या हाल-एनदिल है अफ़गानी का ?  
सवा है मानवता हर गली में  
मैं क्या लिखूँ आज फिर ?  
हुआ होगा काला दामन मोहतरमा का  
चला होगा गोली किसी सीने में  
कुछ इस तरह रक्तंजित  
अखबार मिला  
मैं क्या लिखूँ आज फिर ?  
है इस तमन्ना मेरे दिल का,  
रहे सब कोई मिल कर,  
पर है जहाँ का यथार्थ उलटा  
मैं क्या लिखूँ आज फिर ?



Qayam Raza  
VII, 6520



मैं था वह पागल जो सोच रहा था कि मेरा देश क्या है? वेद, कुरान, बाइबल आदि पढ़ने से पता चला। आर्यावर्त, हिन्दुस्तान, भारत और इंडिया है जिसका नाम, लेकिन इन सब को एक करना है हमारा काम। कन्याकुमारी से लेकर हिमालय तक है हमारी सीमा बड़े-बड़े नेता लोग पैदा यहाँ हुए जैसे महात्मा गाँधी, चाचा नेहरू और सरदार वल्लभाई पटेल। तमिल, कन्नड़, मलयालम और तेलगू जैसी भाषाएँ अजीब

लगती हैं लोगों की वेश-भूषाएँ। कश्मीरि, उर्दू, पंजाबी, तुलू, मराठी और बंगला भारतीय सस्कृति को बनाती हैं रंगीला। सभी भाषाओं को जोड़ने वाली भाषा है हिन्दी जैसे भारत माता के माथे पर रखी हुई बिन्दी विश्व में अगर कोई स्वर्ग हो तो वह है हमारा भारत महान।

जय हिन्द  
जय भारत





SABARINADH J,  
X, 6241



## कैंडीलैंड में मेरा प्रवेश

मैं टूशन के बाद अपने घर लौट रहा था। शाम के छः बज रहे थे। मैं एक दूकान से गुज़रा। दूकान का नाम था कैंडीलैंड। मेरे पास दो सौ रुपये थे। मैं चार महीने से पैसा बचा रहा था। मैं कुछ अच्छा खरीदने की उम्मीद से अंदर घुसा। बहुत सारे कैंडी थे उधर। सारे किस्म के कैंडी एक स्त्री मेरे पास आई। वह मुझ से बोली, “मेरा नाम प्रिया है। तुम्हें कौन सा कैंडी चाहिए?” मैं इतने सारे कैंडी को देखकर आश्चर्य चकित था। मैं बोला, “मैं थोड़ी देर में बताता हूँ। बहुत सारे हैं इधर।” मैं थोड़ी देर इधर उधर धूमने लगा। मैं एक छोटा सा दुकान देखा। उसके सामने लिखा था 'मत घुसना। मैं बस

अंदर क्या है जानने के लिए मैंने दरवाज़ा खोला। एक तेज़ रोशनी मेरी आँखों पर पड़ी। मैं बेहोश हो गया।

मैं जब आँख खोला तो मैं एक द्वीप में था। वह द्वीप पूरा कैंडी से भरा था। वहाँ सबकुछ कैंडी से बना हुआ था। पेड़, घास सब। मैं वहाँ एक बोर्ड देखता हूँ। 'कैंडीलैंड' लिखा हुआ था। मैं थोड़ा ऐसा चल रहा था कि मैंने एक चीज़ देखी। एक इनसान का खोपड़ा। मैं वह देखकर बहुत डर गया। लेकिन वह खोपड़ा भी कैंडी में बदल चुका था। मैं पीछे मुड़ा तो मैंने एक लाल पैर देखा। वह बहुत बड़ा था।

थोड़ी देर बाद वह हिलने लगा तब मुझे पता चला कि वह एक राक्षस का पैर है। मैं वापस डरगया। वह राक्षस जब उठा तो मुझे अजीब लग क्योंकि वह पूरा कैंडी का बना हुआ था। वह मुझे मारने के लिए हाथ मेरे ओर बढ़ाया। उसी वक्त मैं नींद से उठ गया। सुबह के छः बज रहे थे। मैं स्कूल जाने तैयार हो गया। मैं घर से निकला। रास्ते में मैंने एक दूकान देखा जिसे देखकर मैं डर गया। उस दुकान का नाम था..... 'कैंडिलैंड'।

## RIDDLES

- Who is the greatest traveller?  
- Money
- What has leaves but is not a tree? - Book
- What kind of dress you have, but never wear? - Address
- What is useful only after it is broken? - An egg
- Take off my skin. I won't cry but you will cry? - Onion.
- What is it that goes up and never comes back? - Your Age.
- Which building has the most stories?! - Library
- What is full of holes but still hold water? - Sponge
- What has a mouth but cannot eat, it moves but has no legs and has a bank but cannot put money in it? - River
- What kind of coat can be put on only when wets. - Rain coat



Ragendhu Gireesh  
X, 6199





KARTIK DIXIT  
X, 6563

# माता-पिता द्वारा सिखाया हुआ ज्ञान

बालकों की प्रथम पाठशाला उनका घर होता है। बालकों के जीवन में उनके माता-पिता की प्रमुख भूमिका होती है। हम जैसे सभी बालकों के प्रथम शिक्षक हमारे माता-पिता ही होते हैं। सभी बालकों के अंदर उनके माता-पिता की सोच, गुण और उनके दिए गए संस्कार होते हैं। माता और पिता दोनों अपने बच्चों को सफल होते हुए देखना चाहेंगे।

सभी बच्चों पर उनके माता पिता का स्वभाव, सोच, रूचि आदि का प्रभाव पड़ता है। लेकिन सभी माता-पिता एक ही प्रकार या सोच के नहीं होते हैं। सभी माता - पिता अपने बच्चे के प्रति अलग-अलग व्यवहार होता है।

कई माता-पिता ऐसा सोचते हैं कि हमने पढ़ाई नहीं की और पढ़ाई करने के नाम

से दूर भागते थे तो फिर हमारे बच्चे नहीं पढ़ें तो इसमें कोई अर्चभित करने की बात नहीं है। कई माता-पिता ऐसे होते हैं जो अपने बच्चों को बहुत डाँटते और चिल्लाते होंगे पढ़ने के लिए, लेकिन तब भी वह बच्चा तस से मस नहीं होता। कई माता-पिता ऐसे होते हैं चाहे ही वो बहुत कम पढ़े हो लेकिन तब भी अपने बच्चों की इतना पढ़ा देते हैं कि किसी भी स्कूल में अच्छे अंको से पास हो जाएगा।

कई बच्चे अलग प्रकार के होते हैं जैसे कि कुछ बच्चे बहुत ज्यादा समय अपनी पढ़ाई में व्यतीत करते हैं। तब भी उनके कम अंक आते हैं या फिर वह जलदी भूल जाते हैं। और कुछ

ऐसे जो कम समय में बहुत ज्यादा पढ़ लेते हैं और हमेशा याद रखते हैं। और बच्चा उतना ही कामयाब होता है जो शिक्षा उन्हें उनके माता-पिता से मिलती है। माता-पिता हमारे लिए चाहे तो गुरु, भगवान हो या रक्षक हो सभी बनकर भी अपने बच्चों की देखभाल करते हैं।

अंततः : मैं यही कहना चाहूँगा कि भले ही हमारे माता-पिता हमें खुद से इतनी ज्यादा किताबी शिक्षा न दे सकें हो लेकिन जिंदगी जीने का तरीका क्या सही है? और क्या गलत है? ये सभी हमारे माता पिता के अलावा कोई नहीं सिखा सकता। उन्होंने अपनी सुख-सुविधाएँ छोड़कर हम लोगों को पढ़ा रहे हैं, वे इतना मेहनत कर रहे हैं। अब हमारा कर्तव्य बनता है कुछ बड़ा करके अपने सपने पूरे करके माता-पिता को उनके सुख - सुविधाओं को वापस करने का।



हम मनुष्य इस संसार के सबसे विकसित प्राणि हैं। हमारे पास सबसे ज्यादा विकसित दिमाग है। उस छोटे से दिमाग में छुपा होता है हमारा मन।

मन इस दुनिया के सबसे तेज चलने वाली चीजों में पहले स्थान पर है, क्योंकि इसकी रफ्तार को मापने की वस्तु ही नहीं है। किसी महापुरुष ने ठीक ही कहा है “मन के हारे हार और मन के जीते जीत” यदि हम मन को काबू कर लें तो हमारा नाम इतिहास के पन्नों में दर्ज होगा। न्यूटन, आईन्सटाइन, नेपोलियन, कलाम, न जाने ऐसे कितने और महापुरुष हैं जिन्होंने मन को काबू कर, इस दुनिया को नया राह दिखाया है।

मेरे मन में एक कहानी आ रही है जिसे मैं इस क्षण में आप तक पहुँचाता हूँ। एक गरीब के घर में जन्म बालक जिसे घर चलाने तथा अध्ययन करने के लिए अखबार बेचना पड़ा। इस छोटे से बच्चे के मन में एक बड़ा सा सपना था। उसे हवाई जहाज़ का पायलट बनना था।

अपने मेहनत तथा लगन से यह बच्चा मद्रास के किसी कॉलेज में अपनी आगे की पढ़ाई करता है। वह अपने सपने के प्रति इतना लगन था कि उसने भौतिकी तथा रॉकेट इंजीनियरिंग को पढा। पढ़ाई पूरी करने के बाद उसे एक छोटा - सा कार्य मिल जाता है। यह बालक भारतीय वायु सेना में भर्ती होने की ठान लेता है क्योंकि वायु सेना उसे पायलट बना देता। दौर्भाग्यवश पायलटके लिए केवल आठ लोगों की जरूरत थी और यह बच्चा नौवे रैंक पर था। इस बालक को वहाँ से निकाल दिया गया जिसे हम एस.एस.बी. कहते हैं। यह बालक अब व्यक्ति बन चुका था। इसने एक शोधकर्ता का काम सम्भाला तथा अपने मेहनत से उसने भारत के आई. एम.आर.ओं.मे अपनी जगह बनायी। इसके बाद वह भारतीय सेना के लिए नई-नई मिसाइल बनाने में अपना हाथ बटाया और न जाने कैसे - कैसे मिसाइलों को बनाया। इनमें से कुछ मिसाइल है - नाग, नटराज, आकाश। आगे चलके यह व्यक्ति भारत में ‘मिसाइल मैन’ के नाम से प्रसिद्ध हुआ। कुछ वर्ष बाद इन्हे भारत का राष्ट्रपति

## काश सपने कभी हक्कित होते तो क्या होता ?

यानि सर्व प्रथम नागरिक तथा तीनों सेना का सुप्रिम कामान्डर का पद संभाला। उसके बाद इन्होंने उड़ने के सपने के साकार कर दिखाया। इन्होंने अपने कठिन परिश्रम से छः महीने में सूकाई सू-३०-एम.के.आई जैसे लड़ाकू विमान को उड़ाया। इस मशहूर व्यक्ति का नाम है डॉ.ए.पी.जे अब्दूल कलाम। इन्होंने सपने के बारे में कहा है कि “सपने वो नहीं जो हम सीते वक्त देखते

है। सपने वो होते हैं, जो हमें सोने ही न दे।”

डॉ. कलाम हमारे देश के अनगिनत युवा के लिए एक प्रेरणा है जिन्होंने असफलता के साथ सफलता को प्राप्त कर अपने सपने को यथार्थ में तबदील किया है।

अंतः हमारे सपने, बिना मेहनत लगन और कामयाब के कारण सपने ही रह जायेंगे।



Sooraj Suresh  
XI, 5979





Aaditya  
X, 6209

## A Trip to Kathmandu

I embarked on a journey, traveling by train to Kathmandu with my parents. Our adventure commenced on a Tuesday as we arrived in Kathmandu. We stayed at Sherpa's Lodge, hosted by a kind elderly woman with a head full of white hair. She graciously provided us with a room overlooking the bustling streets below.

The next day, we ventured to Namche Bazaar, a vibrant market brimming with diverse goods. Over the course of 8 days, we explored Kathmandu, staying at a hotel called Rinki Sherapa, which offered accommodations at half the price of other options. The air was filled with a refreshing

breeze as we navigated through the main market area.

During our time in Kathmandu, we embarked on a memorable excursion to a nearby picnic spot where we caught sight of the majestic Mt. Everest, the highest peak in the world. I was astonished by its grandeur and significance in the Himalayas. When I inquired about its name, our guide informed me that it is also known as Sagarmatha, a term I had encountered in my studies.

Curious about the name Everest, I asked my father for clarification. He explained that while Everest is commonly used, the local name, Sagarmatha, holds cultural significance. He

elaborated that Sagarmatha translates to "forehead of the sky" or "peak of heaven," reflecting the mountain's towering presence.

Furthermore, our guide shared insights into the Himalayas, explaining how the strong winds in the region disperse particles, creating an ethereal atmosphere. We were also privileged to visit the home of a local Sherpa family, where we learned about their way of life and traditions.

As our time in Kathmandu drew to a close, I reflected on the beauty and mystique of the Himalayas, feeling grateful for the opportunity to experience such a remarkable journey. Eventually, we returned home, carrying memories of our adventure and the breathtaking landscapes of Nepal with us.





Aibel Sumesh  
XII, 5876

In the pursuit of success, a robust determination towards a goal is often considered the driving force. Success, however, is not just a distant dream but an achievable feat for those who diligently work towards it. The evolving world, shaped by changing perspectives, places the future firmly in our hands, urging us to adapt and grow.

One significant challenge that often looms large in the journey to success is the fear of failure. Yet, failure is not a matter of defeat but an inherent part of life's learning curve. As the saying goes, "Fail" can be seen as an acronym for 'First Attempt in Learning.' It is a reminder that setbacks are not roadblocks but stepping stones towards improvement.

In the face of failure, individuals are presented with a choice—to either succumb to adversity or to make strategic adjustments and persevere. The world is filled with instances of iconic figures who faced failures head-on and emerged victorious. Quitting after a setback is a choice, and the true measure of character lies in the ability to regroup, learn, and forge ahead.

Prominent historical figures like Subash Chandra Bose, Bhagat Singh, and Mahatma Gandhi exemplify the resilience needed

to bring about significant changes. Their commitment to the cause of freedom and justice reshaped nations and continues to inspire us today.

The key to success lies not in avoiding failure but in viewing it as a vital part of the journey. As life changes rapidly, success is achieved by adapting to one's surroundings without compromising on principles. Success is not a shortcut; rather, it demands hard work, determination, and a willingness to learn from failures.

Criticism is an inevitable part of the journey towards success. People may object, criticize, or doubt your decisions. However,

truly successful individuals rise above the negativity, staying focused on their goals. The ability to ignore naysayers and persevere through challenges is a hallmark of those who reach great heights.

In essence, success is a journey marked by resilience, adaptability, and an unwavering commitment to one's goals. Embracing failure as a natural part of the process and learning from it paves the way for eventual triumph. As the world changes around us, it is our responsibility to pull up our socks, face challenges head-on, and navigate the path to success with determination and grace.



## *Embracing Failure on the Path to Success: A Lesson from Inspirational Figures*





Manjith MG  
X, 6197

# Enhance Your Own Quality

Once upon a time, there lived a boy who excelled in his studies. Consistently achieving scores above 20 out of 25 marks, he found joy in his academic accomplishments. However, his parents did not share the same enthusiasm. Blaming the teachers and dissatisfied with his performance, they decided to enroll him in math tuition.

Despite his success in scoring 24 out of 25 in a subsequent math test and maintaining above 20 in other subjects, his parents continued to press for perfection. They insisted on a flawless 25 out of 25, leading the boy to attend tuition for all subjects. This well-intentioned decision, however, took a toll on his overall academic performance.

Once the class topper, he struggled to juggle tuition assignments with regular schoolwork and activities, gradually falling behind.

Witnessing their son's decline, his parents were disheartened. Recognizing the impact, the boy bravely approached his parents and sought permission to take a break from tuition. Surprisingly, they agreed.

During this hiatus, the boy committed himself to self-improvement. Diligently completing homework, school assignments, and studying hard, he achieved remarkable results – a perfect 25 out of 25 marks in every subject, reclaiming his position as the school's top performer.

The moral of the story is evident: true improvement stems from within. While external support can be beneficial, the journey to enhance one's quality is a personal endeavor. Seize control of your growth, for you possess the power to elevate your own quality.





Aadil K Gopal  
VII, 6456

## Sainik School Portals

Upon stepping into the portals of Sainik School, a cascade of questions flooded my mind. Who would be my roommate? What would my assigned house be like? Who will become my companions? How stringent are the wake-up routines? Will the atmosphere be intense, filled with serious individuals? Despite being in the 7th grade, the realm of Sainik School remained a mystery to me.

As I traversed through the gates, the initial uncertainty transformed into a serene revelation. The surroundings were adorned with fresh, vibrant greenery. The air was filled with the happy chatter of families and children sharing the weight of anticipation. This transition brought a calming vibe, turning the initial apprehension into a beautiful moment.

As my car ascended uphill, the scene unfolded like a paradise. Though I had only witnessed

and heard about Sainik School through videos, the reality struck me with pride and prestige. The prospect of studying here filled me with a sense of accomplishment.

Upon arrival, the beating heart and the heavy silence were met with questions about my housemaster. Would he be welcoming? What would his demeanor be like? Amidst these inquiries, I saw the happiness radiating from the eyes and face of my housemaster as he welcomed cadets, year after year. His eyes glittered with pride.

The lifelong memory unfolded as my parents left the premises, and I entered the wing simultaneously, joining the ranks of those who had walked this path before me. The moment was filled with a mix of emotions – anticipation, hope for a bright future, and the sheer pride of being a part of this esteemed institution.





Riddish K Pillai  
VII, 6473

## Unlocking Life's Potential Through Habits

Our lives are sculpted by the subtle intricacies of our habits, from seemingly insignificant nail-biting to the more noticeable inability to settle. The cultivation of habits is a fascinating journey, often initiated by mindless activities that may not seem significant to us but can create a lasting impact when observed by others. Notably, habits aren't inherently bad; they encompass both constructive and detrimental patterns.

Positive habits, such as making your bed every morning or brushing your teeth after each meal, contribute to a disciplined and well-mannered persona. On the flip side, negative habits like waking up late or neglecting basic cleanliness signal a lack of discipline. Developing habits is not an abrupt process; it takes time, typically three to four weeks, and persistence is key.

Certain habits reflect a person's character throughout their life. Waking up early, engaging in regular exercise, and maintaining orderliness are often indicative of a disciplined individual. Conversely, habits like

procrastination and neglecting personal hygiene may suggest a lack of self-discipline.

The age-old adage that breaking bad habits takes longer than forming good ones emphasizes the challenges associated with overcoming negative patterns. Life is filled with hardships, and facing them head-on is a testament to the quality of one's character.

For those seeking to improve their habits, adopting a routine can be a game-changer. While to-do lists are common, a routine provides precision, preventing delays caused by missing a single task. Striking a balance between maintaining a routine and adapting it to the unpredictability of life is crucial.

Consistency is paramount; adhering to a routine one day and faltering the next is a common struggle. Overcoming this challenge involves cultivating resilience and maintaining a

steady flow in your routine. It's not about perfection but the dedication to continuous improvement.

Additionally, consciously incorporating positive actions into your routine can contribute to long-term benefits. People appreciate consistency, and the habits you form today may garner appreciation from others in the future.

Lastly, moderation is key. Overcommitting to positive changes can lead to burnout, undermining the very habits you are trying to establish. Strive for balance and sustainability in your pursuits.

In conclusion, our habits are powerful architects of our lives. By understanding, cultivating, and refining them, we can shape a future that reflects the best version of ourselves. Life's challenges are inevitable, but the way we navigate them defines the quality of our journey.



# The Broken Window



Ghanasyam T.R.  
IX, 6152

As I settled in for evening studies, content after a long day, our joy was heightened by the inexpensive snacks we had procured. We gleefully teased the other two classes, who had spent their day cleaning the beach with little reward, while we had simply strolled around, foregoing practice and enduring a grueling hour and a half of ID parade drills.

Following this, we prepared for evening studies, adhering to our daily routine of wandering, playing, chatting, and generating general commotion until the supervisor arrived. On this particular day, a few classmates were playing with a rubber ball brought from home. One of them inadvertently kicked it onto the podium, and inexplicably, it rebounded off and crashed into the windows, shattering a glass pane. Although half of it remained intact, there was little cause for celebration. Shards of glass scattered on the floor posed a problem, as any sign of the mishap could spell trouble if the supervisor discovered it.

As eyes darted around the class to identify the culprit, known players seemed too distant to be responsible. Inquiries about the kicker met with silence. The reality became apparent—we had to clean up the mess or face collective repercussions. The entire class sprang into action, ensuring the broken pieces were either disposed of discreetly out of the window's view or carefully

concealed. We stashed some in empty school bags designated for such emergencies, while others were discreetly tucked under nearby desks. The plan was to maintain this status quo until the intact portion of the pane could be removed after the supervisor left.

Someone suggested that our daily supervisor, being a familiar face, might notice a half-missing glass pane. However, it was too late. When the supervisor entered, we hastily returned to our seats. A friend, for some inexplicable reason, entered howling, and to our surprise, the supervisor, a substitute for the usual one, inquired about the commotion but swiftly excused him without much scrutiny. Relief washed over us momentarily, but it was short-lived, as our regular supervisor took over after about twenty minutes, seemingly oblivious to The Broken Window. After the evening studies, I prepared to head to the dormitories. Those with filled bags took them along.

Returning to my dormitory after dinner, I enjoyed a peaceful night's sleep, with The Broken Window now a mere shadow in the recesses of my mind—sometimes looming large, sometimes scarcely noticeable, but never surfacing entirely.

The next day during P.T., we learned from friends that one of those tasked with disposing of the glass had suffered injuries, with fragments embedded all over his hands—a gruesome sight with blood dripping from various wounds. When the supervisor asked about it, his friends disclosed everything. The plan to remove the remaining glass was abandoned. In the chess class, our teacher casually mentioned that a friend had injured his hands, barely avoiding damage to vital veins. Surprisingly, there were no inquiries about The Broken Window or its culprits.

During lunch, our class was asked to stay back outside. Punishments were meted out, and the repercussions were felt by almost everyone. The following day, as I woke up, my mind was clear. A lingering doubt from the previous day was resolved: why didn't they question us about the incident? I understood that, in their eyes, we were all accomplices in a crime that had harmed a friend. When I finally informed my parents about The Broken Window, I grappled with disappointment after all the effort to keep it from them.





Nandhana Vinod  
VII, 6507

## The Sweet Morning

It was a cold, misty morning in Calicut. The hills were shrouded in a mysterious fog, making them barely visible. Although the sun had risen, its orange rays struggled to penetrate the chilling mist that clung to the hills, giving the scene an ethereal quality.

I slept and dreamt – dreamt of my future, my goals, and my aspirations. In the wandering lands of my dreams, happiness intertwined with the sweetness of my goals. The clock struck seven, then eight, and I remained in a contemplative state.

Half-awake and half-asleep, I adjusted my bedsheets on the floor. My pillow seemed to have vanished in the flow of time. A manly voice, firm but joyous, reached my ears. I strained to comprehend the words uttered, revolving around me and Sainik School. Then, a sweet voice, sweeter than nightingales or the taste of peacocks, resonated. It spoke of happiness, and I couldn't help but absorb the joy it conveyed.

Fully awake but still caught in a dream, I lay there, contemplating my life at Sainik School. Happiness and a touch of longing filled my heart, creating a unique blend of emotions. The more I reflected, the happier I became, even as I acknowledged the harsh reality that answers might not come easily.

Yet, these contemplations took a back seat as I immersed myself in the sweet happiness and excitement that enveloped me. The mist appeared enchanting, as if the day had transformed. The orange sun radiated energy, mirroring my newfound vigor.

I felt like a hill, steadfast and unyielding. Little did I know that this misty, cold, and sweet morning had the power to reshape my personality, my life, and ultimately, myself.



Amita Rana  
IX, 6358

## Unleash Your Best

If you always strive with all  
your might,  
Then you'll never doubt or  
ponder,  
On what could've been if you'd  
shed your light,  
And unleashed your inner  
wonder.

And even if your efforts fall  
shy,  
Of the lofty goals you aimed to  
see,  
Still, hold your head high,  
don't question why,  
For you gave it all, you gave it  
your spree.





Pooja M  
X, 6201

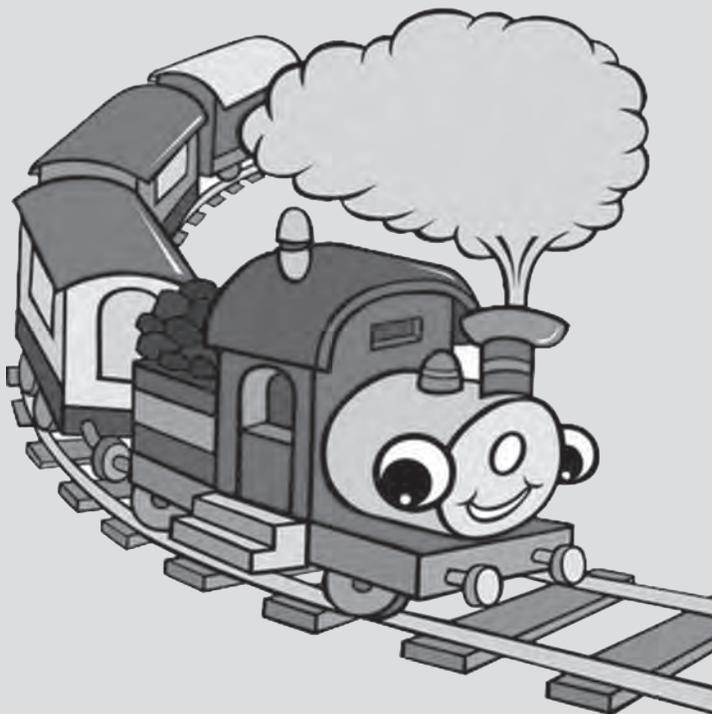
## CONVERSATION BETWEEN TRAIN AND AEROPLANE

Train: Hey, aeroplane, how's life up in the skies?

Aeroplane: Oh, my friend, life up here is splendid. I have the privilege of soaring high above the world.

Train: Really? How so?

Aeroplane: Well, unlike you, I can traverse vast distances in no time, far beyond the reach of the ground.



Train: True, but you know, we have our own charm. We connect people and places on the surface, including the nurturing earth, where life flourishes.

Aeroplane: I can appreciate that. However, I have the freedom to explore the skies, dance among the clouds, and witness breathtaking views from above.

Train: Fair point, but my journey is unique too. I travel through diverse landscapes, witnessing the beauty of the world from a different perspective.

Aeroplane: Absolutely, we both have our strengths. But I must say, the feeling of gliding through the air, cutting through clouds, and experiencing the vastness is truly exhilarating.

Train: I can imagine. Yet, people on my journey share stories, form connections, and create memories together. There's something special about the rhythm of the tracks and the changing scenery.

Aeroplane: Touché. Each mode of transportation has its own magic. Thank you for the perspective, dear train.

Train: And thank you, aeroplane. Let's appreciate the beauty in our differences and the unique experiences we provide to those we carry.





Adhithya Krishna  
6549, VI B

## WAR BETWEEN GODS AND WARRIORS

A significant war unfolded between Gods and Warriors nearly 9500 years ago. One day, the divine beings convened to discuss the main objective of maintaining peace in the world. Amidst their discussions, Nareed Lakruš, a prominent god, revealed that numerous spies were working for others, aiming to harm the warriors. In the pursuit of peace, the gods declared war against both the warriors and the spies.

The warriors showcased their formidable capabilities and wielded extraordinary tools as

the conflict commenced. Initially, the war unfolded without direct involvement from the gods or warriors, but the spies cunningly manipulated the situation. Soon, chaos erupted as the warriors, kings, and spies engaged in fierce battles. While the gods refrained from direct participation, the spies successfully caused discord among the warring factions.

Recognizing the escalating conflict, the gods intervened to put an end to the bloodshed. They communicated to the warriors, acknowledging defeat and granting them the right to inhabit the world. Departing, the

gods amalgamated into a single soul, birthing new spirits and warriors imbued with peace. This transformative act marked the culmination of a war that, in the end, served a higher purpose.

In the aftermath, philosophers and disciples emerged, weaving tales of the war's lessons and the eventual unity that arose from the chaos. Thousands of years later, the once disparate entities became a cohesive force, uniting under a shared purpose. The war, initially marred by conflict, ultimately paved the way for a harmonious existence.

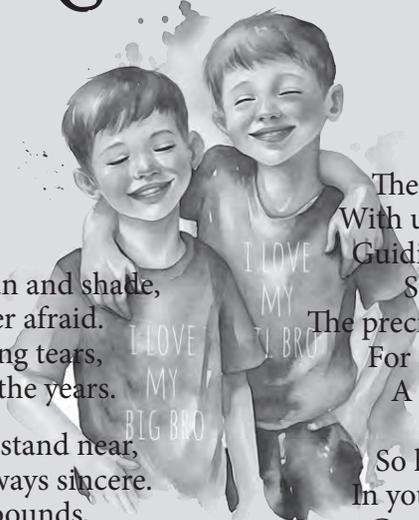


Rahul  
X, 6568

## A Friendship

In life's journey, through sun and shade,  
A friend walks by, never afraid.  
Sharing laughter, sharing tears,  
Through the passing of the years.

In joys and sorrows, they stand near,  
A comforting presence, always sincere.  
Their love knows no bounds,  
In their heart, compassion abounds.



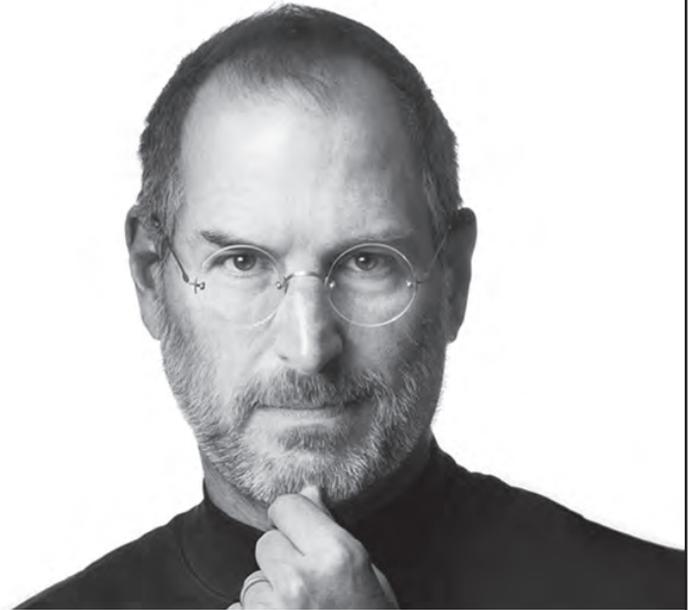
Like a beacon in the night,  
Their friendship shines, ever bright.  
With unwavering faith, they lend a hand,  
Guiding us through life's shifting sand.  
So let us cherish, let us defend,  
The precious bond of friendship, without end.  
For in each other, we find a treasure,  
A source of joy beyond measure.

So here's to you, my faithful friend,  
In your presence, my heart shall mend.  
Grateful for the love you freely lend,  
I am blessed to have you till the very end.





Prabhat Ranjan  
5965, XII



## Turning Tragedy into Triumph

In the words of the late Apple CEO Steve Jobs, "Opportunities may come as tragedy, but some prevent disaster and lead to evolution for the one who changes with the tune; the one who doesn't, faces extinction." This profound statement encapsulates the essence of resilience and adaptability, echoing the inevitable law of nature governing the universe.

A prime example of nature's evolutionary process is found in the scientific realm, particularly the survival of bacteria. When cosmic rays triggered the extinction of numerous organisms, including colossal dinosaurs, primitive bacteria adapted and evolved. They harnessed the transformative cosmic energy to withstand extreme weather conditions, turning tragedy into an opportunity for growth.

Human ingenuity follows a similar pattern. When faced with disruptions like floods or scarcity of resources, humanity has consistently demonstrated an ability to adapt and create opportunities. Building dams for electricity generation, implementing rainwater harvesting systems, and harnessing solar energy are just a few examples of turning adversity into advantage.

Successful individuals often

share common traits grounded in basic principles. They are receptive, evolutive, swift, cautious, and adept at seizing opportunities even in challenging times. Bill Gates, the founder and CEO of Microsoft, exemplifies this mindset. In the 1990s, amid a hardware-dominated market, Gates foresaw the potential of software. While hardware giants like Nokia and Motorola were investing in physical products, Gates focused on software development. The result: Microsoft thrived, and Gates became the richest person in 2015, illustrating the power of foresight and adaptability.

The proverb "When the winds of change blow, some build walls, others build windmills" aptly describes the resilience required for success. Troubles may knock on the door, leaving some broken and biased, but others rise to the challenge, turning adversity into opportunity. Patience, vigilance,

adaptability, and a positive thought process are crucial factors behind every success story.

Consider the aftermath of the atomic bombings of Hiroshima and Nagasaki in 1945. These cities faced utter destruction, yet they rose from the ashes. Today, they stand as symbols of resilience, emitting radioactively charged particles. Their transformation from war-torn landscapes to thriving cities showcases humanity's capacity to overcome even the darkest times.

In conclusion, the world is filled with living examples of individuals and communities turning tragedy into triumph. The capacity to adapt, learn, and seize opportunities during challenging times defines success. As we navigate the complexities of life, let us draw inspiration from these stories and embrace the transformative power that lies within adversity.





Brajesh Singh  
X, 6208

# Mother's Love

Once upon a time, nestled in the heart of a rural village, there lived a humble farmer named Rajesh, along with his devoted wife Meera and their beloved young son, Arjun. Life for the family was a daily struggle against the unforgiving hands of poverty, as they toiled tirelessly to make ends meet.

Rajesh, a man of simple means

but grand dreams, held only one aspiration close to his heart: to provide a better life for his son, Arjun. Despite the weight of financial burdens and the constant worry gnawing at his soul, Rajesh's unwavering love for his son fueled his determination to ensure Arjun's future was bright and prosperous.

As fate would have it, tragedy struck the humble family when Rajesh fell gravely ill, his body weakened by the years of toil and stress. Meera, his devoted wife, tirelessly tended to him, sacrificing her own well-being to nurse him back to health. But despite her efforts, Rajesh's condition only worsened, leaving Meera burdened not only with grief but also with the daunting responsibility of providing for their son's future alone.

Determined to honor her husband's wishes and secure a better life for Arjun, Meera turned to whatever means available to her. She worked day and night, her hands calloused from labor, her heart



heavy with the weight of her responsibilities. Yet, through it all, her love for her son remained steadfast, a guiding light in the darkness of their circumstances.

Meanwhile, young Arjun, though tender in years, possessed a spirit brimming with resilience and ambition. Witnessing his mother's sacrifices and unwavering resolve, Arjun vowed to repay her love and devotion tenfold. With unwavering determination, he dedicated himself to his studies, determined to carve out a path to success that would honor his parents' sacrifices.

Years passed, and Arjun's hard work bore fruit as he emerged triumphant, a beacon of hope amidst the shadows of adversity. Through sheer grit and determination, he rose from the ashes of poverty to become

a successful entrepreneur, his dreams of prosperity finally within reach. Yet, amidst the grandeur of his newfound success, Arjun found himself blinded by the dazzling allure of wealth and status, forgetting the humble roots from which he had sprung. In his pursuit of success, he inadvertently distanced himself from the very source of his inspiration: his mother, Meera.

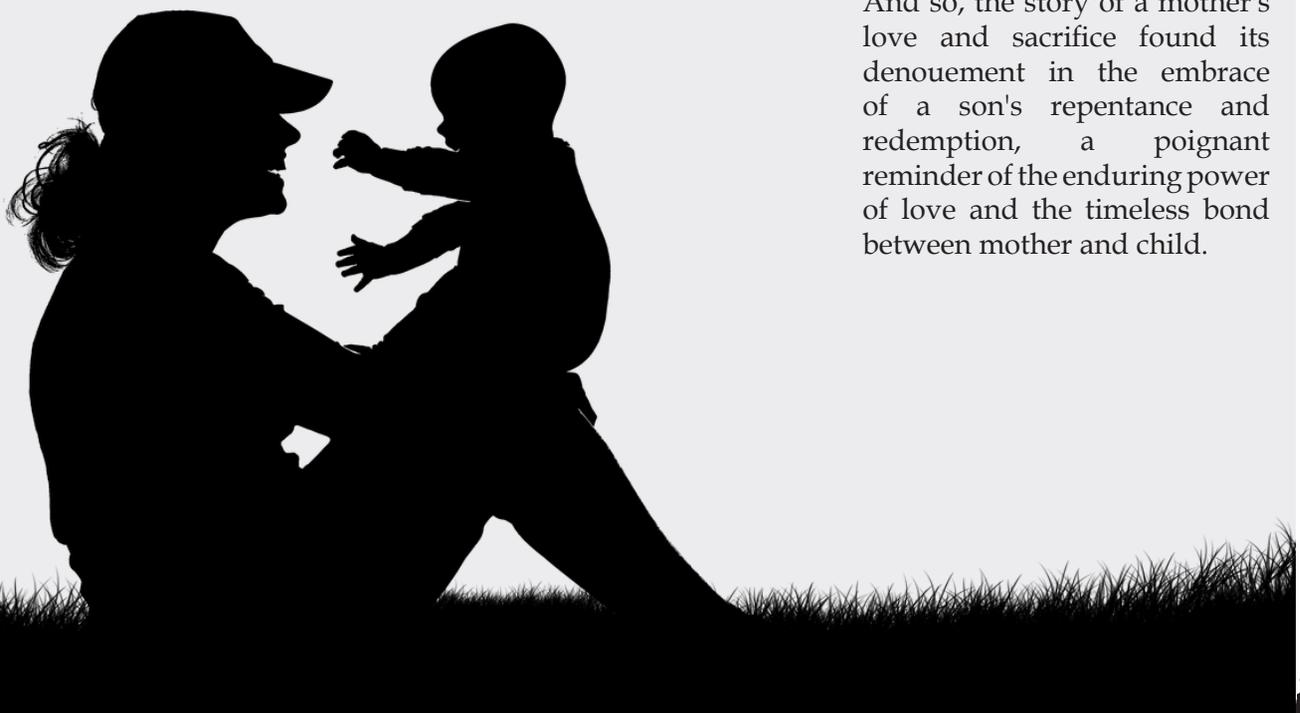
It was a fateful day when Meera, adorned in the simple garb of her station, ventured to her son's opulent abode, her heart heavy with anticipation and longing. But to her dismay, she was met not with warmth and recognition but with cold indifference, her own daughter-in-law turning her away without a second thought. Heartbroken and disheartened by her son's callous disregard, Meera retreated to the solitude of her humble abode, her spirit

shattered but her love for her son unwavering. In the twilight of her days, she penned a letter to her beloved Arjun, a testament to a mother's undying love and an earnest plea for her son's forgiveness and presence.

Upon receiving his mother's letter, Arjun's heart was heavy with regret and remorse, the weight of his neglect bearing down upon him like a leaden burden. In the silence of his solitude, he wept for the love he had forsaken and the sacrifices he had taken for granted.

Determined to atone for his shortcomings and honor his mother's memory, Arjun embarked on a journey of redemption, seeking out his mother's humble abode with a heart heavy with repentance. There, amidst the echoes of regret and the shadows of the past, mother and son were reunited, their bond forged anew in the crucible of adversity and redemption.

And so, the story of a mother's love and sacrifice found its denouement in the embrace of a son's repentance and redemption, a poignant reminder of the enduring power of love and the timeless bond between mother and child.





Kevin P Biju  
XI, 6036

## The Mystery of the Forest

It was a fine Sunday morning when I woke up and got ready to go out. I met with my friends who were planning to go on an expedition in the forest nearby. Excitedly, I joined their group, along with a few more friends. We gathered and discussed our plan. Our main objective was to explore more areas of the forest, as many expeditions had happened before, but there was still much we didn't know about it and its dangers.

Finally, when the meeting ended, I arrived home at 11 A.M., and got scolded by my mother for being late. I felt bad and decided to rest for a while. At 4:00 PM, I grabbed my bike and met my friends at the forest near the base of the cycle. We parked our bikes there and enjoyed the beautiful scenery of the lake. We studied the map of the forest,

which was divided into three parts: the upland, the marshland, and the scrap land. The upland was famous for its towering trees, while the marshland was considered dangerous due to its swampy terrain. Finally, the scrapland was known for its unique features and excitement.

We started our expedition cautiously, trying to avoid the guard stationed near the lake. Once we entered the forest, we encountered the marshland, which was wet and muddy due to the rainy season. After some time, we came across a marsh pit blocking our path. We decided to cross it using a narrow beam, but I found it difficult and decided to jump instead. Miraculously, I made it safely to the other side. Encouraged by my friends, we continued our journey and reached the scrapland. Here,

we discovered many unique things we had never seen before. However, our attention was drawn to a mysterious paved road leading deeper into the forest. Curious, we decided to follow it.

As we traveled deeper, we heard strange sounds and encountered some frightening moments, like seeing a wild boar pit. Despite our fear, we pressed on. But as the sunlight began to fade, we decided it was time to turn back. On our way back, we encountered the wild boar again, and we ran as fast as we could to our bicycles. Thankfully, we made it out of the forest safely.

Since that day, we've never dared to enter the forest again. And the mystery of the road remains unsolved.





Aman Bipin B  
X, 6069

# Navigating Change: Embracing Challenges for Growth

Change is an inevitable force that sweeps through our lives, bringing both challenges and opportunities. While some may resist or attempt to halt its progress, others choose to go with the flow, recognizing that change, although sometimes daunting, is an essential part of life. The winds of change may bring challenges, but overcoming them often leads to positive transformations.

The global impact of Covid-19 serves as a poignant example. Initially perceived as a negative force, the pandemic presented numerous challenges. However, as societies adapted and overcame these hurdles, unexpected positive changes emerged. The medical field witnessed unprecedented progress, and technology found new applications in our daily lives.

When change arrives, some individuals resist, attempting to preserve the status quo achieved through previous waves of change. However, those who build metaphorical walls are, in reality, constructing gates. These gates, whether opened by the present generation or the next, signify an inevitable need to adapt and embrace change.

The complexities of change are undeniable; it can lead to great achievements, but its true nature is often unpredictable.

Consider the example of Covid-19, initially a formidable challenge. Yet, during the pandemic waves, remarkable progress occurred, particularly in medicine and technology. Some individuals navigate the winds of change, overcoming hurdles and stacking achievements that contribute to their personal growth.

While the winds of change are ever-blowing, the decision to accept or reject lies within our discretion. Certain aspects of life, like habits, remain constant. "Your habits determine the quality of your life," emphasizing the importance

of cultivating positive qualities such as discipline. Regardless of the intensity of change, resilient habits provide stability and withstand the storms of transformation.

In our daily lives, change manifests in various forms. The acceptance or rejection of change can influence one's experience. Take the example of societal changes, such as acceptance of diversity, including gender identities. Those who embrace these changes often find minimal disruption to their lives. However, resistance can lead to inner turmoil, affecting not only personal well-being but also impacting relationships and social connections.

Ultimately, accepting change is a step towards growth. Overcoming personal hurdles, whether rooted in fear, bias, or discomfort, brings individuals closer to positive transformations. Change, while not always easy, is an ally on the journey toward a brighter future. Whether immediate or a beacon on the horizon, change has the potential to shape a better tomorrow, making every step towards it a worthwhile endeavour.





Binuraj N  
XII, 5852

# Blessed Friendship

Chandu, an eleven year old boy was liked by everyone in the village of Sharmapur. Born as a single child, he was always cuddled and loved by his parents, relatives and friends. A close observer of nature, Chandu always showed great interest in animals and birds.

There was a huge jack tree near to Chandu's house. The tree was so massive that the whole village folks used to assemble under its shade in most of the evenings. Chandu was no different. It was during his summer vacation that Chandu decided to attempt climbing the tree. Along with his best friend Manesh, Chandu started climbing the tree one fine morning. It was while climbing he noticed the beautiful sound made by a squirrel. He felt very surprised and excited hearing the sound for the first time, though he has seen the rodent many a time. It was busy nibbling something. For the fact hearing the sound of the squirrel for the first time, Chandu decided to visit the jack tree every day. As days passed by, Chandu felt in awe with the squirrel and a kind of communication started developing between them. Gradually, the squirrel was christened Billu by Chandu, for the love and affection that the boy had for the rodent was inexplicable. The squirrel also started sensing the friendship initiated by the innocent boy. Later, Chandu, accompanied by Manesh started feeding

Billu. Nuts and fruits were its favourites. He would serve its favourites unconditionally. As time passed by, Billu would come down the tree seeing Chandu walking down the lane to the jack tree

carrying whatever worthy of chewing and munching.

One day Chandu was not feeling well, so he could not make it to the jack tree. His absence was really felt by the rodent that it even started lamenting. As he was totally laying down with high fever, Chandu could not go and meet his new friend, Billu for a week. Billu couldn't bare it anymore, and it decided to meet Chandu. As the former was well aware of the residence of his friend, he didn't end up in any difficulty searching for his house. It directly went to the windowsill of the room where Chandu was taking rest. Both of them were very glad to meet each other. Knowing that his friend had come in search of him, Chandu was so delighted, and the whole incident cemented their true friendship.

As days kept passing by, Chandu started considering Billu as a family member. He visited the squirrel every day, which made it so happy and cheerful that it even started sitting on

his shoulder. The little boy became popular not just to the squirrel, to the other



birds and animals as well.

As years passed by, one day, to his surprise, Chandu did not see his squirrel friend near the jack tree. Usually, seeing Chandu far away used to run to him. But that day, nothing like that was seen. Absence of the rodent upset and disappointed the little boy. He went around calling out its name, "Billu, where are you, my dear?" After a while, he saw his poor friend, Billu lying dead near to a shrub. Tears started rolling down his cheeks. For the first time in his life he thought he was all alone in the world. He could not spot any of his animal or bird friends. He had brought many eatables, including fruits for Billu. He buried them and his friend together and bade farewell to his friend forever.

Now that he was sad and grieved for not having a close friend, he would take fruits and other eatables to the jack tree and leave them by the tree and remain there for quite some time in memory of his squirrel friend, Billu. Though he was emotionally down, he was happy for the tree, for it was the jack tree that laid the friendship between Billu and him.





Samson Siby  
XII, 5827



## Kobe Bryant: The Black Mamba of Basketball

Legends are not born; they are made through extraordinary deeds. No one enters this world as a great person; it is through exceptional performance that ordinary individuals become legendary. They strive, they work hard, and they persevere to achieve their dreams. One such legend was Kobe Bryant.

Kobe Bryant, known as the 'Black Mamba' for his lightning-quick accuracy, stood as one of the greatest basketball players the NBA had ever seen. Currently ranked fourth in the all-time list of most points scored during the regular season, with an impressive 33,643 points, Bryant's legacy is unparalleled. From his incredible 81-point game, the second-best scoring

performance in NBA history, to winning five NBA titles over his 20-year career with the Los Angeles Lakers, Bryant became an iconic figure in the world of sports.

Bryant's accolades were numerous; he was named the Most Valuable Player of the NBA in 2008 and the finals in 2009 and 2010. He was a 16-time NBA All-Star and received the title of NBA All-Star Most Valuable Player four times. His contributions extended beyond the NBA, as he proudly represented the United States, winning the prestigious Olympic gold medal in 2008 and 2012. Often compared to basketball legend Michael Jordan, Bryant's impact on the sport was undeniable.

Even after retiring from playing in 2016, Bryant continued to excel. He achieved the coveted Oscar for his 2017 animated short film 'Dear Basketball' and was poised to enter the prestigious Hall of Fame later that year.

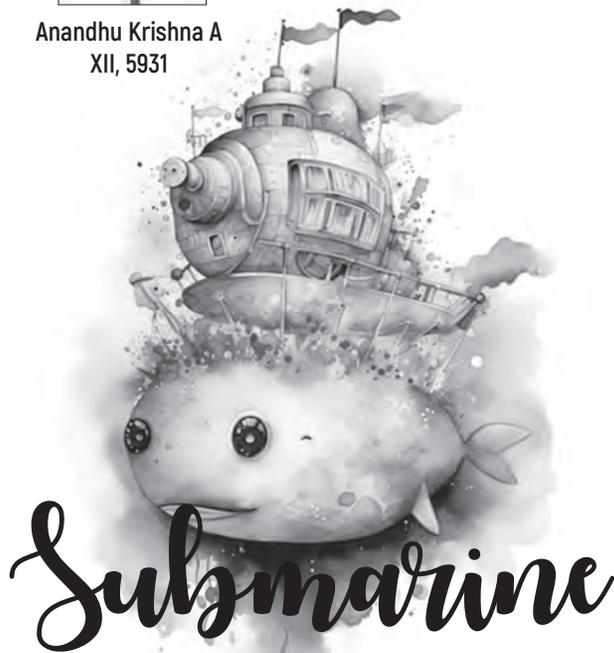
Off the court, Bryant was a devoted husband to Vanessa Bryant and a loving father to their four children – Gianna, Natalia, Bianca, and Capri. However, tragedy struck on January 26, 2020, when Bryant and his 13-year-old daughter, Gianna, were involved in a helicopter accident in Calabasas, west of Los Angeles. The crash claimed the lives of Bryant, his daughter, and seven others on board.

Despite his untimely passing, Kobe Bryant's legacy lives on, inspiring countless individuals around the world. His remarkable journey serves as a reminder of the power of dedication, perseverance, and hard work. May we always remember him as the Black Mamba and draw inspiration from his extraordinary life.





Anandhu Krishna A  
XII, 5931



# Submarine

Beneath the waves, in a submarine's embrace,  
Exploring depths, an underwater chase.  
Through the vast expanse of ocean blue,  
Encountering creatures, both strange and true.

Submerged below, in this world so deep,  
Where mysteries dwell, and secrets keep.  
Meeting whales and sharks, in their domain,  
In the silent depths, where they reign.

Above the water, the submarine sails,  
In the vast expanse, where adventure hails.  
Sailing in the blue, with waves in motion,  
Navigating through the ocean's vast ocean.

Descending down, the submarine dives,  
Exploring the depths where life thrives.  
Amidst the cods, and vibrant hues,  
Discovering wonders, both old and new.

Flapping with whales, gliding with grace,  
Through currents and tides, in this vast space.  
Riding with shells and pearls, a mesmerizing scene,  
In the depths of the marine, where wonders convene.

So, let's embark on this underwater dream,  
Travelling in the submarine, a fascinating scheme.  
Wandering through the marine, with awe and delight,  
Exploring the depths, where wonders ignite.



## How the Word Vaccination' Came into Usage?



Arjun G. Nair  
6224, X

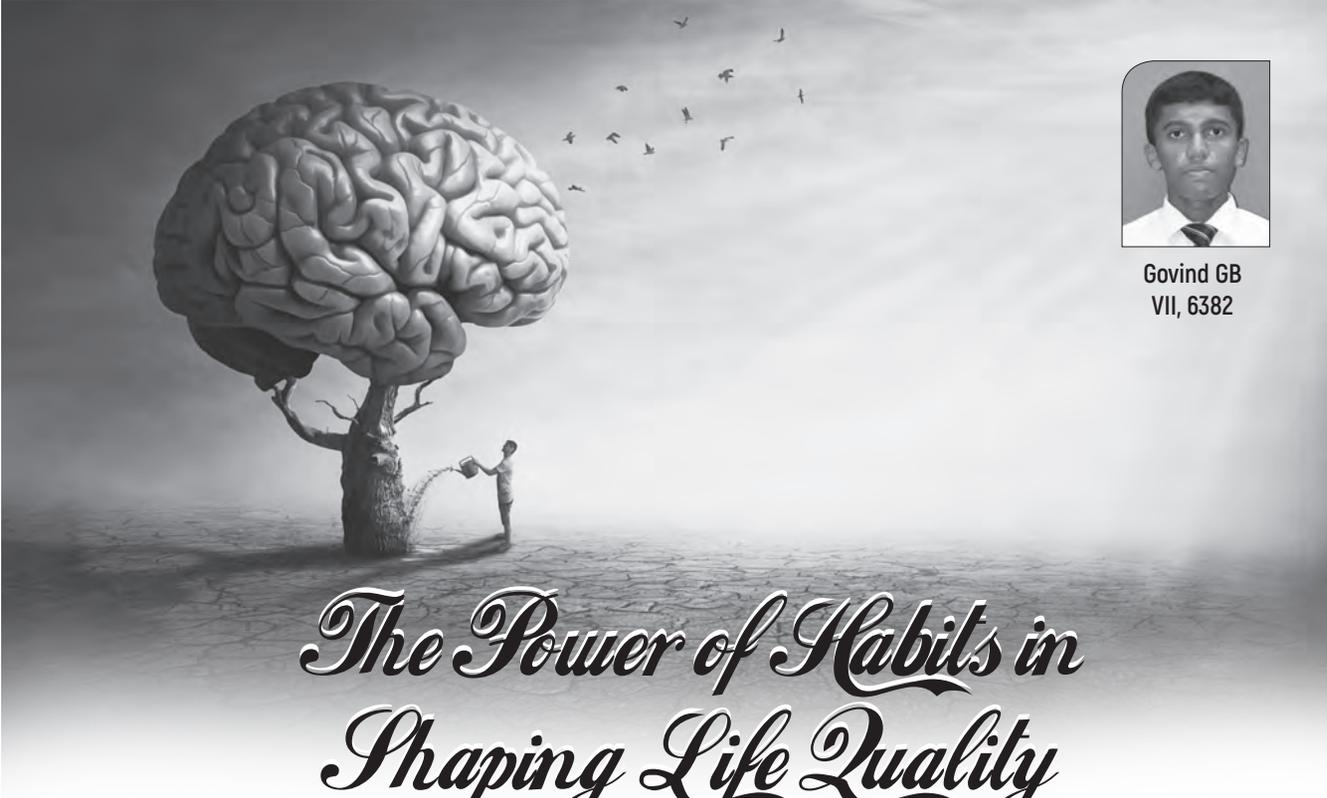
The word "vaccination" originated from the Latin word "vacca," which means cow. This term came into usage due to the work of Edward Jenner, an English physician, in the early 19th century.

Jenner observed that milkmaids who had been infected with cowpox did not contract smallpox, even during outbreaks. Recognizing this correlation, he conducted experiments by deliberately exposing individuals to cowpox virus. He found that those inoculated with cowpox became immune to smallpox.

The term "vaccination" stems from this discovery, as the cowpox virus used in the inoculation was closely related to the smallpox virus. The Latin term for cow is "vacca," and the cowpox virus is known as "vaccinia." Thus, the process of inducing immunity to smallpox through exposure to cowpox came to be known as vaccination.



Govind GB  
VII, 6382



## *The Power of Habits in Shaping Life Quality*

Habits are the building blocks of our daily lives, encompassing routine activities like brushing teeth or doing laundry. They play a pivotal role in determining the trajectory of our lives, dictating the quality of our experiences. Habits can be classified into two categories - good and bad.

Cultivating positive habits involves consistently engaging in constructive activities. Performing tasks meticulously and with flair transforms them into good habits. Completing tasks promptly and ensuring they meet a standard of excellence is crucial. These habits contribute significantly to one's character, portraying them as proficient and disciplined individuals.

Good habits encompass various aspects, including maintaining cleanliness, adhering to schedules, and practicing discipline. Punctuality, for instance, ensures you are

never tardy, while cleanliness safeguards against diseases. Disciplinary actions, such as not disturbing others, contribute to a harmonious society.

Conversely, bad habits can tarnish one's reputation. Engaging in untimely actions, neglecting cleanliness, or disrupting others' peace can create a negative perception. It is through habits that people form opinions about others, labeling them as either commendable or questionable.

Establishing a routine of completing homework and assignments diligently significantly benefits students. Such habits not only lead to academic success but also garner respect from peers and educators alike.

In essence, good habits generate positive perceptions and appreciation, while bad habits cast a shadow on one's character.

The society judges individuals based on their habits, making it imperative to cultivate constructive practices.

Therefore, it is crucial to approach daily activities with mindfulness, aiming to develop positive habits. This not only enhances individual quality but also serves as an inspiration for others. Those who embody good habits become role models, shaping the cultural fabric of society.

In conclusion, habits are potent tools that can shape the quality of our lives. By consciously choosing to cultivate positive habits, we not only improve our individual experiences but also contribute to the betterment of the society at large. Each positive habit is a step towards becoming the best version of ourselves, influencing others to do the same.





Abhishek Unni  
XI, 6040

# A Dream

In the outskirts of Dublin, Ireland, there lived a boy named Andrew. Lazy, irresponsible, and arrogant, Andrew often found himself in trouble due to his mischievous behavior. While he managed to manipulate his way through his studies, his classmates scorned him for his antics. Andrew had little regard for nature, often making fun of environmental concerns and wastefully using resources.

Despite the warnings from his teachers, parents, and friends, Andrew remained stubborn in his ways. He believed that humans and technology could overcome any environmental challenges, and he saw no reason to change his behavior. One day, after a typical night of sleep, Andrew boarded the school bus only to find himself

alone on board. Confused, he watched as the bus took him on an unexpected journey to a paradise filled with the gods of nature.

The gods were furious with Andrew for his disregard for the environment. They questioned him about his actions and offered him fresh water and air, which

he ignored. As punishment for his negligence, Andrew was sent to the court of the gods to face judgment. There, he was surrounded by sea creatures, plants, and trees, all eager to exact revenge for the harm he had caused.



Andrew pleaded with the creatures, asking why they wanted to harm him. The sea creatures explained how his actions had led to the acidification of the water, causing harm to their habitat. The trees revealed that his wastefulness with paper had led to deforestation, destroying their homes. Despite his pleas for

mercy, Andrew was attacked by the creatures, each one inflicting its own form of punishment.

Just as Andrew thought his fate was sealed, he suddenly woke up to his mother's voice calling him to school. Trembling, he recounted his harrowing experience to his mother, realizing the error of his ways. His mother seized the opportunity to teach him a valuable lesson about the importance of respecting nature and all living creatures.

From that day forward, Andrew became a changed person. He dedicated himself to protecting the environment, launching campaigns and initiatives to raise awareness and promote conservation efforts. His newfound passion for nature earned him recognition, and at the age of 16, Andrew was awarded the Nobel Peace Prize for his efforts to save the planet.

Andrew's journey taught him the importance of humility, gratitude, and responsibility. Through his actions, he proved that even the most stubborn of individuals can change for the better and make a positive impact on the world around them.





Nandhana Vinod  
VII, 6507

# Oh, Dear Lady!



In your love I once did bask,  
But now life's maze, a daunting task,  
Shrouded in a haze, my heart a flask.  
Oh, dear lady!

Your love within, my fears without,  
Outside, I'm cold, inside, in doubt.  
Your calls, within these walls resound,  
In lows, your light, in highs, I found.  
Oh, dear lady!

As I bid farewell to this weary frame,  
Down memory lane, I trace your name.  
Gladly, I find, our love's flame,  
Still burning bright, though not the same.  
Oh, dear lady!

For my wrongs, I ask for throngs,  
To humiliate, to right my wrongs.  
To win you back, I'll strive and long,  
Move heavens and earths, in love's song.  
Oh, dear lady!

Oh, how I miss our moments stark,  
Sitting on a bark, hearing a lark.  
You, my pet, a cherished mark,  
Oh, dear lady, in my heart, a spark.

# Dreams

In the realm of dreams, don't dismiss them as silly,  
For they hold the power to shape your reality.  
Dreams must not only be seen but felt within,  
For it takes mutual desire for dreams to begin.

Many dreams have faded, lost in the fray,  
Like fleeting scenes passing by, day by day.  
Yet some dreams cut deep, piercing the heart,  
Leaving wounds that bleed, tearing apart.

These forgotten dreams, buried deep within,  
Rejected by the soul, where they've always been.  
But remember, the dreams you hold dear,  
Are worth fighting for, year after year.

Chase your dreams, hold them tight,  
For they are the beacon, guiding your flight.  
Live for your dreams, let them drive your soul,  
For in the pursuit of dreams, you'll find your ultimate goal.



Arjun R Nair  
5800, XII





Gaurika Sahu  
VII, 6530

# The Forests of Bond

Once, in the forests of Lal Ghar Forest Reserve, lived an 8-year-old girl named Rihana, along with her younger brother Aaroo and their parents. They resided in the village of Chaupa, surrounded by the serene beauty of nature. Rihana had two close friends, Gopi and Neela. The four of them were known in the village for their mischievous adventures.

One morning, while playing marbles, they stumbled upon a shiny object - a magnificent magnifying glass. Excitedly, they inspected it, marveling at how it made everything appear larger than life. As they were called for breakfast, they decided to take the magnifying glass with them for further exploration. Later that day, they set out to camp by the stream. Rihana packed

tiffins, Gopi carried water, and Neela brought along some toys. Along the way, Rihana noticed the magnifying glass focusing its light on a dry leaf, reminiscent of a time when a wildfire had devastated their village. Overwhelmed with regret, she wished she had used her resources to educate the villagers about forest safety.

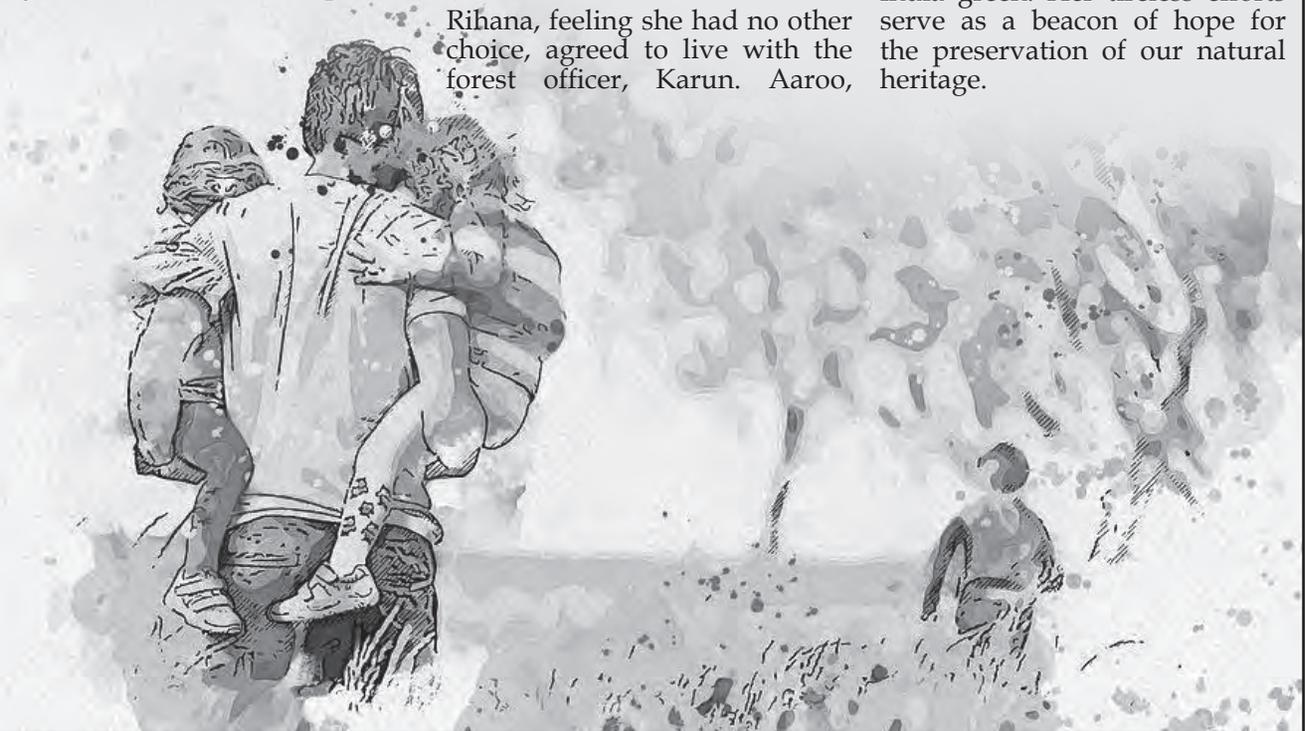
Years passed, and Rihana grew into a top student and a passionate nature lover. She embarked on a mission to explore the Lal Ghar Forest Reserve with her friends, including Aaroo, Gopi, and Neela. While traversing the forest, memories of her childhood flooded back, reminding her of the regrets she still carried. Amidst their exploration, they heard screams from the direction of the village. Rushing to investigate, they found the forest officer and others assessing the situation. Moved by their plight, the forest officer offered to take them under his care.

Rihana, feeling she had no other choice, agreed to live with the forest officer, Karun. Aaroo,

Gopi, and Neela were adopted by others in the village. Karun proved to be kind and caring, providing them with a loving home.

Years later, while exploring the forest, Rihana stumbled upon familiar sights and sounds. She followed the echoes of her childhood memories and was surprised to discover remnants of her old village. Overwhelmed with emotion, she searched for her parents, longing for their embrace. To her joy and relief, she found them among the tribe, frail but alive. Their reunion brought tears of happiness as Rihana's life felt complete once again. Determined to improve the lives of those living in the forest, she advocated for education and conservation efforts.

Today, the 'Dehatis' of the Lal Ghar Forest Reserve and other forests lead a better life, thanks to Rihana's efforts. She continues to inspire others to conserve forests, plant trees, and make India green. Her tireless efforts serve as a beacon of hope for the preservation of our natural heritage.





Amal A.M.  
XI, 6564

## *Unleashing the Power of Discipline: A Timeless Virtue*

Whether young or old, we've all encountered the term "discipline." Rooted in medieval English, this word has seamlessly woven itself into the fabric of our daily lives. At first glance, it might seem like a routine or a set of rules that govern our actions, but in reality, discipline is a force far more profound and transformative.

Discipline is more than just consistency and setting limits; it's a mindset that permeates every aspect of our existence. It's about cultivating a mindset that goes beyond the ordinary, pushing the boundaries of what we think is possible. To truly understand the essence of discipline, let's embark on a captivating story from days of old.

Once upon a time, in a realm ruled by a king named "Midos," the people observed with dismay his lackadaisical approach to his responsibilities. He paid little attention to the affairs of his kingdom, indifferent to the needs of his subjects. As time unfolded, lethargy gripped

both the king and his kingdom. The absence of clear commands rendered his army ineffective, and neighboring kingdoms seized the opportunity to attack.

The once-mighty kingdom crumbled due to the king's negligence and lack of discipline. Scholars later reflected that King Midos could have safeguarded his realm had he been disciplined and proactive. This ancient tale serves as a poignant reminder that discipline is the cornerstone of success and resilience.

Drawing parallels to my own experiences as a cadet in the Sainik School Kazhakootam, I can attest to the profound impact of discipline in shaping one's life. The rigorous routine, starting from the early morning parade to academic pursuits and sports, instills not just physical strength but also the discipline of mind and character. Even on weekends, a brief respite is granted, but the overarching theme remains a commitment to breaking the monotony of mediocrity.

Discipline extends beyond regimented routines; it's about

cultivating excellence. It's about becoming the best version of oneself. It's about consistently adhering to a higher standard, even when faced with adversity. Discipline is not just a set of rules; it's a pathway to perfection.

The essence of discipline lies in the understanding that it defines us in the world. It shapes us into individuals of class, garnering the admiration of those who look up to us. It's a force that echoes the sentiment, "Discipline is doing what needs to be done, even when you don't want to." This unwavering commitment to action, even in the face of reluctance, is what sets apart those who achieve greatness.

In conclusion, discipline is not merely a word or a routine; it's a dynamic force that propels us towards success. Embrace discipline, and you'll find that it always comes full circle, enriching your life in ways unimaginable. As we navigate the intricate tapestry of existence, let discipline be our guiding light, illuminating the path to a life of purpose, achievement, and lasting impact.



When life gets tough and all seems bleak,  
And the path ahead feels steep and bleak,  
When debts pile high and funds run low,  
And you're forced to smile but inside you know.

When care weighs heavy and burdens press,  
Rest if you must, but don't give in to distress.  
Life twists and turns, with lessons to learn,  
Failures may come, but still you must yearn.

Don't give up, though progress seems slow,  
Success may come with another blow.  
For success is often failure turned around,  
Clouds of doubt may lift, hope can be found.

You never know how close you are,  
To victory's sweet, elusive star.  
So keep fighting, even when you're hit,  
For it's in the darkest moments, you mustn't quit.

For the saddest words are not of pain,  
But those of regret, of chances lain.  
We're trained to fight, to persevere,  
To conquer obstacles, to overcome fear.

So hold on tight, don't let hope dim,  
With grit and determination, you'll surely win.



# Don't Quit



Bindu Kumari  
VIII, 6446

## Through Struggles We Rise



Aryanand K  
IX, 6306

In the portals of education, I stepped in with resolve,  
The magnificent infrastructure, my eyes did absolve.  
Parting from parents, tears did flow,  
But seniors and friends, a comforting glow.

Guided by seniors, we walked the path,  
Through trials and tribulations, we faced the aftermath.  
Years flew by, from juniors to seniors we grew,  
With punishments and tears, but laughter too.

The cycle continued, as two years swiftly passed,  
From juniors to seniors, the roles were cast.  
As 10th graders, never a dull moment in sight,  
With discipline and fitness, we faced each plight.

Then came 11th, with choices to make,  
Results laden with thorns, not a piece of cake.  
Realizing we're no longer just boys,  
Stepping into 12th, with poise.

The grand Passing out Parade marked the end,  
Exams looming ahead, making me apprehend.  
Standing before the NDA, with pride,  
A journey of education, a thrilling ride.



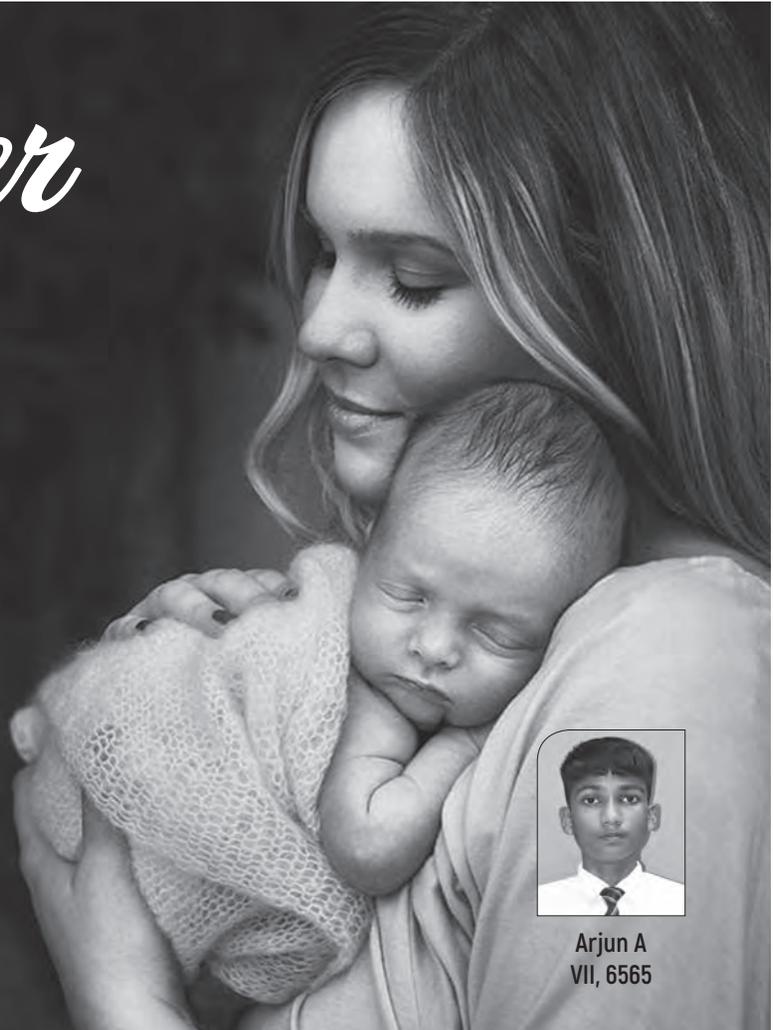
# Mother

The beacon of light,  
Guiding us through the darkest night.  
Her love and care, an endless stream,  
In her eyes, our dreams gleam.

Motivating us to reach new heights,  
With her support, we win life's fights.  
She sheds tears, a diamond's worth,  
For our happiness, she traverses the earth.

Yet, all we can offer is love and joy,  
To see her smile, our ultimate ploy.  
She's our inspiration, our guiding star,  
Her help, a priceless pearl by far.

Every moment, she thinks of us,  
In her embrace, we find solace.  
Only in hindsight, we realize her might,  
In every decision, she was right.

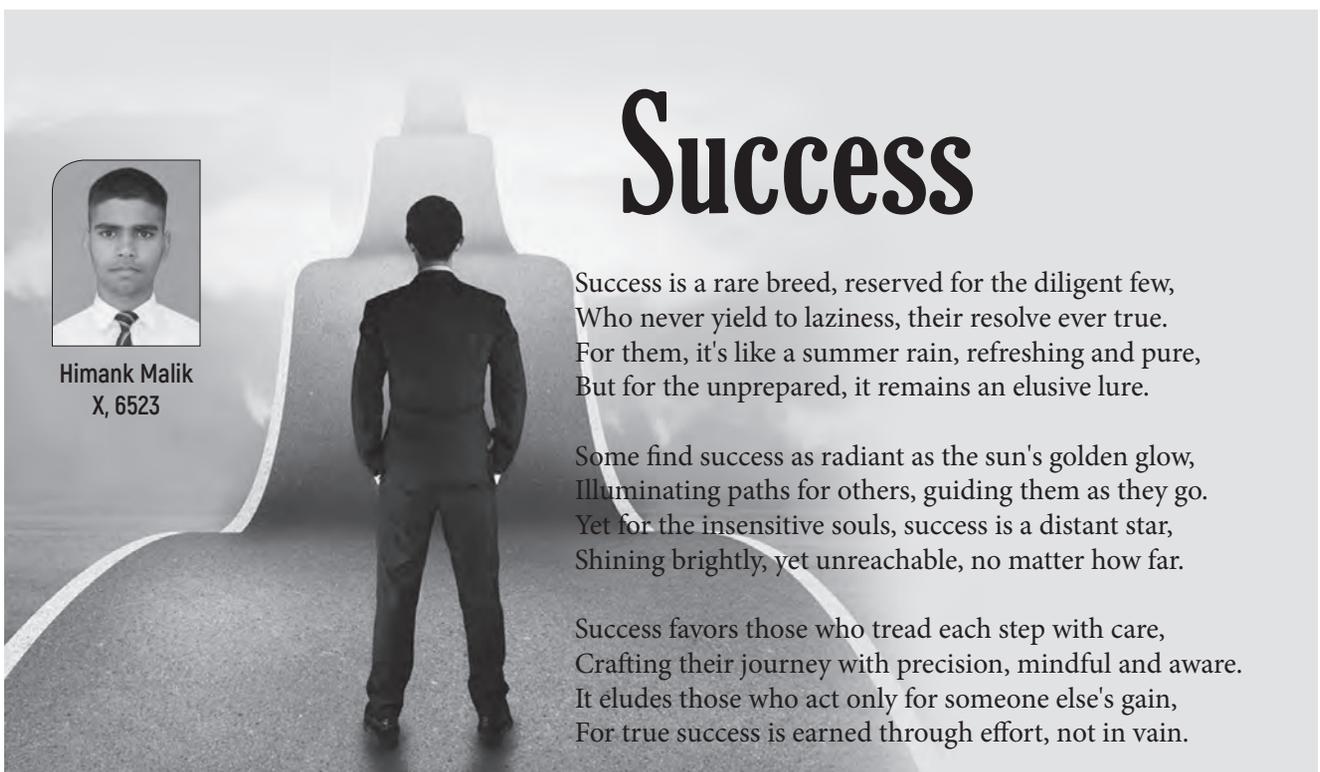


Arjun A  
VII, 6565

# Success



Himank Malik  
X, 6523



Success is a rare breed, reserved for the diligent few,  
Who never yield to laziness, their resolve ever true.  
For them, it's like a summer rain, refreshing and pure,  
But for the unprepared, it remains an elusive lure.

Some find success as radiant as the sun's golden glow,  
Illuminating paths for others, guiding them as they go.  
Yet for the insensitive souls, success is a distant star,  
Shining brightly, yet unreachable, no matter how far.

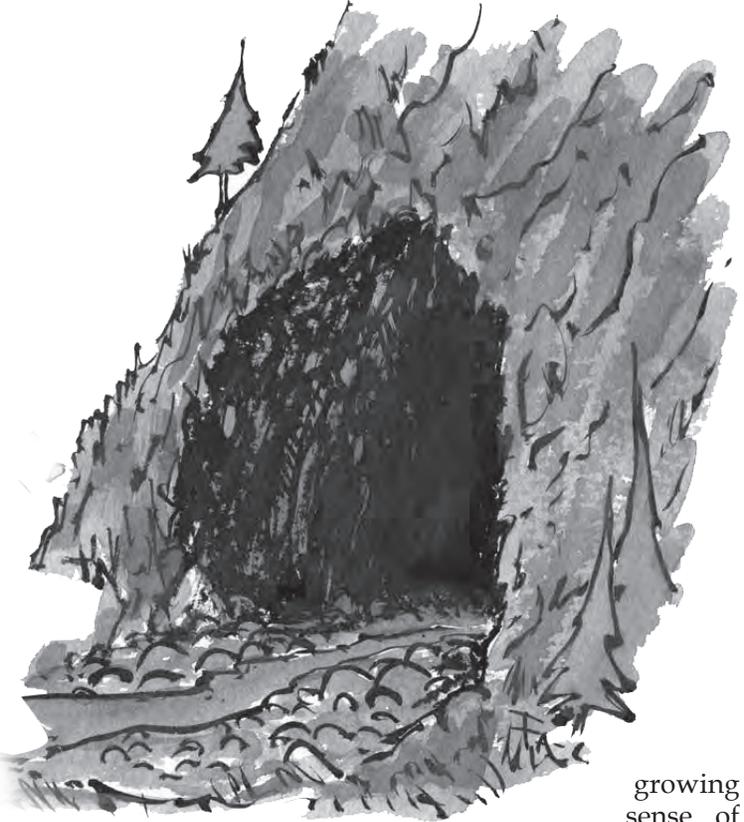
Success favors those who tread each step with care,  
Crafting their journey with precision, mindful and aware.  
It eludes those who act only for someone else's gain,  
For true success is earned through effort, not in vain.





Divyansh Verma  
X, 6529

# The Haunted Tunnel



Vibhu was a young man with a warm and friendly demeanor, working diligently as a call assistant in a customer care unit at a call center in Nayakganj, a quaint town nestled about 20 kilometers from his rented house on the outskirts of Fatehpur City. Each day, he embarked on a 40-kilometer journey on his bike, traversing through a forested area along the highway, which boasted minor tunnels and treacherous turns.

One evening, Vibhu found himself leaving the office later than usual, his colleagues having already departed. Engrossed in handling calls, he failed to notice the dwindling fuel gauge on his bike. As he hurriedly made his way through the forest, his bike suddenly sputtered to a halt, the last drops of fuel depleted. Realizing his predicament, Vibhu surveyed his surroundings and spotted a long tunnel ahead. Aware of a nearby village on the other side, he set out on foot, knowing he had only a short distance to cover before reaching potential help.

Approaching the mouth of the tunnel, Vibhu noticed another man walking in the same direction. Hoping for some company, he hastened his steps and inquired if the man was headed toward the other side. The man, with a pallid complexion and an emotionless countenance, simply nodded in response. Despite the eerie

atmosphere, Vibhu continued alongside the enigmatic stranger. Conversation was sparse, with an unsettling silence enveloping the tunnel. As darkness descended, Vibhu attempted to break the tension, remarking on the ominous surroundings. To his surprise, the man's response was cryptic, mentioning Vibhu's bike and an unsettling familiarity with his situation.

This prompted Vibhu to recall a news article he had read earlier, detailing a tragic accident involving a man named Ashok, who had lost his life due to a reckless driver distracted by a phone call. As realization dawned, a chill ran down Vibhu's spine, suspecting he was walking beside the very person from the news article. With a

growing sense of unease, Vibhu pressed on, unsure if

he was encountering a figment of his imagination or an actual ghost. Despite his fear, he continued towards the tunnel's end, propelled by the urgency to escape the eerie presence.

However, as they neared the exit, Vibhu's phone rang, shattering the silence. In an instant, the stranger's demeanor shifted, his sad expression morphing into a malevolent grin. With a knife in hand, he lunged towards Vibhu, who narrowly evaded the attack.

As Vibhu stumbled away in terror, the laughter of Ashok echoed in the tunnel, leaving Vibhu shaken and bewildered, haunted by the chilling encounter with the spectral figure in the forest tunnel.





Pavan Kalyan  
IX, 6261

# Beyond the Horizon

On a road I stood, gazing far ahead,  
No haze could obscure what lay ahead,  
With determination, I forged ahead,  
Each step a testament to my resolve.

Counting one, two, three, my journey began,  
Each bound echoing, as if to spur me on,  
Amidst the trials, I persisted,  
Hoping for the moment to triumph.

I knew the path ahead was uncertain,  
Yet retreating was not an option,  
For to step back would mean,  
Falling a thousand steps behind.

A passerby stopped me in my tracks,  
Curious, he asked of my journey,  
I pondered, what more was there to do,  
To endure, to persist, to keep moving forward.

He inquired once more,  
How does it last, this journey of yours?  
With a smile, I replied,  
It will endure, for I walk amidst sweetness.

In the world, through my eyes I see,  
A journey of trials, yet also of triumph,  
For with each step, I move beyond,  
Towards the horizon, where dreams await.





Bhagat PR  
XII, 6167

## *The Diverse Responses in the Tapestry of Human Nature*

In the intricate tapestry of human existence, responses to changes in day-to-day life vary significantly. A nuanced observation reveals that individuals exhibit diverse reactions, with some expressing wariness, while others actively seek ways to navigate the shifting tides in favor of their aspirations. This psychological phenomenon, akin to the analogy of building walls or windmills, has been recurrent throughout history, especially during revolutions that centered around transformative changes.

Political terms such as Conservatives, Neutrals, and Radicals vaguely encapsulate this human tendency to respond to change in distinct ways. From these classifications, it becomes evident that responding to change is intrinsic to human nature, and the unique attributes each individual possesses guarantee a plethora of responses.

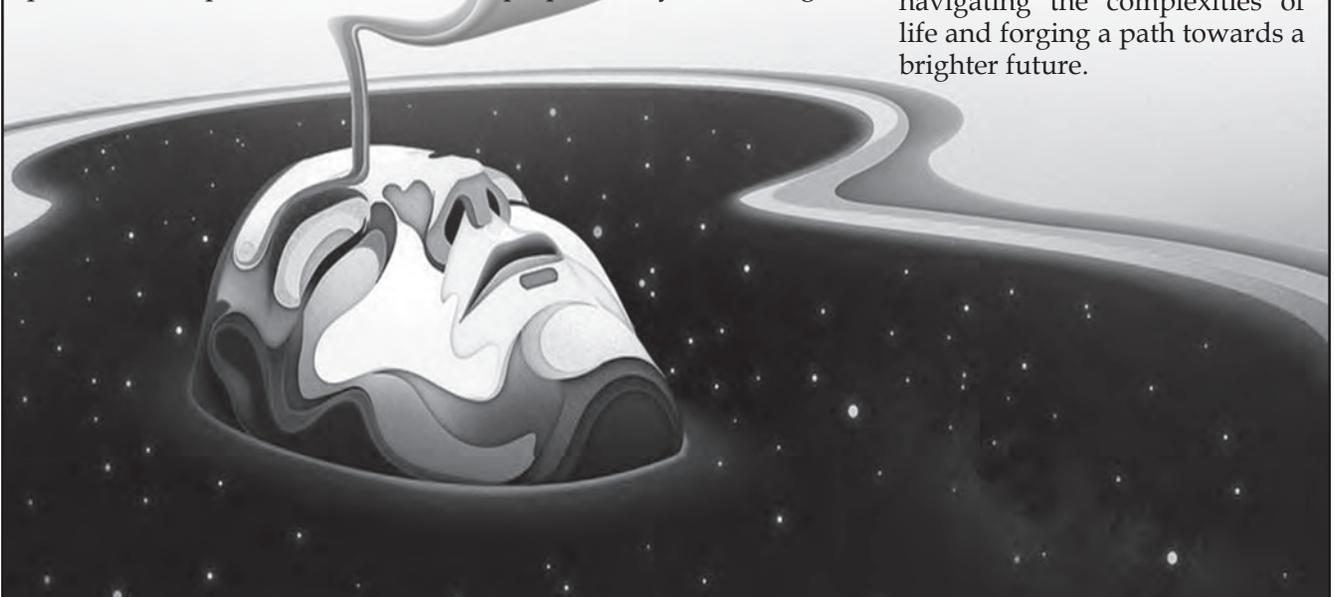
Some individuals are naturally wary of change, driven by a fear of the unknown. The saying, "People fear the unknown much more than what is known," holds true in this context. Attachment to present standings can breed resistance to any potential threat to the status quo. However, this mentality is not ideal, as the inevitability of change is a fundamental aspect of life. Resisting change, as Murphy's Law suggests, is akin to attempting to draw lines in water to make them permanent—ultimately futile.

In contrast, adaptive individuals respond positively to change. They analyze and evaluate the impact of change, seeking to understand how it can benefit them. Successful people often share a common trait of embracing and adapting to changes, realizing that progress is propelled by a willingness

to evolve. Attempting to resist change and clinging to past standings may hinder growth and development.

The world, as we know it, has been shaped by numerous changes, and further transformations will continue to shape its future. Adapting to change is essential for progress, whether on an individual, group, or societal level. Striking against progress or grieving for bygone political unions may provide temporary solace, but it ultimately impedes the journey forward.

In conclusion, the diverse responses to change form an integral part of the human experience. Whether wary or adaptive, each response contributes to the collective narrative of progress and evolution. Understanding and embracing change, rather than resisting it, is the key to navigating the complexities of life and forging a path towards a brighter future.





Simran  
VII, 6518

## *The Augustus Family in Deathly Hallows*

In a place known as Deathly Hallows, bustling with human activity yet still in its developmental stages, resided the Augustus family. Bella Augustus, along with her two children, Anna and Xavier, navigated life's challenges in this evolving community.

Bella worked diligently at Chesta Producers, a company specializing in dairy items, while Xavier found employment at Shashai Products, focused on cosmetic goods. Anna, the eldest sibling, juggled part-time jobs, including a stint at the printing press of Deathly Hallows Times.

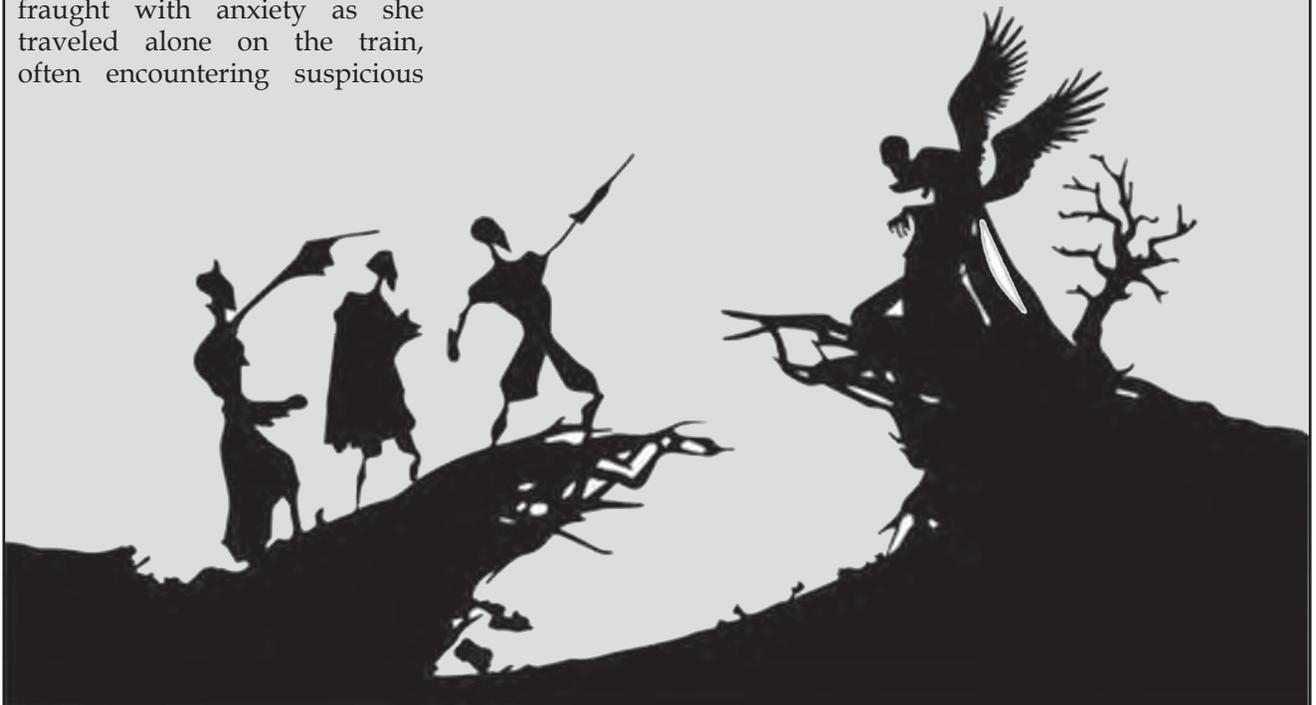
Anna's daily commute was fraught with anxiety as she traveled alone on the train, often encountering suspicious

characters. One harrowing night, she witnessed the assault of another young woman by two men, leaving her trembling with fear. The next day, Anna's worst fears materialized when she stumbled upon a newspaper headline reporting her own rape and murder. Overwhelmed with grief for her family, she was haunted by the prospect of leaving them behind.

However, Anna's ordeal took a surprising turn when she encountered Inspector Emma on the train, who apprehended the assailants. Grateful for her salvation, Anna embarked on a quest to reunite with her deceased

father, unbeknownst to her and Xavier that their employer, Shashai, was their father. As Anna and Xavier traversed the realm of the dead in search of their father, they were met with revelations of their mother's role in their tragic demise. Bella, driven by a misguided desire for familial unity, orchestrated the deaths of her children and herself to reunite in the afterlife.

In Deathly Hallows, amidst sorrow and betrayal, the Augustus family's journey unfolded, revealing the depths of human suffering and the enduring bonds of love and loss.





Gaurav P  
X, 6128



## My Trip to Puttaparthi & Bangalore

Puttaparthi, located in Southern Andhra Pradesh, holds special significance for me as I lived there from the ages of 1 to 3. Known for Sai Baba, it had been three years since my last visit. The anticipation and preparation for the trip began the day before we embarked on our journey. We opted for an Uber to reach the railway station, which was a longer journey than our usual mode of transportation. Our destination was Bangalore, as there were no direct trains to Puttaparthi.

Boarding the train at around 4:30 PM, my family and I enjoyed the journey, interacting with fellow

passengers, playing games, and sharing meals. As we settled in for the night, we reached Cochin, where we slept peacefully until the morning.

Waking up to a new day, we found ourselves in Whitefield by 6:30 AM. After breakfast at a hotel, consisting of South Indian dishes like dosa and idli, we headed to the bus stand. Among the various destinations, we found a bus bound for Puttaparthi, which we boarded around 9:00 AM.

Arriving in Puttaparthi by 3:30 PM, we made our way to Sai Nilayam, a hostel-like accommodation for devotees of

Sai Baba. The next three days were filled with visits to old neighbors, my father's friends, shopping, attending Bhajans, and reconnecting with friends from my time in Puttaparthi. We even had the pleasure of meeting my father's Russian friend, Sergey, who treated us to delicious meals from the canteen.

On the evening of the 29th, we boarded a train back to Bangalore. Although we had not planned to visit Bangalore, we seized the opportunity. We stayed with my father's friend, Renjith, in Bayappanahalli, and then visited my cousins living in Dadasahalli. Their flat was impressive, complete with amenities like a swimming pool and a basketball court. We enjoyed two nights with them, indulging in their delicious biryanis.

Finally, we caught a train from Bayappanahalli Railway Station back home, concluding our memorable trip that allowed us to revisit Puttaparthi and explore Bangalore unexpectedly.





Navaneeth AR  
X, 6183



## *My Annual Training Camp Experience*

My ATC camp experience was quite memorable. Following our extended Onam break, we returned on the 29<sup>th</sup> of September, and the very next day, Noufal sir informed us about the upcoming Annual Training Camp (ATC), scheduled from October 1<sup>st</sup> to 10<sup>th</sup>. I was thrilled at the prospect of the camp, especially when Noufal sir chose me as the leader of the IX B class.

The camp commenced on a Saturday, and on the first day,

we had to put up our dathakhis. During the evening roll call, we were provided with snacks, adding a touch of camaraderie to the atmosphere. It was interesting to note that not only 9<sup>TH</sup> graders but also 12<sup>th</sup> graders participated in the camp.

One of the most memorable aspects of the camp was the opportunity to handle a gun for the first time in my life. It was a significant moment that I will never forget.

Coincidentally, my birthday fell on the 22<sup>nd</sup>, a day when I received punishment. Despite the challenges, including having to endure a hairunt after prolonged standing, I found that the camp provided me with valuable experiences. While I faced my fair share of punishment, it ultimately contributed to a fulfilling and enriching experience that I will carry with me for the rest of my life.

## *My Elder Brother*

In my life, a brother stands tall,  
Sweet as sugar, yet fierce as a squall.  
When anger strikes, a tiger roars,  
But beneath it all, love forever soars.

Studios and dedicated, day and night,  
His schedule rigid, his goals in sight.  
Bound for greatness, he'll reach new heights,  
Guided by wisdom, his beacon of light.

With every step, he leads the way,  
In his wisdom, I find my stay.  
For in my elder brother, I see,  
A friend, a mentor, eternally.



Ashrid Krishna S Nair  
X, 6155





Vignesh Nalakath  
XII, 5999

## Unleashing the Power of Life's Transformations



When a profound and aesthetically pleasing transformation occurs within an individual's life, reactions to this change, whether big or small, good or bad, vary significantly. Most individuals tend to either ignore the change, deeming it unnecessary for their lives, or attempt to resist it. However, there are those who embrace change, leveraging it to its maximum potential akin to a windmill harnessing the power of the wind.

In the face of an unfavorable change, such as a windy alteration that could prove detrimental, people often tend to either steer clear of it altogether or actively work towards its destruction. Nevertheless, a select few identify the silver lining within the change and make constructive use of it.

Consider the example of the "AGNIPATH" scheme introduced by the Indian government in 2022. Divergent perspectives emerged regarding this initiative; some viewed it as detrimental to the youth and the nation, while others saw it as an opportunity to boost employment

and strengthen the armed forces. Those who embraced the change found success and happiness, having seized the opportunities it presented. Conversely, those who resisted the change built metaphorical walls, missing out on potential benefits.

While constructing barriers may seem like a defense mechanism, it is not always a prudent course of action. For instance, in the case of the AGNIPATH scheme or similar initiatives, resisting change is not inherently beneficial, as individuals often have alternative choices available to them. Success is achievable in various fields, even without immediate employment.

Embracing change, analogous to building a windmill in one's life, is generally advantageous. It presents numerous peaks and blessings, providing a transformative force. Consider students who currently have access to technology and vast amounts of information. While many merely scratch the surface, there are those who harness these resources to achieve excellence and success in their lives.

Reflecting on personal experiences, there have been times when I erected walls, resisting change. However, one pivotal moment involved the decision to build a figurative windmill upon discovering the All India Sainik School Entrance examination. This windmill altered the trajectory of my life, becoming one of the most significant and positive transformations. Admittedly, there were instances where I regretfully constructed walls, such as not making it to the finals of the Spelling Bee Nationals.

In conclusion, life's changes, whether favorable or unfavorable, offer opportunities for growth and success. Embracing change, like a windmill harnessing the wind, can lead to a life enriched with experiences and accomplishments, while building walls may inadvertently hinder progress and limit potential achievements. The key lies in recognizing the transformative potential within every change and capitalizing on it to shape a more fulfilling and prosperous life.





Dhiraj Kumar  
X, 6492

## The Era of Digitalisation

The era of digitalisation, often referred to as the third industrial revolution or the digital revolution, has transformed society in profound ways since its inception in the twentieth century. Digitalization involves the adoption of digital means to enhance existing processes across various sectors. Today, it's rare to find a sector untouched by digital technology.

The goals of digitalization are manifold, including improving system efficiency, achieving cost savings, increasing productivity, facilitating user-friendly automation, and reducing the likelihood of negative outcomes.

The benefits and drawbacks of digitalization are numerous.

One significant benefit is the fast availability of information. Thanks to updated technology, accessing information via the internet is now possible anytime and from anywhere. Additionally, much work can be completed online using mobile phones, eliminating the need to visit physical locations like banks or stores.

However, digitalization also presents challenges. Digital technologies, such as social media and online games, can be highly addictive, leading to the wastage of precious time, particularly

among children. Moreover, as communication increasingly occurs through digital channels, physical interaction diminishes, potentially leading to feelings of loneliness and susceptibility to depression.

Despite these challenges, the importance of digital technologies in daily life cannot be overstated. Digitalization has become the need of the hour, as exemplified by its crucial role during the COVID-19 pandemic. The battle against the virus was made possible largely due to digitalization, highlighting its indispensable role in modern society.





Devarpith Padikara  
X, 6148

## My Quarantine Journey: From School Reunion to COVID-19 Recovery



*My* experience during the quarantine period at school due to COVID-19 was quite eventful. Initially, the lockdown period was challenging as it meant staying away from my friends. However, when I received the news that I could return to school, I was overjoyed, although the shopping spree for necessary items took quite some time.

I arrived at school on January 8,

2022, and as I roamed around, memories flooded back. Meeting old friends added to the excitement. It was during this time that I remembered I belonged to Veluthampi House, where I reunited with familiar faces like Sivasankar, Vaisakh, Madhav CS, Koushik, Athul, Ruben, Nishanth, and Deekshith.

Initially, the quarantine period of 14 days seemed like an extended

holiday as we spent most of our time playing and having fun. However, our bubble was burst when we learned that Sooraj leader was tested positive for COVID-19. Subsequently, cases surged in the school, leading to an extension of the quarantine period.

Unfortunately, Koushik also tested positive and had to be admitted to the Medical Isolation Room (MIR). A few days later, I experienced a strange dream and woke up with a high fever. Along with Vaisakh, who also had a fever, I underwent a COVID test which came back positive. This meant an additional 14 days of quarantine, this time in the old VKKM house, where COVID-positive individuals were isolated.

The days spent in VKKM house were less enjoyable compared to Veluthampi House, but we made the best of the situation. On the last night, Vaisakh, Koushik, and I arranged three bunk beds together and slept on the top bunk, creating a memorable moment amidst the challenges.

In summary, my quarantine period was a rollercoaster - from the excitement of returning to school to the setback of contracting COVID-19, followed by recovery and finally, returning home.





Anubhav Singh Kushwah  
X, 6499



## National Biofuel Policy: A Sustainable Solution for India's Energy Future

The National Biofuel Policy marks a significant shift towards sustainable energy sources in India. Fossil fuels, formed from ancient organic matter subjected to immense heat and pressure over millions of years, have long dominated our energy landscape. However, the finite nature of fossil fuel reserves and their environmental impact necessitate a transition towards renewable alternatives.

Announced by Prime Minister Manmohan Singh on July 15, 2010, the National Biofuel Policy aims to promote the use of renewable biofuels derived from agricultural resources. Ethanol and biodiesel, derived from crops like sugarcane and

oilseeds, are key components of this policy. Divided into basic biofuels and advanced biofuels, the policy seeks to incentivize farmers to produce biofuels, thereby reducing dependence on fossil fuels and mitigating environmental concerns.

One of the primary challenges in advancing biofuels is ensuring a steady supply of raw materials. The government has taken steps to address this by promoting the cultivation of biomass and facilitating the distribution of biofuels across the country.

In terms of sustainability, biofuels offer several advantages over fossil fuels. They produce lower greenhouse

gas emissions, contribute to rural development, and enhance energy security. However, challenges such as land use competition, food security concerns, and technological limitations must be addressed to realize the full potential of biofuels.

The National Biofuel Policy represents a crucial step towards achieving a more sustainable energy future for India. By prioritizing the development and utilization of biofuels, we can reduce our reliance on fossil fuels and pave the way for a cleaner, greener tomorrow.





Vijay Krishna  
X, 6153



## The Game-Changing Journalist

In the bustling slums of Mumbai, gangs and group rivalries were commonplace. However, this is the tale of a gang that operated in the shadows, unrecognized by any official name but instilling fear through the terror of their leader, known simply as 'Vedha'. This gang boasted an extensive spy network, always one step ahead with information about law enforcement actions. Vedha, the leader, was a charismatic figure with excellent connections to local police officials. The fear he instilled was so potent that no one dared to speak out against the gang, and even if someone did, Vedha's bribes ensured their silence, leaving them to suffer in silence.

Abductions, ransom demands, and drug trafficking were the mainstay of this gang's operations. However, their primary source of income was drug trafficking, often exploiting local children to transport drugs in exchange for meager sums. The gang was notorious for

covering its tracks meticulously, leaving behind little evidence that could incriminate them.

Enter Munna, a middle-class journalist who lived in the slums with his siblings, Hari and Vedanti. Orphaned and burdened with the responsibility of providing for his younger brother and sister, Munna stumbled upon the truth when he found his siblings feasting at a vendor's shop one day. Suspecting foul play, Munna coaxed the truth from his siblings and discovered they had been working for the local gang, Vedha's gang, for the past two months.

Realizing that without concrete evidence, the authorities would not act, Munna devised a bold plan. He infiltrated Vedha's gang, earning his trust through dedicated service. Munna knew that to dismantle the gang's hold, he needed irrefutable evidence. Through clandestine inquiries, he gathered sufficient proof of the

gang's illicit activities, including the source of their drugs.

His next move was to intervene in the lives of the local children, offering them guidance and counseling to dissuade them from participating in the gang's criminal activities. Vedha grew suspicious of the sudden resistance from the children and, through his spy network, discovered Munna's involvement.

As Vedha's gang closed in on Munna's home, little did they know that he, along with his siblings, had gone to the District Office to file a complaint against them. With the evidence against Vedha in hand, the magistrate swiftly ordered action against him. Police were dispatched to arrest him, and as the media covered the story, Munna became a hero, ultimately receiving a state government job for his bravery in saving countless lives from the clutches of crime.





L. Saikaran  
X, 6157

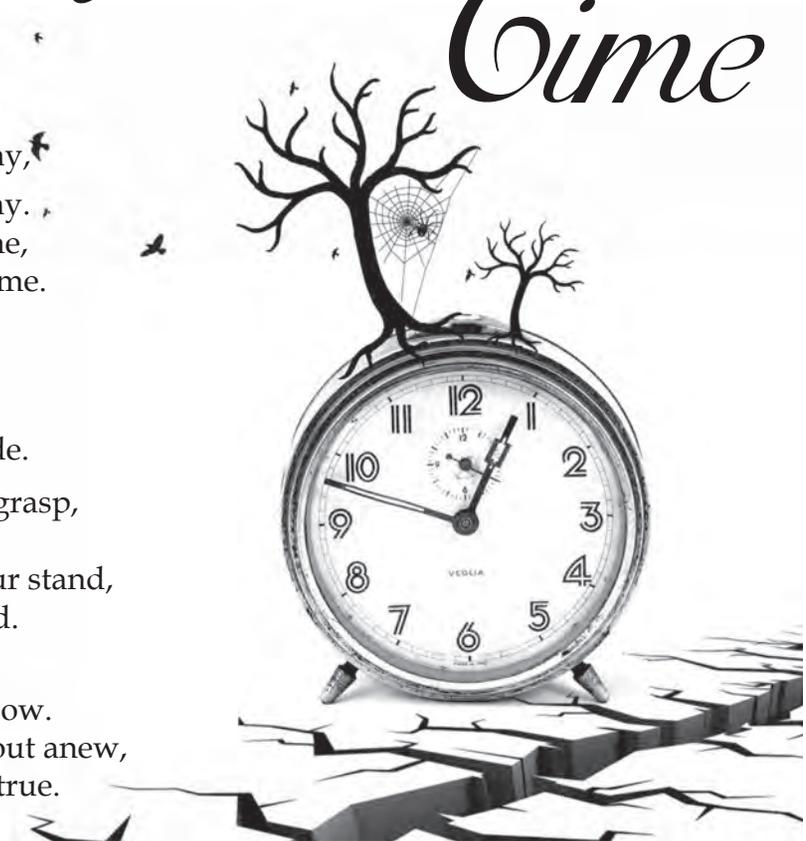
# Change with Time

As time's gentle touch does sway,  
All things in flux, in constant play.  
Yet in the halls of learning's name,  
The code of conduct, ever the same.

In the world, reforms unfold,  
But recognition holds its mold.  
We, the cadets, in steady stride,  
From youth to honor, side by side.

The future's weight, within our grasp,  
In our hands, nations clasp.  
Through trials tough, we take our stand,  
Gentle strength, at our command.

Batches countless, come and go,  
Life's journey, they continue to sow.  
In the fields of growth, they sprout anew,  
Guided by principles, tried and true.



Hrithunandh Shaju  
VII, 6497

# Beauty

Beauty reveals itself  
In the golden glow of sunlight,  
In the gentle sway of trees,  
In the melody of birdsong,  
And in the labor of farmers tending their corn.

Beauty whispers softly  
In the darkness of night,  
In the gentle sigh of the wind,  
In the patter of raindrops,  
And in the soulful chant of a singer's voice.

But true beauty resides within,  
In the kindness of your deeds,  
In the joy of your thoughts,  
Echoing in your dreams,  
In every endeavor you undertake,  
And even in the quiet moments of rest.





K Praveen  
IX, 6345

## Embracing Discipline: A Path to Respect and Success



Discipline is an indispensable quality, a cornerstone that shapes not just our character but also our standing in society. It is a virtue that commands respect and admiration, fostering a sense of responsibility and order. In our collective journey toward personal growth and societal harmony, it becomes imperative for each of us to cultivate and refine the quality of discipline within.

Allow me to illustrate the transformative power of discipline through a simple yet profound story. In a bustling city lived a man known for his rudeness and an apparent disregard for cleanliness. However, when a city-wide cleanliness competition surfaced, he found an unexpected opportunity for change. Eager to participate, he joined the effort to clean the streets within a strict one-hour time frame, with the promise of refreshing juice as a reward.

As the team diligently worked, a pivotal moment unfolded. Halfway through, juice distribution began, and while most responsibly disposed of their empty bottles, this man callously discarded his near him. The judge, upon discovering this breach of discipline, sternly warned of disqualification. The story serves as a stark reminder that discipline is not a part-time

endeavor; it must permeate every aspect of our lives.

Turning our gaze to a luminary example, we find inspiration in the life of Dr. APJ Abdul Kalam, a man of discipline and kindness who served as the President of our nation. His life exemplifies the profound impact discipline can have on shaping an individual. It is through such examples that we learn discipline is not just a means to an end but a journey that molds us into better, more refined versions of ourselves.

Discipline, as a virtue, is not confined to maintaining neatness; it extends to kindness, politeness, and respect for others. It is a holistic approach to life that demands order in our surroundings, our interactions, and our attitudes. A disciplined person is not only recognized but revered, leaving an indelible mark on the world.

In the context of education and career, the role of discipline becomes even more pronounced. Institutions and workplaces recognize and reward disciplined behavior. The National Defence Academy (NDA), for instance, demands discipline from its aspirants, underscoring its crucial role in shaping individuals for larger responsibilities.

Discipline isn't just a personal choice; it's a societal imperative. In

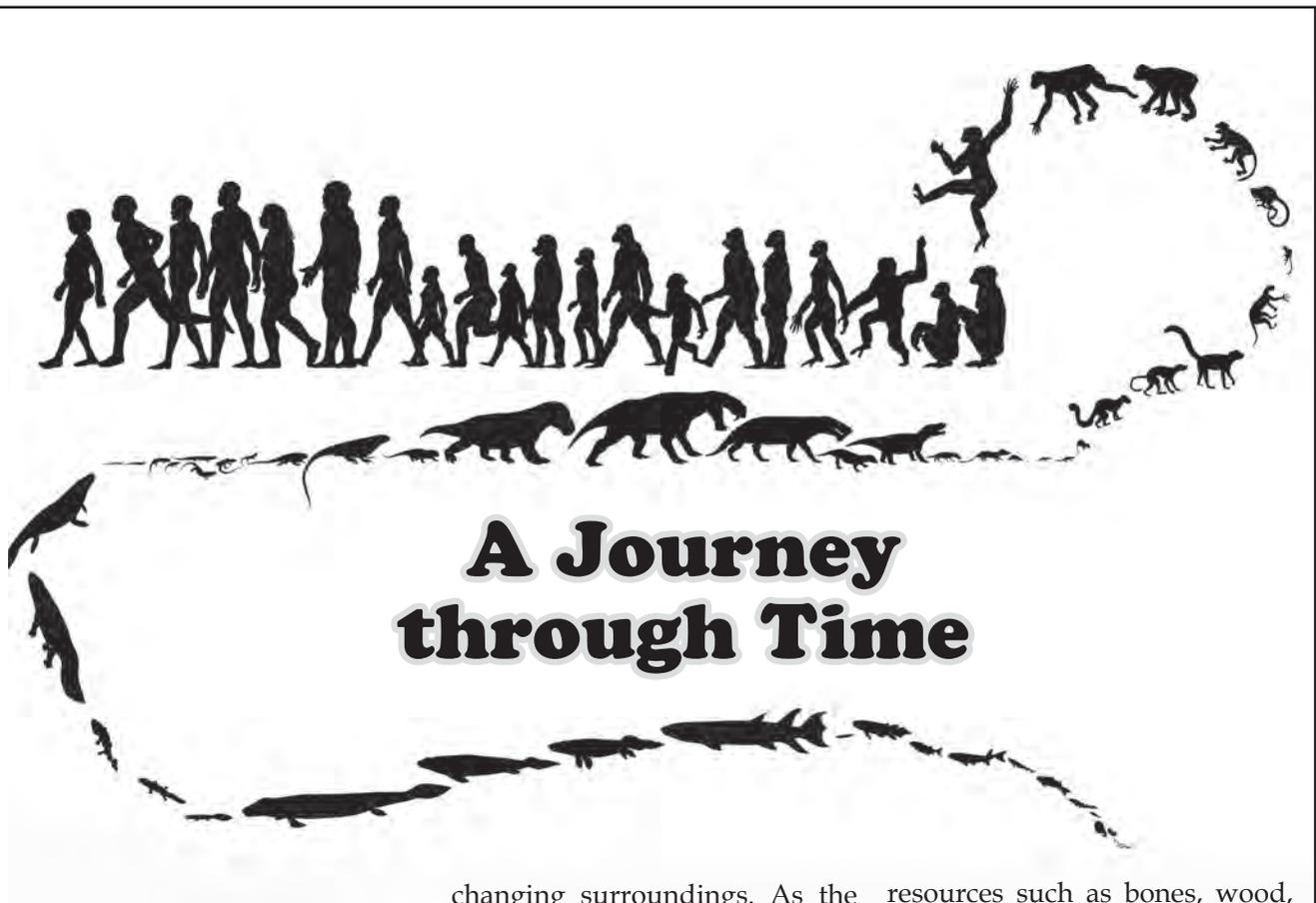
the contemporary world, where societal norms are evolving, a lack of discipline is less tolerated. Rudeness and disregard for order can lead to social ostracization, hindering one's acceptance in the community.

As stewards of the environment, our commitment to discipline extends to maintaining cleanliness and preventing pollution. Mindless waste disposal not only degrades our surroundings but can also lead to severe health consequences. Awareness and conscientious action are vital to curb these detrimental practices.

Nurturing discipline from childhood is crucial. It is a quality that paves the way for a successful and respected future. The saying, "Discipline is doing what needs to be done, even if you don't want to," encapsulates the essence of this virtue. If we neglect to embrace discipline, society may turn away, recognizing the profound impact it has on our collective well-being.

In conclusion, discipline is not merely a set of rules but a way of life. Let us actively choose to be disciplined in our actions, kind in our interactions, and responsible stewards of our environment. In doing so, we contribute to a harmonious and respectful society, fostering a legacy of discipline that transcends generations.





## A Journey through Time



Krishnaraj R.S.  
IX, 6319

During the era of evolution, Social Science delves into the journey of a group of apes as they traversed from their familiar forest habitat to a new territory, carrying their young on their backs. Consisting of two males, five females, and three offspring, they commenced the process of adapting to their

changing surroundings. As the climate shifted, necessitating adjustments for survival, they sought refuge in the shelter of trees, finding sustenance in the fruits they consumed.

However, the challenges escalated with the onset of conflict, compelling them to seek alternative shelters. Scaling a sturdy tree, they discovered a cave atop a hill, where they took refuge. Subsisting on gathered fruits, their encounter with a deer, felled by a boulder, sparked an idea. They began utilizing boulders as tools for hunting and sustenance, gradually honing their skills for survival.

Encounters with predators like lions prompted strategic relocations towards water bodies for safety. Through trials and experimentation, they acquired knowledge of pottery, fishing, and other essential skills, laying the groundwork for the formation of a primitive village. Utilizing

resources such as bones, wood, and sharpened objects, they forged tools and evidence of their existence, some of which remain concealed, awaiting revelation.

Their journey of discovery led them to experiment with stones, attempting to create sharper tools. A pivotal moment occurred when a spark ignited a fire, initially met with fear but eventually embraced as a vital aspect of their lives. Recognizing its multifaceted utility, they learned to harness fire for light, warmth, cooking, and defense against nocturnal predators.

As they continued to adapt and innovate, the significance of fire became ingrained in their daily existence, marking a pivotal advancement in their evolutionary journey. With each discovery, they drew closer to uncovering the secrets of their ancestry, awaiting the revelations yet to unfold.





## *Shifting Perspectives: The Essence of Humanity*



Jamrosh Roy  
IX, 6271

In a world seemingly marred by corruption, from nations to individuals, it's easy to succumb to the notion of imperfection. Even I, nobody special, acknowledge this truth. Yet, amidst the chaos, it's our perspective that holds the power to shape our reality. While I may not naturally lean towards optimism, the recognition of this small truth bears immense significance.

Perspective, I've come to realize, is the crux of it all.

Between a scientist and an architect, a mason and a tailor, lies a world of difference in thought. Our perspectives, like screens, project our innermost

thoughts without regard for others' feelings. It's selfish in its nature, yet profoundly influential. And within this realm of perspectives, another layer emerges—the inner dialogue of man.

Questions like "Who am I? Why am I like this?" surface, each answer heavily influenced by perspective. It's this interplay that forges our personalities, shaping who we are from birth until death.

Contrary to popular belief, this perspective isn't something acquired at 18; it's innate, intrinsic to our being. The confusion often attributed to

teenagers isn't solely due to their studies; rather, it's the evolution of their perspectives, adapting and shifting with time.

Some say everyone has a soul, but what they fail to grasp is that the soul embodies our perspective—an incarnation of our unique viewpoint. Each individual possesses a perspective, a personality waiting to be uncovered amidst the complexities of life.



Rajat R Jambigi  
VII, 6488

In the heart of California, USA, there once lived a girl named Rosie, whose sole lack was a job. Despite her efforts, employment remained elusive until one fateful day when she stumbled upon a poster advertising a need for employees at a software company. Seizing the opportunity, Rosie applied and secured the position.

For two years, Rosie devoted herself tirelessly to her work, earning accolades and admiration from her colleagues, including her close friends Luna and Michel. However, an unsettling incident occurred one evening when Luna witnessed a chilling visage and became unnerved.

After receiving a mysterious phone call, Rosie vanished without a trace, prompting concern among her coworkers.

## Dead or Alive



The discovery that Rosie had no bank account or traceable phone number only deepened the mystery surrounding her sudden disappearance.

Tragically, the unsettling events took a darker turn when Michel was found murdered, followed by Luna's suspicious demise in a van accident. With speculation mounting and no answers forthcoming, Rosie's colleagues reached out to her supposed brother, only to learn that Rosie had been dead for 18 years.

As questions lingered and suspicions swirled, the software company closed its doors indefinitely, leaving behind a haunting enigma. Was Rosie a vengeful spirit? Did she orchestrate the deaths of Michel and Luna, or were they victims of a malevolent force? The truth of Rosie's existence, her intentions, and her ultimate fate remain shrouded in mystery, leaving all who knew her to ponder her enigmatic presence.



## Transforming Education System

Sri Ram Saran  
X, 6165

Education plays a crucial role in our lives. It's about acquiring knowledge and shaping ourselves. However, nowadays, education has become a profitable business. This is one of the many obstacles of the Indian education system. Another major issue is the existence of various syllabi across the country, such as ICSE, CBSE, IGS, and different state syllabi.

Additionally, teaching often revolves around textbooks, which may not always be effective.

To address these challenges, we need a common syllabus with more practical classes. Immediate action should be taken to strengthen the foundation of education and uplift the country from the constraints of the past.





Afreen Fathima Siyad  
VII, 6508

## A Memorable Journey to Goa



It was an enchanting morning at Sainik School, as five precious days of Christmas vacation awaited every cadet, a time to spend with their families. Amidst the rush of packing and anticipation, I eagerly awaited my parents' arrival, knowing they had a special plan for our family trip—to Goa.

Leaving the school campus behind, we headed straight to Trivandrum Airport, where we waited eagerly to board our flight. After a four-hour journey, we finally arrived in Goa, greeted by the warmth of the coastal air. Finding our hotel, we decided to relax after the long journey before heading to the beach.

Lunches in Goa meant indulging in a hearty Thali—a combination of rice, chapati, and various curries. As the evening approached, we strolled through the bustling streets of the town, filled with excitement for the upcoming New Year festivities.

The next day was filled with thrilling adventures, from scuba diving to banana rides and jet skiing. We also explored the historical sites of Goa, visiting forts, churches, and even catching a glimpse of dolphins off the coast.

Our visit to the Basilica of Bom Jesus, a centuries-old church, left a profound impression, showcasing the rich history and

cultural heritage of Goa. As the days passed by, we soaked in the beauty of the beaches, the charm of the old town, and the warmth of family bonding.

As our trip came to an end, we reflected on the myriad experiences we had in Goa—its beaches, activities, historical sites, and vibrant culture. It was an adventure-filled journey that left us with cherished memories to last a lifetime.

Boarding our flight back to Trivandrum, we bid farewell to the splendor of Goa, grateful for the unforgettable moments spent together as a family. Goa had indeed been a delightful escapade, one that we would fondly remember for years to come.



## Girls in Uniform, Pride of the Nation: Girl Cadets at Pangode Military Station





House Master  
Attached masters



Mr Sambhu R  
Mr Sandeep PR & Mr Vishnu AM

# The Nehru House

House Captain  
Navaneeth A 6334



Sergeants  
Niranjan S 6129 &  
MD Gulam 6112

Warden  
Mr Anand

The academic year 2023-24 marked a stellar chapter for the Nehruvians, characterized by vibrancy and enriching learning experiences.

Commencing the year with fervor, the Nehruvians showcased their determination by securing an impressive overall third position in the Interhouse Volleyball Competition, led by the dynamic leadership of Cdt Santhosh P. Our prowess extended to the literary arena, where we clinched the overall first position in the Hindi essay writing competition, with Sgt Gulam and Cdt Kartik Dixit securing the 1st and 3rd places, respectively. Sgt Niranjan S further distinguished the Nehruvians by securing the 2nd position in the Malayalam essay competition. In the realm of calligraphy, Cdts Aswin S K and Karthik Dixit secured the third place in Malayalam and Hindi categories, showcasing both skill and finesse.

Embracing the adage, 'Cleanliness is next to godliness,' the Nehruvians exhibited their best, earning the second runners-up position in the Cleanliness competition.

The intellectual prowess of the Nehruvians was highlighted in the Interhouse Quiz Competition, where our team, led by Cdt Prabhat Ranjan, Sgt Gulam, and Cdt Harsh Kumar, secured the overall Runner-up position.

In the spirited cross-country race, despite a performance slightly below expectations, Cdt Niranjan Aji brought immense pride to the Nehruvians by clinching the gold medal and securing the individual first position. Adding to the display of physical prowess, Cdt Aswin S Kumar claimed the second position in the Mr. Physique competition.

The Nehruvians continued their winning streak in the Intra-school "Chandrayaan-3" Quiz competition, where a team led by Cdt Adwaith GS secured the overall first position, bringing further accolades to the house.

The UPSC NDA exam, a significant milestone for any Kazhak, witnessed success for five Nehruvians – HC Navaneeth A, Cdt Nandajith, Cdt Pratheek, Cdt Sankaranarayanan, and Cdt Prabhat Ranjan – all of whom cleared the examination, adding a note of pride to the illustrious house.

As we reflect on the accomplishments of the year gone by, the Nehruvians stand poised for future triumphs, guided by resilience and a commitment to excellence.



# The Nehru House

◀ House Motto

"Aspire, Inspire, Lead with Vision."

◀ House Colour  
Orange





House Master  
Attached masters



Mr Biju V Jacob  
Mr. Mathew K Thomas & Mr. Sohan IS

# The Shivaji House

House Captain  
Mani P Thomas (5978)



Sergeants  
Abhinav Satheesh (6373) &  
Advait T Kurup (6076)

Warden  
Mr Rahul

In the vibrant realm of the 2023-24 academic session, the lions of Shivaji roared to life with unprecedented zeal and determination. We etched our mark in various interhouse events, reaching the pinnacle of success with the coveted Bison Trophy. The Inker House Cross-Country competition witnessed our triumphant sprint, leaving competitors trailing in our dust. Noteworthy contributions from Cdts Akash Mahadevan, Abhishek Kumar, Shubham Kumar, Akshay Kumar A J, and Bittu Kumar played a pivotal role in clinching this prestigious trophy. Our triumph extended to the Cleanliness Trophy, reflecting the collective spirit of the entire house, transcending batch distinctions.

The stage was set ablaze with our achievements as well. Cdts Arjun AK and Reuben Koshy Vaidyan showcased our prowess in the inter-house extempore competition, securing 1st and 3rd positions respectively, propelling Shivaji House to the top position overall. Our quiz enthusiasts engaged in a fierce battle, earning us the runner-up position. In the Hindi debate, HC Abhinav secured a commendable third place.

Beyond the spotlight, Shivaji House excelled in off-stage literary events, securing individual accolades. Ghanashyam claimed the top spot in the Malayalam essay writing competition, while Cdt Niraj Kumar showcased impeccable calligraphy skills, securing 2nd place in the Hindi calligraphy competition.

Our house pride extended beyond school borders as many exemplary cadets represented the institution in various inter-school and external events. Sgt Abhinav Satheesh, Sgt Yadukrishnan A B, and Cdt Akshay Kumar A J contributed to the victorious football squad at the South Zone Sports and Cultural Meet and Interzone matches in Sainik School Goalpara, Assam. Sgt Yadukrishnan AB captained this triumphant squad. BM Hafeez Muhammed played a pivotal role in the first-place basketball squad at the South Zone Sports and Cultural Meet and Sainik School Inter-group National Games at Sainik School Kunjpura. Cdt Divyansh Verma clinched the top spot in the inter-school quiz competition. Cdt Reuben Koshy Vaidyan and Cdt Atish Vinod secured the 1st position in the inter-school science competition. BM Hafeez Muhammed led the Sainik School Contingent in the Republic Day Parade at the central stadium, Thiruvananthapuram.

As the crowning achievement, four outstanding cadets - HC Abhinav, Cdt Amandeep Kumar, Cdt Ankit Kumar, and Cdt Anand Utkarsh - cleared the UPSC examination, adding another feather to Shivaji House's illustrious cap.

With our eyes set on the prestigious Cock House Trophy, we extend our heartfelt gratitude to the guiding hands and unwavering support of our House staff. The mighty lions of Shivaji remain hungry for more victories, ready to instill fear in the hearts of our opponents with our resounding roar.



*The*

# Shivaji House

House Motto

“Shivaji’s Legacy: Fearless Hearts, Noble Minds”

House Colour  
Sky Blue





House Master  
Attached masters



**Mr Arun Kumar M S**  
**Mr Girish K R & Ms Surya S**

# The Prasad House

House Captain  
**Bhuvan V S (5930)**



Sergeants  
**Madhav Menon (6363)**  
**Devesh Sankar (6070)**

Warden  
**Mr Anand**

The year 2023-24 unfolded as a splendid chapter for the Prasadians, marking a testament to our exceptional prowess and unwavering dedication. Our achievements resonated across various spheres, cementing our position as leaders and achievers.

A remarkable feat for Prasad was grooming three out of the five school appointments, a clear reflection of our commitment to leadership and responsibility. Additionally, our house produced five UPSC examination qualifiers, namely SCQM Dev Madhav, SSC Sushant Sharma, HC Bhuvan V S, Cdt Adithyan A, and Cdt Nanda Krishna J, adding a significant feather to our cap.

In the realm of sports, Prasad showcased its mettle by securing the runner-up position in both volleyball and football, owing to the exceptional efforts of Cdts Gokul, Adithyan, Gautam, Arjun, Yadunand, Sgt Madhav Menon, and Sgt Niketh P P.

Our influence extended over oratory and writing events, where Prasad emerged victorious in the Hindi Calligraphy competition with Cdt Raushan Raj claiming the top spot. Further, Cdt Vignesh clinched the first prize in the English Essay writing Competition.

Staying true to our tenet of excelling in stage events, Cdt Navneet Robin and Cdt Nirmay Raj led us to victory as English Debate champions, with Cdt Navaneet winning first place individually. In the Hindi Debate Competition, Prasad secured an overall 2nd position, with Cdt Madhav Shankar securing the third position. The extempore speech competition saw triumph with Cdt Vishva and Cdt Anubhav, contributing to an overall second position.

Prasad continued to shine in various fields, with Cdt Devadathan crowned Mr. Physique for the year 2023-24, and HC Bhuvan V S receiving the accolade of the best sportsman of the year for his outstanding performance as an athlete. NCC ventures persisted, with SAC Kasinath K Gireesh representing Kerala Lakshadweep Directorate NCC in the special National Integration Camp in Port Blair, Andaman. Scientific laurels were brought to the school by Cdt Gokul, winning the Christ Nagar International Science Exhibition Competition. Cdt Vishva secured the first position in the Bharat Ek Quiz conducted by ISSER, while Cdt Rehan bagged a prize in the Inter School technical competition.

Prasad bid farewell to the year as the Cross-Country runner-up, with HC Bhuvan and Cdt Madhav Binoy securing second and third positions, respectively. Noteworthy is the honor bestowed upon our Housemaster, Mr. Arun Kumar M S, recognized for his outstanding commitment towards his students, contributing to a record-breaking number of UPSC NDA clearances.

The quote "Winners never quit and quitters never win" serves as a guiding principle for the green warriors of Prasad, propelling us to lift several trophies and achieve greatness. As we express our gratitude to everyone who stood with us, we eagerly anticipate sailing into greater heights of glory and attaining perfection in all activities in the upcoming years. Refusing to be ordinary, we are destined for nothing less than legendary accomplishments

*The*

# Prasad House

House Motto

“Dignity, Discipline, Excellence.”



House Colour  
Green





House Master  
Attached masters



**Mr Yadu Krishnan**  
**Mr Mahadevan G Nair &**  
**Mr Lal Abraham Thomas**

# The Ashoka House

House Captain  
**Anandhu Krishna A (5931)**



Sergeants  
**Siddharth Raja 6453**  
**Aman Kumar 6084**

Warden  
**Mr Anand**

The Ashokians showcased their formidable prowess once again, clinching a plethora of accolades and laurels in the academic year 2023-24.

Commencing the year on a triumphant note, Ashoka House secured the top position in the Interhouse Hindi debate, where Cdt Aaditya Tiwari not only contributed to the collective victory but also emerged as the individual winner. The house continued its stellar performance by securing the second spot in the Malayalam debate and the third position in English extempore. In the English declamation category, Cdt Rachel Jacob secured the first position, further solidifying Ashoka House's presence on the competitive stage.

The house celebrated success beyond the school premises, as cadets Nayan S Nambiar, SCC Dayal S Priyan, and Cdt Karthik PS participated in inter-school competitions, notably the quiz and exhibition events at ACE College of Engineering, Thiruvananthapuram, and Christ Nagar International School, Kazhakootam.

Beyond the spotlight of competitions, the Ashokians excelled in off-stage activities and sports. Under the leadership of Cdt Immanuel, Ashoka House emerged as the champions in the Interhouse Football competition, while Cdt V Vignesh led the team to victory in the Interhouse Basketball competition, with Cdt Immanuel receiving recognition as the best football player.

Demonstrating commendable teamwork and determination, Ashoka House secured the second position in the Interhouse Cleanliness Competition and the third position in the Interhouse Cross-Country event. Additionally, the house earned the distinction of being the best marching contingent in the Passing Out Parade (POP) 2024, bringing home the coveted drill trophy.

The excellence of Ashoka House extended to off-stage competitions, where they secured the first position in Malayalam Calligraphy, with Cdt Devank R D emerging as the victor. In the Malayalam debate competition, Cdt Nayan Keshav and CdtAashrid claimed the first and third positions, respectively.

The prowess of Ashokians wasn't confined to academics and sports; they shone in NCC activities as well. SCC Dayal S Priyan and HC Saurav Kumar were recognized as the Best Cadet and the Best in Firing, respectively, in CATC 2023 at Sainik School Kazhakootam. SCC Dayal and HC Anandhu 20 Krishna represented the school in the EBSB camp at Sir Syed's College in Payannur, Kannur.

Highlighting their multifaceted achievements, four cadets, namely Cdt Aditya Kumar, HC Saurav Kumar, HC Karthik Raj, and HC Arjun Dev, cleared UPSC exams, and three of them – Arjun Dev, Aditya Kumar, and Karthik Raj – successfully cracked SSB. School Cadet Captain Dayal S Priyan, the epitome of excellence, was adjudged the Best All-Round Cadet for the academic year 2023-24.

As the academic session concludes, Ashoka House reflects on past triumphs and eagerly anticipates future accomplishments, poised to march forward with unwavering determination.

*The*

# Ashoka House

◀ **House Motto**

“Majestic Unity, Noble Peace: Following the Footsteps of Emperor Ashoka”

◀ **House Colour**  
**Peacock Blue**





House Master  
Attached masters



**Mr Jayanesh VR**  
**Mr Arun Kumar G**  
**Mr Ashok K K**

# The Rajaji House

House Captain  
**Abhinav 5974**



Sergeants  
**Nakul Sijesh 6065**  
**Cyril Jerome 6053**

Warden  
**Mr Anand**

The illustrious Rajajians have scripted a phenomenal chapter in their academic journey, achieving remarkable success in both sports and literary pursuits throughout the year. Kicking off the year with a display of unparalleled athleticism, our basketball team, led by the exceptional Cdt Kuncheria, secured a well-deserved second place. Building on this success, the volleyball trophy found a new home in Rajaji House, guided by the exemplary leadership of Cdt Sivaprasad SS.

Transitioning seamlessly from the sports arena to the stage, the Rajajians continued their winning streak in literary events. Sgt Adwaid and Cdt Reuben S Baby emerged victorious in the Malayalam Debate, with a commendable first and second position respectively. Meanwhile, the English Debate showcased the eloquence of Cdts Aditya Roy and Atul Mathew, securing a noteworthy second position. The house quiz team, comprising Cdts Ashikh, Anurag R, and Nakul Sijesh, demonstrated their intellectual prowess by clinching the top spot in a fiercely contested quiz competition, further elevating the prestige of Rajaji House.

Adding another feather to their cap, the Rajajians exhibited discipline and determination by clinching the first prize in the Independence Day Parade. The spirit of excellence extended beyond extracurricular activities, with five of our cadets excelling in the UPSC exams. Notably, School Cadet Adjutant Shreyas R Nair's triumph in the SSB marked a crowning achievement for Rajaji House.

This extraordinary journey was made possible under the sagacious guidance of our esteemed House Master, Mr Jayanesh VR, and the dedicated efforts of attached masters Mr. Arun Kumar G and Mr. Ashok K K. The Rajajians, seizing the court and the stage with unprecedented vigor, have left an indelible mark on the fabric of our school's legacy. With unwavering confidence, the bravehearts of Rajaji House look forward to conquering new academic horizons in the upcoming year, setting standards that exemplify excellence.



# The Rajaji House

House Motto  
“Empowered Minds, Inspired Hearts: Nurturing Excellence the Rajaji Way.”

House Colour  
Red





House Master  
Attached masters



Mr Rajesh R  
Mr Noufal K

# The Azad House

House Captain  
**Jose Jacob**



Sergeants  
Sreehari Aneesh  
Sidhanshu

Matron  
**Ms Neenu**

The Azadians, with unwavering spirit, have actively engaged in an array of interhouse oratory and literary events, showcasing our prowess and clinching numerous accolades. In the riveting realm of the interhouse book review competition, Cdt Pranav A and Cdt Darshan Banerjee secured the coveted first and second places, propelling our standing to the summit. Notably, Cdt Kaushik Parthasarathi secured the second place in the interhouse Malayalam debate, elevating our house to a commendable second position.

The literary prowess of our Azadians extended to the interhouse Malayalam essay competition, where Cdt Kaushik and Cdt Ethan B Shaji seized the first and second places respectively. In the realm of artistic expression, Cad Nakshatra D A demonstrated finesse by claiming the second position in the Interhouse Malayalam Calligraphy, while Cdt Abhinav Nair left an indelible mark by clinching the first position in the interhouse English calligraphy competition.

In the fervor of verbal jousting, Cdt Daniel Joe emerged triumphant, securing the first position in the interhouse English Debate, while Cdt Jayendra Kumar showcased eloquence, securing the third position in the Interhouse Hindi Debate. Cdt Mohammed Isa demonstrated literary prowess by claiming the third position in the interhouse English essay competition. The literary accolades continued with Cdt Vikram Tomar securing the first position in the Interhouse Hindi Essay, and Cdt Atish Kumar displaying finesse by winning the third position in Interhouse Hindi Calligraphy.

Off the stage, the Azad House volleyball and football teams showcased exceptional teamwork and skill. The volleyball team secured the top spot in the interhouse competition, while the football team emerged as runners-up, with Abhishek Suman earning the accolade of the Best Player. In the grueling interhouse X-Country competition, our collective efforts led to a commendable second position, with Cdt Abhishek Suman claiming the third position and Cadet Theertha MK clinching the first position in the Girls' Category. The Azadians' drill precision shone bright as we secured victory in the drill competition during POP 2023-24.

Our representation extended beyond school borders, with Azadians making their mark in external events. Cdt Abhishek Suman and Cdt Atish Kumar brought home glory by clinching the Gold medal in the 4x100-meter relay race at the All India Sainik Schools National Games held at SS Kunjipura. Cdt Gautam S and Cdt Niranjana A represented the school at the IBC-IGC Camp held at Pangode Military Station, where Cadet Gautam earned the silver medal for the Best Cadet.

Despite the challenges of the year, the Azadians faced each obstacle with indomitable spirit and unwavering determination. Together, we stand proud of our achievements, ready to face the future with resilience and unity.



# *The* Azad House

◀ House Motto

“Valor Unleashed, Freedom Embodied: In the Spirit of Chandra Shekhar Azad”

◀ House Colour  
Yellow





House Master  
Attached masters



Mr Vivek P  
Dr George PI

# The Veluthampi House

House Captain  
Karthik Raj



Sergeants  
Advait Anil Krishna  
Abhishek Unni

Warden  
Ms Neenu

The academic voyage of 2023-24 unfolded as a tapestry of diverse experiences for the spirited Veluthampians, brimming with hope, enthusiasm, and unwavering perseverance. Our journey commenced on a triumphant note, clinching the gold medal in the fiercely contested Inter-house football competition, a testament to our commitment and dedication.

Undeterred by challenges, we leaped into the Inter-house basketball arena, securing a commendable 2nd position. The trio of Cdts Arvind Kumar, RS Krish, and Nitish Kumar showcased their prowess in the cross country competition, claiming the 1st, 2nd, and 3rd positions, adding another feather to our cap.

Adhering to the adage that "Cleanliness is next to godliness," the Veluthampians went the extra mile, emerging victorious in the cleanliness trophy race. Our dedication to maintaining a pristine environment reflected our commitment to excellence.

Shifting gears to the literary battleground, the Veluthampians showcased their talent on various stages. Cadet Advait Arun seized the spotlight, securing the 1st position in English Declamation, while Cdt Harsh Raj excelled in the Hindi Debate, claiming the 2nd position. Cdts Tom Varghese Biju and Harigovind U contributed to our literary triumphs, securing the 3rd position in English and Malayalam Debates, respectively. Adding an artistic touch, Cdt Alphonsa P Anil claimed the 1st position in Malayalam calligraphy.

In the realm of knowledge, Cdts Aryanand K, Aaditya Anish, and Govind G B showcased their wizardry by securing the 2nd position in the Inter-house Quiz Competition.

Celebrating the achievements beyond our school gates, Cadet Advait Arun graced the RD camp in Delhi, bringing honour to the house and school. Meanwhile, Cdt Arvind Kumar's athletic prowess shone as he clinched the gold medal in the 100-meter race and earned the Best Athlete award in the South Zone events at Kalikiri. His relay team's triumph in the national games at Kunjpura brought home yet another gold medal.

Furthering our pride, HC Karthik Raj's success echoed beyond the sports field as he cleared both UPSC and SSB exams. Adding another feather to our cap, School Sports Captain Sushant Sharma triumphed in the UPSC exam.

Our heartfelt gratitude extends to our House Master, Mr. Vivek P, and attached master, Dr. George PI, for their sincere efforts and unwavering support in steering us through this memorable academic odyssey. Here's to a year that encapsulated the essence of the Veluthampian spirit - resilient, victorious, and always striving for excellence!



*The*

## Veluthampi House

◀ **House Motto**

“Veluthampi Dalawa House: Nurturing Leadership, Fostering Excellence”

◀ **House Colour**

**Pink**





House Master  
Attached masters



**Mr Balamurugan N**  
**Mr Macson M**

# The Manekshaw House

House Captain  
**Saurav Kumar**



Sergeants  
**Avinash R Nair**  
**Niketh P P**

**Warden**  
**Mr Rahul**

In the realm of courage and honor, those born with a spirit of valor have paved the way for our triumphs, competing fervently and passionately to achieve success. We exemplified excellence in sports, showcasing our prowess in the inter-house basketball competition with the dynamic teamwork and enthusiasm of Cdt Sudeep Raj Anand (6305) and Cdt Rishabh Sharma (6294). Additionally, our volleyball team, led by Cdt Rishikesh (6273), Cdt Anushek K J (6253), and Cdt Aaron Krishna A V (6268), secured the position of runners-up, highlighting the exceptional coordination among our cadets. The crowning achievement was the majestic lifting of the Bison Trophy in the cross-country championship.

The words etched in our actions resonate with the legacy of Sam Manekshaw. In the English debate, Cdt Abhivandh Baiju (6304) and Cdt Rohan Menon K (6388) brought laurels to the house, clinching the overall first position. Similarly, Cdt Prince Kumar and Cdt Khushi Kumari excelled in the Hindi debate, earning accolades with their exceptional performance. Our triumphs extended to the inter-house quiz, where the knowledge and collaborative spirit of Cdt Sudeep Raj Anand (6305), Cdt Arjun (6311), and Cdt Rishikesh H Nair (6387) secured the overall first position.

In the English declamation, Cdt Jose K Felix (6459) and Cdt Pavan Kalyan (6261) claimed the second and third positions, contributing to the overall first position for the house. Cdt Arjun (6311) and Cdt Pratiksha Kumari (6441) demonstrated their prowess in Hindi calligraphy, securing the top spot for the house. Furthermore, Cdt Prince (6318) and Cdt Pratiksha (6441) showcased remarkable oratory skills, clinching the overall first position. Cdt Aaron Krishna exhibited literary prowess, securing the first position in the book review competition, while Cdt MS Suryakiran excelled in Malayalam calligraphy.

Our cadets continue to shine beyond our school grounds, as evidenced by the commendable participation of Cdt Sudeep Raj Anand (6305), Cdt Ayush Kumar (6260), Cdt Rishikesh C (6387), Cdt Anand S (6292), and Cdt Rohan Menon K (6388) in the inter-house quiz competition conducted by CBSE, bringing additional accolades to our house.

Through unwavering diligence, the Sams have not only proven their strength but also demonstrated valor, wisdom, and glory in every field.



*The*

## Manekshaw House

◀ House Motto

Valor in Every Stride, Wisdom in Every Decision, Glory in Every Endeavor."

◀ House Colour  
Fluorescent Green





House Master  
Attached masters



Mr Pranam K K  
Mr V G Sathish Kumar  
Ms Asha Albert

# The Tagore House

House Captain  
Nehal Sunil (5944)



Sergeants  
Yadu Krishnan AB (6063)  
Cpl Madhav S Challepparambil (6232)

Matron  
Ms Anju

*As* the academic year of 2023-24 draws to a close, we are delighted to declare it as undeniably memorable. Tagorians demonstrated excellence in various domains, with a remarkable highlight in the Language phase.

In the English category, Tagorians proudly clinched the 1st position in both English Debate and English Recitation. Cdts Afreen and Hardhik secured 1st and 2nd positions in the debate, while Cdts Jane Jacob and Madhav claimed 1st and 2nd positions in recitation. Beyond stage events, Tagorians emerged as runners-up in Calligraphy and Book Review.

Moving on to Hindi, our cadets showcased exceptional talent by securing 1st and 2nd positions in recitation and calligraphy, respectively. Although the recitation competition posed a formidable challenge, Cdts Yadu and Shrishti persevered to secure the top spot. In the realm of calligraphy, Cdts Samar and Shristi impressed judges with their impeccable writing skills, securing Tagore's 1st position.

The success streak continued in the Malayalam debate, where Tagorians Cdts Devaraathan and Adhithya displayed a formidable performance, setting a high standard for competitors.

Embracing Mahatma Gandhi's wisdom that "Cleanliness is next to Godliness," Tagorians wholeheartedly embraced this principle in the Interhouse Cleanliness Competition. The team's collective effort, determination, and team spirit earned us the runner-up position, underscoring our ability to achieve through collaboration. As the academic year concludes, we proudly affirm that Tagorians, with their teamwork, have proven to be the Kazhaks - The Unstoppables, showcasing the school that our strength lies in unity.



# The Tagore House

◆ House Motto

“Illuminate, Motivate, Ascend: Elevating Excellence in Tagorean House.”

◆ House Colour  
Dark Blue





House Master  
Attached masters



Mr. Rajan Namboodiri  
Ms Haritha K S

# The Cariappa House

House Captain  
Samar Ranjan



Sergeants  
Sidharth Pramod  
Cpl Gaurav P

Matron  
Ms Anju

The indomitable Cariappans have navigated a remarkable academic year, adorned with numerous achievements and invaluable learning experiences. Our active participation in every endeavor reflects our unwavering commitment, ensuring that every hardship met its reward.

Embarking on the academic journey, we claimed victories in both Malayalam and English calligraphy competitions, showcasing our artistic finesse. In the realm of debates, our prowess shone bright as we secured a commendable second place in both Malayalam and Hindi debates, exemplifying our eloquence and intellectual acumen.

The merit badge, a symbol of excellence, found its way to the distinguished trio of Cdts Alan S, Muizz Gauhar, and DP Harishankar, who brought honor and recognition to the Cariappa House.

Taking to the field, our football team, led by the capable Cdt Abhiram, exhibited exceptional coordination and stellar performances. Cadets Fidhel S, Akhil, Devraj Kumar, Alan S, and others contributed to our triumph in the inter-house football competition, reaffirming the prowess of the Cariappans on the sports field.

The collective effort of the entire house was evident as we clinched the cleanliness trophy, underscoring our unity and diligent cooperation. A crowning achievement awaited us as the Cariappans triumphed in the fiercely contested Inter-house Cross Country Championship, seizing the esteemed Bison Trophy. Cdts Priyanshu and Devraj Kumar secured the second and third positions, showcasing their dedication and resilience in the cross-country event.

In our relentless pursuit of excellence, we poured in blood and sweat, adhering steadfastly to our motto and conquering every challenge that came our way. The coveted Cock House Trophy now beckons us, and with unwavering determination, we set our sights on achieving this prestigious accolade. May the almighty bless our journey and guide us toward continued progress and success.



# *The* Cariappa House

◀ House Motto

“Leading with Honor, Excelling with Discipline: In the Spirit of Field Marshal Cariappa”

◀ House Colour  
Maroon





House Master  
Attached masters



**Ms Sruthi N Babu**  
**Mr Manu K P**  
**Ms Krishna M S**

# The Patel House

House Captain  
**Arjun Dev J 5995**



Sergeants  
**Akshath Siva 6137**  
**Cpl Adwait Anil Kumar 6202**

Matron  
**Ms Anju**

The Patellians embarked on their journey to dominance as the academic year 2023-24 unfolded. Fueled by an unwavering commitment to excellence, we pledged to showcase our best in every competition and endeavor.

Our triumphant start to the academic year saw us emerge as champions in the Inter-house Football Championship for Sub-juniors, with Cdt Deepak Kumar earning the prestigious title of the Best Player. On the stage, the mesmerizing performances of Cdt Krishna Kant, securing the first prize, and Cdt Simran, clinching the second prize, propelled us to the first position in the Inter-house Hindi Debate.

The remarkable quiz skills of Cdt Sabari Sunil, Cdt Devanarayanan R Kurup, and Cdt Devansh brought pride to the Patellians as we secured victory in the inter-house Quiz Competition. The physical prowess of our cadets shone brightly during the Cross-Country event, where Cdt Krishna Kant's outstanding performance secured the first prize, contributing to our overall second position in Cross-country for Sub-Juniors.

Adding to our achievements, the Patellians proudly secured the Second Prize in the Book Review competition, with Cdt Harithunandh Shaju deservedly earning the Second Prize. Demonstrating their prowess as all-rounders, several Patellians excelled in academics, with Cdts Raghunandhan Ashvek, Sabari Sunil, Sathish, Harithunandh, Deepak, Krishnakant, Devananda, and Simran proudly wearing the coveted merit badge.

As the Patellians reflect on a year brimming with accomplishments, we eagerly anticipate a brighter future, firmly believing that failure is not fatal. The spirit of relentless victory continues to propel the Patellians forward, ever determined and unstoppable.



# The Patel House

House Motto  
"Unity in Strength, Leadership in Action."

House Colour  
Violet





House Master  
Attached masters



Dr Deepa RVM  
Ms R Sandhya

# The Manikarnika House

Appointments

**Prefect Khushi Kumari 6448**

**Prefect Nandana Vinod 6507**

Matron

**Ms Neenu**

The academic year 2023-24 was a remarkable and inspiring journey for the Manikarnikans, marked by extraordinary achievements and an unwavering spirit of perseverance. From the outset, we maintained high morale, striving for excellence in every endeavor, and our efforts culminated in a truly magical year.

Our journey began with a commendable performance in the Independence Day Drill Competition, where we secured the runner-up position, showcasing precision and dedication. The commitment of our cadets to academics was evident as a significant number earned merit badges, reflecting their diligence and passion for learning.

The quest for glory extended beyond academics. Cdt Simran made us proud by clinching a gold medal in the South Zone competition and representing our school at the National Meet. Our teamwork shone brightly as we secured the runner-up position in relay, won gold in the cultural show during the South Zone competition, and achieved the runner-up spot in dance at the AISSNG. These victories underscored the combined efforts of the Manikarnikans and other team members, exemplifying unity and collaboration.

In the realm of co-curricular activities, our cadets left an indelible mark:

- Cdt Afreen Fahtima secured first place in the English Debate.
- Cdt Evana Ann Baiju emerged victorious in both English Recitation and Debate and was the runner-up in the Book Review competition.
- Cdt Afreen Patan claimed first place in Hindi Recitation.
- Cdt Mahitha Priya was the runner-up in English Calligraphy.
- Cdt Sakshi Kurup earned third place in English Recitation.
- Cdt Michelle Abraham achieved second place in Malayalam Calligraphy.
- Cdt Simran secured third place in Debate.
- Cdt Pratiksha Kumari earned second place in Hindi Calligraphy.
- Cdt Nandana Vinod showcased exceptional talent, earning the title of Best Cadet in Creative Writing during the OBA and securing the runner-up position in the English Debate.

As the year drew to a close, the Manikarnikans demonstrated resilience and camaraderie, walking together through challenges and triumphs. Our collective hopes and aspirations for a brighter future remain steadfast, fueling our determination to achieve even greater heights in the years to come.





# The Manikarnika House

◀ House Motto  
“Empowered Minds, Unstoppable Hearts.”





Agrima Singh  
XI, 6361

## *My life around Olive Greens*

I experienced the glory of different skies and the nature of my land  
Felt emotions and feelings I can never expand  
Made memories lived in houses in many places  
Forgot where I truly belonged  
But That's what is fun about where I am from  
I was made for the fury and moments of bravery I had seen  
Had the honour to see the Mashals salute and enthusiasm of the heroes of our  
land very closely  
I was chosen for this surreal life I'm living  
Saw many sombre eyes and said tough goodbyes with a heart now made of stone  
But all of it taught me how to live life truly even if I was left alone  
Now I never lay low  
Cause the olive greens is where I belonged  
Saw the mountains and beauty of places in every platform  
Wishing one day i could wear the uniform  
Well... At least I experienced the essence of it all from the time I was very small ...  
These memories of different people will forever be locked in my heart and as they  
say you can take the person out of the city but never the city out of the person this  
was true in every part saw the true bond between the course mates or fellow YOs  
even death could never tear them apart. Learnt many lessons here which in any  
way couldn't be taught in a better way other than seeing it myself  
The story never ends I still have many signatures of the people I met in my shelf  
And I Will always cherish them keeping it with myself and  
recall every scene  
the moments of the life around the olive greens!

- by a daughter of OGs



### SAC RAISING DAY CELEBRATION



### THE VISIT OF BRIG SALIL MP



### CHANDRAYAAN 3 BEING WITH NATION





**ROAD SAFETY  
AWARENESS**



**SWATCHCHATA HI SEVA**



# RASHTRIYA EKTA DIWAS





Ajaikumar K  
XI, 6011



## INDIA'S HIGHEST GALLANTRY AWARD - THE PARAM VIR CHAKRA

India's highest gallantry award, the Param Vir Chakra, epitomizes bravery in the face of the enemy, whether on land, air, or sea. It is bestowed only upon those who display conspicuous valor, daring, or self-sacrifice in combat. The stringent adherence to these criteria ensures that the Param Vir Chakra is reserved for the bravest of the brave. Out of the 21 awards conferred so far, an astounding 14 have been posthumous.

Crafted from bronze in a circular shape, the medal bears four replicas of the god Indra's Vajra on its obverse, with the state emblem at its center. On the reverse side, the words "Param Vir Chakra" are embossed in both Hindi and English, adorned with two lotus flowers. It is to be worn suspended from the left

breast by a plain purple-colored ribbon, one and a quarter inch in width.

The significance of purple as the ribbon's color for the Param Vir Chakra is profound. It symbolizes the unity of the Indian Army (Red), Navy (Blue), and Air Force (Sky Blue), as well as the heart's courage.

It may come as a surprise that the Param Vir Chakra was designed by a Swiss woman, Savitri Khandokar, born Eva Yvonne Linda Maday-de-Muros in Switzerland on July 20, 1913.

Despite not being Indian by birth, Eva's lifelong fascination with India and its culture imbued her with a deep understanding of Indian mythology, Sanskrit, and Vedanta, which she translated into the medal's design, reflecting authentic Indian ethos.

The first Param Vir Chakra was awarded posthumously to Major Somnath Sharma for his exemplary bravery during the 1947-48 Indo-Pakistani War in Kashmir. His courageous actions set a standard for valor and sacrifice that subsequent recipients have upheld.

## The Village Market



B. Mohiraj  
X, 6219



The village market is a vital gathering place for villagers to buy and sell goods. Held once or twice a week, it usually takes place in an open area. Local traders bring their goods, as do villagers, who set up stalls to sell their own items. Common goods sold include rice, pulses, utensils, seeds, fish, spices, and vegetables. The market also attracts entertainers like snake charmers and magicians.

Bargaining is common, as there's often no fixed price for items. This makes it affordable for villagers to buy what they need. Without the village market, villagers would have to travel to towns for supplies, costing them time, labor, and money. Therefore, the village market serves as a crucial hub for both sellers and buyers in rural areas.





Janmejay Pathak  
X, 6221

## Life Lesson That Corona Taught Us

The COVID-19 pandemic first surfaced in the city of Wuhan, China, in 2019. COVID-19, or coronavirus, is a severe acute respiratory disease that manifests symptoms such as throat inflammation, fever, breathlessness, headaches, vomiting, and more. The virus rapidly spread from Wuhan to other nations, resulting in hundreds of deaths daily. In response, governments worldwide implemented lockdowns to curb the virus's spread and safeguard lives.

What began as a precautionary measure turned into months-long lockdowns, halting life as we knew it for nearly a year or two. The pandemic served as a wake-up call, reminding us that health is our most precious asset. It instilled fear across the globe, prompting a collective reevaluation of priorities. We

learned to cherish the little things and appreciate the significant people in our lives. The pandemic also taught us to expect the unexpected; for instance, the education system shifted entirely online, and organizations adopted hybrid work models, blending remote and in-office work.

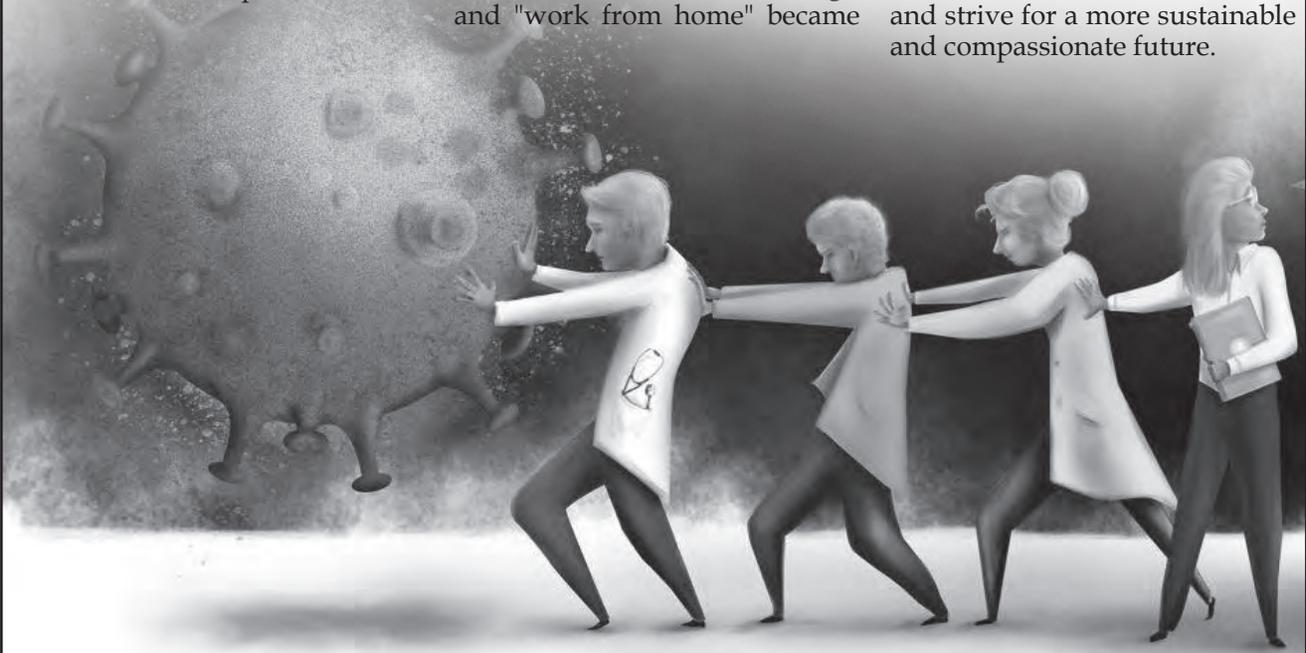
Technology played a crucial role in keeping the world connected during these challenging times. Amidst the darkness, nature thrived as human activity decreased, highlighting our impact on the environment. However, prolonged isolation took its toll, with many experiencing loneliness and depression. Humans, inherently social beings, sought comfort and support from one another, emphasizing the importance of community.

The pandemic underscored the prevalence of mental health issues, with millions in India alone suffering psychological problems. Terms like "lockdown," "social distancing," and "work from home" became

commonplace, evoking memories of a time when our lives were disrupted.

Yet, amidst the chaos, there was a silver lining—our planet experienced rejuvenation as human activities decreased. The most vital lesson learned from the pandemic is the importance of letting the world heal itself. It served as a wake-up call, reminding us to treat nature with care and respect. We realized that true wealth lies not in material possessions but in our health and well-being. Reports from the United Nations highlight the significant economic impact of the pandemic, emphasizing the interconnectedness of global health and the economy.

In conclusion, the pandemic urged us to prioritize our health and the well-being of our planet. It taught us to value the simple joys of life and to tread lightly on Earth, recognizing that our actions have far-reaching consequences. As we navigate the aftermath of the pandemic, let us remember the lessons learned and strive for a more sustainable and compassionate future.



Harinand V.P.  
VI, 6581

## The Ditty of Mr. Rabbit

'The Ditty of Mr. Rabbit' tells the harrowing tale of a rabbit caught in a world of danger and deceit. The protagonist, Mr. Rabbit, finds himself entangled in a web of illegal activities, only to be haunted by nightmares and a sense of betrayal.

The story begins with Mr. Rabbit discovering unsettling truths about his neighborhood, involving illegal substances and shady characters. Despite his attempts to distance himself, he becomes a target for a

mysterious killer. In a chilling dream sequence, he experiences a confrontation with his would-be murderer, only to awaken with a start, realizing it was all a nightmare.

However, the nightmare doesn't end there. As Mr. Rabbit tries to make sense of his tumultuous thoughts and experiences, he encounters reminders of his fears and suspicions. The appearance of a man with red-veined eyes

and a sinister aura leaves Mr. Rabbit questioning his beliefs and seeking answers from a higher power.

Through Mr. Rabbit's turmoil and quest for understanding, the story delves into themes of fear, morality, and the search for meaning in a chaotic world. It leaves readers pondering the mysteries of fate and the choices that shape our destinies.

Shabari Kiran P.S.  
VI, 6616

## The Old Man



Martin was a security guard of the Petrograd town. He was a retired soldier of the Imperial Russian Army. His only companion was a dog that he named as Nicholas. With his trusty firearm in hand, Martin patrolled the streets, recounting tales of his military past to stave off the night's weariness. However, amidst his nightly rounds, one mystery lingered: the sight of an old blind man, clutching a lamp and singing as he made his way back to his humble abode.

Driven by curiosity, Martin resolved to unravel the enigma. Following the old man's path into the forest, he finally confronted him, questioning the purpose of the lamp and the songs. The old man's laughter carried wisdom as he revealed his lamp served not himself, but as a beacon to safeguard his journey, while the melodies he sang were a heartfelt tribute to Martin's selfless dedication to others.

Touched by the old man's sincerity, tears welled in Martin's eyes as he embraced his newfound friend. From that moment forth, Martin extended his kindness, providing sustenance and support to the elderly man who had become his sole confidant. In return, the old man's songs became a cherished gift, weaving a tapestry of companionship and understanding between them. And so, amidst the darkness, their bond illuminated the path forward, a testament to the enduring power of compassion and connection.





Vihan Shrey N  
XI, 6367



## Transforming Challenges into Opportunities

Life, a constant flux of experiences, often unfolds changes that go unnoticed, yet it is in how we perceive and seize these moments that truly defines our journey. Changes are omnipresent, but their impact is not on the event itself but on how we choose to navigate and capitalize on them. It's about realizing that every change, every challenge, is an opportunity for growth, a chance to perform better, and a step towards becoming a stronger version of ourselves.

A prime example can be observed among students facing the common challenge of scoring lower marks in exams. Some may distance themselves from reality, avoiding studies and succumbing to the pressures of perceived failure. On the other hand, there are those who view it as a motivational force, a catalyst to learn from mistakes, and an opportunity to improve. By acknowledging the need for change and working hard, they emerge as better versions of themselves, equipped to face any challenge with resilience and an optimistic perspective.

Another prevalent scenario involves a new generation of teenagers who, nestled comfortably in their homes, immerse themselves in video games and live off their parents' support. While many remain in their comfort zones, there are individuals who break free, actively seeking opportunities and striving to achieve their goals. This juxtaposition underscores the importance of being ready for change, adapting to new challenges, and refusing to rely solely on the perceived eternal support of parents.

Changes, often resembling opportunities, knock at our doors frequently. Yet, some people, trapped in their excuses, fail to recognize them. Consider the analogy of an individual given the chance to perform on stage. While some may shy away due to stage fear or perceived inadequacies, others readily accept the opportunity. Even if they lack apparent potential, these individuals view it as a chance to learn, improve, and ultimately become someone who embraces change and turns

every challenge into a windmill of progress.

Conquering the fear of change necessitates a shift in mindset. Instead of succumbing to guilt, regret, or depression, view change as an opportunity for improvement. The first step is to avoid giving higher ground to negative emotions and see change as a space for personal growth. Ultimately, hard work becomes the driving force to build windmills instead of walls in our lives.

In conclusion, let us aspire to embrace change as an ally rather than an adversary. By transforming challenges into opportunities, we contribute to a narrative where change is not feared but celebrated. It is our choice whether we want to build walls or erect windmills, and with each positive response to change, we create a world where growth and improvement become the essence of our journey. Here's to hoping that more and more people choose to build windmills instead of walls.





Devarpith Padikara  
X, 6148

## Pioneers of Progress

In the annals of history, they shine bright,  
Pioneers of progress, in their might.  
Rakesh Sharma, in space he soared,  
Apsara, first reactor, India's tech was roared.

Aryabhata, satellite in celestial flight,  
Unveiling mysteries, in the starry night.  
SLV-3, our own vehicle to the stars,  
Indian ingenuity, reaching afar.

Becoming one with the cosmos, in communication's embrace,  
Becoming a trailblazer in the boundless space.  
CV Raman, Nobel laureate, a name to glorify,  
In physics' realm, he reached the sky.

Dr. Rajendra Prasad, India's first to lead,  
In the presidential role, he planted the seed.  
Sarvepalli Radhakrishnan, wisdom's gentle guide,  
As Vice President, his virtues never lied.

Jawaharlal Nehru, a visionary's reign,  
India's first Prime Minister, amidst the gain.  
Lord Canning, as Viceroy, ruled the land,  
In colonial times, his was the command.

G V Mavlankar, in the Lok Sabha's chair,  
Setting the stage, with precision and care.  
Sardar Vallabhai Patel, India's Home Minister bold,  
Uniting the nation, his story told.

Baldev Singh Chokkar, defense's stalwart hand,  
In safeguarding the nation, his duty he manned.  
Each a first in their own right,  
In India's journey, they shine bright.





Deekshith J  
X, 6229

## JOURNEY TO DEFEND: NASA'S DART MISSION

During NASA's DART mission, one million kilograms of dusty rocks were propelled into space, creating an illuminated tail that stretched thousands of miles behind the moonlet Dimorphos. The South Asteroid Redirection Test (DART), launched on September 26, aimed to alter the trajectory of hazardous asteroids heading towards Earth.

Travelling at 14,000 miles per hour, the DART spacecraft collided head-on with Dimorphos, utilizing kinetic energy impact to redirect the asteroid. This planetary defense test mission marked a significant step in humanity's ability to mitigate potential asteroid threats. Before the impact, Dimorphos took 11 hours and 55 minutes to orbit its parent asteroid, Didymos.

The DART mission involved crashing a satellite into Dimorphos, a small moonlet asteroid orbiting a larger companion asteroid named Didymos. Although Dimorphos itself does not pose a danger to Earth, NASA sought to measure the asteroid's altered orbit caused by the collision, gathering crucial data for future planetary defense strategies.

This monumental mission underscored humanity's commitment to understanding and mitigating potential cosmic threats. As we delve deeper into the mysteries of the universe, we harness our knowledge and technology to safeguard our planet and ensure the safety of future generations.



Arjun Anantha Krishnan  
X, 6044

## Lost in Miles Away

Miles Away, where the horizon fades,  
Past the vast seas, where dreams cascade,  
Resides a beauty in tranquil grace,  
In lands afar, in a distant place.

May, her name, a whispered tale,  
A vision of peace, beyond the veil,  
In Greece, her home, where legends dwell,  
A realm of wonder, none can quell.

But men have ventured, and men have strayed,  
Lost in the echoes, where shadows played,  
In pursuit of her, they wandered free,  
Yet found only ghosts, where once was glee.

Still, they speak, of her elusive charm,  
Of perfect peace, a soothing balm,  
Yet none have seen her, in daylight gleam,  
In the land of myths, where rivers stream.

For tales of old, of lands forlorn,  
Where shadows dance, and hopes are torn,  
Still echo loud, in the hearts of men,  
In the realm of May, beyond the ken.

So May remains, in distant lands,  
Where the eye may wander, but never stands,  
Lost in the echoes of ancient lore,  
In Miles Away, forevermore.





Shubham Jangra  
X, 6524



## Marching Forward: My Journey in Sainik School

I embarked on my journey as a novice cadet at Sainik School Kazhakootam on June 2, 2022, around 2 o'clock in the afternoon. As I stepped foot into this new environment, uncertainty clouded my mind. I was clueless about the whereabouts of my assigned house, Veluthampi.

Inside, I met Vivek sir, who was taking down names and asking about fee slips. Even though my dad and Vivek sir couldn't speak the same language, we managed to communicate with the help of another cadet, Ankit Kumar, who turned out to be our house captain.

By 5:30 PM, with Ankit Kumar's help, I had unpacked my stuff and settled into my cupboard. Then it was time

for my parents to leave, and seeing my mom cry made me feel confused. During roll call that night, I found out that Ankit Kumar was our house captain. The first few days were a mix of getting used to things and feeling a bit homesick.

As time went on, I got used to the routines and rules of Sainik School. Even though it was scary at first, I made friends with the older students, and we all got along well. One fun thing was the South Zone competition we had at school. We had a great time competing and cheering each other on. And during the holidays, we celebrated Onam and looked forward to going home.

Coming back to school

after the holidays was hard because I had to say goodbye to my family again. But I kept busy with classes, sports, and hanging out with friends. I was really happy when Argentina won the football final against France.

Looking back on my time at Sainik School so far, I've had some tough moments, but I've also made great memories and friends. I'm grateful for everything I've learned and experienced here, and I'm excited to see what the future holds, including my dream of joining the NDA.





Utkarsh Kumar  
X, 6561



## BALANCING ACTS: PUBLIC VS PRIVATE SECTORS IN INDIA

The debate between public and private sectors in India has been going on for a long time. People wonder which one is better for the economy. Lately, private companies have been doing really well in areas like IT, software, telecommunications, health, energy, and manufacturing.

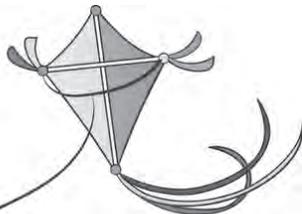
Many think that public sector companies are a burden on the economy. But some public sector companies, like Bharat Sanchar Nigam and National Thermal

Power Corporation, have actually done better than private ones. They've made more profits, especially in banking.

Still, overall, private companies seem to be more competitive and focused on making profits. They're better for the economy. But when it comes to social welfare and job security, public sector companies are usually better. Private companies often care more about making money than taking care of their employees or society.

Some people don't like the idea of privatizing things like airports because they worry about workers losing their jobs. The government also keeps some public sector companies running even if they're not doing well.

In this debate, private companies seem to have an edge over public ones. But a balance between the two could be the best solution for the Indian economy. Both capitalism and socialism have their roles to play.



ഡോ. ദീപ ആർ.വി.എം.  
അദ്ധ്യാപിക, മലയാളവിഭാഗം

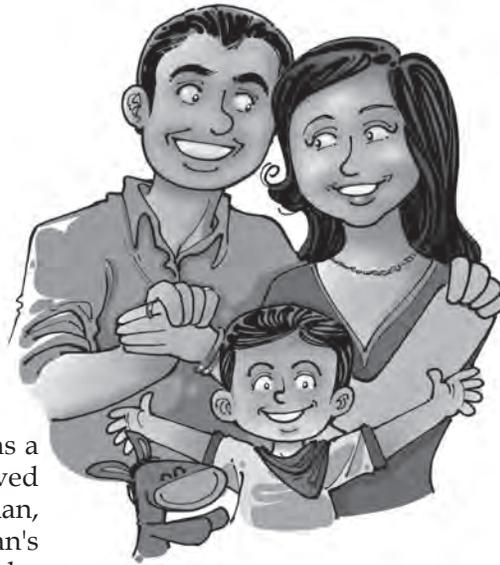
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Niraj Kumar  
X, 6214



## *A Lesson in Family Time: Kishan's Story*

Once upon a time, there was a woman named Kailash who lived in a village with her son, Kishan, who was 9 years old. Kishan's father was a businessman who was always busy and didn't spend much time with his family. Kishan's mother was a housewife who taught him and helped him with his schoolwork. Every Sunday, she would take him to the city park. Kishan really missed his father and always asked his mother to tell his father to spend time with him. But his father never listened, he just sent money from town.

One day, during the Diwali festival, Kishan's mother bought sweets and new clothes to celebrate. But Kishan felt sad when he saw his friends and neighbors celebrating with their parents. Even though his mother tried to cheer him up, Kishan couldn't stop feeling sad.

After some time, Kishan got sick and his condition worsened. His

mother took him to the doctor, who said that Kishan would only get better if his father spent time with him. So, Kishan's mother called his father, and he started spending more time with Kishan. Slowly, Kishan started feeling better and eventually recovered completely.

After that, Kishan's father realized that money isn't everything and that spending time with family is important too. He understood that true happiness comes from being together with loved ones, not just from having money.



## *Journey of Dreams*



Jayananda MJ  
VIII, 6445

Walking down a road so dim,  
A stranger in the night so grim.  
I followed close, not a word to say,  
Into the forest, where shadows sway.

But then the stranger turned around,  
A knife in hand, no sight or sound.  
Fear gripped me tight, I couldn't scream,  
Waking up from my dream, it seemed.

In the quiet of my room, I lay,  
Trying to chase the fear away.  
Yet echoes of that night still loom,  
In my dreams, the forest's gloom.

A journey of dreams, so wild and strange,  
Where reality and fantasy exchange.  
But I'll keep walking, come what may,  
Facing fears as I journey through the day.





Afrah Fathima  
VIII, 6443



## Kharid's Curse: A Tale of Tragedy

Kharid was a young boy living in a village near Kabul. He resided in a small hut with his father and their loyal pet dog. His father worked as a farmer, and Kharid often accompanied him on fishing trips. Despite their close bond, Kharid's family struggled with poverty, and his mother had passed away during childbirth, leaving a void in his life.

Growing up, Kharid helped his father with farming chores, but he couldn't shake the longing for a mother figure that his friends in the village had. One day, while out for a walk with his dog, Kharid stumbled upon a shimmering shell by the riverbank. Filled with hope, he tossed the shell back into the water, wishing for a complete family like those of his peers.

Upon returning home, Kharid made a devastating discovery. His father had been found dead, hanging from a tree by a rope. Overwhelmed with shock and grief, Kharid fell to his knees, crying out in despair. The next day, his father was laid to rest, leaving Kharid orphaned and alone.

Seeking solace and answers, Kharid confided in his teacher, who had taught him the teachings of the holy Quran. Sharing the story of the cursed shell, Kharid looked for guidance. The teacher, after a moment of contemplation, solemnly revealed the truth: the shell was cursed, and Kharid's wish had brought about a tragic consequence.



Nihal Niyas Annavy  
VII, 6414

## My Marvellous Uncle

One day, while my aunt was away visiting her mother, my uncle decided to help with cooking. However, he was absent-minded and put machine oil instead of cooking oil on the vegetables. Unfortunately, this led to a tragic accident as the oil caused a gas cylinder to explode, resulting in my uncle's death.

The neighbor saw smoke coming from our kitchen and informed my uncle about the burning food. Unfortunately, my uncle, in



his absent-minded state, didn't realize the danger and went inside, where he tragically lost his life. The police were puzzled about how the neighbor knew about the incident in such detail, but they soon discovered that my uncle was involved in criminal activities.

Upon hearing the news of my uncle's death, my aunt was initially overjoyed, but her happiness turned to sorrow upon learning the truth. The police investigated my uncle's connections to the underworld and searched for hidden treasures, but they found nothing.

However, there's a hint that something might happen in the future, involving the underworld queen and her plans. The story leaves us wondering what will unfold next.





Harigovind U  
IX, 6297

## The Key to Individual Character and Societal Prosperity

Discipline stands as a paramount characteristic that every individual must embody. It serves as a reflection of one's culture and manners, defining their character. The adage "If character is lost, everything is lost" underscores the profound importance of discipline in shaping our lives. It is the bedrock on which our virtues and qualities stand.

Considered as the embodiment of good qualities, discipline encompasses various aspects of our lives. Respect towards elders, the way we communicate, and even our dressing style all contribute to the discipline of an individual. In essence, our conduct in every facet of life can be deemed as an expression of our discipline.

From the early years of pre-primary education, the topic of discipline is woven into our learning journey. It underscores its significance in molding our behavior and actions. Discipline extends beyond personal conduct; it encapsulates comradeship and leadership, forming the fabric of our social interactions.

Drawing from personal experience, I once believed that being a good leader defined a

person's character when I was in the fourth grade. However, as I progressed through my education, I realized that true character involves an all-encompassing performance with proper discipline. Disciplined thoughts and actions reflect a person's well-rounded approach to life.

Our personal discipline acts as a steadfast companion, adapting to situations as needed. It becomes particularly evident during challenging times when a person is tested. The role of discipline is crucial, whether in educational institutions, workplaces, or the broader global stage.

Examining institutions like the National Defence Academy highlights the foundational role of discipline. It serves as the guiding force, directing actions and decisions when the need arises. Even when personal interests clash, discipline ensures adherence to a higher purpose, often transcending momentary pleasures.

Reflecting on the world around us, the disciplined order observed in nature serves as an exemplary model. Every living being follows its own culture and discipline, contributing to the harmonious existence of the

ecosystem. The world operates in discipline, and by aligning our actions accordingly, we become part of this intricate tapestry.

Developing discipline is not a mysterious endeavor; it requires acting in alignment with our principles and values. Mistakes are inevitable, but they serve as opportunities for character development. Early training and continuous learning in disciplined behavior equip individuals to navigate the complexities of life.

Change, an inevitable part of life, is closely tied to discipline. Embracing change allows us to grow and evolve within the disciplined framework we establish. The world is drawn to individuals who exhibit disciplined traits, and by fostering discipline in our lives, we contribute to a prosperous and harmonious society.

In conclusion, discipline is the linchpin that holds the fabric of our character and society together. It is a force that propels us forward, guiding our actions and decisions. Without discipline, the tapestry of life would unravel. Let us commit to staying disciplined, learning from our hiccups, and contributing to a world that thrives on the virtues of discipline. Thank you, and Jai Hind!

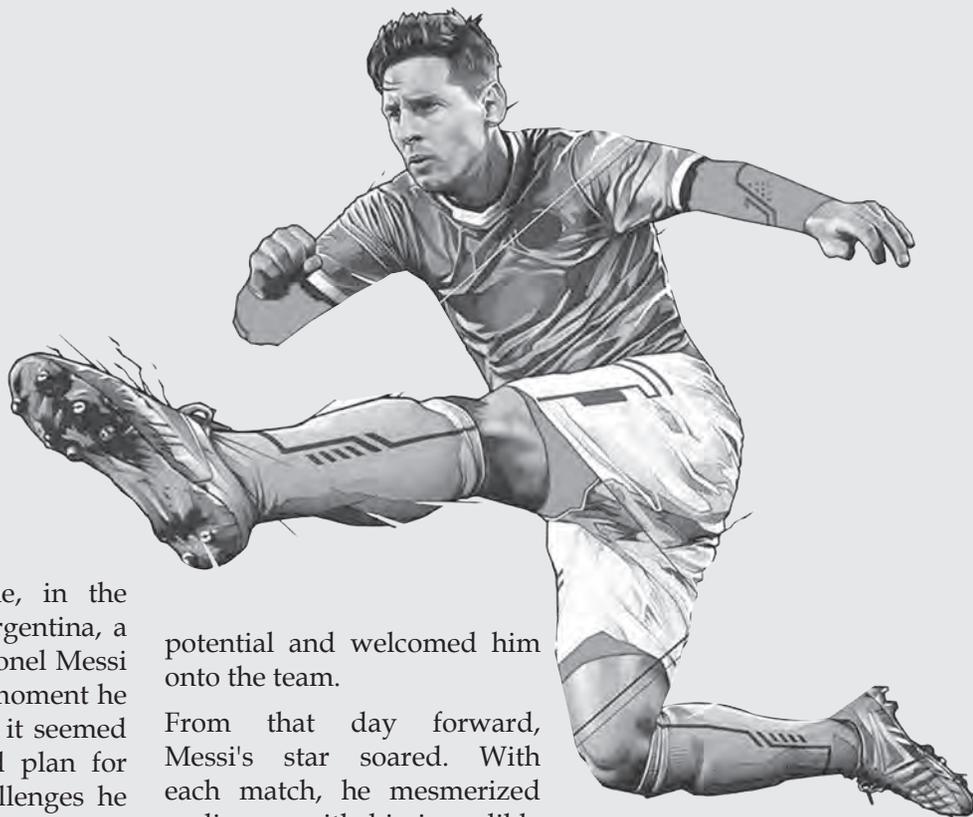




Ram Gopal NR  
VIII, 6398



## *Rise of the Legend: Lionel Messi*



Once upon a time, in the bustling streets of Argentina, a young boy named Lionel Messi was born. From the moment he came into the world, it seemed destiny had a grand plan for him, despite the challenges he faced.

As a child, Messi was small in stature, and some doubted his ability to excel in sports, particularly football. Yet, Messi's spirit burned bright with determination. Despite his size, he yearned to play the beautiful game.

His journey into football began on the training grounds, where he showcased his skills despite being overshadowed by taller players. In a defining moment, during a penalty shootout, Messi astounded everyone by effortlessly guiding three balls into the net. His precision and talent caught the attention of his coach, who recognized his

potential and welcomed him onto the team.

From that day forward, Messi's star soared. With each match, he mesmerized audiences with his incredible dribbling skills, earning him the nickname "King of Dribbling." His dedication and hard work propelled him to achieve numerous accolades, including the prestigious Golden Ball and Golden Boot awards.

But Messi's impact extended beyond the football pitch. He became a beacon of inspiration, demonstrating that with perseverance and dedication, one can overcome any obstacle. His humility and generosity endeared him to fans worldwide, earning him admiration not just for his talent, but for his character as well.

Throughout his illustrious career, Messi continued to push boundaries, leading his team to victory in major tournaments like the Copa America and the World Cup. His success was a testament to his unwavering commitment to his craft.

In the end, Lionel Messi emerged not only as a football legend but also as a symbol of hope and resilience. His story serves as a reminder that greatness knows no bounds and that with determination, anything is possible. And so, Messi's legacy lives on, inspiring generations to chase their dreams with passion and perseverance.





Ethan B Shaji  
VIII, 6458

On that cold Christmas night, as snowflakes danced delicately from the sky, a lone boy traversed a snow-covered road. The night enveloped him in its icy embrace, leaving him the solitary figure amidst the wintry landscape.

Wrapped snugly in a scarf and woolen hat adorned with ear muffs, the boy trudged forward, his hands clutching two precious items: loaves of bread in one hand and the reins of his horse in the other. The faint glow of a lamp in the distance beckoned to him, guiding his weary steps towards its warmth.

Yet, the biting cold and the daunting journey weighed heavily on the boy's mind, threatening to dampen his resolve. Just as he felt his spirits waning, a pair of hands reached out to steady him, guiding him towards a wooden hut where a fire crackled invitingly.

Inside, the boy found refuge, tended to by a kind-hearted man with a small beard peppered with gray. Though the boy



## A Glorious Night

questioned the reason for his rescue, the man simply offered him warmth, sustenance, and a reassuring smile.

As the night unfolded, the boy found himself embraced by the hospitality of his newfound host, who welcomed him to stay and share in the joy of Christmas. Grateful, the boy penned a heartfelt letter of thanks before continuing his

journey towards the distant lights of the city, accompanied by his faithful horse and the guiding glow of his lamp.

And so, amidst the chill of the winter night, a tale of kindness and perseverance unfolded, leaving behind memories of a glorious night illuminated by the warmth of human compassion.





Mohammed Isa  
VIII, 6405

## MIDNIGHT FRIGHT: BURGLARS IN THE HOUSE



"Crash!" The sudden shatter of a vase jolted Mr. Brown awake from his slumber. Blinking in confusion, he glanced around the dimly lit room. It was half-past one in the morning, and the darkness enveloped his newly bought house like a thick blanket.

With the absence of electricity, the eerie silence of the night was only broken by the steady ticking of the clock and the faint drip of water from the leaky roof.

"How did the vase fall?" Mr. Brown muttered to himself, his heart pounding with apprehension. Being a bachelor, he lived alone in this unfamiliar town, which he soon discovered had a reputation for harboring criminals. A chill ran down his spine as he realized the potential danger lurking in the shadows.

Summoning his courage, Mr. Brown decided to investigate the source of the disturbance. But before he could take a

step, the muffled voices of two individuals reached his ears, followed by the unmistakable sound of a gunshot. Panic seized him, and he let out a piercing scream, hoping to alert anyone who could help.

His cries for help echoed through the silent night, rousing his neighbors from their sleep. Soon, the flashing lights of police cars illuminated the darkness as law enforcement rushed to the scene. Overwhelmed by fear, Mr. Brown collapsed to the ground, unconscious.

When he regained consciousness in the hospital the next day, Mr. Brown was informed of the truth

behind the previous night's chaos. It turned out that a stray cat had accidentally knocked over the vase, triggering the chain of events that led to his frightful ordeal. Relieved but shaken, Mr. Brown realized that his imagination had played tricks on him, amplifying

innocent sounds into terrifying threats.

Despite the reassurance from the police, Mr. Brown couldn't shake off the lingering unease. With a newfound sense of caution, he made the decision to relocate to a safer town, unwilling to take any chances with his safety and peace of mind. And as he left behind the haunting memories of that fateful night, Mr. Brown vowed to always trust his instincts and prioritize his well-being above all else.



## The Lion and the Clever Hare



Vinil Kumar VM  
VIII, 6465

Once upon a time, there was a lion living in a forest. This lion was very fierce and lazy. Because of his laziness, he ordered all the animals to come to his cave one by one. If any animal didn't come, the lion would threaten to kill them. So, all the animals started coming to his den, afraid

of what might happen if they didn't obey.

One day, it was the turn of a brave and smart hare. This hare had an idea. He went to the lion's den and told the lion that another lion was challenging him. The ferocious lion became very angry and went with the hare to confront the other lion. When they reached the spot, the lion asked where the other lion was. The clever hare pointed to a nearby well and said the other

lion was inside.

The lion looked into the well and saw his own reflection. He thought it was another lion challenging him, so he roared angrily. But the reflection in the water only roared back. Furious, the lion jumped into the well to attack the other lion. But he drowned in the water, and that was the end of him. With the lion gone, the animals in the forest lived happily ever after, free from fear and tyranny.



Atish Vinod  
X, 6158

## The Essence of Friendship



A friend is like an ocean,  
At times serene and tranquil,  
Yet at times tumultuous and stormy,  
With waves crashing against the shore.

A friend is akin to a room,  
A sanctuary from life's tempests,  
Where tears are shed and solace is found,  
In the midst of sorrow and despair.

A friend is like the night,  
Enshrouded in darkness yet revealing beauty,  
Unveiling treasures unseen by daylight,  
Offering solace after a weary day's toil.

In the ebb and flow of life,  
Amidst the storms and shadows,  
A friend remains a steadfast beacon,  
Guiding us through the darkest nights.





Vignesh R  
XI, 6095



## *Embracing Life's Transformations for Growth and Success*

**Change** is an ever-present force, an unpredictable entity that strikes without warning. Philosophers have spent lifetimes pondering its nature, yet the essence is straightforward - life is an endless desert, and the only way to traverse it is forward.

**The Nomads of Life:** Humans, akin to nomads, traverse the vast desert of life. Some may encounter settled individuals along the way, tempted to pause and reflect. However, resisting change by building walls only confines oneself, as the winds of change are relentless.

**Futility of Resisting Change:** Attempting to resist change is akin to trying to measure the ocean's emptiness with cups - a futile effort. The marvelous sand dunes of the Sahara constantly evolve, just like people and places. Refusing to embrace change boxes us in, preventing progress and growth.

**Life's Winds:** Breezes to Hurricanes: Life's winds vary from refreshing breezes to unsettling gales or even colossal hurricanes. There is no silence before the storm, only the need to learn how to navigate and utilize change for personal improvement.

**Coping with Loss and Change:** Facing significant losses, such as the passing of a loved one, necessitates grieving. However, clinging to the past, as seen in a tragic tale, can lead to further despair. Building windmills involves accepting change, grieving, and ultimately moving forward.

**The Power of Will:** Humanity's evolution relies on the power of will. During challenging times, individuals can choose to build walls, windmills, or even sails to move forward. Willpower fuels the human spirit, turning adversity into an opportunity for

growth.

**Adaptability of the Human Mindset:** Humans are an evolving species, and their mindset transforms with time. The response to change - building walls or windmills - reflects individual willpower. Even in the face of adversity, some find innovative ways to thrive, learning new skills or refining existing ones.

As nomads in the desert of change, humanity is tasked with a continuous journey forward. The winds of change may be relentless, but the choice lies in how one responds - build walls and resist, or construct windmills and adapt. In embracing life's transformations, individuals unlock the potential for growth, resilience, and enduring success. The power to choose lies within, shaping the course of one's journey through the unpredictable desert of change.





R Adwaith Kedar  
VIII, 6406



## Bagheera's Promise

Once upon a time, there lived a deer named Momo in the forest. Alongside him lived a leopard named Bagheera. Bagheera was known for his cunning ways; he would hunt and eat half of one animal and then hunt another for his meal. This behavior made the other animals dislike him, as he was very cruel.

One day, while Bagheera was roaming in the forest, hunters arrived and set traps. Many animals fell into these traps, and the hunters came to capture them. Bagheera heard the commotion and realized

that the other animals were in danger. Feeling a sense of responsibility, he decided to help them.

Bagheera sprang into action, freeing the trapped animals and alerting the others about the hunters. The wild animals rallied together and fought off the hunters, driving them away. Thanks to Bagheera's bravery, all the animals were saved.

After the ordeal, Bagheera made a promise to the other animals. He vowed to change his ways and only hunt one animal per day for his meals. This decision

brought relief and happiness to all the animals in the forest.

From that day on, Bagheera kept his word. He no longer hunted excessively and lived peacefully among the other animals. Occasionally, one or two animals would visit Bagheera's home, and he would share his food with them, ensuring that they were not harmed.

In the end, harmony was restored in the forest, and all the animals lived happily ever after.





Orampati Bhavesh Reddy  
VI, 6494



## *Crafting a Life of Quality through Habits and Qualities*

The cornerstone of a fulfilling life lies in the cultivation of proper habits and qualities. Qualities, once nurtured, pave the way for perfection and discipline, becoming the essence of our existence.

Proper habits not only contribute to building our character but also enhance our qualities. They are intertwined in a manner that influences every facet of our being. However, it is essential to recognize that qualities are not inherent; they must be developed consciously.

Discipline emerges as a paramount quality, guiding us in various spheres of life. In the context of a school, for instance, discipline becomes a defining characteristic. It is the bedrock

upon which academic success and personal growth rest. Without discipline, the pursuit of knowledge falters, and chaos ensues.

Good habits, as an extension of qualities, play a pivotal role in shaping our lives. Participating in school activities, such as sports and events, not only builds good habits but also instills discipline and punctuality. These habits, in turn, contribute to the overall health and well-being of an individual.

In terms of dietary habits, the choices we make impact our health and, consequently, our quality of life. Cultivating the habit of eating nutritious food ensures physical well-being. Similarly, engaging in regular exercise is a quality that promotes fitness and stamina. By making exercise a habit, we enhance our

endurance and stay active in our daily pursuits.

Playing, too, is a quality that can be cultivated as a habit. It not only contributes to physical health but also releases stress and fosters a joyful mindset. Sports, like running, offer a comprehensive exercise, making us physically robust and mentally resilient.

In conclusion, the symbiotic relationship between habits and qualities is undeniable. Both contribute significantly to the quality of our lives. It is imperative to consciously foster positive habits and qualities to shape a life that is not only disciplined but also fulfilling. Recognizing the interplay between habits and qualities allows us to appreciate their collective influence on the journey towards a life of substance and excellence.





Abhinav VM  
VIII, 6438



Cristiano Ronaldo, the legendary footballer who represented Portugal, is a source of inspiration for athletes worldwide. Born on February 5, 1985, Ronaldo faced challenges early in life, as his father passed away when he was only 20 years old. Raised in poverty, with his mother working as a cook and his father as a municipal gardener, Ronaldo's childhood was marked by hardship. Despite these difficulties, Ronaldo's passion for football shone through from an early age.

From Ronaldo's journey, there are several valuable lessons we can learn:

**Resilience and Determination:** Ronaldo demonstrates resilience and determination when faced with setbacks. Instead of dwelling on missed opportunities or losses, he channels his aggression into working harder to improve his skills and competitiveness.

**Thorough Preparation:** Ronaldo's meticulous preparation sets him apart. His dedication to training allows him to maintain an edge over his opponents.

**Setting Goals:** Ronaldo had a

clear goal from childhood—to become a professional footballer. Once he achieved that, his next aim was to become the best in the world. His example teaches us the importance of setting ambitious goals in life.

**Leadership:** Ronaldo exemplifies leadership both on and off the field. He leads by example, motivating his team to strive for victory. He also assists his teammates, fostering a spirit of teamwork and collaboration.

**Health and Fitness:** Ronaldo prioritizes his health and fitness, maintaining a strict diet and lifestyle. His dedication to fitness helps him stay at the top of his game and reduces the risk of injuries.

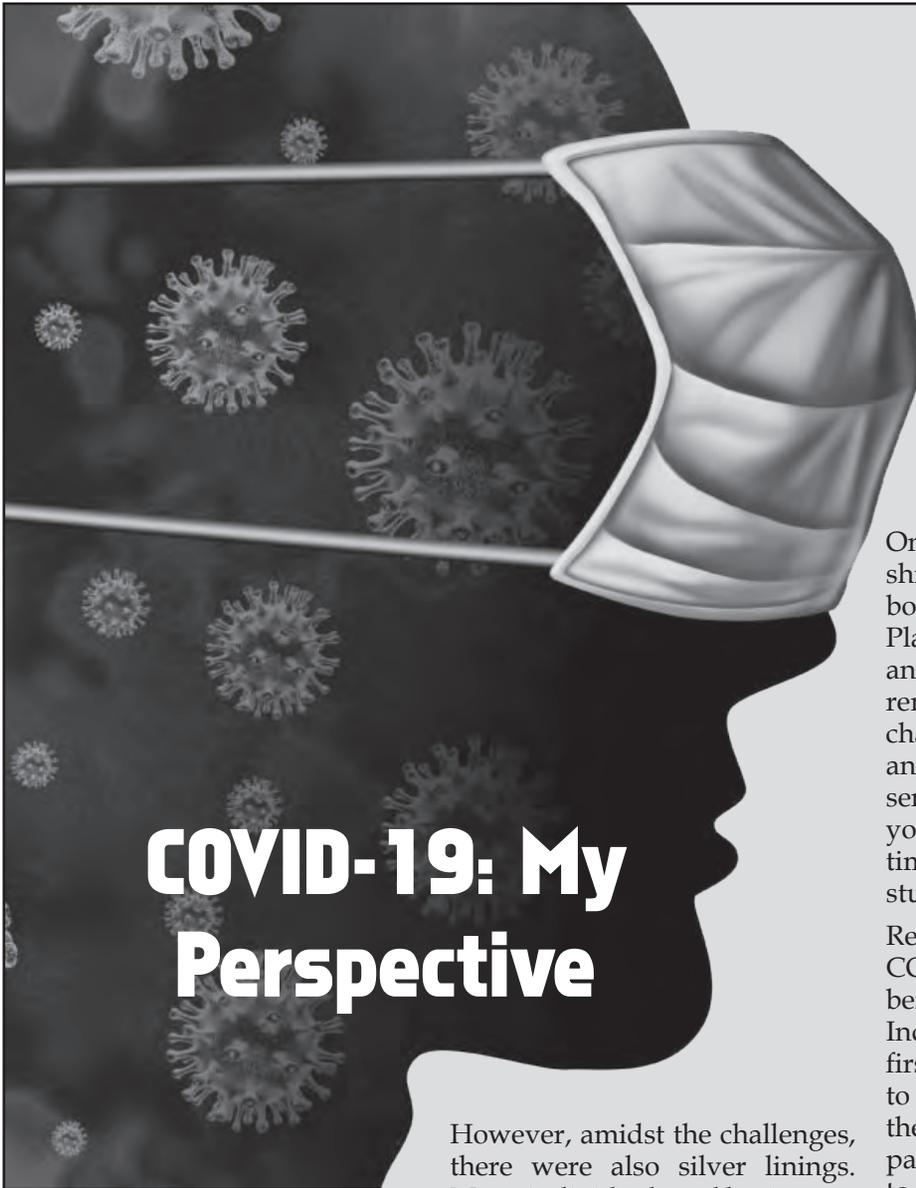
**Resilience to Criticism:** Despite facing criticism about his skills, Ronaldo remains unfazed. He

uses criticism as fuel to improve and never lets it affect his confidence.

**Family Values:** Ronaldo values his family deeply and makes time for them despite his busy schedule. He acknowledges the role his mother played in his success, attributing his achievements to her support and guidance.

In essence, Cristiano Ronaldo's journey teaches us that dedication, hard work, belief in oneself, and maintaining strong family values are essential ingredients for success. As Ronaldo himself said, "If you think you're perfect already, then you never will be." It's a reminder that continuous dedication and improvement are keys to achieving greatness.





## COVID-19: My Perspective

Our lives have been through a whirlwind of changes recently. We've faced uncertainty, fear, and disruption due to the COVID-19 pandemic. Let me share my thoughts on how it has impacted us all.

COVID, or the Coronavirus, appeared suddenly and spread rapidly across the globe. It was a novel virus, unfamiliar yet immensely powerful. While some of us managed to adapt, many suffered due to the lack of medical resources and support. Lives were lost, jobs were affected, and the world seemed to come to a standstill.

However, amidst the challenges, there were also silver linings. Many individuals and businesses found innovative ways to thrive despite the circumstances. Artists, entrepreneurs, and lifestyle influencers emerged, embracing technology to connect with others and pursue their passions.

Moreover, COVID prompted a surge in technological advancements. People delved into cryptocurrencies like Bitcoin and Ethereum, while stocks like TATA STEEL and IndiGo witnessed significant fluctuations. Some even ventured into new endeavors, like starting YouTube channels or investing in online platforms.



Gautam Sankar  
VII, 6410

On the education front, the shift to online classes brought both benefits and drawbacks. Platforms like Microsoft Teams and Google Meet facilitated remote learning, albeit with challenges such as screen fatigue and reduced interaction. While senior classes faced disruptions, younger students enjoyed more time with family alongside their studies.

Reflecting on the origins of COVID, it began in Wuhan, China, before spreading worldwide. In India, Kerala reported one of the first cases near my home, leading to containment measures. As the virus evolved into a global pandemic, governments raced to develop vaccines. Pfizer and COVAXIN were among the first vaccines rolled out, offering hope amidst uncertainty.

While vaccines brought optimism, concerns remain about future waves of the virus. Predictions suggest another surge by 2030, raising questions about the ongoing battle against COVID. In conclusion, prioritizing health and safety remains crucial in navigating these uncertain times. Let's stay vigilant and resilient as we strive for a healthier world.





Adidev C  
VIII, 6408

## *A Tale of Integrity and Resilience*

Once upon a time, in a peaceful village, there lived a boy named Raju. He belonged to a modest family, consisting of his father and mother. Raju was their only child, and as he grew older, his mother always emphasized the importance of honesty, advising him never to steal, even if they were no longer around.

One day, Raju's parents went to the town to buy groceries, leaving him alone at home. He eagerly awaited their return, sitting on the steps of their house. Hours passed, but his parents did not come back. Concerned, Raju waited anxiously.

Suddenly, a man came running towards him, his face filled with urgency. He delivered the devastating news that there had been an accident in the town, and among the injured were Raju's parents. Heart pounding, Raju rushed to the scene, hoping to find his beloved parents safe and sound.

However, upon reaching the accident site, Raju's worst fears were realized. His parents lay lifeless among the wreckage. Overwhelmed with grief, Raju cried out in anguish as he realized he had lost them forever.

Kind-hearted villagers came forward to help, taking the bodies of Raju's parents and organizing a solemn funeral ceremony. Raju felt lost and alone, grappling with the sudden loss of his parents.

In the days that followed, Raju struggled to come to terms with his new reality. Determined to honor his mother's teachings, he resisted the temptation to resort to theft, even when faced with difficult circumstances.

One day, while wandering through the town, Raju stumbled upon a loaf of bread left unattended. Despite his hunger, he remembered his mother's words and chose not to take it. Instead, he found solace in simple pleasures, living a humble life of integrity and resilience.

Though Raju's journey was marked by sorrow and loss, his unwavering adherence to his mother's values ultimately led him to find peace and contentment, proving that honesty and integrity are timeless virtues that guide us through life's trials and tribulations.





Adhish V S Raj  
6449,VIII

## Virtual Adventures: Mallan and Mahadevan's Wild Escape

Once upon a time, Mallan and Mahadevan were playing a super cool virtual reality game about hunting. They were all geared up with their weapons, ready to conquer the game world. But as they delved deeper into the forest in the game, disaster struck! Their ammo ran out, leaving them defenseless in the virtual wilderness.

After wandering around for what felt like ages, they stumbled upon a gigantic redwood tree. Inspiration struck them! "Let's build a treehouse!" Mallan exclaimed excitedly. They quickly decided to order wood from an online store called Amazon. To

their surprise, a drone soon arrived, dropping the wood at their feet. With determination, they began constructing their treehouse.

As the sun began to set, a mischievous group of monkeys appeared, curious about the new structure. Mallan and Mahadevan tried to shoo them away, but their efforts were futile. Suddenly, a massive gorilla leaped onto the treehouse, causing it to collapse with a loud crash.

Disappointed by the quality of the wood they ordered, Mallan and Mahadevan tumbled down into a nearby waterfall. Mallan managed to land safely in the water, but Mahadevan wasn't so lucky. His hand hit a sharp rock, reducing his

health points in the game.

Stranded on the shore, they ventured into the jungle, hoping to find safety. However, their peace was short-lived when they heard rustling bushes. To their horror, a fierce bear emerged from the foliage, ready to attack!

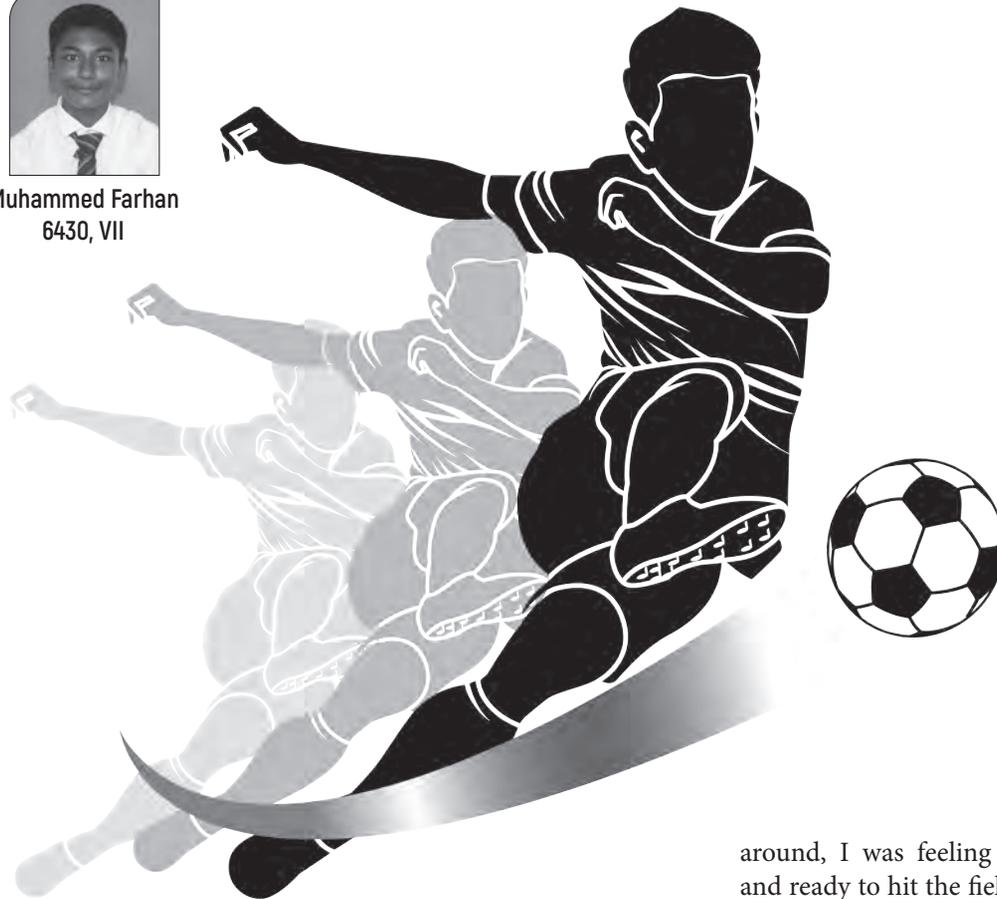
Mallan quickly scrambled up a tree to safety, but Mahadevan's low health prevented him from following suit. With the bear closing in, Mahadevan had a brilliant idea. He took off his VR headset, ending the game abruptly.

But their troubles weren't over yet. The gorilla, still furious, continued to pursue them. In a daring move, Mallan and Mahadevan leaped into a nearby river, hoping to escape the virtual dangers and live to game another day.





Muhammed Farhan  
6430, VII



## *My First South Zone Football Adventure*

I want to tell you about this awesome experience I had recently at the South Zone Football Tournament. It was my first time playing in such a big event, and let me tell you, it was quite a ride!

It all started back in June when I tried out for the team. There were so many other kids trying out, but only 22 of us made it through the first selection. We had to go through stamina tests, medical checkups, and more. Finally, by the 27th, the coaches decided I was one of the main eleven players! I was over the moon!

Our days were pretty packed with practice starting early in the morning and ending with dinner around 8:30. The food wasn't always great, but we made do. However, just two days before our first match, disaster struck—I came down with a fever. Lal Sir, one of the coaches, told me I couldn't play because of my high fever. I was so upset I even cried!

But you know what? The team still did amazing in that first match, winning 4-0 against Korukonda. I couldn't play, but I cheered them on from the sidelines. Luckily, by the time our second match rolled

around, I was feeling much better and ready to hit the field again. And guess what? We won that one too!

In our third match, I got to play as a wing, and I even managed to assist in three goals! It was such a thrill being out there with my teammates, giving it our all.

Unfortunately, our journey came to an end in the semi-finals when we lost to Bijapur. But you know what? We didn't leave empty-handed. On July 9th, the South Zone event wrapped up, and we were awarded a certificate and a bronze medal. It might not have been the gold we were hoping for, but it was still a huge achievement for us!

Overall, it was an unforgettable experience—one that I'll always cherish. I can't wait for the next tournament to come around so we can give it another shot. Until then, I'll be practicing hard and dreaming of more victories on the football field!



Since the moment we enter this world, one quality takes center stage, a quality that distinguishes the civilized from the chaotic - discipline. It's a potent force that, when integrated into our actions, can redefine our lives. Everything, from a disciplined student excelling in academics and sports to individuals achieving milestones in various fields, underscores the profound impact of discipline.

Discipline isn't merely a habit; it's a transformative factor that can revolutionize an individual. Any action imbued with discipline holds a distinct and elevated value, yielding positive outcomes and success. Despite common misconceptions, it's not just talent, hard work, and willpower that matter in life. Discipline is the unspoken hero that shapes decisions and steers individuals toward the right path.

Delving into the lives of successful individuals, one discovers that alongside hard work and determination, discipline played a pivotal role in their journey. Early in life, parents focus on instilling the habit of discipline, likening it to unlocking a crucial skill that guides a child towards making correct decisions.

While willpower helps in making choices and hard work is essential for success, it's discipline that acts as the compass, guiding individuals through challenges. Humans are inherently drawn to the easier, often lazier path, influenced by habits that may provide short-term pleasure but are detrimental to long-term well-being. Discipline becomes the key to resist such temptations and make decisions that are beneficial in the grand scheme of life.

Parents emphasize instilling discipline in their children because it equips them to navigate through challenges, prioritize actions, and



Chetan Levan  
6198, X



## *Unlocking Success: The Transformative Power of Discipline*

make decisions that shape their future. In a world where distractions and excessive pleasures abound, disciplined individuals stand out for their ability to resist the allure of momentary enjoyment and focus on what truly matters.

Consider the scenario of students facing exams. While some may choose to play instead of studying due to a lack of discipline, those with a disciplined approach recognize the importance of studying for future benefits. The ability to make the right decisions, even when faced with distractions, is a testament to

the mastery of the art of discipline.

Discipline, therefore, is not merely a habit; it is a guiding principle that molds individuals into champions of their own destiny. It is the compass that points toward success, urging individuals to prioritize the essential over the distracting. In the grand tapestry of life, discipline is the thread that weaves success and transforms ordinary actions into extraordinary achievements. So, let us unlock the potential of discipline, embracing it as the catalyst for a prosperous and purposeful life.





Nakshatra D.A.  
6440, VIII

## Chetan Bhagat: India's Bestselling Author

**H**ave you heard of Chetan Bhagat? He's the author of some super popular novels that have taken the world by storm!

Chetan Bhagat is a rockstar when it comes to writing books. He's written ten novels, and get this—they've sold a whopping twelve million copies! Plus, his stories have been translated into over twenty languages all around the globe. How cool is that?

You might have heard of some of his books. They're real page-turners! But did you know that the "New York Times" called him the biggest selling

author in India's history? Yep, that's right! He's a pretty big deal. And get this, Time magazine even named him one of the 100 most influential people in the world! That's like being a superhero of storytelling.

But wait, there's more! Fast Company USA also gave him a shoutout, naming him one of the 100 most creative people in business worldwide. Talk about talent!

So, what's Chetan's story? Well, before he became a literary sensation, he went to college at IIT Delhi and IIM Ahmedabad. That's

some serious brainpower! After college, he worked in investment banking for ten whole years. But you know what? He decided to take a leap of faith and follow his passion. He quit his job in banking to become a full-time writer. And boy, are we glad he did!

Chetan Bhagat's journey from numbers to novels is inspiring. He's shown us that with hard work and determination, you can chase your dreams and make them come true. So, if you haven't picked up one of his books yet, what are you waiting for? Trust me, you won't be able to put it down!

Chetan Bhagat, you're a literary legend, and we can't wait to see what stories you have in store for us next!





A V Anagha Nair  
6439, VIII



## *The Kitchen Chaos: A Tale of Recklessness*

Last month, something absolutely crazy happened at my grandparents' house, all because of a little kitchen mishap.

My aunt decided to pay a visit to my grandparents, leaving my uncle in charge of the kitchen duties. Now, let me tell you, my uncle is a bit of an absent-minded fellow. He's the kind of guy who can forget where he left his own shoes!

So, on this fateful day, he decided to cook up some veggies for dinner. He tossed the vegetables onto the stove and then, without a second thought, dashed off to wash his beloved bicycle. Now, this bike was caked in mud from top to bottom, but my uncle didn't have any soap to clean it. Well, he did what any neighbourly person would do—he asked for help.

Luckily, his neighbour was happy to lend a hand and handed over a new

packet of soap. With soap in hand, my uncle started scrubbing away at his muddy bike, completely unaware of the chaos unfolding back at home. Suddenly, his neighbour popped out of nowhere and shouted, "Something smells like it's burning!"

My uncle sprinted back to the house, convinced that the entire place was going up in flames. When he reached the kitchen, he was greeted by the sight of smoke billowing from the stove. Without missing a beat, he grabbed the nearest thing he could find—some oil—to douse the fiery vegetables. But here's the kicker: it wasn't cooking oil. Nope, it was machine oil, the stuff you use for

greasing gears and whatnot.

As if things couldn't get any crazier, my uncle realized his mistake a little too late. You see, machine oil isn't meant for human consumption. It's got all sorts of nasty stuff in it, like kerosene, which can seriously mess you up if you ingest it.

Long story short, dinner was canceled that night, and my uncle learned a valuable lesson about double-checking labels before using random liquids in the kitchen. But hey, at least we got a good laugh out of it, right? Just another day in the life of my crazy family!





Rohan Menon K  
6388, VIII



## *The Essence of Life: Defined by Habits and Hobbies*

In the intricate tapestry of life, our habits and hobbies emerge as threads that weave our unique stories. Each individual, a curator of their own interests, selects pursuits that resonate with their soul. Personally, my cherished hobbies encompass the thrill of playing cricket, the escape found in adventurous storybooks, and the joy derived from engaging conversations with others.

Diverse as the world itself, everyone's choices in hobbies paint a vivid picture of their character. Take, for instance, the Sainik Schools, adept at recognizing and channeling the habits of students for collective achievement. These institutions not only foster personal gains but also contribute to the greater success of the entire school community.

Transitioning to life at Sainik School Kazhakootam has been transformative, not only physically and mentally but also

in fostering maturity. As we mature, our thoughts and habits follow suit. The maturation of our habits becomes evident to others, influencing the overall quality of our lives.

Undeniably, habits play a pivotal role in shaping our character, and character, in turn, becomes the lens through which the world perceives us. The symbiotic relationship between habits and character underscores a fundamental truth - our life is defined by the choices we make, and our character is represented by the hobbies we embrace.

A profound insight surfaces: life is a canvas painted by character, and character is revealed through our chosen hobbies. Thus, while indirect, it remains an undeniable reality that our habits dictate the quality of our lives. The crux of the matter lies in the understanding that the habits we harbor encapsulate the essence of our character, leaving

an indelible mark on the canvas of our lives.

One prevalent challenge concerning habits and hobbies is the reluctance some harbor about sharing them. Fearful of judgment or disapproval, individuals refrain from presenting their true selves. Yet, the truth remains - our habits define us, and there is no reason to shy away or feel ashamed. Rather, our habits should be a source of pride, reflecting what makes us happy and fulfilled.

In conclusion, the selection of habits is a deliberate and consequential act. As we navigate life's journey, our habits, like guiding stars, illuminate our path and define the quality of our existence. So, choose your habits with care, embrace them proudly, and let them be a testament to the richness and authenticity of your unique life story.





Syed A S  
6059, X

## *Echoes of Longing: A Tale of Unspoken Words*

*In* the silence of the night, I reach out,  
But you're not here, not now, not ever,  
Perhaps you never were, just a fleeting shadow,  
Your absence casts a heavy veil,  
My thoughts wander, searching for your presence,  
But all that remains is an empty echo.

Through your window, I glimpse your solitude,  
Your lonesome pride a silent fortress,  
Yet I know this life all too well,  
There are still a million sights unseen,  
But I can't help but long for your smile,  
A smile that lights up the darkest corners,  
But alas, it fades too soon, leaving me alone.

Go away, anywhere but here,  
Lest I shed a tear... It's as easy as it's hard,  
To turn away from your face,  
To resist the allure of your manipulative charm,  
Leaving me crippled in your absence.

You look at her, but do you truly see?  
You hear her, but do you listen?  
You talk to her, but do you understand?  
You comfort her, but do you feel her pain?  
You speak, but do you truly know her?

How can you, when you're blind to her words,  
Deaf to her questions,  
And numb to her emotions?  
In the end, you're nothing but a bystander,  
A mere spectator to her silent struggles.





Nirmay Raj  
6047, XI

## Embracing Change: A Choice of Paths

When the wind of change sweeps through,  
Some choose to embrace its gentle gusts,  
While others erect walls to shield themselves,  
From the unfamiliar whispers of transformation.

Those who follow the wind's whispers,  
Discover pathways to success,  
Guided by the currents of change,  
They navigate towards brighter horizons.

Yet, within the confines of our choices,  
Lies the power to shape our destinies,  
For walls may offer protection,  
But they also hinder growth and progress.

In the tapestry of life, winds vary,  
Some gentle breezes, others fierce gales,  
It is our response that defines our journey,  
Determining whether we thrive or falter.

So, when the winds of change beckon,  
Pause and ponder your chosen path,  
Will you build walls or set sail?  
For in that choice lies the key,  
To unlock the door to success,  
Or to stumble upon the threshold of failure.





# Embracing Opportunities and Building Windmills

In the grand tapestry of existence, change is the constant companion that shapes the trajectory of our lives. The saying "when time goes on, we need to dream of many lucrative dreams" encapsulates the essence of our journey through the ever-evolving landscapes of time. Opportunities, like elusive visitors, knock on our doors, waiting to be embraced by those willing to open them.

In this world of equals, the true difference emerges when opportunities, often referred to as 'given chances,' present themselves. The analogy of a visitor with treasures waiting in his palms captures the essence of missed opportunities when we choose to sleep or shut the door to change. The fortunate few who welcome the visitor find themselves on the path to success.

Change, a universal necessity, becomes the game-changer. It is the common thread that binds humanity, and its understanding becomes crucial. Just as many

fail to recognize the good side of opportunities, there are those who overlook the positive facets of change. Success, represented by industrialists, businessmen, speakers, politicians, engineers, and more, is a testament to those who understand and adapt to change.

The relationship between the consumption of opportunities and changing times is beautifully depicted in the phrase, "when the winds of change blow." This metaphor underscores the new opportunities that arise with every shift in the winds of change. "Some build walls," symbolizes the conservative mindset resistant to change, clinging to outdated beliefs. Conversely, "some build windmills" signifies the individuals who embrace change, setting themselves up for abundant opportunities and rewards.

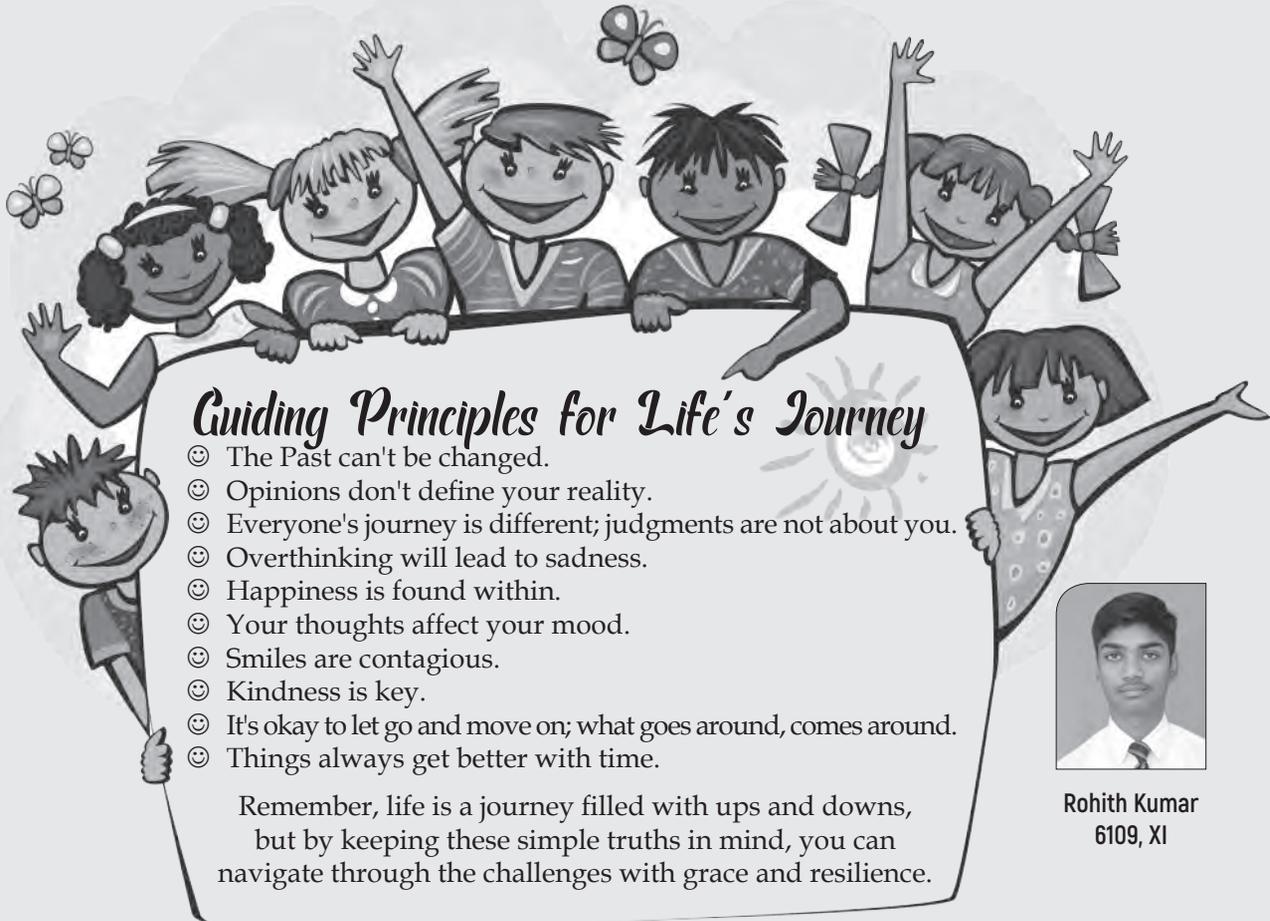
Life, akin to Pandora's box, unfolds as an adventurous saga with challenging pits and hills. The essay concludes with the realization that life is a journey

where change is inevitable. Some may face trials and hurdles, but victory awaits those who muster the courage to adapt and embrace change wholeheartedly.

The epilogue emphasizes the inevitability of change, urging individuals to understand its value. The analogy of a djinn providing the bread and butter of life underscores the notion that change is not to be resisted but embraced. The essay encourages readers to recognize that change is not only universal but also a catalyst for progress. It advocates for a revolutionary mindset, where change is seen as a positive force propelling humanity forward.

In essence, "Winds of Change" calls upon individuals to be open to opportunities, build windmills of progress, and understand that change is the essence of evolution. It celebrates the triumph of those who navigate the winds of change with resilience and adaptability, ultimately creating a world where progress is fueled by an unwavering acceptance of change.





### *Guiding Principles for Life's Journey*

- ☺ The Past can't be changed.
- ☺ Opinions don't define your reality.
- ☺ Everyone's journey is different; judgments are not about you.
- ☺ Overthinking will lead to sadness.
- ☺ Happiness is found within.
- ☺ Your thoughts affect your mood.
- ☺ Smiles are contagious.
- ☺ Kindness is key.
- ☺ It's okay to let go and move on; what goes around, comes around.
- ☺ Things always get better with time.

Remember, life is a journey filled with ups and downs,  
but by keeping these simple truths in mind, you can  
navigate through the challenges with grace and resilience.



**Rohith Kumar**  
6109, XI

## *Chasing Time: Memories and Dreams*

Sometimes I lay down, reminiscing the past,  
Relieving stress, hoping it'll last.  
Praying for good times to stay,  
But alas, time slips away.

I wish we could pause those moments so dear,  
Yet time's relentless march is clear.  
It's just me, alone at the end of the day,  
Clutching onto memories as time drifts away.

One day, I dream, I'll hit pause,  
On the happiest moments, without a cause.  
To say more than just a goodbye,  
But time, oh time, still flies so high.

Yet in this fleeting race against time's sway,  
I'll cherish each moment, come what may.



**Agrima Singh**  
6361, XI



## *One's Response in the Face of Change: A Path to Sustainable Success*

**Change**, often likened to the unpredictable winds, holds the power to shape lives. Some choose to erect walls, resisting the gusts, while others build windmills, harnessing change for growth. This essay explores the dichotomy between those who accept and adapt to change and those who resist, delving into the implications of their choices.

**The Winds of Change:** Change, symbolized as the wind, can be strong or gentle. The dichotomy emerges: "Some build walls, and some build windmills." Those who build walls resist change, fearing its impact, while those who build windmills embrace the challenges and turn them into opportunities for growth.

**The Rose Analogy:** The essay introduces the analogy of a small rose to illustrate the impact of change. A rose, when sown in fertile ground, grows into a beautiful flower. However, if sheltered and resistant to growth, it withers. This analogy emphasizes that those who embrace change will thrive, akin to a flourishing rose.

**Historical Examples of Windmill Builders:** Examining historical figures like Stephen Hawking and Michael Phelps, who faced significant challenges, reinforces the idea that embracing change leads to success. While Hawking transcended physical limitations, Phelps turned societal ridicule into Olympic achievements. Windmill builders, despite adversity, triumph.

**The Necessity of Adaptability:** The narrative underscores that change is necessary for progress. Reflecting on early human history, the essay notes that if humans had not embraced change, fundamental discoveries, like fire, might never have occurred. The adaptability of those who explored and harnessed change set the stage for societal development.

**Success Amidst Challenges:** Those who build windmills are positioned for success, having accepted that challenges are an integral part of life. The essay suggests that building walls might provide temporary comfort, but continual adaptation

and growth, like windmills, lead to sustained success.

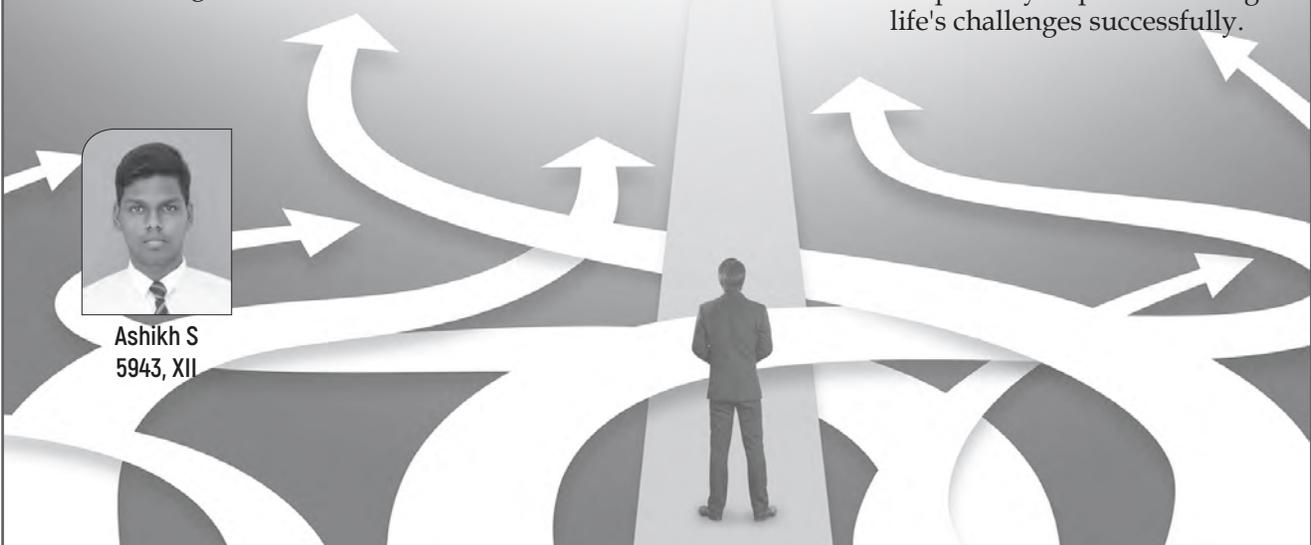
**The Pitfalls of Wall-Building:** While there may be exceptions, the essay acknowledges that building walls can lead to stagnation. Those who resist change might find themselves trapped in a cycle of building more walls, limiting their potential for growth and success.

**Embracing Challenges:** Encouraging the reader to face challenges head-on, the essay emphasizes the value of hard work. The proverb "Hard work always results in sweetness" highlights that the effort invested in building windmills pays off in the long run.

In conclusion, the essay advocates for the metaphorical construction of windmills in the face of life's changing winds. By embracing change, individuals pave the way for sustained success, while those who resist may find themselves enclosed by self-imposed barriers. The choice between building walls and windmills is symbolic of the adaptability required to navigate life's challenges successfully.



Ashikh S  
5943, XII



# A FOOTBALL JOURNEY: FINDING INSPIRATION IN NEYMAR

From the moment I laid eyes on the beautiful game of football, two things became ingrained in my heart: Neymar Da Silva Santos Junior and the mesmerizing sport itself.

I vividly recall that fateful day in September 2017. With nothing on TV except for a sports channel showcasing a UEFA Champions League match between Paris-Saint Germain and Liverpool, I found myself drawn into a world I never knew existed. In a country dominated by cricket since the 1860s, football had always taken a back seat in my life, a mere passing interest.

But as I sat transfixed, watching the game unfold before me, I had an epiphany: "THIS GAME IS FAR MORE ENTERTAINING THAN CRICKET!" I eagerly shared my newfound passion with my cricket-loving friends, only to be met with indifference. In a neighborhood where football was a rarity, playing the sport with friends was a rare treat, a ceremonial event that happened only occasionally.

Yet, with each passing day, my love for football deepened. I immersed myself in the game, studying its intricacies and marveling at the skills of players like Neymar. Watching him dribble past defenders was a thing of beauty, a feeling I treasured with each match. Despite never winning the FIFA Ballon d'Or, I held onto the belief that Neymar would one day reach the pinnacle

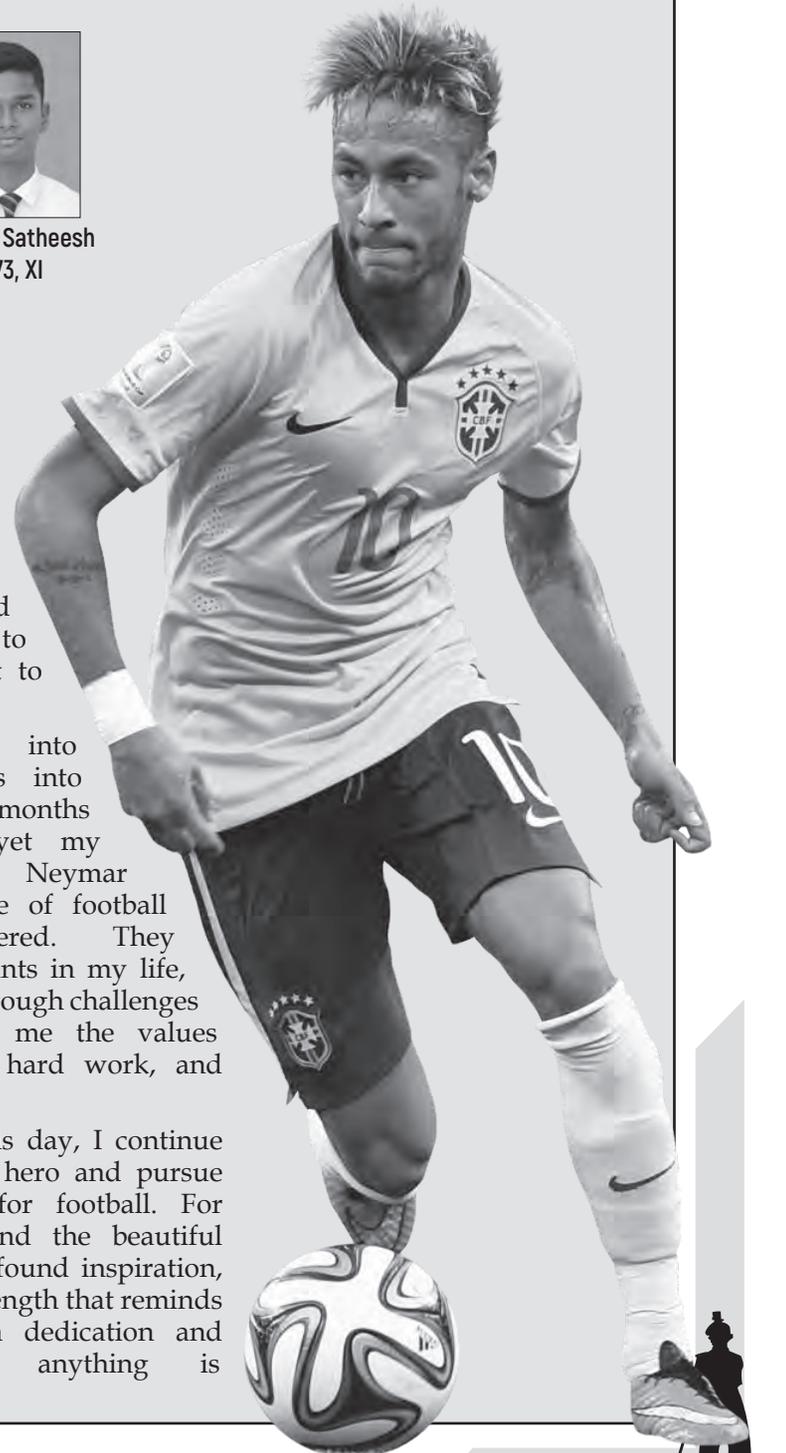


Abhinav Satheesh  
6373, XI

of success,  
a dream  
that seemed  
unattainable to  
many but not to  
me.

Days turned into weeks, weeks into months, and months into years, yet my devotion to Neymar and the game of football never wavered. They became constants in my life, guiding me through challenges and teaching me the values of self-belief, hard work, and determination.

And so, to this day, I continue to follow my hero and pursue my passion for football. For in Neymar and the beautiful game, I have found inspiration, a source of strength that reminds me that with dedication and perseverance, anything is possible.





## *Chasing Dreams: The Path to Success*

*In the race of life, success gleams bright,  
A shimmering dream in the grasp of the right.  
It dances in the steps of those who strive,  
Never held back by fear to thrive.*

*Success isn't a gift, it's earned by sweat,  
Not just a prize you easily get.  
It's a journey of practice and strain,  
Under the sun or in the rain.*

*Those who lend a hand, who show they care,  
Find success sparkling in the air.  
Like a distant star, it shines so far,  
For those with kindness, it's never too far.*

*But beware, for those who forget,  
Success slips away, a silhouette.  
Gratitude is the key to keep it near,  
For those who helped, hold it dear.*

*Success isn't just about what you do,  
But how you do it, with a heart true.  
In every process, in every try,  
Success awaits those who never say goodbye.*

*So let's keep reaching, let's keep calling,  
For success isn't just for the falling.  
It's for those who rise and stand tall,  
For those who dare to give their all.*



**Shubham Kumar**  
6114, XI





Himanshu Kumar  
6140, X



## *Journey of Chance*

### *A Tale of Encounters on the Rails*

Once upon a time, as my school vacation kicked off, I found myself on a train heading home after six long months. The clock struck 5:30 PM as I arrived at Trivandrum Central, my heart racing with excitement. Spotting my train already stationed at platform four, I hurried aboard and located my seat, a side upper berth.

As I settled in, I noticed a mysterious bag occupying the lower seat. Ignoring it, I dashed off to grab some dinner from the station's shop. With a pack of chicken biryani in hand, I returned to find the bag still untouched. Assuming someone had forgotten it, I paid it no further heed.

The train chugged along, and

soon darkness enveloped the carriage. Lost in the melodies of my favorite songs, I eventually succumbed to sleep. However, my slumber was short-lived. Startled awake around midnight, I ventured out of my berth and stumbled upon a captivating sight—a girl, illuminated by a solitary light, engrossed in a book near the carriage door.

Summoning courage, I greeted her, but she seemed lost in her own world. Eventually, she introduced herself as Sanjana, and our conversation slowly unfurled. As dawn approached, we discovered a shared connection—both hailing from Patna. Our chatter filled the night, bridging the gap between strangers.

As our journey neared its end,

Sanjana handed me a small box, instructing me to open it at home. With a parting smile, she disappeared into the bustling crowd upon reaching Patna Junction. Filled with curiosity, I returned home, eager to unravel the mystery of the box.

Amidst the warmth of family and the hustle of catching up with friends, I finally had a moment alone to open Sanjana's gift. Inside, I found a note bearing her name and phone number. Excitement surged within me as I dialed her number, only to be met with disappointment—a switched-off phone.

Despite the anticlimactic end, the memory of that chance encounter lingered, leaving me to wonder if fate would ever reunite us.





Ayush Singh  
6133, XI

# The Power of Positive Thinking

Positive thinking is like wearing a pair of bright sunglasses, seeing the world through a lens of confidence and hope. It's about believing that every situation holds potential for success and happiness. When you have a positive mindset, problems become puzzles waiting to be solved, and challenges become opportunities for growth.

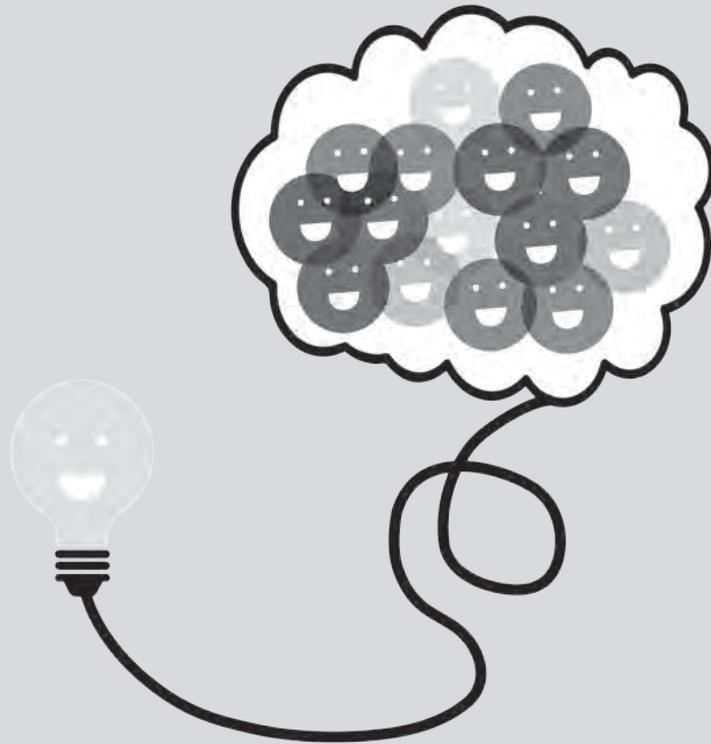
On the flip side, negative thinking is like walking around with a heavy fog clouding your vision. It breeds fear and blinds you to the possibilities around you. Living with a negative mindset is like carrying a burden of stress on your shoulders, which can weigh you down and even harm your health.

Life is so much better when you choose to focus on the good things, embracing happy and pleasant feelings. People are naturally drawn to those who radiate positivity, finding warmth in their presence.

Positive thinking isn't just a mindset; it's a superpower that fuels confidence and empowers you to tap into your abilities.

It's crucial to fend off negativity and strengthen your positive outlook. By making happy

choices and decisions, you pave the way for the best possible outcomes. So, put on your positivity glasses, face each day with optimism, and watch as the world opens up to endless opportunities.





Mohammed Hafeez  
5805, XII



## *Building Windmills Amidst Life's Storms*

Change, the constant companion of life, sweeps unexpectedly across everyone's path, leaving them with a choice: to build walls or windmills. This essay explores the essence of change, comparing it to the capricious nature of the wind—sometimes gentle, at other times forceful—and delves into the stories of individuals who transformed challenges into opportunities by embracing change.

**Change as the Wind:** Change is portrayed here as having wind-like characteristics—soft, turbulent, and sometimes destructive. People's resistance to change often stems from a desire to cling to their comfort zones, but just like the wind displaces objects, change displaces the familiar. The essay emphasizes that the resilience to ride the winds of change leads to personal growth and achievement.

**Examples of Triumph Amidst Change:** The narrative highlights inspiring examples of individuals who triumphed over adversity through a willingness to adapt. The life of Stephen Hawking, confined to a wheelchair by ALS, serves as a poignant

illustration of embracing change and transcending physical limitations. Similarly, the story of Michael Phelps, initially ridiculed for his physical appearance, reveals how change can pave the way for greatness when embraced.

**The Necessity of Change:** Drawing on the wisdom of Albert Einstein's metaphorical expression, "Life is like riding a bicycle; to keep your balance, you must keep moving," the essay stresses the necessity of change. It's not the change itself but the adaptability to change that keeps one progressing. The life-changing events in these examples underline the transformative power of adapting to change.

**Overcoming Regret and Embracing Lessons:** The essay argues against resisting change, as regret often follows. Instead, it encourages the reader to view change as a necessary part of making life meaningful. By navigating through changes with a positive attitude, learning from mistakes, and envisioning

a better future, individuals can become the best versions of themselves.

**Acknowledging Change-Bringers:** An essential aspect of navigating change is acknowledging the role of mentors, parents, and well-wishers. These individuals act as change-bringers, providing guidance and support on the journey. Expressing gratitude for their influence is crucial, as they contribute significantly to the development of one's personal windmills.

In conclusion, change is an inevitable and necessary part of life, and the choice to either build walls or windmills lies with each individual. The essay encourages embracing change for the better, avoiding stagnation, and recognizing the opportunities within challenges. The timeless advice to seize the moment and stand out from the crowd resonates, reminding us that amidst life's winds of change, building windmills is the key to personal growth and success.



# MY EXPERIENCE AS A CADET AT PANGODE CAMP



Aman Kumar  
6084, XI



It was the 13th and 14th of August 2022 when a group of 30 cadets from Sainik School Kazhakootam embarked on a journey to Pangode camp. The purpose? To witness the Azadi ka Amrit Yatra at the Pangode military station. Among those thirty cadets, I was fortunate to be part of the expedition.

The day started early, with the usual routine in the dormitory beginning at 6:30 am. After completing our daily chores and assembling as a squad, we marched to the mess for breakfast as the mess bell chimed. It was then that Naresh sir, our instructor, called upon all the cadets whose parents couldn't

attend the scheduled parent-teacher meeting. Lal Abraham informed us about the visit to Pangode Camp, and excitement rippled through the group.

We swiftly changed into khaki attire, a change from our usual black and white dress code, and eagerly gathered in front of the mess. Boarding the school bus with Naresh sir, the enthusiasm among us was palpable. As we left the gates of Sainik School Kazhakootam, chants of "Bharat Mata ki Jai" and cheers for our school echoed through the bus.

The journey was filled with songs and jubilant spirits, and soon we arrived at our destination, Pangode military

station. Although familiar to me from past experiences, seeing it again sparked memories of my time there with my parents. It felt like stepping back in time, reliving moments of study, play, and laughter.

Upon arrival, I noticed significant changes—the once modest swimming pool had transformed into a sprawling NDA-standard facility. The ground where I used to play now boasted obstacle courses, volleyball, football courts, and basketball arenas. Gathered with NCC cadets from other schools and colleges, we awaited the Azadi ka Amrit Yatra. Our chief guest, the esteemed Governor of Kerala, Shri Arif Mohammed Khan, graced the occasion. We were treated to captivating performances, including a Kalaripayattu demonstration and a vibrant Maharashtrian dance.

Interacting with fellow NCC cadets, I learned of their deep respect for Sainik School cadets. Officers and officials engaged us in conversations, expressing their confidence in our potential as future leaders.

That day, amidst the camaraderie and pride, I realized the profound impact and respect that being a Sainik School cadet commands. I felt privileged to be a part of this esteemed institution, recognizing our role as torchbearers of society.





Abhivandh Baiju  
6304, IX

## *Discipline is doing what needs to be done, even if you don't want to*

Discipline serves as the bedrock for enhancing the quality and standards of one's life, shaping individuals into competent contributors to the outside world. It permeates various aspects of our existence, influencing the way we communicate, carry ourselves, engage in activities, and exhibit behavior. The essence of discipline extends beyond the immediate, impacting life through its trajectory into old age.

Integral to the construct of discipline are attributes such as reliability, loyalty, and courage. These virtues become intrinsic when one actively upholds discipline, forming an indomitable presence that others admire. The ripple effect is profound, as those who observe a disciplined individual are compelled to acknowledge their commitment to principles.

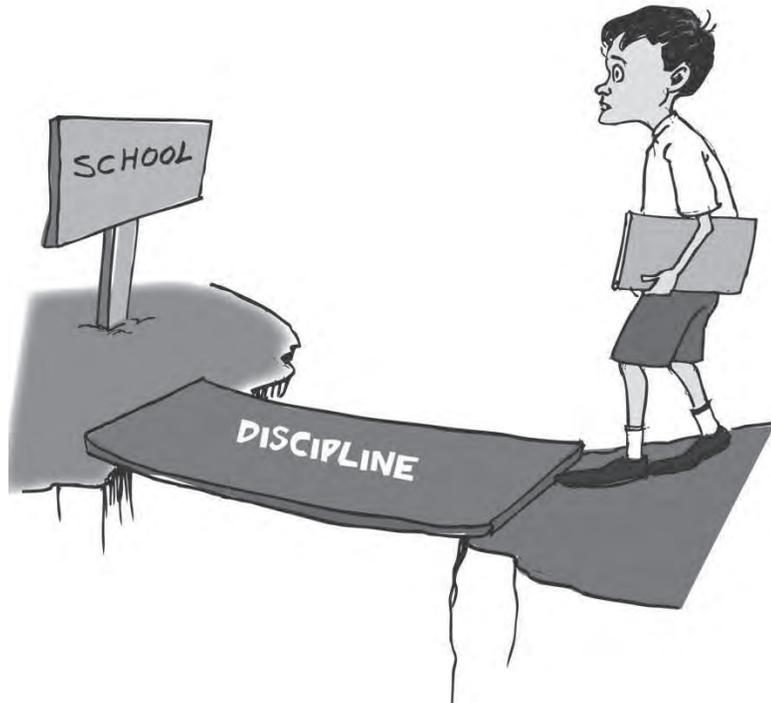
Maintaining discipline is not just a personal endeavor but a commitment to a greater responsibility. The way we conduct ourselves serves as a template for those who look up to us. Recognition as a disciplined individual brings about a sense of pride and self-worth, inspiring determination to overcome challenges and strive for excellence. In essence, everything begins with the cultivation of discipline.

Discipline emerges as a crucial factor for success in life, with other desirable qualities following suit. Respecting seniors, elders, and family members, refraining from disruptive behavior, and contributing positively to society are all manifestations of a disciplined life. It is the foundational principle upon which a respected position is built, influencing manners, actions, and overall character.

As individuals progress through life, the mantle of responsibility invariably falls upon them. Whether as a gentleman cadet, soldier, or pursuing any other profession, discipline remains a constant companion. The meticulous attention to detail, be it in wearing a tie or tying one's shoelaces, underscores the comprehensive nature of discipline.

Beyond the external manifestations, discipline embodies the pursuit of perfection. It is the driving force behind the cultivation of a distinguished character that garners admiration and respect from others. The ability to be a person of class, someone others aspire to emulate, is intricately woven into the fabric of discipline.

In conclusion, discipline is not merely a set of rules but a way of life that shapes and defines individuals. It is the unwavering commitment to doing what needs to be done, even in the face of reluctance, for it is understood that the dividends of discipline will inevitably return. "Discipline is doing what needs to be done, even if you don't want to" encapsulates the enduring nature of this foundational principle.





Niranjana M  
6135, X

## My Worst Nightmare

It was a bustling morning at the market, my first visit since childhood. While my mother was engrossed in browsing clothes, my attention was fixated on the array of chocolates. Overwhelmed by the variety, I ventured into every shop. But as I completed my chocolate exploration, a shocking realization hit me—I was lost! Panic surged through me as I frantically scanned the crowd for my mother, tears streaming down my face.

Amidst my distress, a tall man with tattered black jeans and a dirt-streaked t-shirt appeared, his face adorned with a comforting smile. Despite my tears, he gently inquired, "Why are you crying, child?" Barely able to speak, I managed to explain that I was lost and pleaded for help finding my mom. With a reassuring smile, he lifted me up and led me down an unfamiliar lane.

As we walked, unease crept over me. The surroundings grew darker, the houses more dilapidated. Suddenly, my heart plummeted as I noticed the glint of a knife in the man's hand. His once-friendly demeanor twisted into a menacing grin, instilling fear beyond my young capacity to comprehend. "Please, help me," I implored, my voice trembling.

In a state of terror, I cried out for someone, anyone, to come to my rescue. The man's wicked growls only intensified my dread as he drew closer, the knife gleaming ominously. Just as despair threatened to overwhelm me, a familiar voice pierced the

chaos—my mother calling my name.

But even as hope flickered within me, the man continued his advance, his arm poised to strike. Blurry visions danced before my eyes as the scene blurred into darkness. And then, with a jolt, I awoke from the nightmare, my mother's concerned face hovering above me.

Relief flooded through me as I realized it had all been a dream—a terrifying glimpse into the depths of my worst fears. Yet, as I reflected on the harrowing experience, I couldn't shake the lingering question: "Was it just a dream, or a premonition of what could be?"





Rachel Jacob  
6355, XI

## *When the Going Gets Tough the Tough Get Going*

Today, we live in a world of abundant opportunities, yet life is no walk in the park; it's a constant struggle in a highly competitive environment. However, those who embrace challenges rather than shy away from them are the ones who ultimately emerge victorious.

The fact is, humans possess tremendous capacity to overcome obstacles. It's not just about physical prowess but also mental resilience. As Napoleon rightly said, "There are two powers in the world: the sword and the mind. In the long run, the sword is always beaten by the mind."

Here are five essential ingredients for success:

Willpower and Self-Control:

Willpower is the strength to persevere against all odds. It's the inner drive necessary to pursue a rational cause despite temptations and comfort. Mahatma Gandhi, for instance, could only challenge the might of the British Empire because of his unwavering will.

**Belief in Yourself:** Self-belief is essential; it's the assurance in one's own abilities and judgment. Without self-assurance, we may never tap into our full potential.

**Initiative and Value Addition:** Initiative is the key to success; it's about taking action without being told. Anticipating and addressing problems before they arise is a hallmark of a successful person. Such individuals engage in mental gymnastics, always

planning and preparing well in advance.

**Positive Attitude:** Our attitude determines how we react to situations, deal with people, and perceive things. Embracing a positive outlook on life allows us to see the bright side and expect the best outcomes in everything we do.

**Self-Discipline:** Self-discipline is crucial for achieving results. It's about empowering oneself to overcome any obstacle through hard work, consistency, and meticulousness.

Incorporating these ingredients of success into our lives can propel us forward, enabling us to tackle challenges head-on and achieve our goals, no matter how tough the going gets.



# The Impact of Good Habits on Life Quality



Gautham Shankar  
6410, VII



Good habits are the cornerstone of a well-lived life, defining our daily activities and influencing our personal well-being. From the seemingly mundane act of brushing our teeth to the comforting routine of making our bed, these habits shape our experiences.

Imagine entering a neatly arranged bed, devoid of wrinkles and folds. The comfort derived from such a simple act of arranging our bed properly can significantly impact the quality of our sleep. These habits extend beyond daily tasks to activities like reading books, newspapers, staying updated with current events, and maintaining a

positive outlook through movies and music.

Here are some good habits and their positive effects:

**1. Reading Books:** Improves vocabulary.

Boosts imagination and creativity.

Reduces the fear of public speaking by fostering confidence.

**2. Arranging Bed Daily:**

Reflects positively on your personality.

Creates a welcoming environment for visitors.

**3. Reading Newspapers:**

Enhances vocabulary.

Keeps you informed about current events and technological advancements.

On the flip side, individuals with detrimental habits like nose-picking, excessive sleeping, or poor personal hygiene may face negative consequences. Bad habits can lead to both physical and mental health issues, affecting not only the individual but also their social interactions.

## The Influence of Habits on Life Quality:

A person with good habits tends to lead a more disciplined and well-mannered life.

Good habits contribute to better physical and mental health.

Neglecting personal hygiene can result in unpleasant odors and health complications.

In conclusion, our habits wield immense power in determining the quality of our lives. Developing good habits is a conscious choice that can lead to a more fulfilling and positive existence. As we navigate through life, let us strive to cultivate habits that contribute positively to our well-being, ensuring a better quality of life for ourselves and those around us.





Suraj Kumar  
6131, X

## A Mother's Love

*How* deep does a mother's love go? Is there a limit to her love?

There seems to be no end to a mother's love. It transcends boundaries and knows no bounds. A mother will sacrifice anything for the love of her children.

There are things ordinary beings may hesitate to do, tasks that may seem burdensome or bothersome. Yet, a mother performs them effortlessly, without seeking recognition. She ensures there's always enough food for all, hides her countless worries behind a serene smile, and swallows her anger when her pride is wounded. She forgives even those

who hurt her deeply, showering them with unconditional love.

A mother tirelessly tends to the needs of her children, offering guidance and comfort through life's trials and tribulations. Her devotion knows no bounds, and her affection overflows, reaching the depths of her children's hearts.

So, can you measure a mother's love? No, for it is immeasurable, boundless, and eternal—a force that knows no limits, driven solely by the endless depths of a mother's heart.



Madhav S Challepparambil  
6232, X

## If I Were You



*If* I were you, oh how I'd change,  
Wouldn't waste my time, wouldn't rearrange.  
No more excuses, no more delay,  
I'd tackle my tasks, make the most of my day.

If I were in your shoes, I'd understand,  
No need for jealousy, no need to demand.  
I'd appreciate others, their hard work I'd see,  
Embracing their success, alongside my own glee.

If I were you, I'd take a pause,  
Step back from the chaos, find my cause.  
Setting my goals, with determination clear,  
I'd chase them down, without a single fear.

I'd cast away distractions, focus my mind,  
Leaving comfort behind, a new path to find.  
Running towards success, with every stride,  
Only if I were you, I'd embrace the ride.





Devank R D  
6151, X



# Who Am I?

Despite never having been a class leader before, I had always believed in my abilities. But was I truly capable?

One particularly groggy Monday, as our class session began, our teacher announced the need for a new leader. Over the past two months, the leadership role had rotated weekly. On this day, the suggestion of an election was

met with enthusiasm. Two of my friends eagerly volunteered, and then, in a jest, my classmate lifted my hand. Despite feeling disheartened from a recent punishment, I resolved to pursue a positive path.

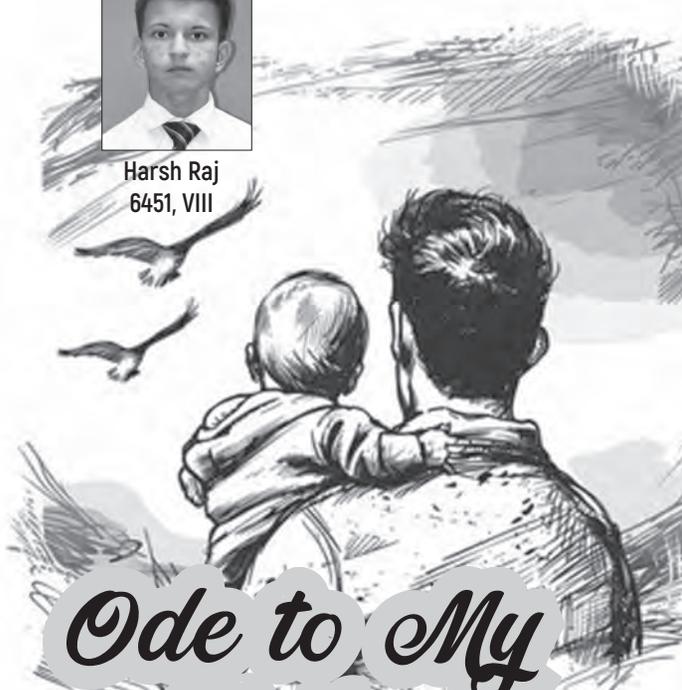
As the voting commenced, I awaited the results with apprehension. To my astonishment, when I opened my

eyes, I found the entire 1x-c class standing in my support. Our teacher mirrored my surprise. In that moment, I glimpsed the incredible unity and support within our class. Subsequently, I was appointed as the class leader.

Yet, amidst the newfound responsibility, I couldn't shake the doubt: was I truly capable?



Harsh Raj  
6451, VIII



In the depths of my journey, he stands tall,  
A beacon of guidance, never to fall.  
He knows my essence, every part of me,  
In his love, I find eternity.

My father, my anchor, my guiding light,  
In his wisdom, I take flight.  
He's more than a man, he's divine,  
In his presence, all troubles resign.

He's my solace, my mentor, my kin,  
With him, every battle I win.

My father, the cornerstone of my days,  
In his embrace, my spirit sways.

For without him, life's path would be dim,  
His love, a hymn, a sacred hymn.

To him, my gratitude I declare,  
For his love, beyond compare.

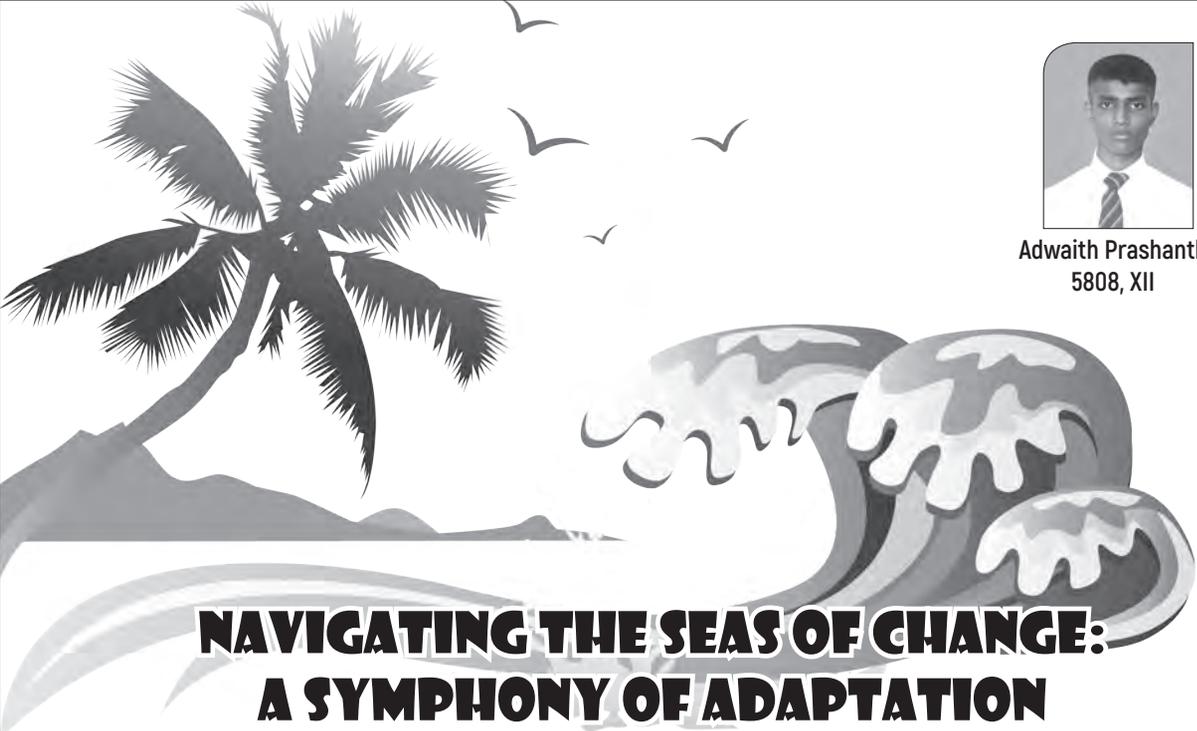
So let us honor, let us revere,  
The father figure, always near.  
In his embrace, we find our home,  
With him, we're never alone.

# Ode to My Father





Adwaith Prashanth  
5808, XII



## NAVIGATING THE SEAS OF CHANGE: A SYMPHONY OF ADAPTATION

Change, an ever-present force shaping the tapestry of human existence, leaves an indelible mark on our journey through life. From the dawn of humanity to the complex world we inhabit today, the waves of change have brought both blessings and challenges. Embracing this dynamic aspect of human life is a choice that beckons us to explore the depths of our resilience and adaptability.

**The Dual Nature of Change:** Change, akin to a coin with two sides, unveils itself as a force of duality. Over millennia, humanity has witnessed monumental shifts, intensifying in our rapidly evolving contemporary age. This section delves into the multifaceted impact of change, both as a harbinger of positive transformations and a catalyst for inevitable challenges.

**The Psychology of Change Aversion:** The human psyche often resists change, finding

comfort in the familiar. Fear, apprehension, and a desire to maintain the status quo are deeply rooted in the reluctance to break away from established norms. A psychological and scientific analysis reveals that this resistance often stems from a combination of laziness and a victim mentality, hindering personal growth.

**Fluidity in Adaptation:** Being open to change requires a delicate balance – neither rigid nor formless. Drawing inspiration from Bruce Lee's philosophy of being like water, this section emphasizes the importance of fluidity. A strong moral compass and courage of conviction empower individuals to navigate the curves and rough terrain of change, allowing for personal growth.

**The Capacity for Change:** Aristotle's wisdom resonates, emphasizing the shame of living without realizing one's full potential. Opening windows to

the winds of change is an invitation to unlock untapped capacities. Most individuals operate well below their capabilities due to a lack of courage and fear of the unknown. The section encourages a paradigm shift, urging individuals to explore their full potential.

Change is an eternal ticket to the vast expanse of knowledge, and pretending to understand it without experiencing it is a self-imposed blindfold. Embracing change, being like water, feeling its currents, and actively becoming the change one desires are pathways to personal evolution. The essay concludes with a call to adapt, rather than resist, when the winds of change blow. Whether building walls or windmills, individuals hold the power to influence their destiny, fueling the flame within and showcasing the transformative potential within each soul. Good luck and godspeed on the journey of self-discovery through the ever-changing seas of life.





Arjun Kannoth  
6192, X



In a dense, uninhabited island, a bird lived with its family, feasting on insects and fruits but yearning for a life beyond the confines of the jungle. One day, a lost ship stumbled upon the island, and the bird saw an opportunity for escape. Hiding aboard the ship, it eagerly awaited the journey to a new destination.

As the ship sailed on, the bird savored the crumbs of leftovers and awaited the arrival at the port of a bustling city. Upon reaching the city, the bird emerged, mesmerized by the sights of towering skyscrapers and bustling streets. It explored the city for hours, marveling at every corner.

However, the excitement soon turned to distress as the bird realized the absence of a familiar pond amidst the concrete jungle. Thirsty and disoriented, it finally found solace atop an apartment building, drinking from a fish tank.

## THE GREAT ESCAPE: FROM JUNGLE TO CITY

But freedom came at a cost. Caught by the apartment owner and placed in a cage, the bird yearned for its home in the jungle, longing for the freedom it once took for granted. Despite having food and water, the bird felt the ache of captivity, facing the vast sea that led back to its

island home.

In the end, amidst the bustling city and towering buildings, the bird realized that true freedom could only be found in the familiar embrace of its jungle home.





M J Madhavan  
6179, X

## Strategies for a School Zombie Apocalypse

If there were a zombie apocalypse at school, my friends and I would quickly assess our surroundings and seek out a safer location to hide. With the campus offering more space and potential hiding spots, we would aim to find a place where zombies would have difficulty accessing, such as larger buildings or fortified areas.

We would work together to block entryways and secure our chosen hideout, minimizing the risk of zombies breaking in. Communication would be key, and we would attempt to contact others for assistance or rescue,

using whatever means available, such as phones or radios.

Food might be scarce, but we would scavenge for any remaining supplies, perhaps finding leftover snacks or provisions from events like Parent's Sunday or in the mess hall. Water sources, such as drinking fountains or stored reserves, would sustain us for a time.

While taking necessary rest breaks, we would remain vigilant, mindful of the unpredictable nature of zombie movements. If possible, we would contact rescue teams or law enforcement for assistance, though we understand they may be hesitant to enter the area due to the dangers posed by zombies.

To draw attention away from our location and increase our chances of rescue, we might create distractions, such as loud noises or signals. If helicopters were to approach, their presence could serve to both distract zombies and potentially facilitate our rescue, with one helicopter dedicated to distracting the undead while the other focuses on extracting us from the danger zone.

Surviving in such a critical situation would require resilience, teamwork, and unwavering willpower. Despite the challenges and uncertainties, we would remain determined to endure and ultimately escape the grasp of the zombie apocalypse.





Arjun M.  
6042, XI

In the vast expanse of the universe, change stands as the sole constant, an undeniable force shaping the course of existence. Despite our occasional wish for it to pause, change is relentless, and the only sensible option is to move in harmony with its currents.

People, when faced with change, often find themselves at a crossroads, with two divergent paths before them. Some choose the seemingly irrational path of blocking change, constructing imaginary walls to shield themselves from the inexorable flow of the world. From an outsider's perspective, this might appear to be a misguided strategy, but it's essential to understand the reasons behind such behavior. Moments arise when individuals feel overwhelmed, yearning for a pause in the world's relentless pace. During these moments, they retreat into the comfort of their self-built walls, losing hope in the face of change. It's a reaction born out of a desire for respite.

The alternative path involves acknowledging the inevitability of change and choosing to flow with its currents. Those who adopt this mindset not only navigate change more successfully but also propel themselves further in life. Recognizing that opportunities knock only once, these individuals carefully select

and adapt to change, knowing that numerous others await their turn. Even in the face of adversity and testing times, the golden word that echoes is "Improvise." Life seldom hands us everything we need; thus, the ability to adjust and improvise becomes paramount.

Change, an entity that transcends time and space, influences every facet of life, from career and love to academics. On a grand scale, issues like climate change exemplify how change shapes the world. Governments across the globe are compelled to improvise, utilizing non-polluting fuels, solar energy, and hydrogen fuel to adapt to the changing environmental landscape.

Facing sudden change is akin to standing at the gates of the unknown, as the quote from Jurassic World: Fallen Kingdom aptly puts it. Preparedness becomes crucial, and the ability

to shift perspective is imperative. Historical examples, such as Copernicus challenging the belief that Earth was the center of the universe, highlight the resistance to change. Centuries later, we recognize the foolishness of such resistance. The call to build windmills for change echoes through time.

In essence, the phrase "When the winds of change blow, some build walls, others build windmills" holds profound significance for intelligent beings across the universe. It serves as a reminder that change is inevitable, and our response to it defines our journey. Rather than resisting the flow, we are encouraged to create it, steer with it, or simply go with it. Life, regardless of the changes it brings, is short, and the key lies in embracing and enjoying the journey, building windmills amidst the walls that may momentarily shield us from the winds of change.

## Navigating Life's Winds of Change





Madhav Binoy  
6248, X



## *The Enclosed Beauty*

*I*n the heart of Kenya, there lived a humble 15-year-old boy named Keki, who was raised by his grandmother until her passing when he was just a toddler. All she left behind was a peculiar seed from which sprouted a tree. Yet, to everyone's puzzlement, this tree bore no branches, leaves, or fruit, only a sturdy trunk.

Despite the ridicule he faced from others, Keki faithfully tended to the tree, watering it daily with unwavering dedication. Then, during a severe drought that

ravaged the land, the miraculous happened.

On a fateful day, a single branch emerged from the tree, much to Keki's astonishment. As he reached out to touch it, water began to flow from the branch, a lifesaving gift amidst the parched landscape. Keki realized that the tree had been absorbing the water he diligently poured each day, waiting for the right moment to provide relief.

With newfound hope, Keki shared the precious water with

his parched community, saving lives and restoring faith. Grateful for his selfless act, the villagers recognized Keki as their savior, expressing remorse for their previous mockery.

In a twist of fate, Keki was appointed as the village chief, entrusted with leading and caring for his people. With wisdom and compassion, he ruled over his community, ensuring their well-being and happiness for years to come, all thanks to the enclosed beauty of his grandmother's tree.





## The Painter's Mirror



Ayush Dev Warriar  
6213, X

In the court of Emperor Akbar, many nobles were inspired by the emperor's passion for painting and employed talented artists to create portraits for them. Among these artists was a young painter eager to make a name for himself in the emperor's court.

One day, a noble requested the young painter to create an exact likeness of him. The painter saw this as an opportunity to impress the important figures at court and eagerly accepted the task. However, upon presenting the portrait to the noble, he was met with dissatisfaction.

"What sort of portrait is this?" the noble exclaimed. "I asked for an exact likeness, yet you have painted me with a beard. Do I have a beard?"

"But you did when you sat for the portrait, sire!" the painter explained. Despite numerous attempts to rectify the portrait, the noble remained unsatisfied. Each time, the painter would remove one feature or another, but the noble was still not pleased.

Eventually, the noble relented and asked the painter to create a portrait with an exact replication. To the noble's surprise, the painter handed him a mirror. "No painter can replicate an exact likeness as one's own reflection," the noble realized. "A reflection of one's own face is the best portrait."

With a hearty laugh, the noble rewarded the painter well, recognizing the wisdom in the painter's mirror.





Nandakishore K.B.  
6176, X

# *A Memorable Journey to Palakkad*

Our trip to Palakkad was an unforgettable adventure that spanned three delightful days. Setting off from Palakkad Chembukulam at the crack of dawn, our journey began at 4:00 in the morning. As the sun rose, we traversed through breathtaking landscapes, arriving at our destination, Halabed, by midday.

Upon reaching, we wasted no time and immediately set out to explore the majestic Palakkad Fort. The day unfolded with visits to picturesque gardens and a leisurely lunch at our resort. Later, we ventured to Malampuzha Dam, marveling at its beauty and tranquility. Ascending to the top, we soaked in panoramic views of the surrounding countryside.

The following day was filled with even more excitement as we

delved deeper into the wonders of Palakkad. We indulged in a gastronomic extravaganza, sampling the diverse flavors of local cuisine. Immersing ourselves in the vibrant city life, we explored every nook and cranny, uncovering hidden gems along the way.

As evening descended, we gathered for a spirited game of "The Summoning Fole" at our resort, followed by a cozy campfire under the starry sky. Sharing laughter and stories, we forged unforgettable memories that would last a lifetime.

On the third and final day, we bid farewell to Palakkad, reminiscing about our adventures as we journeyed back home. Exhausted yet exhilarated, we returned to our abode by 9:30 in the evening. Drifting off into a deep slumber, we relished the memories of our incredible trip to Palakkad.



In the contemporary landscape of diverse social perspectives and a multitude of ideas, the relentless winds of change sweep through every corner, affecting each individual. It is a undeniable truth, akin to grains in the ocean, where some settle on the ocean floor by the tides, and others embark on a journey, traversing great distances to strike the shores of diverse possibilities and success.

Living in a world with multiple societies and coexisting with people of different ethnic backgrounds, we find ourselves amidst a blend of thoughts and ideas. Some embrace the diversity, while others hold onto a rage against those with differing perspectives. Blaming ourselves or others for this emergence of a diverse world is futile; the past is behind us, and we should not let it blackmail our future.

Reflecting on the history of our Earth, from the Stone Age to the digitalized present, the dynamic changes are evident. Imagine the cavemen, carrying their loads in bare hands, navigating diverse terrains. However, the winds of change brought innovation as someone thought of a carrier with circular wheels, making tasks easier. Without individuals implementing such thoughts, the development of our world would not have progressed so rapidly.

It is imperative that people keep moving forward through time. Lagging behind in this timeline results in destruction—a pit filled with the coalition of past thoughts and dissolved changes, more powerful than an atomic bomb. Look around, and the world stands as proof.

In developing countries like India, people often fight in the name of caste, religion, or other divisive factors. The lack of acceptance for changing thoughts and adherence



Niketh P.P  
6043, XI

## *A Symphony of Diversity and Progress*



to majority policies have fractured unity. This lack of unity permeates through every aspect, impacting the economy, increasing poverty rates, and tearing the nation apart.

Contrastingly, Belgium stands as a beacon of change acceptance. Despite its social diversity, the citizens' willingness to embrace change has propelled the country to great heights. The story of Belgium exemplifies that embracing diverse thoughts can lead to progress and prosperity.

While many among us work hard or choose different paths, some succumb to fear and hesitate to alter their thoughts. Those who reach the metaphorical paradise could have taken a different path, hiding among the winds of change, leading to a safe and sound life on the far end. It is a reminder that adapting to change, embracing diversity, and altering our perspectives can lead to a harmonious existence and a prosperous future.





Ankush B  
6421, VIII

## *My Arrival at Sainik School*

*The* day I arrived at Sainik School began with a mix of excitement and apprehension. Waking up early, I felt a surge of happiness knowing that a new chapter of my life was about to unfold. Despite my mother's insistence, I declined breakfast until I had brushed my teeth, a small act of defiance in the face of nerves.

As I sat down to eat, my mind raced with thoughts of the unknown awaiting me at my

new school. Yet, amidst the chaos of preparations, I found solace in the familiar routine of morning television and mobile games.

Arriving at our new home, still under construction, I couldn't help but marvel at the journey ahead. Conversations with the workers revealed the harsh realities of their lives, grounding me in gratitude for the opportunities before me.

As the time drew near to depart for Sainik School, a wave of sadness washed over me. Dressed in a pink blouse and jeans, I bid farewell to our old life, locking the gate one last time before stepping into the unknown.

In the car, amidst attempts to uplift my spirits with songs, I couldn't shake the feeling of melancholy. Arriving at Sainik

School, I hesitantly wrote my name in the register, marking my official entrance into a new world.

Navigating unfamiliar routes, we finally reached our allotted house. Meeting my housemaster and settling into my room, I felt a mixture of excitement and trepidation. As my parents bid me farewell, tears flowed freely, both from them and me.

Watching their car disappear from view, I was suddenly overwhelmed with a sense of isolation. Yet, as friends approached to comfort me, I realized that though my parents were gone, I was not alone. With newfound resolve, I turned my gaze to the future, ready to embark on this new adventure called Sainik School.





Vihan Shrey N  
XI, 6367

# The Impact of Habits on Life Quality

The saying, "Your habits will determine the quality of your life," holds profound truth. Good habits pave the way for a fulfilling life, while bad habits can lead to a diminished quality of life. Here's why cultivating positive habits is crucial:

## 1. Good Habits Create Strength and Happiness:

Good habits strengthen your life.

They contribute to your well-being, making you happy and content.

In contrast, bad habits can lead to stress and constant worry.

## 2. Good Habits Make You Right, Bad Habits Create Disapproval

Good habits lead you in the right direction, earning respect from others.

Bad habits, on the other hand, often lead to disappointment and disapproval from those who believe in you.

## 3. The Impact of Good Habits on Personal Relationships:

Doing good habits generates positive feelings, making people like you.

Conversely, bad habits, such as neglecting personal hygiene, can create discomfort and aversion in others.

## 4. Studying as a Good Habit:

Cultivating the habit of studying makes you intelligent and sharp.

Good habits contribute to personal growth and intellectual development.

## 5. Wasting Time and Managing Time as Habits:

Wasting time is a detrimental habit that shortens your life.

Managing time efficiently, focusing on important tasks, makes you a good-habited person.

## 6. Being Considerate as a Good Habit:

Being considerate and not annoying others during crucial moments is a good habit.

Helping and being nice to others reflects positively on your character.

Consider the story of two friends—one with good habits, the other with bad habits. A life-altering accident occurred, and the one with good habits survived while the other, unfortunately, did not.

The moral is clear - good habits lead to positive outcomes, while bad habits may bring unfortunate consequences.

In conclusion, the saying is more than a mere adage—it's a guiding principle. Good habits lay the foundation for a strong, fulfilling life, while bad habits can lead to unfavorable outcomes. By consciously cultivating positive habits, we shape not only our personal well-being but also the quality of our interactions and experiences with others.



# Space



Soorya Kiran S.A.  
6045, XI

Space is like an island,  
Where we rarely see land.  
It is a place which provides opportunities  
To people who challenge hindrances.  
It has challenged many nations,  
To reach unknown atmospheric conditions,  
And to hoist their proud flags  
In the space called space.

Winds don't blow there,  
But some things do flow,  
Which are spherical in shape  
And we live in one of them,  
Which is a habitat for multitudes.  
It is none other than the Earth.

Space comprises different objects,  
Ranging from a particle to big planets.  
Space is not the thing we think of,  
It is more than our expectations.  
It has no beginning no end.

If we get lost in space,  
We may be seen confused,  
And mingling with other objects.  
While we talk in the Earth,  
Space stands as a barrier to it.  
It is like a trap where we may  
Miss our way back, but end up  
In discovering new things.

It has made many personalities famous,  
From dogs to human beings,  
Who went exploring new things  
In the space called space.  
It has also made people confused,  
Through their advanced telescope.  
Indeed, space is a miraculous place!



# The Jigsaw

Once vibrant hues adorned our quest,  
A jigsaw of learning, each piece zest.  
Connections awaited, joyfully sought,  
In life's tapestry, lessons taught.

But alas, the final piece astray,  
A new mystery, a learning's replay.  
Continuous, yet the fruit eludes,  
In monotony, excitement broods.

Has the process lost its gleam?  
The jigsaw now, a faded dream.  
Hijacked by walls of rigid lore,  
Memorizers, not learners anymore.

Confined within four lifeless walls,  
Learning's spirit, it enralls?  
Curiosity wanes, sparks now gone,  
In pursuit of marks, we stumble on.

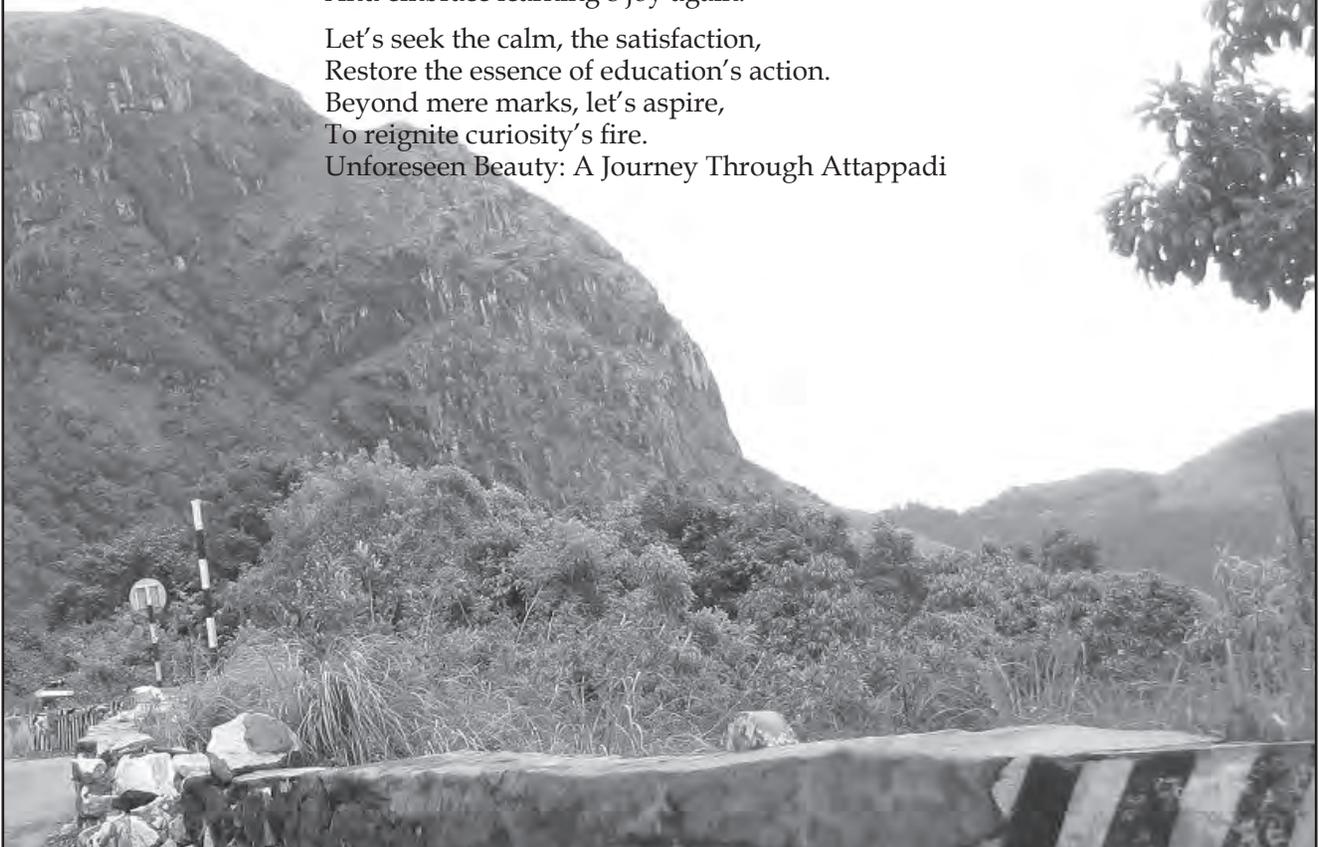
Life devoid of its graceful dance,  
Are we truly giving knowledge a chance?  
It's time to break this rigid chain,  
And embrace learning's joy again.

Let's seek the calm, the satisfaction,  
Restore the essence of education's action.  
Beyond mere marks, let's aspire,  
To reignite curiosity's fire.

Unforeseen Beauty: A Journey Through Attappadi



Vishwa K Ganesh  
6379, XI





Hariharan V S  
6072, XI

## Unforeseen Beauty: A Journey Through Attappadi

*M*y visit to Attappadi unfolded unexpectedly, as most memorable journeys often do. The morning sun had already risen high when our household stirred awake, a far cry from our intended early departure. Despite the delay, we embarked on our adventure, bidding farewell to our grandparents as my father ignited the engine.

Seated snugly in the car, my mother, sister, and I each found our own rhythm. I delved into my online classes, while my sister succumbed to slumber.

Meanwhile, my parents engaged in conversation as the wheels hummed beneath us.

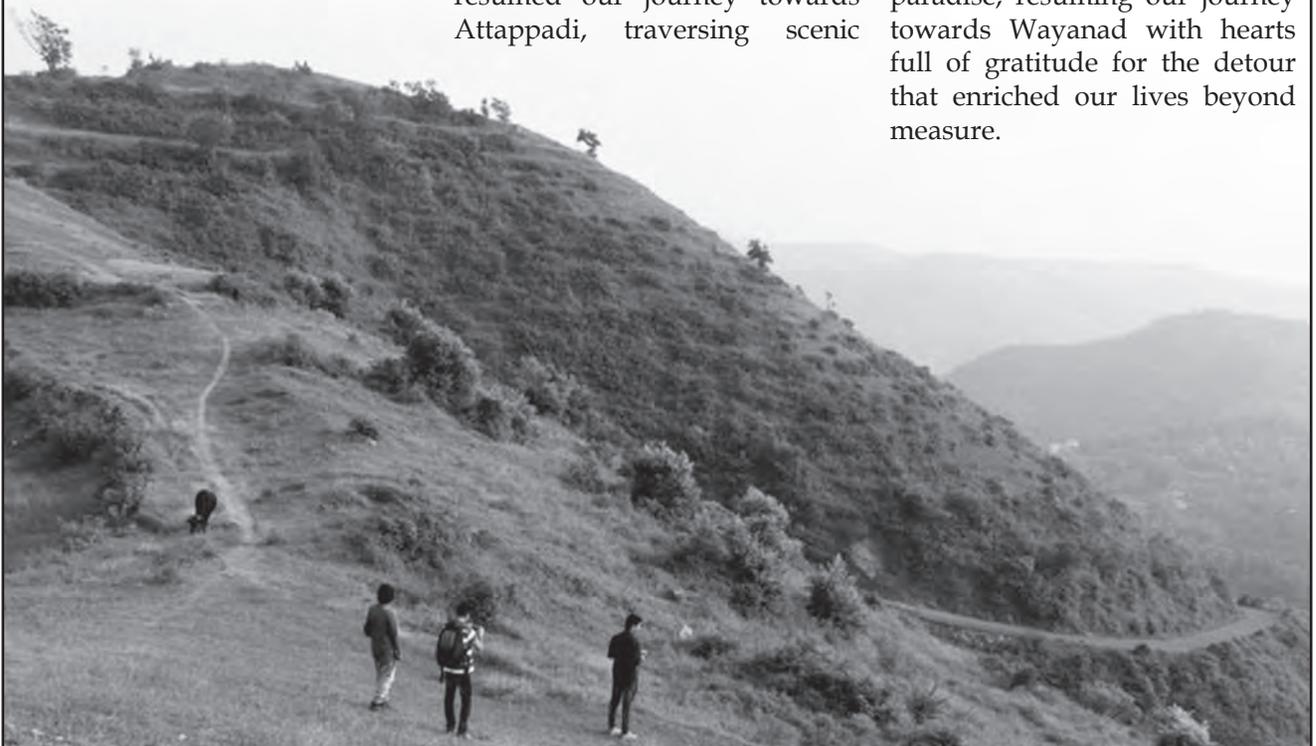
By afternoon, we found ourselves in Kochi, where my father excitedly shared news of a new tunnel, the Kuthiranmala Tunnel. Eagerly, we diverted our course, marveling at the grandeur of this modern marvel. Yet, as evening approached, the realization dawned that our original destination, Wayanad, might elude us before curfew. Spontaneously, my father proposed a detour to Attappadi. Though unplanned, we embraced the opportunity with enthusiasm.

Stopping amidst a verdant forest for lunch, we savored the serenity of nature. Energized, we resumed our journey towards Attappadi, traversing scenic

landscapes and winding roads. Passing through a lush 'churam', we entered Attappadi, greeted by the tranquil embrace of nature. A refreshing dip in the river rejuvenated our spirits, and we found hospitality in the home of relatives.

The following day revealed the true splendor of Attappadi as we visited a friend's hilltop abode. Surrounded by verdant hills and verdant fields, the simplicity of rural life captivated us. Here, amidst thriving crops and exotic fauna, I encountered a donkey and marveled at the resilience of a cactus in this unlikely habitat.

Each moment in Attappadi was a revelation, a testament to the unexpected joys of exploration. Reluctantly, we bid adieu to this paradise, resuming our journey towards Wayanad with hearts full of gratitude for the detour that enriched our lives beyond measure.

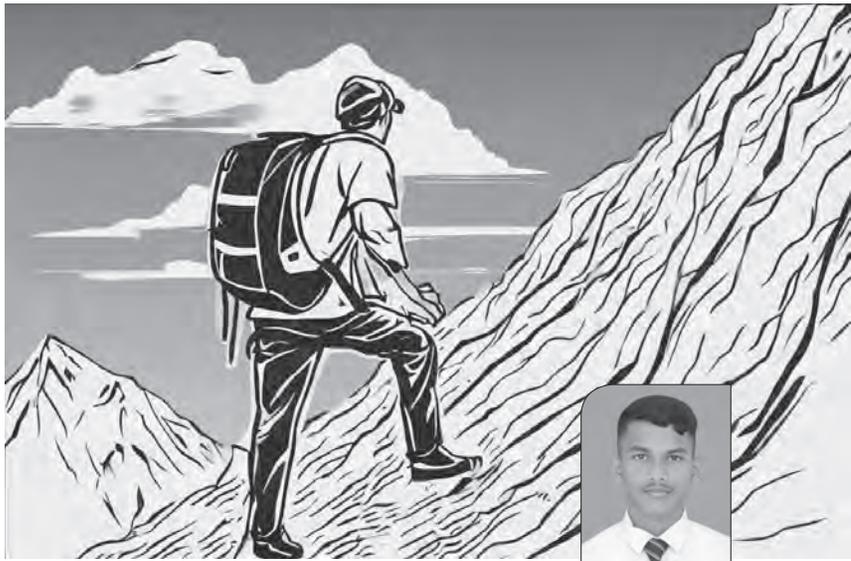


In the rapidly evolving landscape of the modern world, characterized by constant change and relentless pace, the pursuit of success and achievement demands a commitment to disciplined living. Amidst the whirlwind of advancements and societal transformations, individuals strive to be at the forefront, often requiring a significant investment of effort and dedication.

Hard work becomes a cornerstone in the journey towards achievement. However, within the realm of hard work, a pivotal factor emerges – discipline. It serves as a major catalyst, a guiding principle that not only sets clear goals but also ensures a steadfast dedication to their pursuit. Discipline, essentially ingrained in one's personality from birth, plays a crucial role in the holistic development of an individual.

Developing discipline is not merely a task; it transforms an individual into a quality person, radiating a sense of responsibility and reliability. It involves the strategic application of one's inherent qualities, honing them into a consistent pattern of behavior. The power of discipline lies not only in accomplishing tasks but also in the manner in which they are executed – with precision and excellence.

A disciplined life is not confined to the realm of work alone. It permeates into one's free time, instilling habits that contribute to relaxation and a tension-free existence. The ability to balance work and leisure is a hallmark of true discipline, making individuals stand out in society.



Sanush S.  
6048, XI

## *A Guiding Force in the Modern Pursuit of Success*

Punctuality and reliability become virtues that garner praise and admiration from peers.

Contrastingly, a lack of discipline is met with criticism. Those who neglect the importance of punctuality and fail to adhere to disciplined practices find themselves lagging behind in the race of life. They become prone to societal disapproval, leading to a life marked by struggles and challenges. The contrast between disciplined and undisciplined lives is stark, influencing not just personal success but the very quality of life one leads.

Discipline is a quality that requires time and effort to cultivate. The formative years, particularly during school life, play a crucial role in instilling this virtue. Parents and educational

institutions play a pivotal role in nurturing discipline, recognizing its importance in shaping an individual's character. The habits and values imbibed during these early years often stay with an individual throughout their life, determining their success and well-being.

In conclusion, discipline is not just a trait but a way of life that impacts every facet of an individual's existence. It is a continuous process of self-improvement and strategic living, ensuring that one navigates the challenges of the modern world with resilience and purpose. Embracing discipline from an early age sets the stage for a fulfilling and successful life, with its profound effects echoing through the years.





Simran  
6518, VIII

# Ek Bharat Shreshtha Bharat Programme

The Ek Bharat Shreshtha Bharat program aims to enhance interaction and promote mutual understanding between people of different states through the innovative concept of state pairing. It conducts various activities to establish a sustained and structured cultural connection in areas such as language learning, culture, traditions, music, tourism, cuisine, sports, and the sharing of best practices. One of the flagship initiatives under this program is the Student Exchange Program, which broadens participants' horizons by allowing them to experience the educational and cultural ethos of a different state, fostering a profound sense of national unity.

## Student Exchange Programme

This year, the Student Exchange Program was held from 24th November 2023 to 7th December 2023. A delegation of ten eighth-standard cadets, accompanied by two staff members, Mrs. Sunita Chandel and Mr. Deep Kumar, from Sainik School Sujampur Tira, Himachal Pradesh, participated in this enriching



initiative. Dr. Deepa RVM, our Malayalam teacher, served as the overall coordinator of the program, with support from Mr. Sandeep, Mr. Jayanesh, and Mr. Sohan, who coordinated various activities throughout the cultural exchange.

The visiting cadets attended classes and stayed in our dormitories, integrating seamlessly into our school life.

## Campus Visit

The cadets explored various facilities on our campus, including the Cariappa Wing, Katari Wing, eleven boys' houses, one girls' house, the MIR, parade ground, football ground, volleyball court, basketball court, and more. They actively participated in classes and interacted enthusiastically with teachers, showcasing the curiosity and discipline characteristic of Sainik School cadets. Language classes were organized by Mrs. Sandhya, Dr. George PI, and Dr. Deepa





RVM to introduce the visitors to regional languages. In turn, Mrs. Sunita Chandel conducted a session on the basics of Pahari, further enriching the linguistic exchange. Additionally, Mr Manu KPl ed an engaging demonstration class on art, sharing insights into Kerala's traditional art forms.

#### **Educational Tour**

An educational tour spanning three days was organized for the visiting cadets and our students around Trivandrum. The itinerary included visits to iconic landmarks such as Padmanabhaswamy Temple, Kuthiramalika, the Museum, Shangumugham Beach, Veli, and the VSSC Planetarium. These excursions offered the cadets an immersive experience of Kerala's rich cultural heritage and developmental milestones. The students also shared knowledge about Himachal

Pradesh, creating a delightful exchange of cultural and historical insights.

#### **Culinary and Cultural Exchange**

A unique culinary demonstration was conducted by Catering Assistant Mr. Gopalakrishnan and his team, showcasing traditional Kerala dishes. The visitors relished payasam and idiyappam, which were completely new to them. Through these interactions, the students gained insights into Kerala's diverse cuisine, including Onam Sadhya. Friendly sports matches in volleyball, badminton, and football were organized, fostering camaraderie and healthy competition. Quiz competitions on the culture and traditions of Himachal Pradesh and Kerala further deepened the mutual understanding.

#### **Cultural Programme and Art Exhibition**

The program culminated in an art exhibition where the creative works of both visiting and host cadets were showcased. A grand cultural event followed, with both schools presenting their state's heritage through songs, dances, and art forms. The cadets of Sainik School Sujapur Tira performed the folk song Chamba Kitni Durr, while our cadets sang Manikyachirakulla. Dance performances included Himachal Pradesh's Deva Nati and Luddi, alongside Kerala's Kummattikali and Kalaripayattu. The event's chief guest, Brigadier Salil M.P., Commander of the 91 Infantry Brigade and an alumnus of our school, praised the initiative and wished both schools continued success. Mementos and rewards were presented to participants to commemorate their remarkable performances.

#### **A Bond to Cherish**

On the morning of 8th December, the visiting team bid farewell, leaving behind a strong bond of friendship. The shared experiences, laughter, and learning created unforgettable memories. Even after their departure, we stayed connected, cherishing the invaluable relationships built during this extraordinary exchange program. These days will forever remain etched in our hearts.





# Trip to Gogo Land



Harishankar  
6495, VII



Evana Ann Biju  
6628, VI

A tour is something that takes us away from our daily routine to a day of relaxation, fun, and enjoyment. This year, the 6th and 7th-grade students had the chance to visit Gogo Land, a perfect spot for a day's amusement. It is situated in Poovar, a busy city in the capital, Thiruvananthapuram.

Our trip was planned for Tuesday, August 8th. We had our breakfast in the morning and soon after, arranged ourselves into squads by class. The teachers who were going to accompany us briefed us about the place. A total of four buses—two for 7th grade and two for 6th grade—were allotted for the ride to our destination. We boarded the buses at about 8:00 AM and zoomed into the busy city. We played songs and danced inside the bus, enjoying every moment. We passed through places like Lulu Mall, Infosys, and Technopark. After about an hour, we reached our destination.

Gogo Land is an artificial island surrounded by water on all four sides, so we had to take a boat ride to get there. The boat ride was wonderful as we got to see the beautiful backwaters and lush greenery around us. As soon as we reached the island, we moved towards the amusement resort. It had a lot of rides, a canteen, and even a restaurant. We were welcomed with a treat of snacks, followed by a quick headcount. Then we were allotted rooms to change into suitable attire for the activities.

Then it was time for fun. Everyone engaged in different activities. Some went on fantastic and scary rides, others played cricket and rode bicycles, and some treated themselves to snacks from the canteen. For about 3-4 hours, we enjoyed all these activities, and surprisingly, our teachers joined in too. Those were moments of joy that we spent until it was time for lunch. We had a delicious meal of fried rice, chicken, and ice cream, which filled our tummies.

After lunch, we relaxed a bit and then re-engaged in the activities. At around 3:30 PM, we were called to a place for the most awaited event—the Rain Dance. As the name suggests, we all danced in the splashes of water to the rhythm of the music. It continued for an hour, and then it was time to pack up. We changed back into our formal school dress.

Afterward, we were provided with tea and snacks. After having them, we bade adieu to Gogo Land and returned to the buses at around 4:30 PM. We were all tired but delighted by the experiences. At around 7:00 PM, we reached the school, marking the end of our tour.

This tour wouldn't have been so enjoyable without our teachers, so we extend a special thanks to them. This unforgettable moment of happiness will be etched in our minds forever and will be remembered by us throughout our lives. What a tour it was!



# Our Trip To Lulu Mall



Jose K Felix  
VIII, 6459

One fine day, our class teacher informed us that we were going on a special trip, approved by our Principal. The location was kept a secret, sparking excitement and curiosity among us. We speculated and guessed various destinations, hoping for something grand. Some of us even imagined a trip to Kanyakumari!

Finally, it was revealed that we would be visiting Lulu Mall, the largest mall in Kerala. Though it wasn't as far as some of us had hoped, the excitement remained high. Our spirit as students of Sainik School Kazhakootam was strong, and we eagerly anticipated the outing.

The day of our trip, December 4th, 2023, arrived. We boarded

the Tata Marcopolo school bus, our excitement palpable. As we approached the mall, we could barely contain our enthusiasm. The bus ride was filled with laughter and songs, the boxes in the bus serving as makeshift JBL speakers.

Upon reaching Lulu Mall, we were amazed by its size and the variety of shops. We were given an hour to explore and shop, and we made the most of it, buying mainly eatables and small souvenirs. The mall was bustling with people, and we enjoyed weaving through the crowd, taking in the sights and sounds.

After our shopping spree, we gathered in front of the PVR theater inside the mall. It was a moment of rest and reflection,

sharing our purchases and stories of what we had seen.

Next, we visited the nearby Air Force Museum, which was a real treat for us. The museum featured miniature models of aircraft and various flags, which were particularly inspiring for those of us aspiring to join the Air Force. It was a short walk from Lulu Mall, but the experience was invaluable.

Our trip to Lulu Mall was more than just a shopping excursion; it was a day filled with learning, fun, and bonding with our classmates. We returned to school with bags full of goodies and hearts full of memories, grateful for the adventure we had experienced together.





Abhivandh Baiju  
6304, IX



Sudeep Raj Anand  
6305, IX

## OUR MOTIVATIONAL TOUR TO INS VENDURUTHY, NAVAL BASE, COCHIN

INS Venduruthy Naval Base is located on Willingdon Island, Cochin. It was handed over to the Royal Navy in 1946 and is considered the "Leader of Naval Leadership." We, the 2027 batch, were fortunate to get the chance to visit this amazing location.

Our day began early at 4:00 AM as we assembled in front of the cadets' mess to board our bus. Many of our batchmates were still dazed from sleep, but the excitement quickly woke everyone up. We chose our seats, settled down, and felt the thrill of the adventure ahead. Songs played in the buses, and everyone danced and sang along, creating a lively atmosphere.

We made a stop for a delicious breakfast at Hotel Murali in Haripad, where many of us bought snacks for the journey. After filling up, we continued on our way and finally reached our destination, INS Venduruthy. The naval officers and the grand surroundings of the base left us in awe.

As we ventured further, we marvelled at the various infrastructure features of the Naval Base. We were instructed to fall in line in groups in front of the Integrated Simulator Complex, where we were greeted by naval officials in their crisp white uniforms. They briefed us about our schedule for the day and divided us into smaller groups.

Our first stop was the Damage Control Simulator named 'Avinash.' Here, we learned how to respond to problems like damages to various parts

of the ship while at sea. We were introduced to different repair modules and the highly fascinating water chamber, where we saw how efficiently the naval officers handled repairs.

Next, we visited the ship handling simulator, also known as 'Dhruv,' based on the model of INS Shivalik. The officers taught us how to control the ship and locate other ships in harsh weather conditions and pitch darkness. We were allowed to handle highly advanced operational systems, which was an exciting experience.

We then visited the Astrodome, where we learned how constellations play a major role in navigation. The officer explained its importance for sailors and merchant navy personnel. We were surprised to learn that the Astrodome Simulator project started in 2018, cost 2.548 crore, and was completed in 2022.

Our next destination was INS Garuda, known as the 'Cradle of Naval Aviation.' We sat in the auditorium and were enlightened through various videos about the history of naval aviation as INS Garuda celebrated its 70th anniversary. We visited the hangars of INAS 550 Flaming Arrows and INAS 322 Flying Fish, where we saw aircraft models like Dornier 228, MH 60R, Sea King 42 Bravo, and AN-32 planes.

After being enthralled by these amazing aircraft, we headed to the officers' mess, where we were served some exquisite delights for lunch. Feeling refreshed, we continued to our next destination,

INS Sharda. We reached around 4:00 PM and were amazed by its size. INS Sharda, a patrol vessel, had numerous systems and compartments equipped with various programming systems like pressure tanks and motors. We were lucky to meet one of our alumni, Cadet Adjutant Adithya Narayan, who recognized our dress code.

After this, we made our way to INS Dronacharya Maritime Museum. We were divided into groups due to the large number of visitors. Our guide, Mr. Jacob, explained the history of the Indian Navy and other maritime aspects in fluent and eloquent English. The museum, originally a World War bunker, showcased the maritime history of the Royal Indian Navy, the Goa Liberation War, uniforms, badges, and naval exercises.

The second bunker highlighted the history and tradition of Kerala, Vasco da Gama's journey, and the propagation of various religions in India. We met another alumnus, Lt. Cdr. Anup Padman, who motivated us to join the Indian Navy. We then had a photoshoot as a batch.

We finally boarded the bus and bid farewell to the Naval Base, which was truly an amazing experience. We stopped again at Hotel Murali for dinner, where we enjoyed hot parathas with chicken curry. After that, we all boarded the bus back to campus, reaching late at night.

This tour was a grand opportunity for us to discover the Indian Navy, which ensures the maritime security of India.





Abhinav Satheesh  
6373, XI



## *Embracing Life's Symphony of Change: A Journey from Challenge to Triumph*

*L*ife, an intricate tapestry woven with myriad experiences, unfolds its chapters through winds of transformation. Like a windmill that turns adversity into energy, we navigate the twists and turns, turning potential obstacles into empowering opportunities.

In the grand symphony of existence, every note of change, whether soft or bold, resonates with a deeper meaning. It is a testament to our resilience and capacity for growth. Each change, akin to constructing windmills, allows us to harness the winds of possibility.

Consider the vibrant canvas of a residential school, where students, especially newcomers, face a spectrum of changes. These adjustments, responses to the rhythm of life, often manifest in stress and various challenges. However, within these challenges lie the seeds of resilience, sprouting into a bolder attitude and an unwavering spirit.

Amidst the chorus of changes, it is essential to recognize the potential toll on mental well-being. Some may feel the weight of depression, anxiety, or homesickness, struggling

to find their melody. Yet, even in the darkest notes, there is an opportunity to compose a song of triumph.

In the face of adversity, individuals may find themselves on the precipice of despair. The melody of life can be disrupted, and in some cases, even lead to thoughts of suicide. However, within the symphony of change, there are those who manage to orchestrate a positive tune, turning a potentially tragic outcome into a beautiful life.

The journey through a residential school, often marked by challenging shifts, poses the question: Why endure it? For some, it may seem like a bad note in life's melody. Yet, the perspective one adopts becomes the key. I, for one, faced such moments when the warmth of home seemed far away. However, my response was a resounding "No Never." It sparked a revelation that adversity can be transformed into a powerful anthem.

Changes are the dynamics of life's composition. They set the tone for the melody of our existence. The rhythm of life, however,

depends not on the changes themselves, but on our response to them. Challenges may make some recoil, causing wounds that echo with negativity. Yet, there are those who, like a triumphant refrain, return stronger, having overcome adversity.

It is undeniable that change may induce fear and insecurity. The fear of failure, of being misunderstood, or of losing oneself in the cacophony of life. However, as Nelson Mandela wisely noted, courage is not the absence of fear but the triumph over it. Change is not an exception but an essential part of our symphony.

In concluding this symphony of words, let us embrace the ever-changing melody of life. Just as a seasoned musician adapts to each note, we too have the capability to not only endure but thrive in the face of change. Life's challenges are the verses, and our ability to adapt, the melody. Believe in the transformative power of your own symphony, and let it be a source of inspiration for others. Thank you, and may your life's melody always harmonize into a beautiful and uplifting song. Jai Hind!





Wg Cdr M Raj Kumar  
Vice Principal

## The Hybrid Classroom : Embracing Digital Tools While Honoring Traditional Method

In recent years, education systems across the world have undergone rapid transformations, fueled by the rise of digital technologies and Artificial Intelligence (AI). The integration of digital tools into classrooms has reshaped the way students learn, offering new opportunities for personalized education, engagement and accessibility. However, this technological shift has not come without its challenges. To explore these dynamics further, this article will discuss the impact of digital education and AI, using a case study from Sweden as an example. Sweden's recent decision to bring back traditional printed textbooks after a decade of digital learning provides a valuable lens to examine the evolving relationship between technology and education.

Through this case study, we will not only analyze the benefits and drawbacks of digital education but also explore how India's National Education Policy (NEP) 2020 provides a framework for integrating technology into the educational ecosystem, offering insights for creating a balanced and effective learning environment. Additionally, we

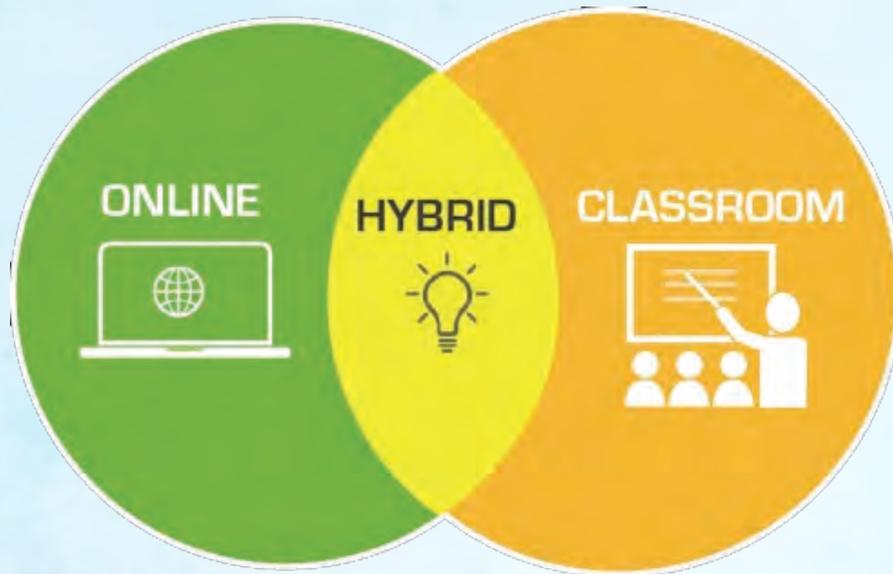
will explore how controlled use of AI and digital learning in institutions like Sainik Schools can help students develop essential life skills, including critical thinking, problem-solving, communication and presentation abilities.

### The Shift Towards Digital Education: A Vision for the Future

In 2009, Sweden made a bold move by replacing printed textbooks with digital devices in schools. This initiative was designed to modernize education and equip students with the digital literacy skills required for a technology-driven world. The introduction of computers, laptops and tablets into classrooms aimed to:

- (a) **Enhance engagement:** Using multimedia tools, simulations and interactive platforms made learning more dynamic and immersive.
- (b) **Increase accessibility:** Digital resources allowed students to access educational content anytime and anywhere, making learning more flexible and inclusive.





- (c) **Prepare for the future:** Technology became a means of preparing students for the workforce, which increasingly demands digital literacy and technical skills.

However, after 15 years of digital learning, Sweden recently decided to reverse course, allocating €104 million to reintroduce printed textbooks into classrooms. This decision reflects growing concerns about the toll digital learning has taken on student focus, health and key skills such as reading, comprehension and handwriting.

#### **The Problems Emerge: The Dark Side of Digital Learning**

As Sweden embraced digital education, several challenges began to emerge. These challenges are not unique to Sweden but have been observed worldwide as digital tools became an integral part of the learning process.

##### **(a) Decreased Attention and Focus**

The increased use of digital devices has led to distractions in the classroom. While the intent was to enhance learning, students have often become sidetracked by social media, games and other online distractions. Studies such as one from the National Bureau of Economic Research (2019) have shown that students who use digital devices for education may experience decreased attention spans and lower academic performance due to these distractions.

##### **(b) Deterioration of Reading and Writing Skills**

Research indicates that reading on screens often results in lower retention and comprehension compared to reading printed text. A study by the University of Stavanger in Norway found

that students who read from printed books demonstrated better understanding and memory retention. As a result, key skills like reading comprehension and handwriting, which were once developed through traditional methods, have suffered.

##### **(c) Health Concerns**

Extended screen time has led to physical health issues among students. Eye strain, headaches, and poor posture have become common problems, particularly as students spend increasing amounts of time in front of screens. This has raised concerns about the long-term health implications of digital learning.

##### **(d) Social and Emotional Development**

The reliance on digital tools has also been linked to a decrease in face-to-face interactions, which are essential for developing social skills. Students who spend more time using digital devices in isolation may miss out on crucial social and emotional learning opportunities that come from classroom collaboration and discussion.

#### **Sweden's Bold Decision: Bringing Back Traditional Textbooks**

In response to these growing challenges, Sweden decided to allocate €104 million to bring printed textbooks back into classrooms, signaling a shift away from an all-digital education model. This decision highlights the importance of balancing technology with traditional methods to ensure a well-rounded educational experience.

The goal is not to eliminate digital tools but to integrate them more thoughtfully into the learning process. While technology will continue to play



a role in enhancing education, Sweden is now focusing on ensuring that students have access to the essential skills that can only be developed through traditional methods such as reading printed textbooks, writing by hand and engaging in in-person interactions.

**Key aspects of Sweden's decision include:**

(a) **Rebalancing education:** By reintroducing textbooks, Sweden aims to restore focus to reading and writing skills while still leveraging digital tools for certain aspects of learning.

(b) **Improved focus:** Reducing digital distractions allows students to concentrate more on their academic tasks, leading to improved outcomes.

(c) **Preserving essential skills:** Print-based materials support the development of critical thinking, comprehension, and handwriting, all of which are crucial for academic success.

### **The Role of AI and Digital Education in Shaping the Future of Learning**

As we explore the impact of digital education and AI, it's essential to recognize the role that emerging technologies can play in transforming education. AI and digital tools offer several advantages:

- (a) **Personalized Learning:** AI-powered platforms can adapt content to suit individual learning styles and needs, providing a more customized educational experience. For example, adaptive learning systems can track a student's progress and suggest lessons or exercises that address their specific challenges, enhancing their learning efficiency.
- (b) **Increased Access to Education:** Digital platforms break down geographical barriers, offering students in remote or underserved areas access to high-quality educational resources. Online learning platforms such as Coursera, Khan Academy, Physicswala, unacademy, Byjus and edX have made it possible for millions of students worldwide to access knowledge from top universities and institutions.
- (c) **Efficiency and Flexibility:** Digital tools allow students to learn at their own pace, which can be particularly helpful for students who may need extra time to grasp certain concepts. Teachers can use digital tools to assess student performance in real-time, making it easier to identify learning gaps and provide immediate feedback.

However, it's also important to consider the challenges posed by digital education and AI:

- (a) **Equity Issues:** The digital divide remains a significant concern, with many students lacking access to the necessary technology or high-speed internet to benefit fully from digital education.
- (b) **Over-reliance on Technology:** While technology can enhance education, an over-dependence on it may lead to a decline in essential cognitive and social skills. As demonstrated by Sweden's recent decision, it's vital to strike a balance between technology and traditional methods to ensure a comprehensive education.
- (c) **Data Privacy and Security:** The use of AI in education raises concerns about the privacy and security of student data. Strict data protection policies must be in place to safeguard students' personal and academic information.

### **The National Education Policy (NEP) 2020: A Framework for Balancing Tradition and Technology in India**

In the Indian context, the **National Education Policy (NEP) 2020** emphasizes the importance of integrating technology into education while preserving the essence of traditional learning. The policy recognizes the potential of digital tools and AI in transforming education but also stresses the need for a balanced approach that prioritizes holistic development.

Key highlights from NEP 2020 that align with this balanced approach include:

- (a) **Use of Technology to Enhance Education:** The NEP advocates for the use of digital tools and AI to enhance teaching and learning, making education more personalized and accessible. It envisions the creation of a National Educational Technology Forum (NETF) to guide the integration of technology in schools and higher education.
- (b) **Blended Learning Models:** The NEP encourages the adoption of blended learning models, which combine online and offline methods. This approach allows for the benefits of digital education while ensuring that face-to-face interactions and traditional learning remain central.
- (c) **Digital Literacy:** The NEP emphasizes the need to equip students with digital literacy





skills, ensuring that they are prepared for the digital future while maintaining critical thinking, creativity and problem-solving abilities.

- (d) **Focus on Fundamental Skills:** While promoting the use of technology, the NEP also stresses the importance of foundational skills such as reading, writing, and arithmetic. This aligns with Sweden's recent decision to bring back printed textbooks, recognizing the need to preserve essential academic skills.

### AI and Digital Learning in Sainik Schools: Cultivating Key Life Skills

Sainik Schools are uniquely equipped to develop well-rounded individuals ready to lead in the military and civilian arenas. While advanced AI-driven simulations may not yet be available, the judicious use of smart boards, internet facilities and traditional methods of training, combined with a rich array of physical and literary activities, ensures cadets acquire critical life skills.

(a) **Critical Thinking and Problem-Solving**

From the classroom to the sports field, Sainik Schools provide an environment that naturally fosters critical thinking and problem-solving.

- (i) **Interactive Smart Board Classes:** Smart boards enhance learning by making lessons engaging and visually appealing, encouraging cadets to think critically and grasp complex concepts.
- (ii) **Practical Problem-Solving:** Sports, inter-house competitions and challenges develop the ability to analyze situations, make decisions and adapt to changing circumstances.
- (iii) **Leadership Roles:** School and house appointments from a young age allow cadets to practice decision-making, conflict resolution and responsibility in real-life contexts.

(b) **Communication and Presentation Skills**

Cadets develop strong communication skills through a mix of traditional literary activities and digital platforms.

- (i) **Literary Activities:** Regular participation in debates, declamations, essay writing, elocution, extempore and group discussions helps cadets refine their ability to articulate ideas clearly and confidently.
- (ii) **Smart Class Integration:** Internet-enabled classrooms provide access to global

resources, exposing cadets to diverse perspectives and aiding in the development of effective communication.

- (iii) **Public Speaking Opportunities:** Roles like Master of Ceremonies for events build poise and confidence in addressing audiences.

(c) **Collaboration and Leadership**

Leadership and teamwork are cultivated through a structured and activity-rich environment.

- (i) **Sports and Competitions:** Regular participation in sports and inter-house activities nurtures a sense of healthy competition, team spirit and the ability to gracefully accept success and failure. These activities also instill a never-give-up attitude and resilience in cadets.
- (ii) **House System:** House captains and other appointees take on leadership roles that involve managing teams, organizing events and mentoring juniors.
- (iii) **Group Activities:** Cadets engage in group projects, negotiations and team challenges, learning collaboration, persuasive skills and conflict resolution.

(d) **Discipline and Resilience**

The foundation of Sainik Schools is built on discipline and resilience, key traits for future leaders.

- (i) **NCC Training:** National Cadet Corps (NCC) activities include drills, camps and leadership exercises that develop discipline, mental toughness and a sense of duty.
- (ii) **Structured Environment:** The strict routines and structured challenges of school life teach cadets to manage time effectively, stay focused and persevere under pressure.
- (iii) **Sports:** Rigorous sports training fosters physical fitness, strategic thinking and the mental resilience needed to overcome setbacks.

€) **Holistic Development Through Activities**

Sainik Schools excel in creating a balanced environment where cadets are groomed to succeed in life through a variety of activities:

- (i) **Physical Development:** Sports and physical activities nurture endurance, coordination and teamwork.



- (ii) **Emotional Growth:** Cadets learn to manage emotions through competition, camaraderie and experiences of both victory and defeat.
- (iii) **Early Leadership:** Appointments and responsibilities develop organizational and leadership skills from the age of 10.

### How to Adopt Digital Education with Balance

The successful integration of digital education and AI requires a balanced approach to ensure that the benefits of technology are maximized without compromising traditional learning values. The following strategies can guide students, teachers, and policymakers:

#### (a) Limit Screen Time

Clear guidelines should be established for the use of digital tools in the classroom. Screen time must be restricted to essential tasks, ensuring that offline activities, such as reading printed materials or engaging in physical activities, are integral to the learning process. This balance helps maintain physical and mental well-being while promoting diverse learning experiences.

#### (b) Promote Digital Literacy

Students must be equipped with the skills necessary to use technology responsibly and effectively. Digital literacy training should include navigating online resources, critically evaluating information and safeguarding personal data. In Sainik Schools, cadets are regularly provided workshops on digital literacy, cyber security, ethical internet use and responsible digital citizenship. These sessions, conducted by various civil and government agencies, ensure that cadets become informed and responsible netizens capable of leveraging technology effectively.

#### (c) Embrace Hybrid Learning

A combination of traditional textbooks and digital tools should be used to create a comprehensive and balanced learning environment. While digital tools enhance engagement and accessibility, traditional methods offer the focus and depth required for developing essential cognitive skills. Sainik Schools emphasize the importance of libraries in cultivating reading habits among

cadets. Regular library periods, compulsory reading sessions and book review competitions encourage cadets to explore diverse topics, develop critical thinking and foster a lifelong love for reading. This combination of digital and traditional methods ensures a well-rounded educational experience.

#### (d) Teacher Training

Educators play a pivotal role in integrating technology into education effectively. Teachers in Sainik Schools have undergone specialized training programs at institutions such as the Indian Institute of Teacher Education (IITE), Gandhinagar. These programs focus on recent trends in education, including classroom technology integration, AI in education, hybrid classrooms and innovative pedagogical approaches. Additionally, follow-up refresher courses ensure that teachers remain updated on advancements in educational technology and methodologies. Equipped with these skills, educators can create dynamic classrooms that balance innovation with time-tested teaching practices.

By adopting these strategies, educational institutions can ensure that digital education enhances the learning experience while preserving the foundational aspects of traditional education.

### Conclusion: Striking the Right Balance

The rise of digital education and AI has undoubtedly transformed the way students learn. However, as Sweden's recent decision to bring back printed textbooks shows, it is important not to overlook the value of traditional learning methods. While digital tools offer significant benefits in terms of personalization, accessibility and efficiency, they should not come at the expense of essential skills such as reading comprehension, critical thinking and handwriting.

By integrating technology like smart boards and internet resources with traditional sports, NCC training, and literary activities, Sainik Schools provide a comprehensive platform for cadets to develop essential life skills. This blend of modern tools and time-tested methods ensures cadets are prepared for leadership roles, equipped with critical thinking, effective communication, discipline and resilience.



# The Krenovianz

PASSING-OUT BATCH 2023-24



## 5926 Pranav Kumar



Often seen mingling with juniors, Pranav's advocacy for ahimsa secured him a close second in the Nobel Peace Prize. His artistic skills with a trimmer have revolutionized the school barbershop, making him a unique personality.

## 5932 Akash Mahadevan



This 'thotti' can be heard coming from a mile away with his iconic dragging of shoes. He plans to bankrupt the Kerala government with his otherworldly CSD lists. Known for his fashion sense, he is iconic for his "PichleeLineeeee..." during POP, which has earned him a separate fan base. He is the pet of his class teacher and a footballer with outrageous shooting power, popularly known as 'Dingan.'

## 5927 Adithyan A



The 'kiredamillarajavu' (crownless king) of Prasad house, Adithyan A went from being a substitute in class 8 to captaining the class 11. Surprising everyone by clearing UPSC with a unique study strategy, he's hailed as the "Lil Nas X" of his house. A footballer with unmatched spiking skills in class 12, Adithyan is a charismatic figure among his juniors.

## 5933 Gokul B Nair



A legendary volleyball player with intimidating height, Gokul doubles as Prasad house's chef. His unique dialogues, including 'Pedikenda, ellamsettakam,' make him a memorable figure, even if he surprised everyone by not clearing UPSC.

## 5931 Anandhu Krishna



Possessing bass so unmatched that even BOSE speakers fear him, Anandhu Krishna's attitude shifts between the football ground and the house. A fully charged horse with infectious enthusiasm, his narration skills rival even Gandhi's tryst with destiny. An ace football player, Anandhu's josh is a constant presence in various ground events.

## 5934 Gautam Tufan



Gautam Tufan lives up to his name, defining speed and stitching skills. His invisibility during roll call remains a mystery, and his role as a valuable gem in the school football team and ace volleyball player speaks volumes. Record-holding 10 minutes in class 7th during cross country adds to his legendary status.



### 5935 Bhuvan VS



An ace basketball player confined to the first enclosure, Bhuvan VS defies the height stereotype with unmatched talents. Punctuality is his middle name, and UPSC was a smooth sail for this Kreno. Renowned for being used as a volleyball by his House Master, the secrets to his energy are said to be 'Paner and kappalandi.'

### 5936 Samar Ranjan



An ace hockey player, Samar's fanbase mostly hails from a particular house. Known for long sermons, he surprises juniors with his motivational talks and loiters near senior houses, leaving a mark wherever he goes.

### 5937 Aditya Ranjan



Holding an unofficial "diploma" in Instagram editing, Aditya Ranjan is affectionately called "bhaiya" post-dinner. Admired by juniors for his "chapri" fashion skills, he proudly claims the title of a diehard fan—of himself. As the sole sergeant of his house during his tenure, Aditya Ranjan leaves an indelible mark on the memory of his peers.

### 5941 Midhun S V



Backbone of the basketball team, Midhun's NBA skills propelled his house to the fourth position two years in a row. A master of drills, he earned the title of "SCC" (Substitute Contingent Commander) with his camouflage prowess. Often found studying biology with his "thick" computer textbook, Midhun is the unsung hero of the batch.

### 5943 Ashik S



With roll calls longer than a feature film, Ashik, a basketball player, turned to law after missing UPSC. An avid quizzer, he represents the school at the district level, showcasing his diverse talents.

### 5944 Nehal Sunil



Known as the 'kannilunni' of teachers, Nehal, the house captain, commands a vast fanbase from class 6 to 11. His authoritative presence during the POP shakes the earth, and no bed tea is complete without Nehal's attendance.

### 5945 Advaidh Dinesh



An ardent fan of Tiger Shroff, he considers all Kazhaks his brothers and sisters. His buckets are sacred property, and once focused so hard in studies that he tried to get a suspension as study leave. He led his house volleyball team to first, from the last, with his sets that only the referee could hit. He is the big brother of all 10th standards.

### 5946 Suryakiran S



Dubbed the "humming bird" for his speed, Suryakiran S's techy skills are unmatched. Sacrificing himself as a "gym weight" for a friend's physique competition and displaying prowess in volleyball despite never experiencing a smash, he navigates the world with his powerful glasses doubling as a 10x lens.

### 5947 Prince Kumar



Crowned the 'prince' of Krenoviantz, Prince Kumar's affinity for his bed surpasses even his throne. Often spotted reclining on open terraces, he goes by the title of the 'Baba' of his batch, believing his bed to be the epitome of peace.



### 5948 Vishnu Kant



Dubbed the white panda, Vishnu devours newspapers instead of meals and wields a stick under his bed for 'helicopter shots' during midnight cricket. A dedicated academician, he keeps the flame alive at 3:00 am, ensuring his house remains in the academic race. Sneezing alone is enough to wake him, turning games time into midnight for Vishnu.

### 5949 Ashutosh Bharti



An ace South Zone hockey player, Ashutosh Bharti's skills faced a tough time proving themselves in the tournament. Known for teeth sharper than an axo blade, he is immortalized with a whole wing named after him. His mysterious presence in the school adds an air of intrigue.

### 5951 Arun V



A diehard Neymar fan, Arun V strikes fear into opponents with his entry to the ground wearing chappals. Despite missing out on South Zone due to frequent injuries, his relations with juniors are well-known. Claiming NEET to be a cakewalk, he loves 'Thakkali Murukku' more than life itself.

### 5959 Sushant Sharma



This Krenovian is a younger version of Ranbir Kapoor whose only advice is 'don't get caught'. Anytime, anywhere, he is Anil sir's right-hand man for whom sleep has become a dream. The bulbs of his room are crying because of the 24x7 help done for this Krenovian whose motivational skills are so good that he motivates his juniors both mentally and physically.

### 5960 Ankit Kumar



A cool and calm Thala fan, Ankit's hard work and determination paid off with UPSC clearance. Admiring Mrunal Thakur, he boasts an enviable jawline and is the pet of his housemaster.

### 5961 Ankit Kumar



This Keno's mood can change faster than Flash, and once angered, there's no correct answer to his questions. As a South Zone defender, he believes that interzone, juniors, and marks are too scared of him. Known for his love for extra sugary tea and Bhojpuri songs, he is often seen in the mornings wearing a towel on the house door with his brush in hand. He's mastered the skill of materializing in the study hall the moment the HM comes down for roll call.

### 5962 Anand Utkarsh



Sporting a beret like a chef's hat, Anand Utkarsh treats the house newspaper as his private property. A Nike and Adidas collaborator, he's a unique footballer who passed UPSC with his distinct sitting posture. Recently developing a habit of launching cats into the air, Anand Utkarsh adds a touch of humour to the batch.

### 5963 Amandeep Kumar



This Kreno's exceptional volleyball skills remain hidden to the larger public, and his midnight meals have now been replaced with late-night talks with his juniors after being caught. His phone provided free network and usage for all Shivajians, and he has a unique walking style like that of a runway model. This guy is a guardian angel and is known as 'Kakku.'



### 5964 Santhosh P



A motivational speaker for 11th standards, Santhosh P's physique is reminiscent of "Tara Singh." With a "mini fish market" in his house, this hardworking Kreno surprised everyone by not clearing UPSC. Known as the "Robin Hood" of the house, his commitment to positive influence is evident.

### 5969 Abhishek Kumar



This left-footer is the only 12th of his house not caught in any disciplinary action. His life is between study hall and the wing. This inter-house footballer is never seen on the ground, but his never-ending motivation and hard work led Shivaji house to the Bison trophy.

### 5965 Prabhat Ranjan



A friendly teleporter, Prabhat Ranjan seamlessly moves from mess to the study hall, where he's a constant presence. UPSC was a cakewalk for this studious goalkeeper, also a part of the south zone basketball team. Known for his unique free throw style, he's admired by all 11th standards. If the sun rises in the east, Prabhat Ranjan is there.

### 5970 Himanshu Kumar



This ace footballer, ironically, spends most of his time on his bed and believes in the power of timetables but fails to follow them. Decoding his questions proves harder than reading binary, and he is known for late-night conversations with juniors that can often stretch to ungodly hours. A well-mannered cadet, he is an ardent fan of Divya Bharti.

### 5967 Anurag Kumar



A hardworking quizzer, Anurag represents the school at the district level. Dubbed as the inspiration for Henry Stickman, his dedication and intelligence shine through.

### 5971 Mohit Kumar



This Kreno who led the school hockey team is a master CF. He is found in all places in, around, and outside the school except the study halls. Known for his unique personality and sudden mood swings, he is often seen loitering near senior houses. He's the "favourite" of all 11th.

### 5968 Nilanjan Kumar



This friendly Kreno is always seen in the study hall with a book and a water bottle. This South Zone defender left the field after last year's football finals and is yet to enter the field again. His walking style is a "sambhavam" among 11th standards, and he is seen wearing a Shivaji house jersey more than his parent house's even though he claims to be a hardcore Rajajian. He's famous for his dialogue 'GoooodYaaar' and frequently bores 11th standards with his sermons.

### 5972 Vivek Kumar



Known for his nocturnal habits, Vivek tests his skills in various sports. As the sole Jharkandi in his batch, he maintains a personal library of guides, showcasing his dedication to academics.

### 5973 Amarjeet Kumar



A math wizard with a penchant for memorable catchphrases, Amarjeet's unique dialogue delivery includes gems like "Ehh you, come ppassht" and "Get loshttt." Retired after a stellar stint in South Zone football, his anger is a force to be reckoned with, matching his impeccable looks and grooming standards.



### 5974 Abhinav



Identifying himself as Kim Jong Un residing in North Korea (his house), Abhinav created history by running cross country for Shivaji in a Rajaji House Color. An argument with Abhinav is a one-way ticket to a unique outcome. Known for his audacious moves, he managed to earn negative house points, yet his volleyball skills remain unmatched within the wing.

### 5975 Saurav Kumar



A south zone hockey player and hardworking house captain, Saurav's roasts know no bounds. Known for his sarcasm and 'One-pitch' cricket prowess, he still regrets not bowling instead of Kuldeep Yadav in the World Cup.

### 5976 Arpit Kumar



This silent kreno's existence in the house is noticed only during roll calls, has a voice that is only heard while watching TV. This ace basketball player passes through even the smallest of spaces without losing the ball. He hates Tiger Shroff and considers Samyuktha Menon as his idol.

### 5978 Mani P Thomas



Surprising even himself, Mani became an appointment this year as a basketballer. Resembling Stuart Little, this NCC Navy senior motivates housemates using anime moves in basketball. Often spotted in the library during NCC time doing 'Practical,' Mani's smile steals the show during prize distribution ceremonies.

### 5981 Aswin Babu



A state-level cricket player whose skills are envied by the PTIs, Aswin is yet to discover that his house has its own washing area, and his attire doesn't change throughout the weekend. This hardworking Kreno shocked everyone by not clearing UPSC.

### 5984 Shreyas R Nair



Known for leading his house to the last yet guiding the school to the first, Shreyas R Nair is an ace debater and orator. His patriotic fervor and presence in Ashoka surpass his parent house. Seen munching on leftovers, especially at midnight, Shreyas found UPSC and SSB to be child's play, effortlessly conquering the challenges.

### 5987 Nandhajith KP



Known as the silent maestro on the basketball court, Nandhajith's prowess is inversely proportional to the volume of his voice. His House Master greets him with a respectful "SAAAR," acknowledging his quiet yet impactful presence. Sacrificing a batch tour for JEE, Nandhajith's mathematical finesse turned UPSC into a mere cakewalk. A true mahaan in his own right.

### 5988 Amardeep KK



Eliciting shame even from the stickman, Amardeep KK's Neymar-like snake manoeuvres make him a force on the field. In moments of boot deficiency, he mysteriously materializes in the sub-juniors. Unwavering in his love for "machi," he stands as the one and only never caught by his House Master for not shaving.



### 5990 Nayan S Nambiar



Known as the Bumrah of the school, Nayan S Nambiar's bowling speed, while slightly faster than a snail, doesn't dampen his spirit. A Marvel fan with an overestimation of his fist's strength and throwing skills that make Spider-Man jealous, he plans to clear UPSC by giving up cakes and adopting proper walking. His powerful headers rival those of Rooney.

### 5992 Basudev Bhaskar



This Krenovian is very similar in looks to the Pokémon "Goodra" and is known for his love for books. Often found whistling away the latest songs on repeat, he only remembers his specs after the last period ends. Proving that being in the study hall every day, even asleep, is enough to crack UPSC. A part of the school volleyball team, his sets are loved the most by the opposing team's spikers.

### 5993 Karthikeyan



The goalkeeper who safeguarded Rajaji house in every game, except football, Karthikeyan's perpetual roasts and sarcastic humour make him the undefeated champion in "One-pitch" cricket. Believing Tintu Mon jokes are the key to cracking NDA, his devilish smile is both loved by batchmates and feared by juniors.

### 5994 Sankaranarayanan



A beacon of surprise, Sankaranarayanan's UPSC success left everyone astounded. So impressive are his legs that even Elon Musk sought permission to use their shape as the official logo of "X." The presence of seven A's in his name designates him as the "thala." Known for uttering "lesssgo," his

professional touch in volleyball occasionally confuses him between basketball and volleyball courts. In his dreams, he envisions himself as the "Mother of Dragons."

### 5995 Arjun Dev



Chilling in Ashoka when the captaincy bomb dropped, Arjun seamlessly transitioned from diehard footballer to basketball team captain in a mere two months. Known for resting his heels while leading his house, UPSC and SSB posed no challenge for this laid-back yet high-achieving Kreno.

### 5996 Hrishikesh H Nair



Running a miniature textile shop in his house, Hrishikesh's workout sessions challenge even Arnold. His expertise in PES complements his skills in volleyball, and his contributions to the Christmas Star showcase his versatility.

### 5997 Kashinath K G



A jack of all trades but master of none, Kashinath K G is the living embodiment of versatility. Saved POP at the last moment, surprised everyone by not clearing UPSC, and earned nicknames like "principal" and "mallusingh." A true character who adds a dash of humor and unpredictability to his house.

### 5998 Vishnu B L



Often called 'Annan' by his batchmates, Vishnu's photography skills have caused the "extended" vacations of many housemates. This kreno was key to Rajaji house's successful championship run in volleyball. He is a master hand in cards, and his skills have managed to earn the vice-principal's "extended" attention. He is the terror of his juniors, no comments.



### 5999 Vignesh Nalakath



The mess bell is a signal for this Kerala crossbreed to get into the bathroom. This hardworking Kreno is a great swimmer who has never scaled the wall before. His slow playstyle in basketball is a feast for the eyes. This amiable guy is a brotherly figure to all his juniors.

### 6001 Archita S



An NCC sergeant, Archita sets the stage on fire with her dancing and wields a badminton racquet like a magic wand. Renowned for reading the math textbook like a storybook, she adds grace and talent to her house.

### 6002 Dayal S Priyan



With a commanding presence that even the school's JBL speaker can't match, Dayal S Priyan efficiently finishes tasks within a remarkable two minutes. Despite being a sure shot SSB candidate, his unexpected failure to clear UPSC surprised everyone. Adored by the school authorities, he is the pet of the Principal, Vice Principal, and all the teachers, earning the title of "OruBahu-mukhaprathibhayaanu."

### 6004 Navanith Joy



Nicknamed the "Rocky's Muthamma," Navanith's sleep habits rival even the most dedicated Sunday morning slumber. His baggy jeans fashion show is a weekly spectacle, and his singing skills, especially in the bathroom, outshine even the legendary Yesudas. Falling just 5 runs short of a century, he's the inspiration behind the viral 'N joy enjaami' song.

### 6007 Jose Jacob



Known as the ace volleyball maestro, Jose Jacob dons football jerseys as his signature attire. Transforming from a terror in 11th to an advocate of ahimsa in 12th, he strolls with a slow-motion grace during parades. Affectionately referring to his juniors as "dash dashdash," Jose mastered the art of securing marks while dozing off. Famous for his casual dialogues like "yes, yes," and "let them enjoy," Jose surprised everyone by not clearing UPSC.

### 6010 Nanda Krishna J



UPSC was a breeze for this football enthusiast who has yet to set foot on the ground. A dedicated anime fan, Nanda Krishna J's workout routine revolves around the "house gym." Believing in the mantra of "Eat, Sleep, binge, and repeat," this bookworm received UPSC results a month in advance.

### 6012 Dev Madhav



Famous for his blue Marvel hoodie, Dev Madhav's aversion to wrinkles in his newspaper is legendary. A Kreno who eschews movies and games for books, he stands out as a diligent student. Known for his unique punishments like 'Standing in Savdhan,' Dev Madhav is not only a good singer but also a charismatic orator.

### 6013 Preetish R



Clad in his signature pink hoodie, Preetish is a hardworking NEET aspirant, a study hall regular, and the proud winner of Ashoka's coveted "Bunch of Bananas." His late-night lectures, though "loved" by juniors, are a testament to his commitment to academics.



### 6015 Acsah



This Kreno is fond of changing their hairstyle every other day. Known to be aware of everyone's secrets but chooses to remain like The Times of India. Her walking style is the same as a runway model, and her smile illuminates everybody's mood. This kreno has the most unique name in the school.

### 6020 Nikhil Kumar



Known for more than just his academic excellence, Nikhil Kumar's underwear brand is common knowledge, thanks to his unique bathing habits. His stellar 95% in class 10 boards left his juniors in shock. Expressing love for bed tea through a favourite junior and sharing his iron box as common property, Nikhil embodies both surprise and generosity.

### 6022 Gautham Krishna



An ace volleyball player with a collection of football jerseys, Gautham's football skills are visible only in Pastis. A kreno denser than the "Kunnamkulam forest," he is a great fan of 'Ranbir Kapoor' who couldn't watch an animal just because he was 17. His name resembles Kannan but is known as "kinnan." He is the only kreno who got a special recruitment to PARA SF just by standing in front of the principal's office.

### 6025 Abhinav Rajeev



Affectionately labeled the "Day Scholar" of the batch, Abhinav's attendance in Idukki district exceeds his appearances in the washing area. Batting consistently, he's just 6 runs away from his century. If there were a Rolex

competition in the school, Abhinav would be the sole contender, proving that time indeed favors the punctual.

### 6028 Aswin S Kumar



Known for his love for "a mango," Aswin S Kumar believes he'll add 10 more years to his life just by drinking water. Despite being an ace volleyball player, he's rarely seen on the court. His unique love language involves expressing affection through "Boxing" and being an unwavering fan of "Gandhiji," but only in reusing plastic bottles.

### 6029 Adwaith G S



With a firm belief that "Gravity is upwards," Adwaith G S challenges conventional wisdom. His singing skills in the mess echo without the need for speakers. Despite numerous promises to quit, he remains an ardent cricket fan, and his fanfare once made an Air Marshal pause in admiration.

### 6328 Abhiram KS



A sentimental Krenovian, Abhiram, known by an infamous doctor and plumber's name, is a football ace. Labeled the 'Kochi machan,' he considers himself AR Rahman and has a secret ayurvedic solution for his unique hairstyle.

### 6330 Karthik Raj



Known for his elusive nature, Karthik's newspaper scanning skills played a pivotal role in clearing UPSC. A professional gully cricketer, he appears during prize distribution ceremonies with a perpetual smile that lights up the room.



### 6334 Navaneeth A



A master of camouflaging in the dark, Navaneeth A's skills prove handy during his visits to other districts. His room, resembling a mini space museum, was a gift from his loving brother. Despite having a bathroom in his room, he favours the public bathroom. Even the Air Marshal missed the chance to honour him during the POP.

### 6335 J Jaya Balaji



Hailing from Andhra, Jaya Balaji flaunts extravagant hairstyles unnoticed by the VP. A devout worshipper of "The Hindu" paper, he solves relationships with Pradeep's chemistry guide. Lovingly nicknamed "Balu" or "Bala," he transforms side rooms into personalized study halls, all while showcasing his unmatched JEE aspirant volleyball skills.

### 6336 Aditya



Maggi aficionado Aditya derives his energy from this secret concoction. More often found outside the school than within its campus due to UPSC and SSB commitments, even 'Abbas' couldn't clean his kettle. A potential winner in cross country if he had laid eyes on the parade ground, his extreme attitude during group discussions secured him an easy SSB pass.

### 6338 Siva Prasad SS



Captain of the house volleyball team, Siva Prasad's strategic and intense moral support guides the team to first place. Affectionately called "Shibu," his volleyball serve takes a few working days to reach the other side. Often seen in front of the mirror, Siva Prasad dreams of "bulking up."

### 6339 Devadathan TK



Known for his aquatic skills recorded by his House Master, Devadathan TK boasts the title of 'pdf' among his batchmates. A Thrissurian with unmatched bodybuilding skills, he transformed the art of trimming, causing a decline in 'Rajuvettans' customer base. Mr. Physique of his batch, he aims to outshine Arnold Schwarzenegger.

### 6341 Pratheek C Premnath



UPSC was a walk in the park for this ex-sergeant, whose unique running style left an indelible mark. A VIP at his own POP, Pratheek's artistic skills shine on "thick" practical books. Known as the "lovelorn" of the batch, his friendly demeanour and dedication to academics make him a beloved figure.



## *A Memorable and Rare High-Profile Reunion at Sainik School Kazhakoottam*



On 22nd July 2023, Sainik School Kazhakoottam hosted an extraordinary reunion, bringing together five distinguished serving officers from the Indian military. This event, marking the 54th Reunion organized by the 1996 batch of the Old Boys Association (OBA), was a momentous occasion for both alumni and current cadets alike. The presence of these five high-ranking officers, all holding significant positions within India's armed forces, served as a profound source of inspiration for the entire school community, including staff and cadets. The five officers who made this event especially remarkable were:

- Lieutenant General M Unnikrishnan Nair AVSM, SM, National Cyber Security Coordinator
- Air Marshal R Radhish AVSM, VM, Air Officer Commanding-in-Chief, IAF Training Command
- Lieutenant General Johnson P Mathew UYSM, AVSM, VSM, Chief of Integrated Defence Staff
- Air Marshal Saju Balakrishnan AVSM, VM, Commander-in-Chief, Andaman and Nicobar Command
- Air Marshal B Manikantan AVSM, VM, Air Officer Commanding-in-Chief, Southern Air Command

All five officers are from Kerala and were part of the school's 1980s batches.

The reunion began with a ceremonial wreath-laying at the school's Guards Square, after which the officers, along with their families and other alumni, gathered in the school auditorium for a briefing and presentation by Col Dharendra Kumar, Principal of Sainik School Kazhakoottam. This was followed by the distribution of awards, generously sponsored by the Old Boys, recognizing outstanding achievements and excellence among the cadets.

The event culminated in a heartfelt Guruvandanam, a traditional ceremony where both retired and serving teachers of the school were honored for their contributions to the institution and its students. The reunion was a memorable occasion that celebrated the enduring bond between the school, its alumni, and the legacy of service to the nation.





# Farewell Brew



## Honouring Our Mentors



# THE GRAND FINALE: POP





# Onam Vibes



# THE NATIONAL GAMES TEAM



# National Unity Day



# PARIKSHA PE CHARCHA



## THE CEREMONY OF DISTINCTION - THE INVESTITURE



## THE REVIEW AND IO VISIT - AIR CMDE S JACOB



# HAR GHAR TIRANGA



# IISER QUIZ



*Freedom  
Day  
Festivities*



### C - LABS TRAINING SESSION BY IAF



### CROSS COUNTRY



### DINING OUT OF CLASS XII





# Women's Day Celebrations



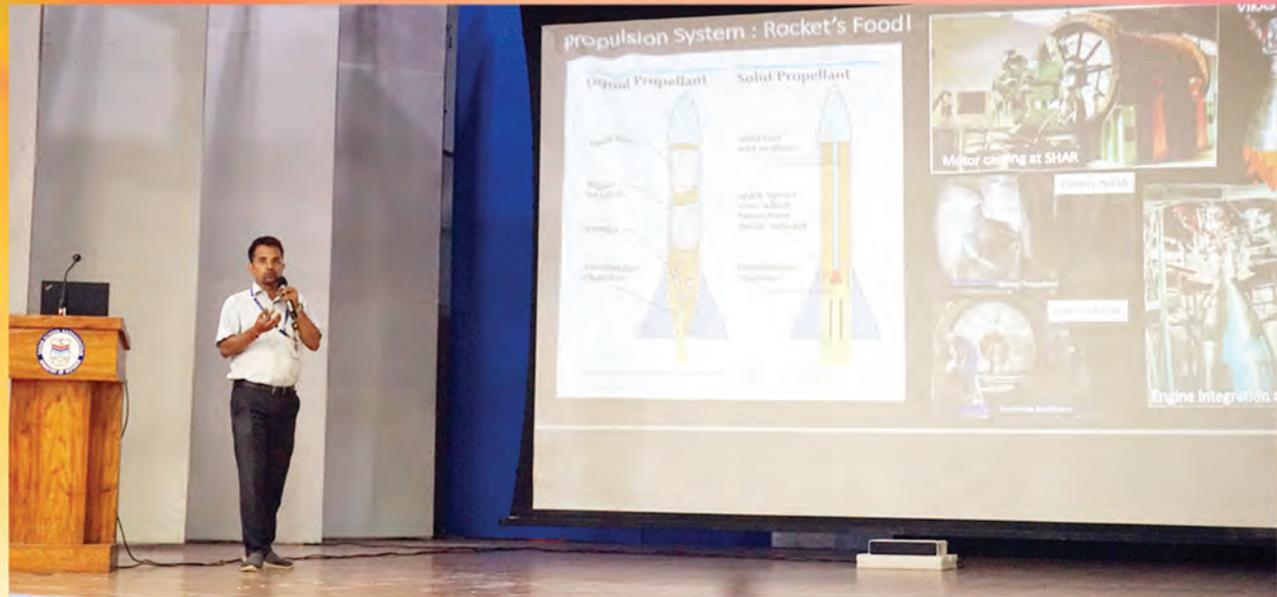
# International Yoga Day



## *Substance abuse awareness campaign*



# LECTURE on Space Science



## QUIZ ON SPACE SCIENCE - VSSC





## THE HOOPTERS - THE SCHOOL BASKETBALL TEAM



## THE NET NINJAS - THE SCHOOL VOLLEYBALL TEAM



## THE GOAL LINE GUARDIANS - THE SCHOOL HOCKEY TEAM



## THE WILLOW WIZARDS - THE SCHOOL CRICKET TEAM



## THE BALLERS BRIGADE - THE INTERZONE BASKETBALL TEAM



## THE FIELD WARRIERS - THE INTERZONE FOOTBALL TEAM



## THE SYMPHONY SQUAD - THE SCHOOL BAND



## THE FIGHT CLUB - THE MARTIAL ARTS TEAM



## THE KICK OF KINGS - THE SCHOOL FOOTBALL TEAM



## THE ZONE CONQUEST TEAM - SOUTH ZONE



## THE INTER ZONE DOMINION



# APPOINTMENTS



## NCC



**NEW FACES, NEW FRIENDSHIPS, NEW ADVENTURES**



**THE GRADUATING CLASS**



**THE CURRICULUM CRAFTERS**



**THE INSTITUTIONAL SUPPORT STAFF**





ADIEU



Mr. Mathew K Thomas TGT MA M.Ed

## *Promotions*



Mr VB Rajan Namboodiri  
to the post of PGT Maths.



Ms Sreekala S  
to the post of Office Supdt



Ms Sreelata  
to the post of UDC



# Visitor's Diary

22 May 2023

A privilege and rare honour to visit my alma mater and to address the entire school.

I am very happy to see the enthusiastic and proud young faces and interact with the committed staff.

The school has made great progress in many fields thanks to the dedication and focus of its leadership and staff at all levels.

I wish the school all success always and hope to be able to contribute my bit.

Jai Hind! 



**Air Mshl B Manikantan AVSM VM**  
AOC In C HQ SAC IAF



**Air Mshl Saju Balakrishnan AVSM VM**  
Commander In Chief  
Andaman & Nicobar Command



**Brig Lalit Sharma SC SM**  
Brig Cdr 91 Inf Bdg

A singular honour to visit the school and to learn its glorious past and activities lined up for future.

The school is found to bring leadership values to our children of many and of joining the Armed forces.

We wish the school very best and Payote Military Station and 91 Inf Bde will always cherish their special bond.

 3 April 2023

It is indeed a great honor for me to visit the school after so many years on the occasion of 50th SSA reunion. The event was made special with the presence of five senior officers of the area who are and record number of attendance by SSA. My compliments to principal and team for the great arrangements. I am sure that under the expert leadership the school would rise to greater heights. Special congratulations to the entire team for winning south zone championship. I am of indebted and whole hearted support to the members of the school.

Best Wishes 

22 July 2023



22 July 2023



**Air Mshl R Radhish PVSM AVSM VSM  
ADC In C HQ TC IAF**

*There's nothing that compares  
to this moment in my life.  
To be at our school  
Academy, Te. Besides being  
a source of motivation  
it gives immense pleasure  
and a humbling experience  
meeting teachers who  
were instrumental in  
getting you this far.  
Thank you for every thing  
May God bless this  
school for ever.  
Jai Hind  
RB*



**Lt. Gen Johnson P Mathew PVSM UYSM AVSM VSM  
Chief of Integrated Defence Staff**

*It is so wonderful to be one  
which scaled at the stage, in a single ascent  
The entire school life passed through my memory  
in flash. I feel blessed to where I am  
today, and if I have to pick a door  
one factor for my success, it is the values that  
the school gave me in my formative years.  
My advice to the young students is live a life  
carefree, but with a passion and confidence  
to dream as well as follow your dreams  
All The Very Best!  
22 July 2023*

*Visitor's  
Diary*

*The LAA meeting highlighted  
the commendable achievements both  
in academics as well as sports. The  
school administration is motivated  
and focussed to continue its impressive  
growth trajectory. The passion with  
which issues concerning development  
are taken up  
of the school is indeed appreciable.  
The focus must always be maintained  
on preserving the basic ethos and  
aim of a Sainik school. I am confident  
that the school will earn greater  
glories in the years ahead.*

*Best wishes.*

**Air Vice Mshl Vikas Sharma VM  
Senior Officer In Charge, Administration  
HQ SAC IAF**

23 August 2023



**Mr. G.R. Anil  
Hon. Minister for Food and  
Civil Supplies,  
Consumer Affairs and  
Legal Metrology**

*I visit this school.  
congratulations all students  
and teacher.*

*2/10/23 · 2 October 2023*

# Visitor's Diary



**Air Mshl R Radhish PVSM AVSM VSM  
AOC in C HQ TC IAF**

**23 March 2023**

So happy to be back where the journey commenced in 1943.  
He and everything to this dear school and our respected  
teachers and staff who took us to our destiny.  
May the school fulfil the dreams of all those who come here.  
God Bless.  
Sai Hind  
Tune & Rads.



**Brig Salil MP  
Station Commander,  
Pangode Military Station**

It is a GREAT  
BLESSING TO BE  
IN MY ALMA MATER  
+ AS A GUEST FOR  
THE FUNCTION WITH  
- PRINCIPAL, TEACHERS  
- SMITH OF IAF along  
with teachers and students  
of SS Sujayapitua -  
Great Congratulations and  
Bentonia - "Humble"  
May Almighty Show  
All Blessings Always  
JASHIND 

**7 December 2023**



**Air Mshl B Manikantan AVSM VM  
AOC in C HQ SAC IAF**

A rare privilege as a Kazhak to be the Reviewing Officer of the  
magnificent Passing Out Parade held today.

Heartily Congratulations to the passing out batch and wish them  
the very best in all their endeavours!

Compliments to the Principal, Col Dhirendra Kumar and his  
team for organising and meticulously conducting the entire event flawlessly.

Thank You and Sai Hind!

**20 January 2024**





*Tour & Trips*





## *From the Editor*

Welcome to another edition of the annual journal of Sainik School Kazhakootam!

As we turn the pages of this cherished publication, we are reminded of the many reasons our school holds a special place in our hearts. While we pride ourselves on classrooms filled with knowledge, dedicated teachers, and rigorous exams – the cornerstone of academic success – there is something more profound that defines us: the unique bond we forge here, living and learning together.

Standing within the prestigious walls of our residential school, we recognize the distinctive approach that sets us apart from other institutions. Our school seamlessly integrates academic excellence with military training, moulding young minds into capable and disciplined individuals. This dual focus not only prepares us academically but also instills in us the values of leadership, teamwork, and critical thinking.

More than an educational institution, Sainik School Kazhakootam is our second home. Here, we trade the comfort of our own families for a new one – a diverse community of students and faculty from various backgrounds. We navigate dorm life, share meals, and celebrate milestones together. This shared experience fosters a sense of belonging that goes beyond textbooks and classrooms.

The synergy of education and military training creates a unique environment that encourages us to embrace challenges, develop resilience, and strive for excellence in all aspects of life. Military training instills discipline, punctuality, and a sense of responsibility, which are essential for success in both personal and professional spheres. As we navigate the complexities of the 21st century, our school's approach prepares us to tackle real-world challenges with confidence and poise.

This residential environment also presents countless opportunities for personal growth. We are exposed to new ideas, encouraged to participate in extracurricular activities, and given the freedom to explore our talents – all under the watchful guidance of our teachers and dorm staff. It is a space where we can shed inhibitions, embrace new experiences, and discover hidden passions.

Living together teaches us to build empathy, understand different perspectives, and form lifelong friendships. We learn to live considerately, celebrate differences, and support each other through triumphs and challenges. So, the next time you feel a pang of homesickness, remember that you are surrounded by a supportive community. We may not be blood-related, but the bonds we form here are just as strong.

This magazine is a testament to that spirit. It is a platform for your voices, your talents, and your perspectives. So, keep contributing, keep sharing, and keep making this school, our home away from home, a vibrant hub of learning and laughter.

As we continue this journey, let us embrace the values of our institution and strive for excellence in all that we do. Together, we will forge a brighter future, built on the principles of discipline, knowledge, and leadership.

Let us cherish this unique experience, use it to learn and grow, and create memories that will last a lifetime. Here is to another year of shared triumphs, personal growth, and enduring friendships.

Chief Editor  
**Biju V Jacob**





*Proud to be  
Kazhak*



# *I Believe...*

Having entered the portals of Sainik School Kazhakootam. I believe that I have climbed a pedestal. Henceforth my aims and dreams shall be lofty and worthy of emulation. I shall set standards for myself worthy of an Officer and a Gentleman of the Armed forces and an ideal citizen of the Nation. I shall do my utmost to cherish and uphold the honour and fair name of my alma mater at all times.

The Kazhak Cadet



The Kazhak  
**CADET**  
THE JOURNAL OF SAINIK SCHOOL KAZHAKOOTAM



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